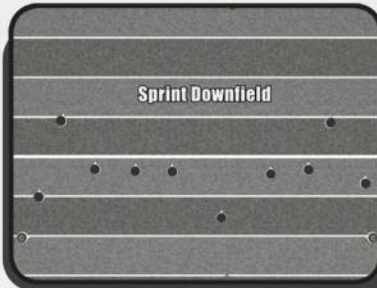
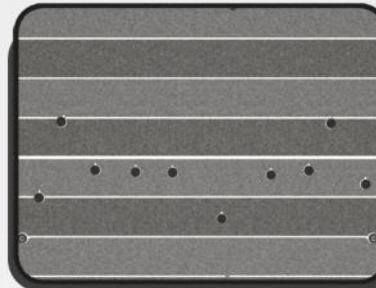


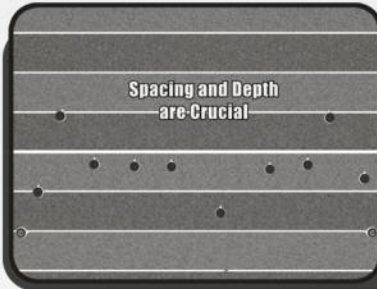
**Kickoff Lanes Drill**



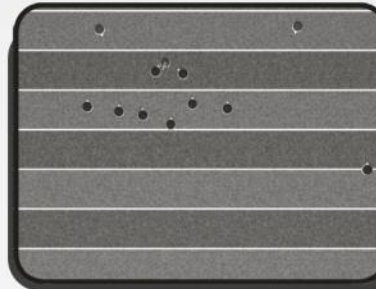
**01** ★  
Once ball is kicked, coverage team sprints downfield in proper lanes.



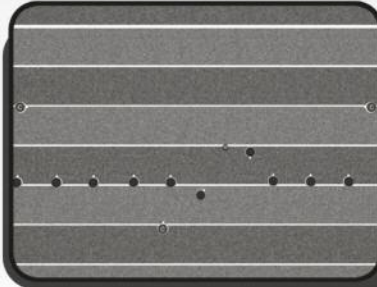
**02** ★  
Coach blows whistle at various spots to ensure everyone is in the proper lane.



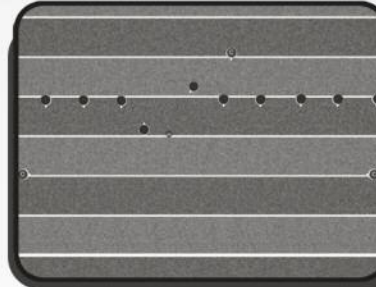
**03** ★  
Spacing and depth are crucial to excellent punt coverage.



**04** ★  
Once returner has the ball, defensive players should "thud" tackle.



**05** ★  
Have second unit ready to go after the first covers its kick and stays downfield.



**06** ★  
Repeat drill in the other direction.

**Notes:**

For more useful tips on coaching youth football, log on to [www.usafootball.com](http://www.usafootball.com).