

Top 10 Reasons to Play Youth Hockey

Hockey develops great athletes.

Physical development, coordination and agility – hockey builds athletic skills that are transferable and beneficial to a number of other sports.

Everybody plays.

Teams exist for all skill levels and ages. (boys and girls, ages 4 and up, no experience necessary) During most games a player sees action for at least 1/3 of the game on a consistently rotating basis.

Hockey is a great value.

The hockey season is over five months long – an hour of ice time will average to be less than \$10 a player. At lower age levels the cost is even less and equipment rental programs are available.

Hockey is easy to work into your schedule.

Hockey games and practices are usually 1 hour, start and end on time, and the schedule is posted weeks in advance. Rarely does anything start before 8:00 am or end after 9:00 pm.

Hockey is the ultimate team sport.

Youth hockey players learn life-long lessons of teamwork, trust, responsibility, sportsmanship and fair play in victory and defeat. Nothing beats the esteem developed by being part of a team.

The future is bright.

Youth hockey players are four times more likely to go on to play in college than youth basketball players, and two times more likely than youth soccer and football players.* Plus, hockey players tend to stay close to the game well into adulthood.

It's safe.

This is not the NHL – checking isn't allowed until the upper levels and fighting is not allowed at all. High-tech protective gear is used; head, knee and other joint injuries are rare.

Size doesn't matter.

No, really, for hockey it's true. Skating ability, hustle and spirit is what matters most.

Fight the winter blues.

Time flies when you're having fun. The season runs from October through mid March. Play hockey and summer will be here before you know it!

Fun for the whole family.

Hockey is a great spectator sport, and there are many opportunities to meet new people and make new friends. The whole family can enjoy this activity together.



Southwest Eagles Youth Hockey Association • www.southwesteagles.com

* Source: National Collegiate Athletic Association report on "Competing Beyond High School"

Adapted from the "Top 10 Reasons to Play Youth Hockey" written & produced by the Milwaukee Winter Club (Patti Brose, Rene Cranston & Alex Miller), 2008

Why Hockey?

For the beginning skater, Southwest Eagles Hockey Program provides a safe, organized, and fun environment for your child to learn and enjoy the game of hockey. For the more experienced skater we offer the best coaches and training in the area while still keeping it all about having fun. Registration begins in October.

- Ages 4-14, boys and girls
- No hockey experience necessary
- Reasonable registration fees
- Equipment rental available
- Season runs from October through mid March



Because it's so much fun!



Southwest Eagles Youth Hockey

For more information contact Jennifer at 608-845-9074
or email recruiting@southwesteagles.com

www.southwesteagles.com



*Strap on some skates and
come give skating a try with
this FREE Open Skate Pass
from the Eagle's Nest Ice Arena.*

Visit www.eaglesnestarena.com for public
open skate schedule.

Don't have skates? No problem, skate rental is
available for \$2.

Good for One
FREE
Open Skating Admission

Valid for Sunday Open Skate
through the end of September 2010.