

## Ontario Women's Lacrosse Executive Council 2010 By-Laws and Regulations

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**20109 BY-LAWS**

**WBL1 NAME**

WBL1.01 The name Ontario Women's Lacrosse Council shall herein be referred to as OWL.

**WBL2 AIMS AND OBJECTIVES**

WBL2.01 To provide opportunities for girls and women of all ages to participate in women's field lacrosse.

WBL2.02 To conduct activities that advance and expand the game of women's field lacrosse while recognizing and preserving the traditions and "spirit" of the game.

WBL2.03 To ensure the highest standards and integrity are observed by all participants and volunteers.

WBL2.04 To organize and co-ordinate all sanctioned competitions and related activities within the framework of the OLA and CLA Constitutions and the CLA Women's Field Lacrosse Rules.

WBL2.05 To promote an environment where all participants and volunteers:

1. respect the ideals of teamwork, team spirit and fair play;
2. have opportunities to strive for excellence;
3. build confidence and self-esteem through positive experiences;
4. have opportunities to develop and demonstrate leadership qualities;
5. value the importance and benefits of mental and physical well-being;

WBL2.06 To encourage participants to continue their involvement in the sport.

**WBL3 MEMBERSHIP**

WBL3.01 Classes of Member

The Members of OWL shall be divided into the following classes:

1. OLA Affiliated Clubs [OLA Article III] with at least one (1) women's field team, which shall be represented by an individual (over the age of 18) appointed by the

Club. The representative, or his or her designate, shall have the right to be present, to debate and to vote at General Meetings;

2. All Individual women's field members of OLA Affiliated Clubs, which shall have the right to be present at General Meetings, but shall have no debating or voting rights.

**WBL3.02 Effect of Membership**

1. Members acknowledge and agree that:
  - a) they shall comply with the relevant provisions of the Constitution, By-Laws and Regulations of the OLA, CLA and FIL.
  - b) the OWL By-Laws and Regulations are necessary and reasonable for promoting the Aims and Objectives and particularly the advancement and protection of women's field lacrosse;
  - c) they shall comply with and observe the OWL By-Laws and Regulations, or resolutions which may be made or passed by the Executive Council or any authorized Committee;
  - d) they are entitled to all benefits, advantages, privileges and services of their membership as determined by the Executive Council .
2. Members may:
  - a) express their views and opinions in any meeting in which they are entitled to participate in;
  - b) make proposals or submissions to the Executive Council ;
  - c) engage and participate in any activity approved, sponsored or recognized by OWL;
  - d) conduct any activity approved by OWL.

**WBL4 EXECUTIVE COUNCIL AND COMMITTEES**

**WBL4.01 Powers of the Executive Council**

1. The affairs of OWL shall be managed by an Executive Council.

The Executive Council shall:

- a) carry out all actions deemed by the Executive Council to be essential for the proper control and management of the business and affairs of OWL.

- b) carry out their duties as described in Appendix 2.
- c) ensure the By-Laws and Regulations are followed, strive to meet the Aims and Objectives, and uphold the Code of Conduct.

WBL4.02      Composition of the Executive Council

1. There shall a Commissioner.
2. There shall be at least five but no more than nine Directors who shall be:
  - a) an Administration Director;
  - b) a Communications Director;
  - c) a Competitions Director;
  - d) a Development Director
  - e) a Finance Director;
  - f) an Officiating Director;
  - g) a Special Events Director;
  - h) a Technical Programmes Director;
  - i) a Director at Large, with such a portfolio as shall be determined from time to time by the OWL Executive Council.
3. The Commissioner and all Directors shall be registered through their Club.
4. Each Executive Council member shall hold office until the close of the term of their office, and is eligible for re-election.
5. The Commissioner, Competitions Director, Development Director, Officiating Director and Director at Large shall be elected in each odd-numbered year (e.g. 2009).
6. The Administration Director, Communications Director, Finance Director, Special Events Director and Technical Director shall be elected in each even-numbered year (e.g. 2010).
7. The normal term of office for a member of the Executive Council is two years.

WBL4.03      Casual Vacancy

1. In the event of a casual vacancy in the office of any Director, the Executive Council may appoint a Member to the vacant office and the person so appointed

may continue in office up to and including the conclusion of the Annual General Meeting following the date of their appointment.

2. In the event of a casual vacancy in the office of any Director being filled in the first year of a two-year term, an election for the filled Director's office shall take place at the Annual General Meeting at the end of the first year.

#### WBL4.04 Election of the Executive Council

##### 1. Eligibility of Candidates

- a) Any person 18 years of age or over who is a resident of the Province of Ontario is eligible.
- b) A candidate for Commissioner must have served at least one full term as a member of the Executive Council to be eligible.
- c) Upon appointment or election, any person who has been elected or appointed to the Executive Council shall become an OWL member prior to assuming their duties.

##### 2. Nomination and Election of Candidates

- a) The Communications Director shall call for nominations by September 30 and all Voting Members shall be notified of the call for nominations.
- b) Nominations of candidates for election as Executive Council members shall be:
  - i. made in writing by an OWL member using the applicable form which may be provided, signed by two (2) OWL members and accompanied by the written consent of the nominee;
  - ii. delivered to the Communications Director of OWL by the date specified on the call for nominations.
- c) Nominations shall not be published in advance of the OWL Annual General Meeting.
- d) Nominations may be made from the floor at the OWL Annual General Meeting, and such nominees must be present in person for their nomination to be considered.
- e) If there are no nominations received for a vacancy on the Executive Council, further nominations shall be called for.
- f) If not more than one nomination is received for a vacancy on the Executive Council, then the nominee shall be declared elected.

- g) If more than one nomination is received for a vacancy on the Executive Council, an election to fill that vacancy must take place at the Annual General Meeting.
- h) A person who was an unsuccessful candidate in an election for a vacancy on the Executive Council shall be eligible for further nomination to any remaining vacancy(s) on the Executive Council.
- i) Where necessary, the order of election shall be as follows:  
Commissioner, Administration Director, Communications Director, Competitions Director, Development Director, Finance Director, Officiating Director, Special Events Director, Technical Programmes Director, Director at Large.
- j) If it is necessary to hold an election, a returning officer and scrutineers must be appointed by the Chair, none of whom are to be candidates for election. Ballot papers must be prepared containing the candidates' names and club affiliation in alphabetical order.
- k) An election shall be decided by a simple majority of eligible members and designates present.
- l) A person may be nominated for more than one position on the Executive Council.
- m) Upon being elected to a position on the Executive Council, any other nominations automatically lapse.

#### WBL4.05 Commissioner-Designate

1. At the first meeting of the Executive Council, the Executive Council shall appoint a Commissioner-Designate, whose role shall be to take over the duties of the Commissioner should the Commissioner be unable to fulfil his/her duties for a portion or the entirety of the remainder of their term.

#### WBL4.06 Termination of a Member of the Executive Council

1. The office of a Executive Council member becomes vacant if the member:
  - a) ceases to be a Member in good standing of OWL;
  - b) resigns their office by notice in writing given to OWL;
  - c) fails to attend three consecutive meetings of the Executive Council without having previously obtained leave of absence or provided reasonable excuse for such absence.

#### WBL4.07 Convening an Executive Council Meeting

1. The Executive Council will meet quarterly, or more often if necessary.
2. A special meeting of the Executive Council may be called by the Commissioner or at the request of three or more directors.
3. Notice of each Executive Council meeting, specifying the general nature of the business to be transacted, shall be communicated to each Director, in accordance with the Director's last notified contact details.
4. All Members shall have the right to attend an Executive Council meeting to discuss a specific item of business by giving reasonable notice to the Commissioner.

#### WBL4.08 Quorum at Executive Council Meetings

1. A simple majority of members of the Executive Council shall constitute a quorum for the transaction of the business of a meeting of the Executive Council.

#### WBL4.09 Procedure at Executive Council Meetings

1. At meetings of the Executive Council :
  - a) the Commissioner shall chair the meeting;
  - b) if the Commissioner is absent or unwilling to act, the Commissioner-designate shall chair the meeting;
  - c) if the Commissioner-designate is absent or unwilling to act, the Executive Council shall appoint one of its members to chair the meeting.
2. Decisions at a meeting of the Executive Council shall be made by a show of hands or, if demanded by a member of the Executive Council, by a secret ballot taken in such manner as the persons presiding at the meeting may determine.
3. Each member of the Executive Council present at a meeting, excluding the person chairing the meeting, is entitled to one vote. In the event of an equality of votes on any question, the person chairing the meeting shall cast the deciding vote.

#### WBL4.10 Minutes

1. The Communications Director shall keep minutes of the proceedings of each General Meeting and Executive Council meeting, together with a record of the names of persons present at all meetings.

2. A report of each meeting shall be sent to Clubs within fourteen days of the meeting.

#### WBL4.11 Committees

1. Committees will be formed to support the areas of:
  - a) Competitions
  - b) Technical
  - c) Development
  - d) Officiating
  - e) Discipline
  - f) Appeals
2. Executive Council committees will be chaired by the respective Director, and in the case of Discipline and Appeals, will be a Director appointed by the Executive Council
3. Committee members shall be nominated by their Chair and approved by Executive Council prior to March 31.
4. Committees must consist of at least three (3) people.
5. Committee members must be members in good standing of OWL.

### **WBL5 GENERAL MEETINGS**

#### WBL5.01 General Meetings

1. The OWL Annual General Meeting shall be held in conjunction with the OLA Annual General Meeting which shall be held on any weekend in November at any place selected by the OLA Board of Directors and communicated by the OLA to its members.
2. Other General Meetings may be convened by the Executive Council whenever it deems necessary, or may be requested in writing by two-thirds of the Clubs.

#### WBL5.02 Notice of Meeting

1. At least twenty-one (21) days notice of a General Meeting shall be given to Clubs.
2. Agendas for all general meetings must be distributed to all clubs no later than 7 days prior to the general meeting.

3. No changes may be made to an agenda without the consent of a simple majority of clubs present at the general meeting to which the agenda pertains.

#### WBL5.03 Proceedings at Meetings

##### 1. Quorum

- a) No item of business shall be transacted at a General Meeting unless a simple majority of the Clubs is present

##### 2. Chair At Meetings

- a) The Commissioner shall chair every General Meeting of OWL.
- b) If the Commissioner is absent from a General Meeting or is unwilling to act, the Directors present shall elect one of their number to preside as chair at the meeting.

#### WBL5.04 Voting at Meetings

##### 1. Voting Rights

- a) In all General Meetings only Clubs who are in good financial standing shall have the right to vote, via their appointed representative or their designate.
- b) Each representative or their designate shall be entitled to one (1) vote per age category participated in by the Club in the current or most recent season.
- c) No other Member is entitled to vote.
- d) Directors of OWL shall be entitled to attend, debate and vote at General Meetings.

##### 2. Voting Procedure

- a) Except as otherwise provided in the By-Laws and Regulations, all votes shall be given in person by attendance at a General Meeting.
- b) A vote at a General Meeting shall be determined by a show of hands.
- c) Where a vote at a General Meeting is tied, the Commissioner shall cast a deciding vote.

##### 3. Secret Ballot at General Meetings

- a) If a secret ballot on any vote is requested by a Club, it shall be taken at the meeting in such manner as the Chair may direct, unless a simple majority of the Clubs present at the General Meeting do not want a secret ballot for that vote.

- b) Notwithstanding part (a) above, the Chair may refuse a secret ballot for the purpose of completing business within a reasonable period of time.

**WBL5.05 Minutes**

1. A copy of the minutes of each General Meeting shall be sent to Clubs within fourteen days of the meeting.

**WBL5.06 Financial Statement**

1. At the Annual General Meeting the Finance Director shall present to the Membership a statement of the financial standing of the OWL, and make available accompanying bank statements. The financial statement shall include an Income and Expense statement of the OWL (including all financial transactions carried on throughout the year) as well as individual statements for each of the leagues, High Performance Teams, and OWL special events. Any outstanding income or cost items will also be reported.

**WBL5.07 Fiscal Year**

1. The fiscal year of OWL shall terminate on September 30<sup>th</sup> of each year.

**WBL6 AMENDMENTS**

**WBL6.01** The Clubs and/or Executive Council may formulate proposals and/or amendments to the OWL Regulations and By-Laws for the proper advancement, encouragement, management and administration of OWL, the advancement of the aims and objectives of OWL and women's lacrosse as it thinks necessary or desirable.

**WBL6.02** Notice of the proposed amendment shall be submitted, in the proper format on forms provided, to the Commissioner by September 30<sup>th</sup>. The proposed amendments shall be communicated to the Clubs at least 30 days prior to the date of the Annual General Meeting.

**WBL6.03** The OWL Regulations and By-Laws shall be altered only by a two-thirds majority of the members and designates present and voting thereon at any Annual General Meeting.

**WBL6.04** Any amendment having been approved at an Annual General Meeting shall come into force upon adjournment of the meeting, unless otherwise directed by majority vote.

**WBL6.05** Amendments, alterations, interpretation or other changes to By-Laws and Regulations shall be communicated to Members by means of written notice approved by the Executive Council. Notices shall be binding upon all Members.

**WBL7 PARLIAMENTARY AUTHORITY**

WBL7.01 The rules contained in the current edition of *Robert's Rules of Order Newly Revised* shall govern the Association in all cases to which they are applicable and in all cases in which they are not inconsistent with these bylaws and any special rules of order the OWL may adopt.

**20109 REGULATIONS****WR1 PAYMENTS**

WR1.01 Where the By-Laws and Regulations call for fines to be imposed, notification will be given to the affected Club by the Finance Director.

WR1.02 Where fees or fines are outstanding, notice will be given to the affected Club by the Finance Director prior to the Annual General Meeting.

WR1.03 No Club shall be eligible for Provincial Championship competitions unless all outstanding fines from the current season up to that point in the season have been paid in full.

WR1.04 No Club shall participate in OWL activities unless all outstanding fees and fines from the previous season have been paid in full.

WR1.05 No Club shall receive a vote at the OWL Annual General Meeting unless all outstanding fees and fines from the current season have been paid in full.

**WR2 CLUBS AND TEAMS**

WR2.01 Entry of Teams

1. Any OLA member association in good standing shall be entitled to enter one or more teams in the OWL league.
2. Each Club must declare the number of teams they will be entering in each age category (e.g. U11, U15, U19, Senior) by March 31st of the year of competition, accompanied by a non-refundable deposit of \$300.00 per team.
3. A new club wishing to enter a team in any age category shall apply for entry into OWL by the time of the OLA AGM in the year prior to the year in which they intend to begin play.

WR2.02 It shall be the responsibility of each Club to:

1. ensure the good conduct of all club personnel at all league functions
2. comply with all dates and deadlines for the submission of fees and information.
3. notify the Commissioner when their teams are travelling outside Ontario, hosting a team from outside Ontario, or are involved in exhibition play.

#### WR2.03 Withdrawal of Teams

1. If a team withdraws from competition prior to the start of the first game of the season at that level, the team's competition fees will be returned, with the exception of a \$250.00 administrative fee.
2. If a team withdraws from competition after the start of the first game of the season at that level, the team will forfeit their competition fees.

#### WR2.04 Umpires

1. All clubs are responsible for developing umpires starting at the house league level. Clubs that have a house league are required, by the start of the 2011 regular season, to have house league games for players aged 6 and over umpired by a qualified umpire or the house league is not covered by league insurance.

### **WR3 REGISTRATION**

#### WR3.01 Team Registration

1. The OLA team fee for Women's Field Lacrosse is established by the OLA.
2. One OLA team fee is payable per Club, by October 31st in the year prior to the competition year, for the Club to be eligible to vote at the OWL and OLA Annual General Meetings.
3. The OWL Competition Fees for each level of play shall be established by the Executive Council by January 31st of the competition year..
4. The balance of any outstanding OWL Competition/OLA Team fees (minus deposits) must be submitted by April 30th in the competition year, to the Finance Director.
5. In even years, there will be an additional fee for teams participating in the Ontario Summer Games as determined by the OSG committee. The Provincial Championship portion of fees paid within the Competition Fees for each participating team's will be applied towards these additional fees.
6. Prior to the start of the season, Clubs must submit to the Administration Director, for each rep team in every age category that will be participating in the OWL

league during the season, a list of players (hereinafter called the “team list”) who are the player members of that rep team at that time.

7. Final team lists must be submitted to the Administration Director by the Monday on or after June 15th.
8. A player must appear on a team list in order to play in the OWL league.
9. A player may not appear on more than one team list.
10. For the purposes of administering the player movement and call up rules in WR6, the terms “team list” in WR3.01 and “team” in WR6 are synonymous.

Explanatory Note: The above rules in ss.6-10 do not prevent the addition and deletion of players to team lists after the season starts e.g. for players which have not had the opportunity to register with OLA through their Club prior to the June 15 registration deadline. Team lists may also change through the season in other ways. For example, a player called up to a higher age team many times according to the player movement rules then becomes a member of the higher age team, and in such a case their name would be transferred to the team list of the higher age team.

#### WR3.02 Individual Registration

1. All OWL players, bench personnel, coaches, umpires and administrative members must complete an OLA registration form, sign a code of conduct, and be registered in one of the following categories:
  - a. Player
  - b. Umpire
  - c. Coach
  - d. Bench
  - e. Administration

#### WR3.03 Registration Deadlines

1. OLA registration forms must be submitted by Clubs to the Administration Director by June 15 (for rep teams) and by June 30 (for house league teams).

#### WR3.04 Affiliation

1. An individual may become a registered member of Ontario Women's Lacrosse only as a member of an affiliated club, with the exception of umpires who register under a designated Club number set by the OLA.

**WR3.05 Proof of Registration and Appeals**

1. For greater clarity, in the event of a dispute over membership and in the absence of an OLA registration form (original white copy), the affected person's appearance on a master registration list maintained by the Administration Director shall be considered proof of membership and shall take precedence over any other proof of membership.
2. Appeals of membership status must be submitted by the affected person's Club in writing to the Administration Director, within 7 days of notification of non-membership.

**WR3.06 Registration Qualifications**

All players must be registered prior to participation in league play in one of the following age categories:

1. Senior: Players must be nineteen (19) years of age or older at any time during the competition year (up to and including December 31st).
2. U19: Players must be under nineteen (19) years of age at any time during the competition year (up to and including December 31st).
3. U15: Players must be under fifteen (15) years of age and at least nine (9) years of age at any time during the competition year (up to and including December 31st).
4. U11: Players must be under eleven (11) years of age and at least seven (7) years of age at any time during the competition year (up to and including December 31<sup>st</sup>).
5. For centres with no applicable lower level team for a particular age category, exceptions may apply.
6. Registration in age categories may also reflect any factors deemed relevant by the Executive Council.

**WR3.07 Residential Qualifications**

1. Players may only register and play for an affiliated U11, U15 and U19 club in the centre in which they habitually reside.
2. A player who is resident in an area which does not have an OWL U11, U15, U19 or houseleague affiliated club should play with the club in the nearest centre which has an OWL team entered in the age category for which he/she is eligible to register and play.

3. Residential determination will adhere to the OLA criteria, and be confirmed by Executive Council each year prior to the start of the regular season play.

#### **WR4 VIOLATIONS, PROTESTS AND DISCIPLINE**

WR4.01 An OWL member (including Player, Team, Coach, Bench Personnel, Club Official, Club, Umpire or Executive member) shall not:

1. breach, fail, refuse or neglect to comply with a provision of the OWL By-laws, Regulations, Codes of Conduct, registration procedures, Rules of Competition, or any other policies or determinations of the Executive Council.
2. act in a manner unbecoming of a Member or prejudicial to the aims and objectives and interests of OWL, or another Member, or the sport of Lacrosse
3. bring OWL, or another Member, or the sport of Lacrosse into disrepute

WR4.02 Any OWL member found to have been in violation of any part of WR4.01 (a "violation") may be subject to one or any combination of the following disciplinary actions.

1. Expulsion
2. Suspension
3. Disqualification
4. Fine
5. Reprimand
6. Deduction of League points
7. Loss of Bond
8. or any other Penalty, Action or Educative Process

WR4.03 Discipline Committee

1. The Discipline Committee shall decide on appropriate disciplinary action to be taken in response to reports of violations submitted to the Chair.

WR4.04 Reporting Violations

1. A non-game related violation may be reported by a Club Representative, Umpire or member of the Executive Council.

2. A game-related violation may be reported by a Coach, Team Captain, Club Representative, Umpire or member of the Executive Council.

WR4.05 Submitting a Report

1. A report of a violation shall:
  - a) be submitted in writing to the Chair of the Discipline Committee within 48 hours of the commitment of the violation
  - b) set out the grounds on which the report is based;
  - c) be signed by the person reporting the violation;
  - d) contain names and phone numbers of any witnesses;
  - e) be copied to the Club representative, by the Chair, within 48 hours of the receipt of the report.

WR4.06 A protest of any game result due to an umpire's, timekeeper's or any other game official's conduct, decision and/or rulings, will not be entertained by the Executive Council. However, an incident report regarding any game official shall be thoroughly investigated.

WR4.07 Hearing

1. The Discipline Committee will be required to meet within 7 (seven) days of the commitment of the violation to decide on further action.
2. Where the Discipline Committee decides that a Member may have committed a violation, it will within 48 hours serve on the Member and their affiliated Club (if applicable) a notice in writing of a hearing of the Discipline Committee:
  - a) setting out the reported violation by the Member and the circumstances surrounding the violation;
  - b) stating the date, place and time of the hearing to be held not more than 14 after service of the notice;
  - c) stating that the Member may address the Discipline Committee at the hearing personally or by representation, or submit a written statement regarding the reported breach or misconduct before the date of that meeting.
  - d) Stating that if the Member does not attend, a decision will be made on the reported violation in their absence.
3. At the hearing of the Discipline Committee, the committee shall:
  - a) give to the Member charged with a violation every opportunity to be heard;

- b) by consensus determine whether the violation occurred and decide on the disciplinary action.
4. Notification of the decision and any disciplinary action imposed by the Discipline Committee must be sent in writing to the person who reported the violation, the member and the member's Club within seven (7) days of the hearing.
5. Failure of any party to adhere to the timelines of the disciplinary hearing process voids the report of the violation.
6. Failure of a person to comply with a disciplinary action shall result in further disciplinary action.

**WR4.08 Accelerated Process**

Notwithstanding WR4.07 the Discipline Committee shall have the power to convene a hearing of the Discipline Committee at any time as long as all parties involved with a violation are present.

**WR4.09 Records**

1. A record of all hearings of the Discipline Committee including decisions, disciplinary actions imposed and compliance with disciplinary actions by violators shall be maintained in a written and electronic format by the Chair, and an annual rollup of all hearings submitted to the Executive Council at the conclusion of each season.
2. The Executive Council shall retain annual rollups of hearings for a period of 5 years.

**WR5 APPEALS**

**WR5.01 OWL Appeals Committee**

1. The Appeals Committee shall hear appeals of any findings or determinations made by the Discipline Committee.
2. The Chair cannot be the Chair of the Discipline Committee.

**WR5.02** Any OWL member who has been formally disciplined by the Discipline Committee shall have the right to appeal a decision of the Discipline Committee.

1. The appeal shall be directed to the Chair of the OWL Appeals Committee in writing within 14 days of the date of the associated Disciplinary Committee hearing accompanied by a cheque payable to OWL in the amount of \$100.00.

2. The OWL Appeals Committee shall render a final decision on whether to overturn the decision of the Discipline Committee within 14 days of receiving the appeal, and shall notify the member and Club of their decision within 48 hours.
3. A further appeal may be made to the O.L.A. Appeals Committee. The cost of the appeal shall be one hundred (\$100.00) dollars. [OLA B7.04.2]
4. A final appeal may be made to an appeals board appointed by the O.L.A. comprised of individuals independent of any of groups involved to date. [OLA B7.04.3] The cost of this level of appeal shall be two hundred and fifty (\$250.00) dollars which is non-refundable.
5. All appeals to the OLA must be submitted in writing (with cheque) within 15 days of the previous decision. The results of this appeal will be made known by word within 24 hours and written notice to the club within 3 days.

WR5.03 Where the Member submits an appeal, the decision of the Discipline Committee stands until it is overturned by the OWL Appeals Committee or an OLA Appeals Committee or Board.

WR5.04 Decisions of an OLA Appeals Committee or Board will be binding and final upon the Executive Council and the Member.

## **WR6 PLAYERS**

WR6.01 Player Movement:

1. A player may not play for a team belonging to another club.
2. A player may not play for a team in a younger age category or for a team in a lower tier within the same age category.
3. A player may play for a team in the next highest age category within the same club. In the case of a U11 player moving up to U15, a player must be at least nine (9) years of age as of December 31st in the current year.
4. If a player plays in more than 50% of league games with a team in an older age category, they must move to that team on a permanent basis. In the case where such a player plays on more than one older age category team and plays in more than 50% of those collective teams' games, they must play for one team or the other.
5. A player may play for a team in a higher tier in the same age category within the same club, no more than three times in a regular season.

6. A notation will be made beside a player's name on the game sheet if they are playing on a team in an older age category, or on a team in a higher tier within the same age category.

**WR6.02 Call Ups Within an Age Category:**

1. A coach may call up no more than a total of three players from a lower tier team(s) in the same age category within the same Club for any game.
2. A coach must receive permission from a player's coach prior to calling them up.
3. A coach calling up at least one player from a lower tier team(s) in the same age category within the same Club for a game must not exceed a roster size of 14 for that game.

**WR6.03 Call Ups From a Younger Age Category:**

1. A coach must receive permission from a player's coach prior to calling them up.

## **WR7 UNIFORMS**

**WR7.01** All clubs must submit their team colours to the Communications Director prior to the beginning of the season for approval. This listing will be used to determine the first colours where there is a conflict. See Appendix 4.

**WR7.02** All team members shall be dressed uniformly and must comply with the FIL Women's Field Lacrosse Rules (2007-2010 Rules Book: Rule 6; Pages 9-10).

The following rules shall also be enforced:

1. U-15 and U-19 field players must wear kilts..
2. Goalkeepers must wear either a skirt or shorts or pants.
3. The home team (listed first on the schedule) will wear their first colours and the visitors must make alternate arrangements if there is a colour conflict.
4. All teams should be prepared with a second set of jerseys / pinnies when required. Where a conflict occurs, if the visiting team does not have a second option, the game will be defaulted by the visiting team.

**WR7.03** The umpires will check uniforms during the stick check and a team with a player or players not in appropriate uniform will be penalized by a loss of possession on the opening draw.

**WR8 GAME PLAY****WR8.01 Bench Personnel**

1. All teams participating in OWL league or event play must have a certified trainer and Women's Field Lacrosse coach on the bench.
2. A certified coach is one who has completed the technical, theory and practical components of the National Coaching Certification Program (NCCP).
  - a) A first year coach must have their NCCP Women's Field Lacrosse Level 1 Technical or Level 1 Theory completed prior to Provincials.
  - b) A second year coach must be fully certified at NCCP Level 1 by the beginning of their second season.
  - c) Summer games coaches must be fully certified at NCCP Level 2.

**WR8.02 Umpires**

1. At least two fully qualified umpires (NOCP 1 or higher) will be provided for all OWL regular season, playoff and Provincial Championship games.

**WR8.03 Roster**

1. A player roster consists of the list of players which appear on the game sheet for any game.
2. For league play, the maximum size of a team's player roster will be 22.
3. A maximum of six (6) non-playing personnel will be allowed on the bench.
4. No one but the players in uniform, coach(s), manager and trainer shall be permitted to occupy the bench
5. The roster may be reduced during the course of the game through injury or penalty (red card).
6. Only players present at the start of the game may be listed on the game sheet, but additional players may be added as they arrive -- but must not play until their names have been added.

**WR8.04 Rules**

1. All games will be played using the CLA / FIL Women's Field Lacrosse Rules with the exception of the following:
2. Applicable in all games in U15, U19 and Senior Age Categories

- a) Game Time:
    - i. Regularly scheduled games will start no later than 15 minutes after their scheduled time.
    - ii. All games will consist of two twenty-five minute halves with five minutes for half time.
    - iii. All regular season games will end after regulation time.
  - b) Tie Breaking formula (see WR8.09)
  - c) Fines for red cards (see WR8.10)
  - d) When any warning (yellow) card is issued, a team will play short for the two minute penalty.
3. Applicable in all games in U11 Age Category
- a. Number of Players: Seven (7) field players + one (1) goalkeeper
  - b. Ideal field size: 60m x 30m
  - c. Field markings: Goal Circle, Goal Line 6m from End Line, Restraining Line at Halfway, 8 metre Arc, "X" to mark centre of field (no circle), Hard Boundary
  - d. Crosses: Regular Women's Crosse that must display legal depth pocket
  - e. Timing: Games consist of two 12.5 minute halves. The last two minutes of each half shall be stop time. The break at halftime shall be 3 minutes in length. Each team is allowed one time out per game.
  - f. Goalkeepers must wear mandatory equipment per FIL Women's Field Lacrosse Rules.
  - g. Special Rules:
    - i) NO CHECKING
    - ii) The ball must be played by three field players (not GK) before a shot on goal can be taken.
    - iii) A team must not have:
      - 1) more than five (5) attack players beyond the restraining line in the offensive/attacking end of the field
      - 2) more than six (6) defensive players including the GK inside the restraining line in the defensive end of the field
    - iv) A soft lacrosse ball must be used.

- v) A player can possess the ball for no longer than 10 seconds. Before 10 seconds has elapsed the ball must have been played

#### WR8.05 Point System

1. Win = 2 points
2. Tie = 1 pt
3. Loss = 0 pts
4. Default = 2 pts (score 12-0 in favour of non-defaulting team)

#### WR8.06 Defaults

1. A team is in default when:
  - a) it is without a certified coach and trainer 15 minutes after the scheduled game time
  - b) there is a conflict in uniform colours per WR7.04
  - c) an illegal player's name appears on the game roster
2. A team that defaults a game will be required to pay the following fine
  - a. 72 hours notification provided but game is not rescheduled, \$100.00 per game
  - b. 72 hours notification is not provided, \$200.00 per game
3. In games involving a default by one or both teams, all players on both teams in attendance as recorded on the game sheets receive eligibility for the game.
4. Where both teams default a game, no points are awarded to either team.
5. A team that defaults more than 4 games will be referred to the Discipline Committee.

#### WR8.07 Re-Scheduling Games

1. Where a team is unable to play a scheduled game, if direct notification is made by telephone to a member of the Competitions Committee 72 hours in advance, the game may be re-scheduled at the convenience of the opposing team.
2. If the game is rescheduled, the initiating team must:
  - a. Notify the member of the Competitions Committee of the date, time and location of the rescheduled game

- b. Make arrangements for two certified umpires and pay the game fees and umpire mileage (not reimbursed by the League)
  - c. Send the original game sheet and proof of umpire payment to the designated Administration contact
3. If the game cannot be re-scheduled it is recorded as a default by the initiating team.
4. If direct notification is not made by telephone to the member of the Competitions Committee 72 hours in advance, the game is recorded as a default by the initiating team.

#### WR8.08 League Schedule

1. The League schedule including tier structure shall be drafted by the Competitions Committee and approved by the Executive Council by April 30.
2. The Competitions Committee shall divide each age category (e.g. U-11, U-15, U-19 and Senior) with more than 7 teams into two or more tiers (e.g. A, B, C divisions).
3. Placement of teams within a tier shall be determined primarily by a team's standing following Provincial Championships in the prior season. In addition, placement may also reflect any factors deemed relevant by the Competitions Committee.
4. In the case of a new association entering a team into an age category, the team shall be assigned to the lowest tier in the age category by default.
5. In the case of a returning association entering a team into an age category, placement into an appropriate tier shall be determined by the Competitions Committee.
6. An association which has not entered a team into an age category for three or more consecutive seasons is deemed to be a new association.
7. Each tier shall play a balanced schedule with no fewer than ten (10) regular season games.
8. At the conclusion of the balanced schedule, the bottom two teams in each tier shall play the top two teams in the next lowest tier to determine the placing of teams in the Provincial Championships.
9. Playoff games between teams to determine placing of teams in the Provincial Championships do not count towards player eligibility for the Provincial Championships.

10. In regular season play, playoffs, and Provincial Championships no team will be scheduled to play more or less than two games on any given day, except in circumstances approved by the Competitions Committee.
11. Teams shall not be scheduled to play back-to-back games.
12. Teams shall be given at least a thirty (30) minute break between games.
13. All regular season games will be scheduled at intervals of a minimum of ninety (90) minutes.
14. No changes may be made to the schedule once it has been finalized without the approval of the Competitions Director, and reasonable notification of teams involved.
15. Scheduled games may be delayed or postponed due to a lack of lighting or poor weather conditions including thunder/lightning, or other extreme conditions, or at the discretion of the host convenor and head game official in consultation with the coaches. The length of the game will not be altered for any other reason.

WR8.09 Tie-Breaking to Determine Standings:

1. When necessary, ties in league or provincial standings will be broken in the following manner:
  - a) Results of head to head matches
  - b) Goal Differential Formula:  $[\text{Goals For} - \text{Goals Against}] / [\text{Goals For} + \text{Goals Against}]$
  - c) Other wins vs. higher ranked teams
  - d) Fewest goals against
2. In the formula, the scores of all the games in the round robin of the tied teams are used. The maximum difference in scores allowed per team will be 12, which is achieved by reducing "Goal For".
3. Actual scores are used except those matches in which, the Goal differential exceeds 12. In these cases, the Goal difference is reduced to 12. For example, a score of 15 – 1 will be reduced to 13 – 1 before using the Goal formula.

WR8.10 Red Cards

There are two 'Red Cards' in Women's Field Lacrosse: a 'yellow / red' and a 'straight red'. These shall be treated differently in accordance with FIL / CLA Rules.

1. Any player or bench personnel who receives one straight Red Card or two Yellow / Red Cards in a weekend of regular season play, or in a playoff game, or in a Provincial Championships game for personal fouls:
  - a) shall automatically miss the following scheduled OWL game.
  - b) shall be referred to and investigated by the Discipline Committee.
  - c) shall have her / his name written on the game sheet of the suspended game (at the bottom of the team list) with the designation "SUSPENDED – 1 of 1" written beside her/his name. She / he may not be on the bench during her/his suspension.
  - d) shall be the subject of a "Red Card Incident Report", to be completed by game officials and signed by a team official from the affected player's Club.

## **WR9            HOSTING RESPONSIBILITIES**

- WR9.01      Each host site Club will be responsible for assigning an individual(s) to act in the role of Host Site Convenor.
- WR9.02      OWL shall send host site packages to the appropriate Club two weeks prior to their host weekend.
- WR9.03      Hosting Clubs shall be responsible for meeting their responsibilities per the host site package.
- WR9.04      Failure of the Host Club to meet their responsibilities may result in a financial penalty.

## **WR10           PLAYOFFS AND PROVINCIAL CHAMPIONSHIPS**

- WR10.01    All teams will be involved in Provincial Championships.
- WR10.02    Eligibility
1. A player must have played in at least 1/3 of their team's regular season games to be eligible to play with that team in any playoffs and in the Provincial Championships.
  2. A player may play in more than one Provincial Championship tournament, but must cease any further play, if they appear on the team roster for a championship game and their team wins the championship game, in a Provincial Championship tournament.
- WR10.03    Tournament Schedules

1. Playoff and Provincial Championship schedules shall be drafted by the Competitions Committee and approved by the Executive Council.

WR10.04 The highest ranking teams at the U-19 level will compete at the Ontario Summer Games held every two years (usually even numbered years). The number of teams will be determined by the Ontario Summer Games.

WR10.05 Game Time

1. Timing for all playoff games and Provincial Championship games will be the same as regular season games.
2. Overtime will only be played during positioning games, semi-finals and finals in the Provincial Championships. FIL / CLA Women's Field Lacrosse Rules will be applied for any overtime play.

WR10.06 Umpires will be selected and appointed by the Officiating Director.

WR10.07 Withdrawing from Playoffs and Provincial Championshipss

1. A Club whose team withdraws from a playoff or Provincial Championship tournament will be levied a fine of \$200.00.
2. Any Coach, Manager or Club Official withdrawing a team from a playoff or Provincial Championship tournament shall be required to appear at an OWL Discipline Committee hearing at which point the team's status for the following season and penalty will be determined.

## **WR11 TROPHIES & AWARDS**

WR11.01 The following awards will be presented as appropriate:

1. ROOTS OF THE GAME AWARD (See [Appendix 6a](#))
2. OWL SCHOLARSHIP (See [Appendix 6b](#))
3. OWL COACH OF THE YEAR (See [Appendix 6c](#))
4. OWL AWARD OF DISTINCTION
  - a) An "Award of Distinction" may be presented from time to time as determined by the Executive Council to honour and give special recognition to an individual or group for extraordinary contributions and/or achievements.

WR11.02 Trophies

1. The following trophies will be awarded to winning teams:
  - a) OWL Tournament: OWFL Trophy
  - b) Senior A: Tewaathon Bowl
  - c) Senior B: Senior B Cup
  - d) U-19 A: Stanga Trophy
  - e) U-19 B: Joan and Vince Gilkinson Memorial Trophy
  - f) U-19 C: Craig Windley Cup
  - g) U-15 A: Lem Cup
  - h) U-15 B: U-15 B Trophy
  - i) U-11: Jeff Elmer Trophy
2. All trophies shall be returned in good repair by the previous year's Championship team to the Competitions Director prior to the Provincial Championships.
3. It is the responsibility of each Championship Team to have its club's name engraved on the trophy prior to returning.
4. Failure by any club to deliver any trophy or trophies in its care to the Provincial Championships as required shall make that club liable to a fine of one hundred dollars (\$100).

#### WR11.03 Medals

1. 25 medals will be awarded to each of the top 3 teams in each tier in all of the age categories at the conclusion of the Provincial Championships.. If more are required, they can be purchased by the teams.

### **WR12 OFFICIATING**

- WR12.01 All umpires must be certified by the NOCP in the current calendar year prior to officiating any games. Umpires may be required to undergo a re-evaluation at any time as designated by the Officiating Committee for the purpose of promoting or demoting their classification.
- WR12.02 The OWL and any officials at the field WILL NOT, under any circumstance, allow ANY game to be played where a minimum of two (2) NOCP certified officials are not available.

WR12.03 Umpires fees will be set in even years, as part of a two year contract with the OWL / OLA via the Ontario Lacrosse Referee's Association. (See Umpire Fee Schedule Appendix 7).

WR12.04 Umpires

1. Umpires must be at least 14 years of age at the house league level, and at least 16 years of age at the rep level.
2. All umpires must attend an NOCP clinic every year to maintain a current rating.
3. All umpires must be affiliated with a registered OWL Club.
4. All umpires will receive at least one written evaluation each year by a qualified supervising official.
5. Game umpires must verify that the number of names listed on the game sheet matches the number on the bench (including players, coaches, injured players, etc.) prior to the start of each match.
6. Game umpires must ensure that a card resulting in a player's / coach's ejection from the game is noted on the game sheet and accompanied by a 'Red Card Fine' sheet with full explanation. The Host Site Convenor must be notified.
7. Ensure that any incidents/concerns from the games are reported on the game sheets and reported to the Officiating Committee.

WR12.05 Umpires consistently refusing assignments to league games may be disciplined by the Officiating Committee and the OLRA.

WR12.06 Umpire Payment

1. The official umpires for each game will each be paid a fee at the field plus a transportation allowance to be set at the beginning of each season by the Executive Council.
  - a) Host convenors shall distribute fees to an umpire immediately after the umpire's last game of the day.
  - b) Only umpires who drive to a host site on game days will be eligible to receive mileage reimbursement, which shall be paid at the end of the regular season and after Provincial Championships.
  - c) An umpire shall receive mileage reimbursement if they officiate in two or more games on a weekend day, or a game on a mid-week day.
  - d) Umpires are encouraged to car pool where possible. The Director of Finance will determine where car pooling would have been

appropriate, and will reimburse an appropriate mileage amount equally split between the umpires involved.

## **WR13 HIGH PERFORMANCE**

### **WR13.01 Selection of OWL Elite Team Players.**

1. The OWL Elite Team Program will field a maximum of three (3) high performance teams to compete at elite level competitions.
2. Players must be a minimum of eleven (11) years of age and may not turn eighteen (18) at any time during the playing season, up to and including December 31st (i.e. first year grade 12).
3. Composition of the OWL Elite Team(s) will be based on talent, not age.

### **WR13.02 OWL Elite Team Schedule**

1. The OWL Elite Team coordinator shall declare to the Director of Competitions, by no later than March 15, no more than two league (regular season, playoff) weekend dates on which the OWL Elite Team will be participating in activities which would make players unavailable to play for their home club's team for part or all of the declared weekend(s).
2. If additional weekend dates are required, they must be approved by the Competitions Committee and the Executive Council before any OWL player is permitted to join the OWL Elite Team.
3. The OWL Elite Team shall not schedule any activities involving players in the three days prior to the start of, and for the duration of, the Provincial Championships.

Appendix 1 CODES OF CONDUCT

**PLAYERS**

- 1. I will participate because I want to, not just because my parents or coaches want me to.**
- 2. I will play by the rules and in the spirit of the game.**
- 3. I will control my temper, fighting and foul language, as it will spoil the activity for everybody.**
- 4. I will respect my opponents and officials.**
- 5. I will do my best to be a true team player.**
- 6. I will remember that winning isn't everything and that having fun, improving skills, making friends and doing my best are also important.**
- 7. I will acknowledge all good plays and performances of my team and of my opponents.**
- 8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.**

My signature below indicates that I have read and will fulfil this Code of Conduct in my role as a player within this OWFL 2008 Season.

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Players Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Team Coaches Signature**

**Appendix 1**

**CODES OF CONDUCT**

**COACHES, MANAGERS AND TEAM PERSONNEL**

- 1. I will be reasonable, remembering that players have other interests and obligations.**
- 2. I will teach my players to play fairly and to respect the rules, officials, opponents and each other.**
- 3. I will ensure that all players receive equal instruction and support.**
- 4. I will remember that players play to have fun and must be encouraged to have confidence in themselves. I will not ridicule or yell at players for making mistakes or for performing poorly.**
- 5. I will make sure that equipment and facilities are safe and match the players' ages and abilities.**
- 6. I will remember that participants need a coach, manager or trainer whom they can respect. I will be generous with praise and set a good example.**
- 7. I will obtain proper training and continue to upgrade my coaching or management skills.**
- 8. I will foster regular and effective communications with parents and players.**
- 9. I will ensure that locker room behaviour is acceptable and non-threatening for all participants.**
- 10. I will remember that it is a privilege, not a right, to coach and work with young athletes**

My signature below indicates that I have read and will fulfil this Code of Conduct in my role as a Coach within this OWFL 2008 Season.

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Coaches Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Club Representative Signature**



# **Ontario Women's Field Lacrosse**

## **2008 Code of Conduct**

### **Officials**

- 1. I will be mentally and physically able to officiate each game during the season.**
- 2. I will successfully undertake the appropriate written NOCP Umpire Exam, within two weeks of attending the pre season Umpiring clinic.**
- 3. I will be objective and impartial in umpiring a safe game for all participants.**
- 4. I will work with my umpiring team and players throughout the game. I will be available for discussion with the captains and coaches at appropriate times.**
- 5. I will handle any conflicts firmly and with dignity.**
- 6. I will not tolerate unacceptable conduct toward any officials, players, team personnel or spectators, and will take action in accordance with the rules when appropriate.**
- 7. I will promote good teamwork amongst the umpiring team both on and off the field.**
- 8. I will not at anytime criticise any official, player or coach.**
- 9. I will remain impartial throughout the season and limit social interaction with any team personnel or spectators to an appropriate or agreed level in accordance to the information given at the pre season Umpiring clinic.**

My signature below indicates that I have read and will fulfil this Code of Conduct in my role as an Official within this OWFL 2008 Season.

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**Date**

**Officials Signature**

---

**Date**

---

**OWFL Officiating Director Signature**

## **Appendix 2 DUTIES OF THE EXECUTIVE COUNCIL**

### **Commissioner**

- Shall provide experience, information and assistance to the Executive Council
- Shall preside at Annual General, Executive Council and any other Special General Meetings and conduct the business in an orderly manner
- Shall represent OWL on the OLA Board of Governors and attend regularly scheduled meetings
- Shall represent OWL at the CLA AGM and SAGM
- Shall be responsible for preparing agendas for all Executive Council and general meetings
- Shall be responsible for preparing and sending host site packages to clubs on a timely manner

### **Administration Director**

- Will perform the duties of the league registrar
- Shall update the OWL registration database with all new and re-registration information as they are received (July 2<sup>nd</sup> deadline)
- Submit completed forms to the OLA
- Return approved forms to the clubs
- Shall oversee the competition statistics
- Shall input League information into the standard OWL spreadsheet format on a weekly basis and provide updates on a regular basis

### **Communications Director**

- Shall record, distribute and maintain minutes of General and Executive Council meetings to the membership within fourteen (14) days of meeting
- Maintain a current contact list of the Executive Council, Committee Members and Club contacts
- Shall co-ordinate the preparation of the Annual Yearbook
- Shall ensure the website has the most current information posted
- Shall be responsible for coordination of all year end Director's reports.
- Prepare a final year-end statement at the Executive Council meeting held within one month of the Provincial Championships, and compile other material for the Executive Council's year-end report to the OWL Executive Council and OLA.

### **Competitions Director**

- Shall Chair meetings of the Competitions Committee and conduct business in an orderly manner and bring forth any issues concerning their competitions to the Executive Council .
- Shall be the point of contact for clubs in sanctioned competitions and will address concerns and issues accordingly

- Shall oversee the drafting of a competitions schedule (including Provincial Championships) for all levels in accordance with the OWL By-laws and communicate to Technical Committee and clubs
- Shall have the final decisions on all games (e.g. defaults, player eligibility, etc).
- Shall arrange to be on-site or appoint an on-site convenor for the Provincial Championships.

### **Development Director**

- Shall Chair meetings of the Development Committee and conduct business in an orderly manner and bring forth any issues concerning their Leagues to the Executive Council .
- Shall assist in the co-ordination of special events such as:
  - High School Jamboree
  - Celebrate! Women's Lacrosse Day
  - National "Clinic Day"
  - OWL International

### **Finance Director**

- Will perform these duties:
  - maintain the bank account
  - receive and deposit all funds payable to OWL
  - provide summary of members paid in full
  - pay all bills approved by the Executive Council. All disbursements will be co-signed by a designated member of the Executive Council.
- Prepare budget and establish Competition Fees for each season
- Will be the recipient of all completed host site packages and will ensure prompt distribution of necessary information to Administration Director and Director of Officials
- Submit an up-to-date financial statement at each Executive Council meeting
- Submit an interim financial statement at AGM held in November each year.
- Provide a final year end financial statement to all clubs by February 28, each year.

### **Officiating Director**

- Shall oversee the assignment of umpires for all OWL play
- Shall Chair meetings of the Officials Committee and conduct business in an orderly manner and bring forth any issues concerning their activities to the Executive Council
- Shall liaise with the Technical Director on related education and development issues

- Shall oversee the development and continuous improvement of current and new umpires through:
  - NOCP (umpires) certification clinics
  - Appropriate evaluation opportunities for all Ontario umpires as necessary
  - effective mentoring programs for umpires
- Shall ensure records of all umpires and their qualifications are kept up to date.
- Shall coordinate with the Director of Finance to ensure that umpire payments are accurate and timely.
- Shall represent the Executive Council and all OWL Officials by attending OLA Referees Development Committee and OLA Referees' Association meetings and by working alongside with the CLA Chair of Rules and Umpiring
- Shall be responsible for determining the status of club umpire bonds.
- Shall chair the Discipline Committee and ensure records of Red/Yellow cards are kept up to date.
- Shall report issues to the Executive Council for further action.

### **Special Events Director**

- Shall oversee the competition awards
  - distribute ballots for League Player awards.
  - Shall co-ordinate the acquisition of all medals, trophies, plaques, shirts, and any other designated awards for all OWL sanctioned leagues and events and ensure their delivery to the appropriate people or location for presentation
- Shall co-ordinate the Annual U15, U19 & Senior All Star games
- OWL Scholarship
  - Shall ensure application information is distributed and chair the Selection Committee.
- Shall be the Summer Games coordinator- (when applicable)
- Shall co-ordinate - Tours to Ontario
  - Shall be the contact person for travel companies & individuals who are organising lacrosse tours to Ontario.
  - Shall update the membership in a timely manner with news of tours to Ontario.
  - Shall ensure that all clubs are provided opportunity to participate in "international" competition.

**Technical Programmes Director**

- Shall Chair meetings of the Coaching Committee and conduct business in an orderly manner and bring forth any issues concerning their activities to the Executive Council.
- Shall oversee the development and continuous improvement of current and new coaches through:
  - NCCP (coaching) certification clinics
  - Appropriate evaluation opportunities for all Ontario coaches as necessary
  - effective mentoring programs for coaches
- Shall ensure records of all coaches and their qualifications are kept up to date.
- Shall report issues to the Executive Council for further action.
- Shall chair the Organizing Committee of the annual Coaching Symposium.
- Shall oversee the Provincial Team Program and ensure leadership is in place to guide players from across Ontario seeking the highest level of training and competition and ensure they are.
  - Co-coordinating the selection of players
  - Conducting the general operations of the Program, including budget, facilities, equipment, scheduling, training, competition, fundraising, and any other events, which may take place from time to time.

### Appendix 3a DATES & DEADLINES

February 1	<ul style="list-style-type: none"> <li>Submit Club's updated <b>Contact Information</b> to Administration Director.</li> </ul>
March	<ul style="list-style-type: none"> <li>Attend <b>OLA Semi-Annual</b>. Distribute all required documents to coaches, umpires and other club members as necessary.</li> </ul>
March	<ul style="list-style-type: none"> <li>Ensure coaches and umpires are registered for upcoming <b>Clinics</b></li> <li>Submit official game <b>venue and directions</b>.</li> </ul>
March 31	<ul style="list-style-type: none"> <li>Deadline for every club to declare the number of teams they will be entering in each age category</li> <li>Deadline for team requests for scheduling requirements</li> <li>Send in a non refundable cheque for \$300 per team to <b>Finance Director</b></li> </ul>
	<p><i>OLA to invoice clubs for:</i></p> <ul style="list-style-type: none"> <li><b>AGM Levy \$50</b></li> <li><b>Lacrosse Talk (2 Issues) \$3 per registered member</b></li> <li><b>Ontario Lacrosse Hall of Fame \$100</b></li> </ul>
April 30	<p><i>a) Competition Fees (\$2000 – \$300 deposit) Payable to OWL</i>  <i>Send to Finance Director</i></p> <p style="padding-left: 40px;"><i>Senior Teams .....\$1700 per league team</i>  <i>U-19 Teams .....\$1700 per league team</i>  <i>U-15 Teams.....\$1700 per league team</i></p> <p><i>b) Umpire Bond Payable to OWL</i>          Send to Competitions Director          Each Team – All Levels.....\$300.00 per league team</p> <p><i>c) Insurance Fees</i>  <i>OLA to invoice clubs (½ of 2007 reported participants)</i></p> <ul style="list-style-type: none"> <li><b>18 years old and under \$ 11.00</b></li> <li><b>19 years old+ \$ 13.00</b></li> </ul>
June 1	<ul style="list-style-type: none"> <li>Send completed <b>OLA Registration forms</b> for all club members to Administration Director</li> <li>Ensure all club members have read and signed a <b>Code of Conduct</b></li> </ul> <p><i>OLA Team Fees: Payable to OLA</i></p> <p style="padding-left: 40px;"><i>Senior.....\$277 per team</i>  <i>U-19 Teams.....\$277 per team</i>  <i>U-15 Teams.....\$235 per team</i></p> <ul style="list-style-type: none"> <li>Ensure eligible players have applied for <b>OWL Scholarship</b></li> </ul>
July 1	<ul style="list-style-type: none"> <li>Deadline for applications for "<b>Roots of the Game</b>" Award.</li> </ul>
July 2	<ul style="list-style-type: none"> <li>Submit final OLA Registration Forms to Administration Director (none will be accepted after this date)</li> <li>Send a team list (players and bench personnel) to OLA office.</li> </ul>
July 7	<ul style="list-style-type: none"> <li><b>All-Star Team nomination</b> forms are due to Development Director.</li> </ul>
August 1	<p><i>a) Summer Games Fees Payable to OWL</i></p> <ul style="list-style-type: none"> <li><b>approx. \$75 per participant. Send to Finance Director</b></li> </ul>

	<p><i><b>b) Insurance Fees</b></i>  <i><b>OLA to invoice clubs (2008 reported participants minus billing in April)</b></i></p> <ul style="list-style-type: none"> <li>▪ <i><b>18 years old and under \$ 11.00</b></i></li> <li>▪ <i><b>19 years old+ \$ 13.00</b></i></li> </ul>
	<p><i><b>c) OLA to invoice clubs for:</b></i></p> <ul style="list-style-type: none"> <li>▪ <i><b>CLA Levy \$2 per registered member</b></i></li> <li>▪ <i><b>Lacrosse Talk (2 issues) \$3 per registered member</b></i></li> </ul>
August	<ul style="list-style-type: none"> <li>▪ <b>Championship Trophies</b> must be returned at the Provincial Championships Coaches Meeting</li> </ul>
<i><b>August (during provincials)</b></i>	<ul style="list-style-type: none"> <li>▪ <i><b>Submit OLA Coach of the Year nominations to the Technical Director.</b></i></li> </ul>
October 31	<ul style="list-style-type: none"> <li>▪ Send an <b>OLA Team Fee</b> for next season to OLA office.</li> </ul>
November	<ul style="list-style-type: none"> <li>▪ Attend <b>OLA AGM</b> &amp; Women's Lacrosse Annual Meeting</li> </ul>



## Appendix 4 CLUB COLOURS

Shirt and Kilt / Short Colour: 1<sup>st</sup> (2<sup>nd</sup>)

CLUB	U11		U15		U19		Senior	
	Shirt	Kilt	Shirt	Kilt	Shirt	Kilt	Shirt	Kilt / Shorts
<b>Brampton</b>	Gold / Maroon	Black	Gold (Maroon)	Maroon	Maroon with Gold	Black	Maroon (Gold)	Black
<b>Burlington</b>	Red with White	Black	White with Red	Black	Red (White)	Black	Red (White)	Black
<b>Huntsville</b>	Forest Green (Mustard Yellow)	Black	Forest Green (Mustard Yellow)	Black	--	--	--	--
<b>Kawartha</b>			Orange with Blue / White	Navy	Orange with Blue / White	Navy	Orange with blue / white (White)	Navy
<b>Kitchener-Waterloo</b>	--	--	Black	Black	Black	Black	Purple (Gold)	Black
<b>Mississauga</b>	--	--	Kelly Green	Kelly Green	1. Kelly Green 2. Kelly Green	1. Kelly Green 2. Kelly Green	Kelly Green	Kelly Green
<b>Orangeville</b>	White	Black	1. Black 2. Silver	1. Black 2. Silver	1. Black 2. White 3. Silver	1. Black 2. Black 3. Silver	1. Black 2. Silver	1. Black 2. Silver
<b>Orillia</b>	Red with White (White with Red)	Red	Red (White)	Red	Red (White)	Red	--	--
<b>Oshawa</b>	Baby Blue	Black	Carolina Blue	Carolina Blue	1. Carolina Blue 2. Carolina Blue	1. Carolina Blue 2. Carolina Blue	Carolina Blue	Carolina Blue
<b>Owen Sound</b>			--	--	Orange	Black	Green	Green
<b>Ottawa</b>	--	--	--	--	--	--	White	Black
<b>St. Catharines</b>			Light Blue	Navy	Navy (White)	Navy	Navy	Navy
<b>Six Nations</b>	Purple	White	Purple	Purple	Purple	Purple	Purple	Purple
<b>Toronto</b>	--	--	--	--	--	--	White (Navy)	Navy
<b>Toronto Stars</b>	White (Royal Blue)	Royal Blue	Royal Blue	Royal Blue	--	--	--	--

## Appendix 5 PROVINCIAL CHAMPIONSHIPS

The following schedules are only suggested templates, which the Competition Committee / OWL may use for Provincial Championships at all levels.

1. Once the split has been established by the Leagues, determining the teams playing "A" and "B", the appropriate schedule template is applied.
2. Upon completion of regular league play, the teams will be slotted in according to the final standings.

<b>3 TEAMS 2 Games</b>	
<p><u>Details:</u></p> <ul style="list-style-type: none"> <li>- 1 semi-final game:</li> <li style="padding-left: 20px;">#1: 2<sup>nd</sup> Place vs 3<sup>rd</sup> Place</li> <li style="padding-left: 20px;">1<sup>st</sup> place team receives a bye to Championship                             <ul style="list-style-type: none"> <li>- Bronze: semi-final losing team</li> <li>- Gold Medal Game</li> </ul> </li> <li style="padding-left: 20px;">1<sup>st</sup> Place vs. Winner of semi-final game</li> </ul> <p style="text-align: right; margin-top: 10px;">Note: one team plays 2 games, the other two play 1 game</p>	<p style="text-align: center;"><b>Pool 1</b></p> <p style="text-align: center;"><i>(league play)</i></p> <p style="text-align: center;">1<sup>st</sup> Place</p> <p style="text-align: center;">2<sup>nd</sup> Place</p> <p style="text-align: center;">3<sup>rd</sup> Place</p>

<b>3 TEAMS 4 Games</b>	
<p><u>Details:</u></p> <ul style="list-style-type: none"> <li>- 1 pool of 3</li> <li>- Full round robin</li> <li>- Bronze medal awarded to 3<sup>rd</sup> place in Round Robin</li> <li>- Gold Medal game 1<sup>st</sup> v 2<sup>nd</sup> place in Round Robin</li> </ul> <p style="text-align: right; margin-top: 10px;">Note: two teams plays 3 games, the other team plays 2 games</p>	<p style="text-align: center;"><b>Pool 1</b></p> <p style="text-align: center;"><i>(league play)</i></p> <p style="text-align: center;">1<sup>st</sup> Place</p> <p style="text-align: center;">2<sup>nd</sup> Place</p> <p style="text-align: center;">3<sup>rd</sup> Place</p>

<b>4 TEAMS 4 Games</b>	
<p><u>Details:</u></p> <ul style="list-style-type: none"> <li>- 2 semi-final games:</li> <li style="padding-left: 20px;">#1: 1<sup>st</sup> Place vs. 4<sup>th</sup> Place</li> <li style="padding-left: 20px;">#2: 2<sup>nd</sup> Place vs. 3<sup>rd</sup> Place</li> <li>- Bronze Medal Game: Losers of semi-final games</li> <li>- Gold Medal Game: Winners of semi-final games</li> </ul> <p style="text-align: right; margin-top: 10px;">Note: all teams play 2 games</p>	<p style="text-align: center;"><b>Pool 1</b></p> <p style="text-align: center;"><i>(league play)</i></p> <p style="text-align: center;">1<sup>st</sup> Place</p> <p style="text-align: center;">2<sup>nd</sup> Place</p> <p style="text-align: center;">3<sup>rd</sup> Place</p> <p style="text-align: center;">4<sup>th</sup> Place</p>

<b>4 TEAMS 8 Games</b>	
<p><u>Details:</u></p> <ul style="list-style-type: none"> <li>- 1 pool of 4</li> <li>- Full round robin</li> <li>- One Gold and one Bronze medal game based on round robin results</li> <li>Gold/Silver game: 1<sup>st</sup> vs. 2<sup>nd</sup></li> <li>Bronze/Fourth game: 3<sup>rd</sup> vs. 4<sup>th</sup></li> </ul> <p style="text-align: right; margin-top: 10px;">Note: all teams play 4 games</p>	<p style="text-align: center;"><b>Pool 1</b></p> <p style="text-align: center;"><i>(league play)</i></p> <p style="text-align: center;">1<sup>st</sup> Place</p> <p style="text-align: center;">2<sup>nd</sup> Place</p> <p style="text-align: center;">3<sup>rd</sup> Place</p> <p style="text-align: center;">4<sup>th</sup> Place</p>

### 5 TEAMS 8 Games

**Details:**

- Preliminary Round: 2 v 5, 3 v 4 -- #1 receives a bye
- Winners of Preliminary Round plus #1 play 3-team round robin
- Losers of Preliminary Round play off (4<sup>th</sup> and 5<sup>th</sup> place)
- 3<sup>rd</sup> team in round robin plays winner of Losers game for Bronze.
- Top two teams in 3 team round robin play for Gold/Silver

**Pool 1**  
(league play)

1<sup>st</sup> Place  
2<sup>nd</sup> Place  
3<sup>rd</sup> Place  
4<sup>th</sup> Place  
5<sup>th</sup> Place

Note: Two teams play 4 games, Two teams play 3 games, One team play 2 games

### 5 TEAMS 12 Games

**Details:**

- 1 pool of 5
- Full round robin
- One Gold and one Bronze medal game based on round robin results

Gold/Silver game: 1<sup>st</sup> vs. 2<sup>nd</sup>  
Bronze/Fourth game: 3<sup>rd</sup> vs. 4<sup>th</sup>

**Pool 1**  
(league play)

1<sup>st</sup> Place  
2<sup>nd</sup> Place  
3<sup>rd</sup> Place  
4<sup>th</sup> Place  
5<sup>th</sup> Place

Note: Four Teams play 5 games, One Team play 4 games

### 6 TEAMS 11 Games

**Details:**

- 2 pools of 3
- Round robin in each pool
- Semi-finals:
- #1: 1<sup>st</sup> Pool 1 vs. 2<sup>nd</sup> Pool 2
- #2: 2<sup>nd</sup> Pool 1 vs. 1<sup>st</sup> Pool 2
- Positioning Game(5<sup>th</sup> / 6<sup>th</sup>):
- 3<sup>rd</sup> Pool 1 vs. 3<sup>rd</sup> Pool 2
- Medal Games
- Gold/Silver: Winner #1 vs. Winner #2
- Bronze/Fourth: Loser #1 vs. Loser #2

<b>Pool 1</b>	<b>Pool 2</b>
(league play)	(league play)
1 <sup>st</sup> Place	2 <sup>nd</sup> Place
3 <sup>rd</sup> Place	4 <sup>th</sup> Place
6 <sup>th</sup> Place	5 <sup>th</sup> Place

Note: Top Four teams play 4 games, 5<sup>th</sup> and 6<sup>th</sup> place teams play 3 games.

### 8 TEAMS 18 Games

**Details:**

- 2 pools of 4
- Round robin in each pool
- Semi-finals:
- #1: 1<sup>st</sup> Pool 1 vs. 2<sup>nd</sup> Pool 2
- #2: 2<sup>nd</sup> Pool 1 vs. 1<sup>st</sup> Pool 2
- Positioning Games:
- 3<sup>rd</sup> Pool 1 vs. 3<sup>rd</sup> Pool 2 (5<sup>th</sup> / 6<sup>th</sup>)
- 4<sup>th</sup> Pool 1 vs. 4<sup>th</sup> Pool 2 (7<sup>th</sup> / 8<sup>th</sup>)
- Medal Games
- Gold/Silver: Winner #1 vs. Winner #2
- Bronze/Fourth: Loser #1 vs. Loser #2

<b>Pool 1</b>	<b>Pool 2</b>
(league play)	(league play)
1 <sup>st</sup> Place	2 <sup>nd</sup> Place
3 <sup>rd</sup> Place	4 <sup>th</sup> Place
6 <sup>th</sup> Place	5 <sup>th</sup> Place
8 <sup>th</sup> Place	7 <sup>th</sup> Place

Note: all teams play 4 games except 5<sup>th</sup> and 6<sup>th</sup> place teams, who play 3.

**Appendix 6a**

**OWL AWARDS**

**Ontario Women's Field Lacrosse  
ROOTS OF THE GAME AWARD**

*"The Roots of the Game" Award is presented in memory of John Wesley Patterson Jr., in recognition of outstanding contribution to the development of women's field lacrosse in Ontario*

Wes and Carol Patterson (Patterson / Canam Lacrosse) were longtime supporters of women's field lacrosse in Ontario. Wes had a very strong belief in the spirit of the game, and through his words and actions, we caught a glimpse of that spirit. He made us feel excited about being a part of the game, and determined to find ways to make it better. Together, their generous support of women's field lacrosse programs through the 80's and 90's ensured that the roots of the game were firmly planted from the start, providing a strong foundation for future growth.

"The Roots of the Game Award" will be presented to an individual, group or organization who / which have made a significant and lasting contribution to the grassroots and/or community development of women's field lacrosse in Ontario.

**Application Date**

The "Roots of the Game Award" Committee will receive nominations annually from the lacrosse community by July 1st.

**Required Documentation**

a detailed description of the contributions and impact to women's lacrosse in Ontario

**Announcement**

Presentation will be made at an appropriate event (i.e., OWL International Provincial Championships or OLA Awards Banquet) in order to give it the greatest exposure.

**Roots of the Game Committee**

1. OLA Women's Field Commissioner
2. Mrs. Carol Patterson
3. Two members appointed by the OWL Executive Council.

In order to maintain the prestige and value of this award, it may not be presented every year.

**NOMINATION FORM**

\_\_\_\_\_  
Name of Nominee:

\_\_\_\_\_  
Name of Nominating Individual or Organization:

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City, Prov, Postal Code

\_\_\_\_\_  
Tel:

\_\_\_\_\_  
Email

Please ensure the following documents accompany your application:

- \* Detailed description of the Nominee's contributions.
- \* Other relevant information (i.e., press clippings, testimonials, etc.)

Applications must be received by July 1st. Please mail to:

**Ontario Women's Lacrosse  
ROOTS OF THE GAME  
c/o 57 Wanda Road, St. Catharines, ON L2T 1S7**

**Appendix 6b**

**OWL AWARDS**

**Ontario Women's Field Lacrosse  
SCHOLARSHIP**

**Award**

- \$250.00
- To maintain its prestige and value, the scholarship will not be sub-divided to provide more than one award.
- The scholarship may not necessarily be awarded every year.

**Criteria**

Applicants must:

- have attended an Ontario High School for one term prior to the application date
- be a graduating Grade 12 student planning to attend a Community College within the year, **or** a graduating OAC student planning to attend University within the year
- have taken part in a lacrosse program in the current season, and indicate a desire to continue in lacrosse at some level (player, coach, umpire, convenor, etc.)
- demonstrate strong leadership
- demonstrate good character, a sense of citizenship and participation in school and community activities
- academic standings may be a consideration

**Application Date**

- Applications must be received no later than June 1<sup>st</sup>

**Required Documentation**

- an original transcript of marks
- a character reference from a principal, teacher, member of the clergy, etc.
- a letter from your lacrosse coach commenting on your leadership, participation and interest in lacrosse

**Announcement**

- Presentation of the OWL Scholarship plaque will be made at an Ontario Women's Lacrosse event to be announced
- The recipient will receive payment after the OLA office has received written confirmation from the admissions office of the College/University.

**APPLICATION FORM**

Name: \_\_\_\_\_ Tel: \_\_\_\_\_

Address: \_\_\_\_\_

GRADUATING SCHOOL \_\_\_\_\_

Head of Guidance \_\_\_\_\_

Please ensure the following documents accompany your application:

- \* Transcript of marks
- \* Letter from Coach
- \* Letter of Reference
- \* Other relevant information

Applications must be received by June 1<sup>st</sup>. Please mail to:

**ONTARIO WOMEN'S FIELD LACROSSE  
c/o OWFL Scholarship Committee  
1 Cathedral Drive, Whitby ON L1R 3P1**

**Appendix 6c**

**OWL AWARDS**

**Ontario Women's Lacrosse  
COACH OF THE YEAR**

To be completed by the nominator  
Please print clearly

Name of Team: \_\_\_\_\_

Name(s) of Coaching Staff: \_\_\_\_\_

Age Category: \_\_\_\_\_

Coach (es) Phone (H): \_\_\_\_\_

Nominator's Phone (H): \_\_\_\_\_ Phone (W): \_\_\_\_\_

Email Address: \_\_\_\_\_

Name of Nominator: \_\_\_\_\_ Phone (W): \_\_\_\_\_

Email Address: \_\_\_\_\_

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*This is an Ontario Lacrosse Association Award and will be presented at the OLA Luncheon during the AGM in November.*

Deadline for application is **Close of play at the age related Provincial Championships.**  
All nominations should be sent or handed to Roxanne Curtis  
roxcalcurtis@rogers.com

Provide a brief description outlining why this coaching staff is deserving of receiving "coach of the year" honours (please use additional pages if necessary).

**Appendix 7 UMPIRE FEE SCHEDULE**

The rates to be paid are as follows:

	<b>2008</b>	<b>2009</b>
<i>U11/U15 Playdays</i>	<i>\$15</i>	<i>\$15</i>
<i>U15B</i>	<i>\$25</i>	<i>\$25</i>
<i>U15A / U19B</i>	<i>\$30</i>	<i>\$30</i>
<i>U19A / Senior</i>	<i>\$35</i>	<i>\$35</i>
<i>International</i>	<i>\$40</i>	<i>\$40</i>
<i>Indoor 7 v 7*</i>	<i>\$15</i>	<i>\$15</i>
<i>High School*</i>	<i>\$25-40</i>	<i>\$25-40</i>
<i>Houseleague*</i>	<i>\$15-25</i>	<i>\$15-25</i>
<i>University*</i>	<i>\$55</i>	<i>\$55</i>

- *Indoor 7 v 7, High School, Houseleague and University rates not set by OWL/OLA, these are recommended rates only*

**See: ONTARIO WOMEN'S LACROSSE EXECUTIVE COUNCIL - Regulations & Bylaws**

Section WBL11.03: Officiating

Appendix 8 Women's Field Layout and Markings 2007-10

IFWLA 2007-10

Rule 1

A. The playing area shall be marked with a solid lined rectangular boundary, 100m - 122m long between end lines and 50 - 60m wide between sidelines. Four cones may be used to mark the corners of the field. All lines used in marking the field shall be 5.1cm wide. No unauthorised marks / lines may be added to the field. A playing area of 122m x 60m is desirable for IFWLA events. (Tournament Rules 24)

B. The playing area must be flat and free of stones, glass and protruding objects. The team bench sideline boundary **must** be 4m away from the Scorer's Table. (Rule 1.J) There must be 2m - 4m of space between the opposite sideline and end line boundaries and any natural or artificial objects, such as trees, bushes, athletic tracks, spectators or stands, etc.

C. A line called the Goal Line shall be marked at each end of the field. The Goal Lines shall be no less than 82m and no greater than 92m apart. The Goal Lines shall be 1.83m in length and shall be marked parallel to the end lines. (Rule 2)

D. There **must** be 9m - 15m of playing space behind each Goal Line running the full width of the field. The 9m - 15m of playing space behind each Goal Line shall be measured from the back, outside edge of the Goal Line extended, to the front, inside edge of the end line.

1. Two small visible marks shall be added to the field behind each goal, 4m in from the boundary and 11m from the centre of the Goal Line. These marks indicate the nearest spot to restart play when the playing space from the Goal

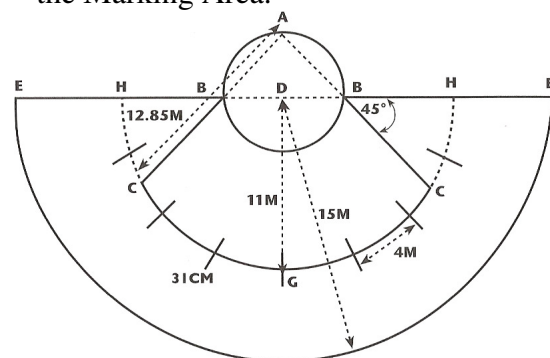
Line to the end line boundary is less than the 15m maximum.

E. Around each Goal line a circle, called the Goal Circle, shall be marked. It shall have a radius of 3m measured from the centre, back edge of the Goal Line to the outside edge of the Goal Circle.

F. Restraining Lines shall be marked at each end of the field, 27m up field from each Goal Line. These solid lines shall extend across the full width of the field. The 27m shall be measured from the back edge of the Goal Line to the front / midfield edge of the Restraining Line.

G. In the centre of the field, a Centre Circle shall be marked and have a radius of 9m when measured from the centre of the circle to its outside edge. Through the centre of this circle, a centerline, 3m in length, shall be marked parallel to the Goal Lines.

H. Directions for marking the 11m Area and the Marking Area.



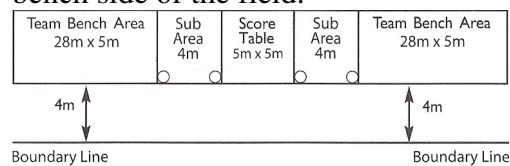
1. Locate D, a point on the centre, back edge of the Goal Line. Using point D as the centre, draw a circle with radius 3m measured from point D to the outside edge of the Goal Circle. Lightly mark lines AB and DB as shown.

2. Using point D as the centre, lightly draw a semicircle with the radius 11m measured from point D to the outside edge of the semicircle. Mark point G (perpendicular to the centre of the Goal Line at D)
3. Connect A to B and extend this line to the 11m semicircle. Mark point C on each side as shown. (Lines BC are at a 45 degree angle to the Goal Line extended;  $\angle EBC = 45^\circ$ )
4. Draw a hash mark 31cm in length at point G. This hash mark shall be perpendicular to the centre of the Goal Line and bisected by the 11m semicircle at point G. Make three additional hash marks on the semicircle every 4m on side of point G. There shall be seven hash marks in total as shown.
5. At point H, 11m from the centre of the Goal Circle on the Goal Line extended, draw two additional 15cm marks that are perpendicular to the Goal Line extended. (These marks are not hash marks but indicate where the 11m semicircle would have intersected the Goal Line extended if the semicircle had been drawn as a solid line.) **This entire 11m semicircle is called the 11m Area.**
6. Mark the curve of the arc with a solid line from C to C. Mark each side of the arc with a solid line from B to C. **This smaller enclosed area is called the Marking Area.** The “pie” shaped area,  $\angle HBC$ , is referred to as the “11m outside the Marking Area”.
7. Measurements:

A – G = 14.0m	B – C = 8.65m
D – H = 11.0m	A – C = 12.85m
D – G = 11.0m	D – E = 15.0m
A – B = 4.2m	D – C = 11.0m

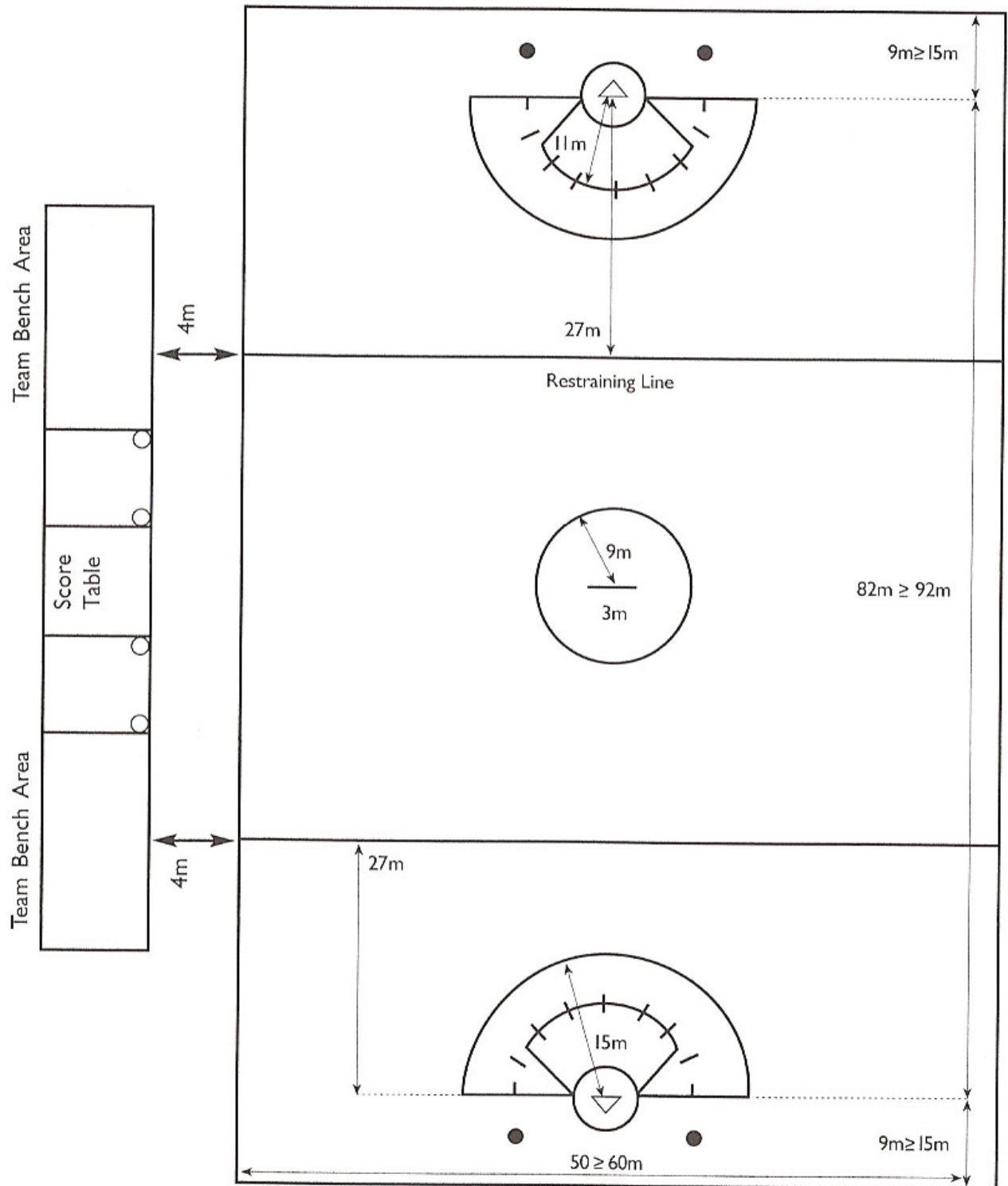
$\angle EBC = 45^\circ$

- I. **15m Fan:**  
Using point D as the centre, draw a semicircle with a solid line and radius 15 measured from D to outside edge of the semicircle. **This entire semicircle, called the 15m Fan**, intersects the Goal Line extended at point E, as shown. The 15m Fan designates the maximum distance for calling Obstruction of Free Space to Goal. (Rule 20.A.10) It also defines the part of the Advantage Flag Area above / in front of the goal line extended. (Rule 21.A & Rule 23: Definitions Diagram #7)
- J. A Scorer’s / Timer’s Table shall be set at midfield in a marked 5m x 5m box that is 4m outside the boundary on the teams’ bench side of the field.

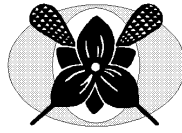


Each Team’s Substitution Area shall be defined by two cones / markers placed 4m apart and even with the scorer’s / Timer’s table extended. Players must exit and enter the game through this gate only. Players waiting to substitute must stand behind the markers and are the only Team / Bench personnel permitted in the Substitution Area.

The Coach and other Team / Bench Personnel must remain outside the boundary, behind the level of the Score Table extended and inside the Team Bench Area. The Team Bench Area shall be 28m long and 5m deep. (see above & Rule 11)



## Appendix 9 Scorer and Timers Duties

**THE DUTIES OF THE TABLE OFFICIALS**

- 1) Recommended equipment.
  - One 'air horn' plus a spare canister
  - Minimum 2 stopwatches
  - Team Lists, Score sheets, days master schedule / score sheet
  - Calculator
  - 2007-2010 IFWLA rules book
  - Spare official yellow balls
  - Pens, pencils etc.
  - String, plastic ties etc
  - Plastic sheeting
- 2) The table should be run by a minimum of two persons including at least one experienced person / official.
- 3) Read the Scorer and Timer guidelines that are provided.
- 4) Talk through with the umpires before the game to clarify any questions re length of matches, subbing rules, time outs, hand signals etc.

## Scorer

### Filling in the Game Sheet:

#### 1. Basic details:

- a) Fill in today's date
- b) Fill in the scheduled game time
- c) Fill in location
- d) Fill in the team names
- e) Home and visiting teams should appear on the game sheet as they are listed on the schedule. The home team is the first team listed. The home team must use the bench to the left of the score table when facing the field. The visitors must use the bench to the right of the table to mirror the positioning of the team lists on the score sheet.

#### 2. Team Rosters:

- a) The coach or manager from each team must list every player in attendance on the game sheet (shirt number + first name + last name). (*A player must be listed on the game sheet in order to be eligible to play.*)
- b) Only players in attendance can be listed with one exception: Player's, who are serving a game suspension for a previous red card infraction, must be listed at the bottom of the team list + "suspended 1 of 1" underneath. Suspended players may be present within the Team Bench Area.
- c) Late arrivals should be added only when they arrive, but may not play in the game with any stick that has not passed the pre-game stick check. The player's own stick may be checked at half time.
- d) Injured players must be on the bench in order to have their name listed on the game sheet.

#### 3. Bench Personnel:

- a) Each coach, assistant coach, manager and trainer must be listed on the game sheet as indicated.
- b) The Umpires will check the number of people listed on the score sheet against the number of people on the bench prior to the start of the game.
- c) Timers/scorers should ensure that only individuals listed on the score sheet are in the area of the team bench.

#### 4. When a Goal is scored:

- a) Mark the time of the goal in the appropriate box along with the scorer's + assisting player's number.
- b) Put a stroke (I) in the column beside the player's name for a goal and to the player for the assist as awarded by the umpires.
- c) Write the half time score in the box provided.
- d) When an own goal is scored by the defending team, it will be recorded as "O.G." i.e. "Own Goal", in the Running Score space where the goal scorer's number would usually be recorded.

## 5. Team Time-Outs

Record each Team Time-out taken in the appropriate box below the team's player roster. A team is allowed two ninety-second time-outs per game, requested by the captain or the coach, only after a goal has been scored. Any unused Team time-outs can be used in any overtime period.

## 6. Cards and Suspensions:

- a) When a green, green/yellow or green/red is issued by an umpire, in the Team Warnings / Suspensions box, write the players number, the time of the offence and when a green/red the time the card ends (5 minutes after the original offence).
- b) When a yellow, yellow / red or straight red card is issued by an umpire in the Personal Warnings / Suspensions box, write the offending players' number , write a "Y", "YR" or "R" in the card column, write the time of the offence and the time the card elapses (Y = 2 minutes, Y/R = 5 minutes, R = 10 minutes) and write the type of foul down using the following abbreviations:
  - Check to the head (CH)
  - Dangerous follow-through (DFT)
  - Dangerous propelling (DPr)
  - Swipe (SW)
  - Dangerous check (DC)
  - Dangerous play (DPl)
  - Intimidation (I)
  - Repeated major fouls (RMF)
  - Unsportsmanlike conduct (UC)
  - Other (O)

## 7. At the end of the Game:

- a) Both the scorer and timer must sign the game sheet.
- b) The umpires will check the game sheet details for accuracy and sign the game sheet. Once the umpires have signed the score sheet, the game is deemed complete and the score stands as listed.
- c) The head umpire must complete and Red Card or Game incident report sheet and hand it to the Host Site Supervisor immediately.
- d) The scorer will distribute copies of the game sheet to the:
  - Home Team (Yellow Copy)
  - Visiting Team (Pink Copy)
  - Host Site Supervisor (White Original Copy) to return to the Convenor

## Timer

### 1. Starting and Stopping the Clock

- a) Time two halves of 30 minutes (or agreed tournament timings)
- b) Stop the clock:
  - when an umpire signals 'time out' by raising both arms overhead, crossed at the wrists, and blowing a long whistle
    - to award a card
    - for an injury that requires treatment
    - for a team time-out
    - when a ball is lost
    - for an official's time out, etc.
  - in the last two minutes of each half on every whistle.
- c) Start the clock on the umpire's whistle

### 2. When a Goal is Scored

When a goal is scored, inform the scorer of the time of the goal to be recorded. Help the scorer note who scored or assisted on a goal as specified by the umpires, and ensure that the visual scoreboard is current / correct.

### 3. Two Minutes Remaining in each Half

- a) Stand at the table and loudly notify the closest umpire when 2 minutes remain in the half. 'Drop' the yellow flag at the table. If the play is stopped when the 2 minute point is reached, the clock must be stopped until play resumes. (Teams should have a full 120 seconds of play in the last 2 minutes of each half.)
- b) When 30 seconds remain in a half, replace the hanging yellow flag with a red one, go out onto the field and approach the nearest umpire. Indicate the time remaining and then count down, only for the umpires hearing, the last ten seconds of that period, down to and including 'zero'. Be very attentive and prepared to stop the clock quickly on each and every whistle while you are following the umpire.

### 4. Half Time (10 minutes or as agreed)

At the end of the first half, restart the stopwatch in order to time the half-time period. The timer should notify the umpires when 5 and then 2 minutes remain in the intermission. The watch is re-set to zero and the process repeats itself for the second half.

### 5. Team Time-Outs

Each team may call two 90-second time-outs during the game. The time-out can be called by the team captain or coach only after a goal. The timer should notify the umpires when there are 30 seconds remaining in the time-out. Teams must be on the field and ready for the centre draw when 90 seconds have elapsed.

### 6. Cards and Suspensions

- a. Stop the clock whenever an umpire raises their arms above their heads to issue a warning card.

- b. Notify the scorer and the coach of the time of the card and when any suspension time will be over.
- c. **Yellow Card (Trial Rule 2008):** *The player must leave the game for the next 2 minutes. She may not be replaced by a substitute. Her team must play short-handed. Notify the player's coach when the 2 minutes is up.*
- d. **Second Yellow Card (Yellow / Red):** The player must leave the game immediately and is not permitted to return in that game. The team plays short for 5 minutes. A substitute may replace the suspended player after 5 minutes. Notify the player's coach when the 5 minutes is up.
- e. **Red Card:** The player must leave the game immediately and is not permitted to return in that game. The team plays short for 10 minutes. A substitute may replace the Red carded player after 10 minutes. Notify the player's coach when the 10 minutes is up.
- f. **Green or Green / Yellow Card:** No penalty. Multiple Delay of Game fouls or Persistent Minor Fouls by a team may result in a Green Card warning being given to the Captain or to the entire team. Any additional foul of the same type by that team will be penalised.
- g. **Green / Red Card:** The player must leave the game immediately but may return after 5 minutes. The team plays short for 5 minutes after which the offending player or a substitute may return to the game. Notify the player's coach when the 5 minutes is up.
- h. Suspensions awarded, but not completed, in the first half will carry over into the second. Suspensions not completed in the second half may extend into overtime, if played. If a suspended player enters the game before her suspension is complete, the entire suspension (and appropriate penalty) must be served once again. Simply inform the closest umpire that this has taken place, they will take the appropriate action.
- i. Players receiving a Yellow / Red or a straight Red card must have their details passed onto the Tournament organiser / head official at the end of the game, so that any possible game suspension can be implemented.

## 7. Substitutions

- a) If a substitution occurs during play, it must take place through the Team's Substitution Area which is marked by the cones, located between their bench and the score table, 4m from the boundary of the pitch.
- b) All players, including the Goalkeeper, must leave the field and exit between the cones/markers before their substitute may go onto the field.
- c) Both the Scorer and Timer are responsible for ensuring that substitutions are completed legally. They must notify the nearest umpire if the process is not being followed.
- d) Each team may substitute an unlimited number of players at any time during play (including overtime), after every goal, after a Team Time-Out, and at halftime.
- e) An extra player beyond those named on the score sheet, an ineligible suspended player or an illegal player, are illegal substitutes. The Scorer/Timer must inform the nearest Umpire quickly when there has been any illegal substitution.

## Appendix 10a

## 2008 OWFL Game Interruption Policy (modified from IFWLA 2006 World Event Policy)

**Lightning**

The decision to suspend a game due to lightning and/or thunder will be made by a committee comprised of the field umpires, the Technical Delegate in charge of the game, the Officiating Director, and/or other host event committee official on the field at the time of play. During a tournament, if two games are being played at the same time, the decision to suspend one game will be communicated to the other field and followed.

A representative on the host event committee will monitor weather forecasts and communicate possible weather concerns to the Officiating Director and the Head Technical Delegate. They, or their appointees, and the field officials will be instructed to actively look for signs of severe weather throughout each game.

If the Head Technical Delegate or a designated member of the host committee determines that a game should be interrupted at any time, they, or the reserve table official, have the authority to go to the nearest umpire on the field to suspend play immediately. The Technical Delegate in charge of the game and the reserve table official must note the time of the stoppage.

In the absence of technology to assist with weather evaluation, games will be suspended when the “flash-to bang” count for lightning is less than 30 seconds. Once a game is suspended, the technical delegates, the field umpires and event staff will quickly evacuate teams and spectators to predetermined safe shelters. Teams and officials shall go to their respective locker rooms and spectators will be instructed to proceed to their automobiles or designated adjacent buildings.

Players may take the field, and spectators may return to the stands, no sooner than 30 minutes after the last visible lightning flash or sound of thunder. The decision to resume play will be made by the officials in charge of the game in consultation with the host event committee.

**Resumption of Play Following a Game Interruption:**

If a game is stopped under the above circumstances, the remaining time in the game will be played as soon as possible; the score will resume from the point of stoppage. The games committee will make the decision as to when the game will resume.

Following a game interruption, teams will be allowed to warm-up as follows:

- If the delay is not more than 30 minutes, a 10-minute warm-up will be allowed.
- If the delay is between 30 and 60 minutes, a 15-minute warm-up will be allowed.
- If the delay is more than 60 minutes, a 20-minute warm-up will be allowed.
- By mutual consent of both coaches, the above warm-up time may be shortened.

**NOTE: The “Flash to Bang” Method** to estimate the distance of lightning from your location. If the time delay between observing a lightning flash and hearing the subsequent thunder is 30 seconds or less, or if dangerous looking thunderclouds are building overhead, a lightning safety action plan should be implemented without delay.

If you see lightning, count the number of seconds until you hear thunder. Divide the number of seconds by five to determine how far the lightning is away from you

Example: If you see lightning and count 30 seconds before you hear thunder, the lightning is 6 miles (9 km) away. (30 divided by 5 = 6 miles.)

## Appendix 10b

## 2007 OWFL Water Break Procedures

1. Forty-five (45) minutes before each match begins, personnel\* from the Host site will determine if water breaks are necessary and inform the Technical Delegate / Official in charge of the match. Team coaches will be informed when the teams take the field for the 35-minute pre-game warm-up. If water breaks are necessary, they will occur in both periods of the match. These may also be implemented at half time (See NOTE below)
2. If one water break per half is required it will be taken as close as possible to 15 minutes on the game clock. If two water breaks per half are required, they will be taken as close as possible to 20 and 10 minutes on the game clock.
3. The water break will be 90 seconds in length, and with 30 seconds remaining, teams must break to take the field.
4. The water break will be taken after a goal is scored, on a midfield dead ball between the restraining lines or, if necessary, when the ball goes out-of-bounds at a sideline.
5. No coaching is permitted during the water break.
6. All players on the field must remain on the field until the end of the water break; they may come to the side of the field to get their drinks.
7. Substitutes must remain in the Team Bench Area until the end of the water break.
8. If the water break is after a goal, a substitute may enter the game at the end of the water break. If the water break occurs at midfield on a dead ball, a substitute must enter the game through the Substitution Area once play resumes.
9. The Technical Delegates / Head Official / Site Convenor will manage the water breaks and to ensure that no coaching/substitution takes place during the water break.
10. When a water break is called after a goal has been scored, a Team may not request a Team time-out at the end of the water break. They must wait to request a Team-time-out until after the next goal is scored.
11. If a team wishes to take a time out at the same time as a scheduled water break after a goal is scored, the team time out will override the water break. Another water break will not be scheduled to replace it.

**NOTE:** \*For each Event it is the host site's responsibility to identify a person/s who will be responsible for instituting water breaks in accordance to the above criteria when temperature and/or humidity levels are deemed dangerous to the health of the athletes. When necessary, Water Breaks will be discussed at a Managers' Meeting prior any Event.

## Appendix 11

### Host Site Duties

1. A hosting club shall ensure that the following minimum standard requirements are met when hosting OWL league games.
  - a) Playing Field
    - Playing fields lined as per FIL / CLA Women's Field Lacrosse Rules (see Appendix 8)
    - Two field lacrosse nets on each field, where the mesh has been inspected and repaired, as necessary.
    - One scorer's table and two chairs per field.
    - Players' benches set up on the opposite side of the field from the spectators
    - Three official Ontario Lacrosse Association licensed game balls per field
    - Water and ice in bags for players
  - b) One scorer and one timekeeper are assigned per game. Ensure they are aware of all rules concerning them (See Appendix 9). Ensure the post-game distribution of one copy of the game sheet to each team.
  - c) Washroom facilities are available on site.
  - d) Copies of a Site Emergency Plan/Map noting directions to the nearest hospital with emergency services and the nearest walk-in medical clinic will be available at the scorer's tables.
  - e) A First Aid Professional, a trained Athletic Therapist or a fully-functioning cellular phone will be available at the field at all times during the games.
  - f) Game Sheets: An official CLA women's field lacrosse game sheet must be provided at the Scorer/Timekeeper's table for every game and completed by each participating team.
  - g) An Umpire Payment Form (game fees and mileage) is completed and umpires are paid their required fees by cash or cheque.
  - h) Complete a "Red Card Incident Report" form where applicable and deliver a copy of the form to the player's coach. Collect payment and attach to the second copy. Submit forms with game sheets to the Director of Competition.
  - i) Send by courier within 48 hours of the conclusion of the host weekend, all original copies (white) of the game sheets and Umpire Payment form to the Administration Director.
  - j) Report any other details/concerns.