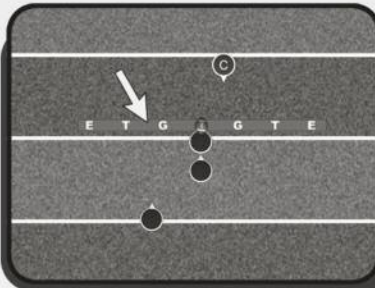
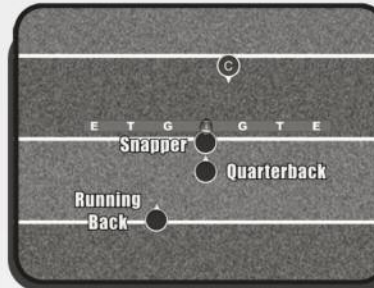


**Sweep Handoff**



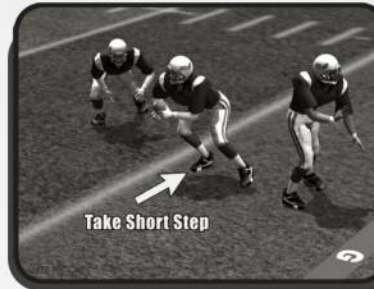
**01** ★  
Set up cones to identify the OL positions or use LUM tape.



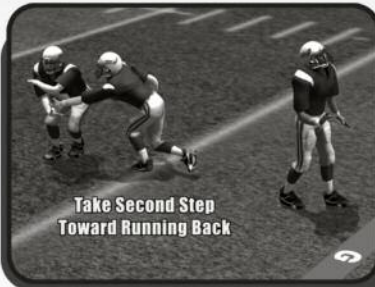
**02** ★  
QB's rotate positions among snapper, running back and quarterback.



**03** ★  
On snap count, QB receives the snap, seeds the ball and pushes off opposite foot.



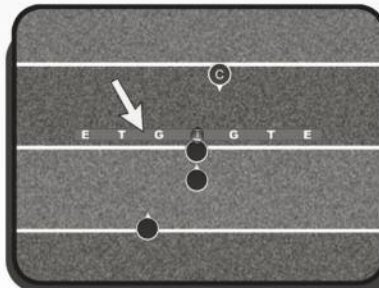
**04** ★  
He takes short step with other foot and faces the goal line behind him.



**05** ★  
He then takes 2nd step toward RB, extending ball into pocket of RB.



**06** ★  
QB avoids rising up on his toes and carries out his fake.



**07** ★  
Rotate players through positions and in different directions.

**Notes:**

[Empty space for notes]