



SHEILA ANN LANGEN



CPHL TEAM: THUNDER

POSITION

Defence

DATE OF BIRTH

June 3rd, 1968

PLACE OF BIRTH

Calgary, AB

MODEL OF WHEELCHAIR

Invacare 1st Generation Storm

STICK TYPE

Attached to Wheelchair

SEASONS PLAYED

21

INTERESTS AND HOBBIES

Computers & Crafts

CAREER HIGHLIGHTS

5 time Steve Shelvey Memorial Award winner for The Spirit of PowerHockey (1998, 2001, 2002, 2003 & 2004)

6 time Danny Oulette Memorial Cup - CPHL Championship (1989, 1995, 1996, 2001, 2003, 2011)

4 time Ian Coles Memorial Cup - CPHL Regular Season Championship (1989, 2001, 2003, 2011)

Calgary Selects Team Member (2008)

2008 NAPHA PowerHockey Cup Championship

CAREER TOTAL STATISTICS

SEASON TYPE	SCORING											GOALTENDING							THREE STARS				
	GP	G	A	PTS	PIM	PPG	PPA	SHG	SHA	GDG	PTSPG	GP	MIN	GA	GAA	W	L	T	SO	1st*	2nd*	3rd*	Star Pts
Regular Season	255	0	10	10	15	0	0	0	0	0	0.04	5	217	21	5.81	2	2	1	0	0	2	9	13
Playoffs	45	1	0	1	3	0	0	0	0	0	0.02	3	170	10	3.53	1	1	-	0	0	0	0	0
TOTALS	300	1	10	11	18	0	0	0	0	0	0.04	8	387	31	4.81	3	3	1	0	0	2	9	13

REGULAR SEASON YEAR BY YEAR BREAKDOWN

YR	Team	SCORING										GOALTENDING							THREE STARS				
		GP	G	A	PTS	PIM	PPG	PPA	SHG	SHA	GDG	PTSPG	GP	MIN	GA	GAA	W	L	T	SO	1st*	2nd*	3rd*
2011-12	Thunder	7	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	2	2
2010-11	Demons	11	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2009-10	Thunder	11	0	1	1	0	0	0	0	0	0.09	-	-	-	-	-	-	-	-	0	0	1	1
2008-09	Thunder	10	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2007-08	Thunder	14	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2004-05	Stars	12	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2003-04	Stars	14	0	2	2	0	0	0	0	0	0.14	-	-	-	-	-	-	-	-	0	0	0	0
2002-03	Flames	12	0	1	1	0	0	0	0	0	0.08	1	1	1	60.00	0	1	0	0	0	0	1	1
2001-02	Stars	13	0	0	0	2	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	1	1	3
2000-01	Stars	17	0	0	0	2	0	-	0	-	0.00	2	96	8	5.00	2	0	0	0	0	0	0	0
1999-00	Flames	18	0	0	0	2	0	-	0	-	0.00	1	60	8	8.00	0	1	0	0	0	1	0	2
1998-99	Stars	14	0	0	0	6	-	-	-	-	0.00	1	60	4	4.00	0	0	1	0	0	0	2	2
1997-98	Stars	10	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	0	0	1	1
1996-97	Flames	16	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	0	0	1	1
1995-96	Blackhawks	12	0	0	0	3	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1994-95	Blackhawks	10	0	2	2	0	-	-	-	-	0.20	-	-	-	-	-	-	-	-	-	-	-	-
1990-91	Flames	12	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1989-90	Motley Crue	11	0	1	1	0	-	-	-	-	0.09	-	-	-	-	-	-	-	-	-	-	-	-
1988-89	Nordiques	9	0	1	1	0	-	-	-	-	0.11	-	-	-	-	-	-	-	-	-	-	-	-
1987-88	Motley Crue	10	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1986-87	Motley Crue	12	0	2	2	0	-	-	-	-	0.17	-	-	-	-	-	-	-	-	-	-	-	-
TOTALS		255	0	10	10	15	0	0	0	0	0.04	5	217	21	5.81	2	2	1	0	0	2	9	13

PLAYOFF YEAR BY YEAR BREAKDOWN

YR	Team	SCORING											GOALTENDING							THREE STARS			
		GP	G	A	PTS	PIM	PPG	PPA	SHG	SHA	GWG	PTSPG	GP	MIN	GA	GAA	W	L	T	SO	1st*	2nd*	3rd*
2011	Demons	4	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2010	Thunder	5	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2009	Thunder	2	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2008	Thunder	2	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2005	Stars	3	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2004	Stars	3	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2003	Flames	3	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2002	Stars	1	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2001	Stars	3	0	0	0	0	0	-	0	-	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2000	Flames	2	0	0	0	0	0	-	0	-	0.00	-	-	-	-	-	-	-	-	0	0	0	0
1999	Stars	3	0	0	0	0	-	-	-	-	0.00	3	170	10	3.53	1	1	-	0	0	0	0	0
1998	Stars	1	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	0	0	0	0
1997	Flames	1	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	0	0	0	0
1996	Blackhawks	3	0	0	0	3	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1995	Blackhawks	3	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1990	Motley Crue	1	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1989	Nordiques	1	1	0	1	0	-	-	-	-	1.00	-	-	-	-	-	-	-	-	-	-	-	-
1988	Motley Crue	3	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
1987	Motley Crue	1	0	0	0	0	-	-	-	-	0.00	-	-	-	-	-	-	-	-	-	-	-	-
TOTALS		45	1	0	1	3	0	0	0	0	0.02	3	170	10	3.53	1	1	-	0	0	0	0	0