

**Registration Form** *(One form per player)*  
*(Additional forms and online registration can be found on [www.cpyha.com](http://www.cpyha.com) )*

Player Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_  
Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Parent Email \_\_\_\_\_  
Fall Sports \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> A Taste of Hockey                          | <input type="checkbox"/> PeeWee & Girls 12U |
| <input type="checkbox"/> Initiation <i>(Mite A)</i>                 | <input type="checkbox"/> Bantam & Girls 14U |
| <input type="checkbox"/> Mite & Girls 8U <i>(Mite B, C &amp; D)</i> | <input type="checkbox"/> Goalie             |
| <input type="checkbox"/> Squirt & Girls 10U                         | <input type="checkbox"/> Open Hockey        |

Payment in full is due prior to the start of each clinic. The Player Development Committee reserves the right to limit session size. Acceptance into each session will be on a first come, first served basis.

**Register online at [www.cpyha.com](http://www.cpyha.com)**  
**(online registration is preferred)**

OR

**Mail form & check payable to CPYHA:**  
Champlin Park Youth Hockey Association  
P.O. Box 152 Champlin, MN 55316

In consideration of the acceptance of the above named player, both the player and parents/guardian agrees that the Champlin Park Youth Hockey Association and/or Coaches will not be held responsible for any accident or loss of property, however caused, and agree to release the Association and Coaches from any claims or damages which may arise as a result of such accidents or loss. It is furthered agreed that all risks while watching and/or participating in this program are assumed by the player and his/her parents/guardian, and this assumption is acknowledged/approved by their signature hereto.

We have read the foregoing and have explained its meaning to our child, and agree to the terms and conditions as stated. We, the parents or guardian of the above named applicant, give our consent to his/her participation in the CPYHA Fall Skills Clinic.

Date \_\_\_\_\_ Player's Signature \_\_\_\_\_

Date \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

## CPYHA, Pat Janostin & Northern Edge Fall Skills Clinics

We are excited this fall to partner with Coach Pat Janostin, Champlin Park High School Varsity Coach and Stephen Yurichuk (Yuro) and the team from Northern Edge Hockey School to lead and instruct skills and development programs that enhances and challenges every player at every level.

The clinics will be offered first to players within CPYHA and will run during the months of August through October leading up to tryouts. Our clinics are designed to improve our youth program and to provide on ice training for our players at a reasonable price.



Players will focus on the following fundamentals:

- Power Skating
- Skating Stride
- Stick Handling
- Overspeed Skating
- Overspeed Passing and Shooting
- Transition Drills

**For more information contact:**  
**Jay Lynse, CPYHA Clinic Director**  
612.940.7050 (c) or 763.425.9630 (h)  
OR  
**Pete Lewis, CPYHA Director**  
612.867.9581 (c)

Non-Profit Organization  
Bulk Rate  
U.S. Postage Paid  
Champlin, MN  
Permit No. 1

Champlin Park Youth Hockey Association  
PO Box 152  
Champlin, MN 55316



# 2010 Fall Skills Development Clinics

August - October

Register online at:  
[www.cpyha.com](http://www.cpyha.com)

# CPYHA 2010 FALL CLINICS

Register online at [www.cpyha.com](http://www.cpyha.com)

SESSION	CLINIC DESCRIPTION	HOURS	DATE	COST
<b>A Taste of Hockey</b>	This clinic is designed for those players who aren't exactly sure if they want to play or not. They're curious, and just need a little "taste of hockey" to see if they like it. We think they'll love it once they start! This clinic will simply introduce the game, with an emphasis on having fun, with basic skating and hockey skills added in. This clinic is open to both boys and girls in the CPYHA boundaries only.	4	August - September	FREE
<b>Initiation</b>	This clinic is for beginner players, both boys and girls. Our instructors will emphasize basic skating and puck control skills in a fun environment. This clinic makes an excellent bridge between A Taste of Hockey and the upcoming Mite season. Also suitable for returning players who were Mite "A" last season and feel they are not yet ready for the Mite Clinic this year.	8	September - October	\$75
<b>Mite (B, C &amp; D) Girls 8U</b>	This clinic is for Mite B, C & D and Girls 8U age players. Our instructors will emphasize skating skills and technique, puck control and shooting. This clinic will help the Mite B & C player prepare for both evaluations and the upcoming Mite season. <b>*Janostin &amp; Northern Edge will be partnering in this clinic</b>	12	August - September	\$175
<b>Squirt Girls 10U</b>	This clinic is for all Squirt and Girls 10U age players. Mite age players with well developed skills may participate in the Squirt Clinic. The emphasis of this clinic is on continued development of basic hockey skills including skating, puck control, and shooting. Introduction to situational play, including 1 on 1, 2 on 1. (Two sessions available.) <b>*Janostin &amp; Northern Edge will be partnering in this clinic</b>	18.5	August - September	\$300
<b>Pee Wee Girls 12U</b>	This clinic is for all PeeWee and Girls 12U age players. The emphasis of this clinic is on more advanced development of hockey skills including skating, puck control, and shooting in a high tempo "overspeed" environment. Players will be introduced to basic body checking techniques (optional for girls) during the PeeWee clinic. (Two sessions available.) <b>*Janostin &amp; Northern Edge will be partnering in this clinic</b>	19.5	August - September	\$350
<b>Bantam Girls 14U</b>	The emphasis of this clinic is on the development and reinforcement of advanced hockey skills, including skating, puck control, "read and react," shooting and shot selection in a high tempo overspeed environment. Players will be introduced to classroom learning sessions (optional for girls) during the Bantam clinic. (Two sessions available.) <b>*Janostin &amp; Northern Edge will be partnering in this clinic</b>	20.5	August - September	\$350
<b>Goalie**</b>	Designed for all goalies from beginner through Bantams, both boys and girls. The emphasis of this clinic is basic through advanced goalie training and techniques. Goaltenders who sign up for this clinic can also attend the appropriate age level clinic (Mite, Squirt, PeeWee, Bantam) as a goalie. The goalie instructor will also attend several of these clinic sessions to work with the goalies in a smaller group setting within the framework of the age level clinic (Mite, Squirt, PeeWee, Bantam).	8	August - September	\$175
<b>Open Hockey Sessions</b>	Designed for the beginner to advanced level player, both boys and girls. We offer two levels of play: <ul style="list-style-type: none"> <li>• PeeWee/Bantam — Girls 12U &amp; 14U</li> <li>• Mite/Squirt — Girls 8U &amp; 10U</li> </ul> This is not a "beginner's clinic" as there is no formal instruction. This is no check "4 on 4" or "5 on 5" hockey without referees, but with adult supervision, designed for the player to have fun and play in a wide open style. Emphasis is on creatively and play making. We attempt to divide the players by ability so they will play with and against players of similar ability each session. Sessions are limited to 30 skaters & 3 goalies (Goalies are Free). Walk-ins are welcome.	6  One Hour Sessions	August - September	\$50 or \$8 walk-ins

## SPECIAL GUEST INSTRUCTORS

### Pat Janostin

Champlin Park High School Varsity Head Coach

Coach Pat offers a tremendous opportunity to learn the game of hockey in an environment where the fundamentals, team play and positive attitude are strongly emphasized. His credentials include Division 1 Hockey Captain at the University of Minnesota Duluth, New York Ranger Draft pick, eight years of Minnesota High School varsity coaching, Director of Janostin Hockey Training since 1992 and a Masters of Education degree.



### Steve Yurichuk

Northern Edge Hockey

"Yuro" as he is known, is in his fifteenth year with NEEHS and one of the co-founders of the Reebok Nationals AAA program. Known for having a "One of a Kind stride", he has had the opportunity to develop Northern Edge's exclusive skating and skills development program. Over this time, Yuro has had the opportunity to train numerous NHL players and draft prospects here in North America and overseas including some of the elite in the game today. His intense, innovative and professional techniques are unique to say the least: advanced-intermediate level players will learn from his drills and as always he demonstrates them to show proper technique to help the player maximize their individual potential.



\*\*Goalies can participate (as a goalie) in a standard age group clinics as well as the Goalie Only clinic.