

# CIYSL Youth Academy

- U9 Age Bracket
- Child oriented
- Children Discover Soccer at their pace
- More Fun = More participation
- Less Travel = Less \$ for parents to pay
- Flexibility within the league and with our directors
- **ALL CLUBS NEED TO ENDORSE THIS!!**

# Recommendations

- Try to get to 40 players as your target
- Utilize Parent help to manage – not coach
- Educate your members
- Be a positive advocate for youth!



## Competitive Structure

# U-9/10 Model Training Schedule

	U-9's	U-10's
<b>Monday</b>	Training	Optional U-11's
<b>Tuesday</b>	Optional U-10's	Training
<b>Wednesday</b>	Training	Optional U-11's
<b>Thursday</b>	Optional U-10's	Training
<b>Friday</b>	Off	Off
<b>Saturday</b>	Games	Games
<b>Sunday</b>	Off	Off





## Competitive Structure

# U-11/12 Model Training Schedule

	U-11's	U-12's
<b>Monday</b>	Training	Optional U-13's
<b>Tuesday</b>	Optional U-12's	Training
<b>Wednesday</b>	Training	Optional U-13's
<b>Thursday</b>	Optional U-12's	Training
<b>Friday</b>	Off	Off
<b>Saturday</b>	Training	Optional U-13's
<b>Sunday</b>	Games	Games

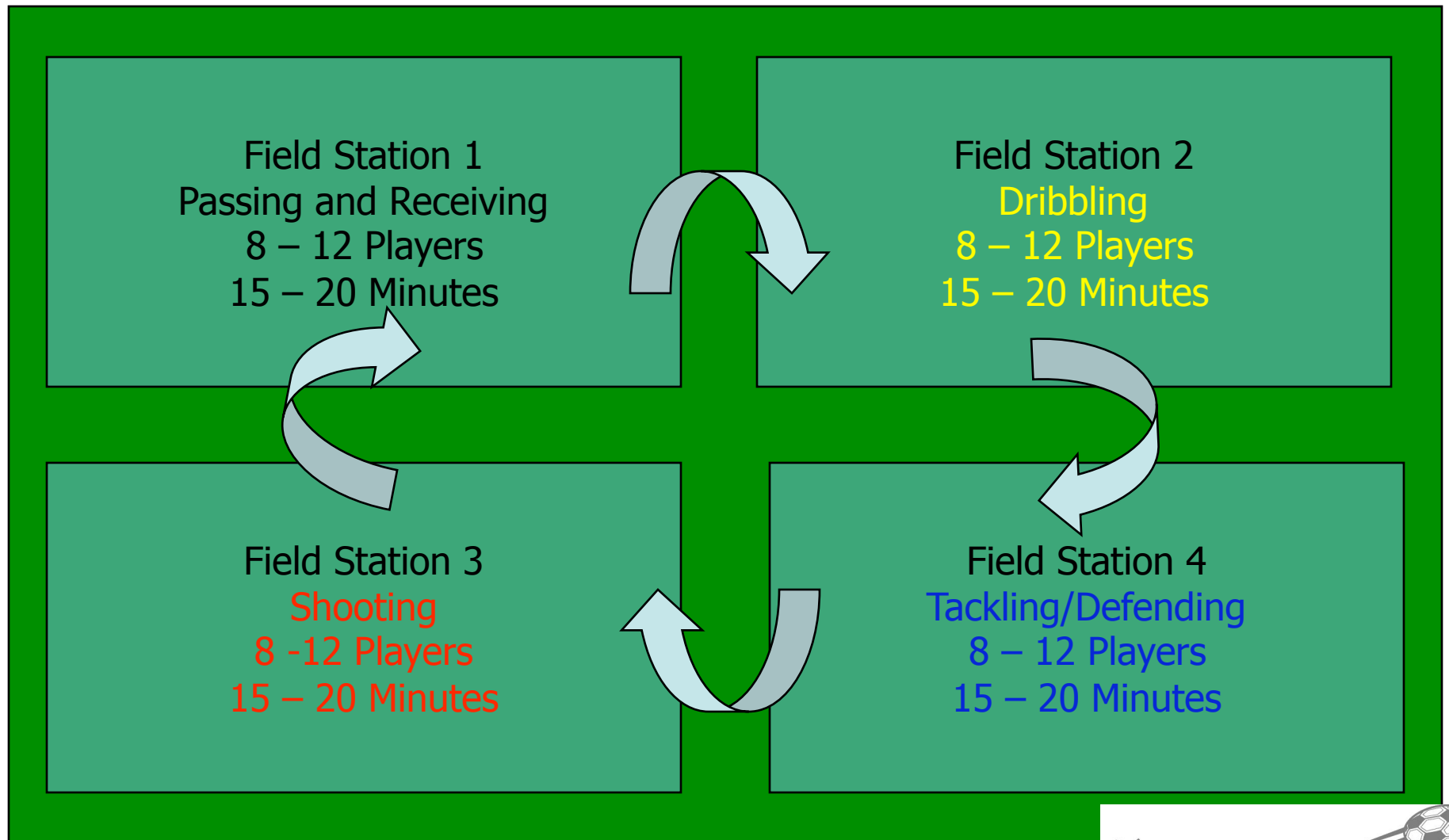


# ILLINOIS FUSION

- Monday Training
  - 1.5 hours
  - Alternate training
    - Circuit Training
    - Free Play
    - Coaching w/in the game
  - Rotate players through groups
- Thursday Training
  - 1.5 hours
  - Various Games
    - 4 v 4 / 5 v 5



# How it looks



Circuit Training Model



# Coaching within the Game Model

## Staff Coach 1

Session planned by Director  
Ran by Staff Coach  
8 – 12 Players /60 Minutes

## Staff Coach 2

Session planned by Director  
Ran by Staff Coach  
8 – 12 Players /60 Minutes

## Staff Coach 3

Session planned by Director  
Ran by Staff Coach  
8 – 12 Players /60 Minutes

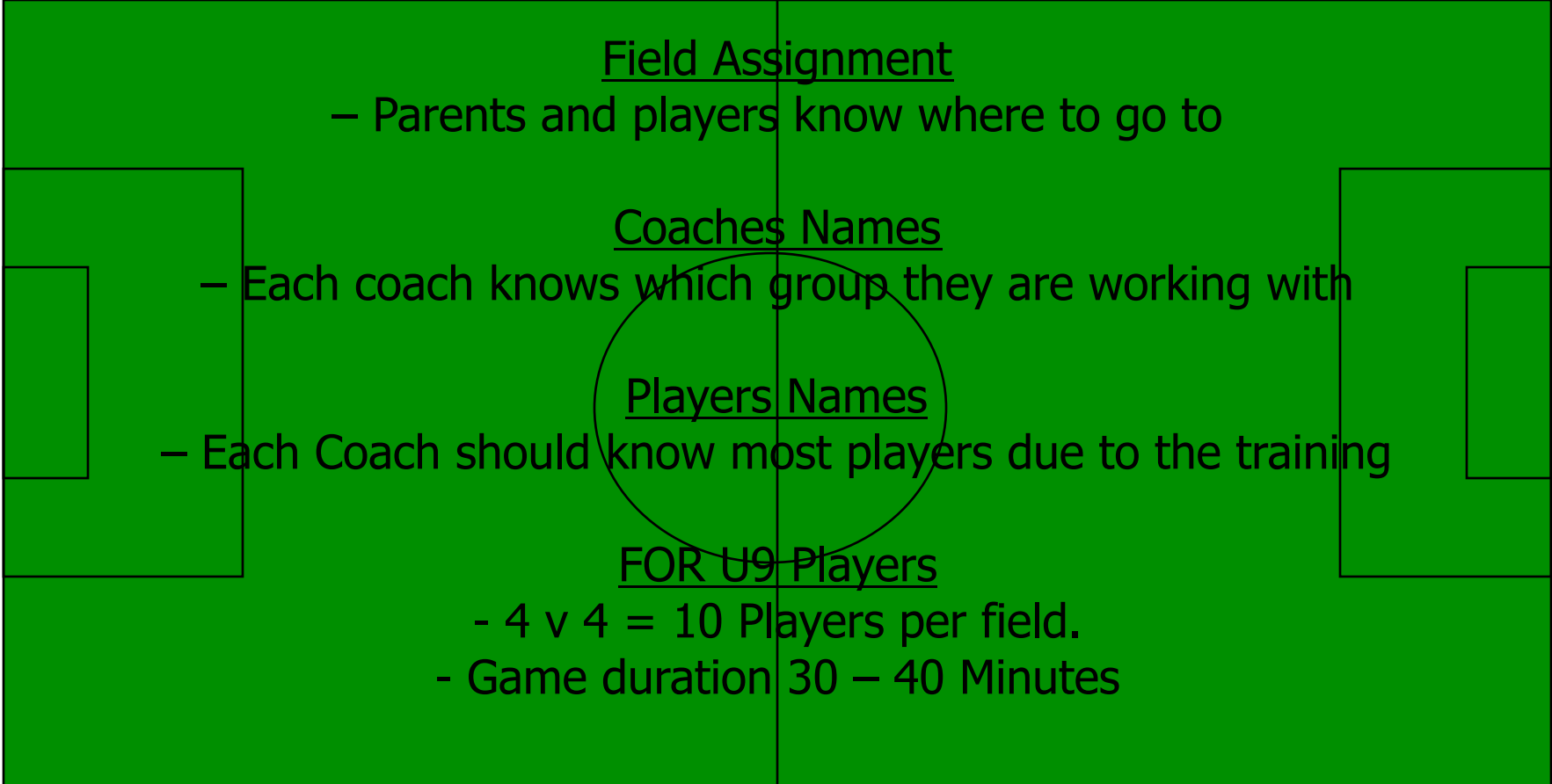
## Staff Coach 4

Session planned by Director  
Ran by Staff Coach  
8 – 12 Players /60 Minutes

End with some version of 4 v 4 or 5 v 5 – let the kids play!



# Game Day Format



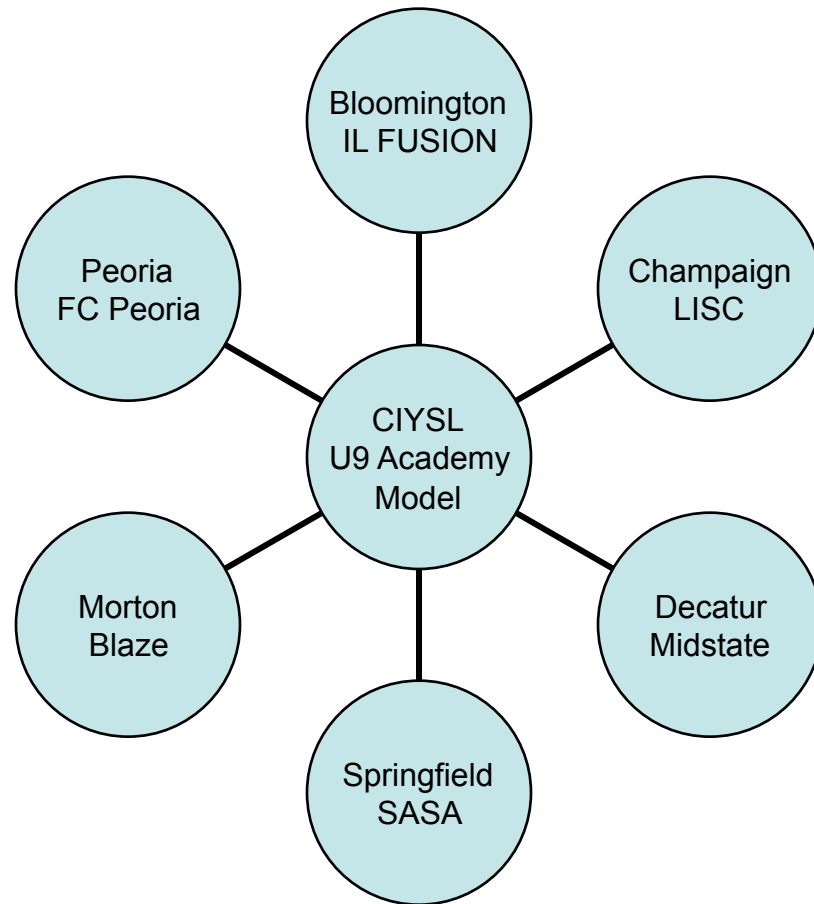
Field Assignment  
– Parents and players know where to go to

Coaches Names  
– Each coach knows which group they are working with

Players Names  
– Each Coach should know most players due to the training

FOR U9 Players  
- 4 v 4 = 10 Players per field.  
- Game duration 30 – 40 Minutes

# CIYSL Festivals



# Festivals = how they work

- Once a season, we have a ½ league festival at 2 locations (should rotate seasonally)
- Once a season, we have a FULL league festival at 1 location (should rotate seasonally)
- Each club/team is responsible for filling in their schedules around the festivals. It is HIGHLY recommended to do only 1 tournament each season at the most.



## Competitive Structure



# Tournament Play

- Encouraged, But Number Of Seasonal Events Should Be Balanced
- Flexibility in Registration Process Required
- State League Organizations Assuming The Leadership Role in Evolving A “Festival” Mentality



## Academy Criteria

# Ethical Standards for Academy Coaches

## Definition

**Ethics Are The Standards Of Conduct And Moral Behavior Specific To An Organization. The Following Statements Refer To The Ethical Standards Expected From Academy Coaches And Those Involved In Educating Young Children As Members Of OYSAN And US Youth Soccer.**



## Academy Criteria

### Ethical Standards for Academy Coaches

- ❖ **Ethics With Regard To Coaching For “Process” Versus “Product”:** Coaches Who Place The Outcome Of Games Ahead Of The Ongoing Needs Of The Participants Are Being Unethical.
- ❖ **Ethics With Regard To Soccer Rules:** Coaches Who Bait, Antagonize, Or Otherwise Challenge The Decisions Of The Officials Are Being Unethical.



## Academy Criteria

### Ethical Standards for Academy Coaches

- ❖ **Ethics With Regard To Playing Time: Coaches Who Play Only Their Better Players In An Attempt To Win Games, And Those Who Do Not Provide Young Players With Equal Playing Time, Or Adequate Rest, Are Being Unethical.**
- ❖ **Ethics With Regard To Positioning: Coaches Who Restrict The Movement Of Players In Small-sided Games In Order To Affect The Outcome Are Being Unethical. Coaches Who Rigidly Organize Players Into Formal Positions To Artificially Separate Them Are Guilty Of Over-coaching.**



## Academy Criteria

### Ethical Standards for Academy Coaches

- ❖ **Ethics With Regard To Blowouts: Coaches Who Deliberately Run Up Scores Are Being Unethical.**
- ❖ **Ethics With Regard To Player Advancement: The Coach Who Seeks To Retain A Player(s) Who Has Outgrown The Knowledge And Abilities Of The Coach For The Implicit Or Explicit Purpose Of Winning Games Is Being Unethical.**



## Academy Criteria

### Ethical Standards for Academy Coaches

- ❖ **Ethics With Regard To Game Tactics: Coaches Who Use Negative Tactics And Minimize The Enjoyment Of The Players In Order To Win Games Are Being Unethical.**
- ❖ **Ethics With Regard To Achieving Success By Recruiting: Coaches Who Routinely Recruit Players From Other Organizations As A Shortcut To Developing From Within Are Being Unethical.**



## **Academy Criteria**

### **Ethical Standards for Academy Coaches**

#### **❖ Ethics With Regard To Respecting The Game**

**Soccer has been played worldwide in one form or another for over 4500 years, and in the united states since 1869. Over six million American children now play youth soccer. The first official soccer rules were codified in London, England in 1863 and the FIFA World Cup is the world's largest single sport event.**

**It is the responsibility of each coach to demonstrate respect for the game by honoring players, spectators and officials, and by promoting positive character development to all young players in words and deeds. Coaches who fail to meet these standards by displaying poor sportsmanship and overreacting to the natural ups and downs of the game are being unethical.**