

# Shakopee Sabers Football

## Program Goals

The goals of our football program are very simple and they are expectations for everyone involved. Our main goal is to always attempt to **do what is right** as players, coaches, parents, fans and students. Our next goal is to learn the many lessons that a team sport like football offers and use it to **develop men**; good sons, good teammates, good neighbors and great fathers. Our last goal is to work as a team to **win Championships**.

### **Can we count on you?**

From now until the season is over the **TEAM** should be at the top of everyone's priority list. Your commitment to the team will be shown by your actions in everything you do: attitude, behavior, work ethic, school work and non-school activities. People that can be **counted on**; do what is expected of them, they do it to the best of their ability and they do it every time!

## Leadership

Championship programs are made up of leaders. **Good Leaders** are consistent, positive and powerful influences that **others count on**. We must strive to make **all** of our program members' leaders: trusted people that always show up and unconditionally give all of themselves to the team!

## Lettering & Awards

All players finishing the season on the varsity team in good standing (no discipline problems or unexcused absences) and that have played in at least eight quarters will receive a varsity letter. The coaching staff will nominate eligible and deserving players for post-season awards that are voted upon by third party groups (ex: all-conference, all-metro...). The team will give no individual player awards at the end of the season.

## Equipment

Players are financially responsible for any lost or stolen pieces of equipment. Each player will be issued a locker for the safe keeping of equipment. Players must bring in a combination lock, record the combination with the coaching staff and keep all individual equipment and personal items locked. **Please do not bring expensive personal items to school.**

## Attendance

**Players** (Not Parents) that are going to be late or miss a practice for any reason must contact the head coach in person or by phone. **Coach Stone can be reached at 952-270-1316** when unforeseen situations arise (leave a message). Coach Ungar, Coach Russell, and Coach Schleper will make contact information available for the JV, sophomore and freshmen teams. Please give your head coach a note written by the player explaining the details of your absence as far in advance as possible. All missed practices must be made up with extra conditioning; players with unexcused absences will also lose playing time. **Players that miss a practice and make it up are not guaranteed playing time.** Being late and missing team functions is not acceptable and should be avoided at all cost; **can we count on you?** Two unexcused absences (for the entire year) will lead to an indefinite suspension! Tardies and absences are only excused by the head coach. **Injured players are expected to attend all practices and follow all team expectations.**

## Role of Parents

The parent's role in athletics education is extremely important. All parents want what is best and success for their child and can sometimes overlook the need for a positive role model during the season. It is the responsibility of parents and coaches to be a good example to the players and provide guidance as to how to deal with challenging and difficult situations in a productive manner.

## Information

Team and conference information can be found at [www.shakopeefootball.com](http://www.shakopeefootball.com) and [www.missotaconference.org](http://www.missotaconference.org).

### Saber principals

- ✓ Commitment
- ✓ Contribution
- ✓ Courage
- ✓ Caring

### Out-of-Season Expectations

- ✓ Be a good student & citizen.
- ✓ Play another school sport!
- ✓ Increase your total individual core strength (bench/clean/squat) by breaking 5+ BFS goals each week.
- ✓ Take advantage of all TEAM opportunities for improvement. Can we count on you?

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Players and parents: please sign and return the lower portion of this document to acknowledge that you understand the team policies and expectations. State and school rules for athletes should be followed and will be enforced by the team.

Date \_\_\_\_\_

Player \_\_\_\_\_ Signed \_\_\_\_\_

Parent \_\_\_\_\_ Signed \_\_\_\_\_