



For Immediate Release

May 14, 2010

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Central Susquehanna-Nittany Lacrosse League All-Stars Announced

The Central Susquehanna-Nittany Lacrosse League (CSNLL) announces its 2010 all-star teams as voted upon by the league coaches. The CSNLL consists of the following boys' high school teams: Bellefonte Area High School, Dallas High School, Danville Area High School, Lewisburg Area High School, Mifflinburg Area High School, Selinsgrove Area High School, State College Area High School, and Tunkhannock Area High School.

All teams in the league had at least one player named to one of the three all-star squads.

FIRST TEAM

Attack: Ryan Stroup (Sel), Nick Kifolo (Lbg), Andrew Jameson (SC)
Midfield: Carleton Knisely (Lbg), Joe Appolonia (Tunk), Ian Frost (Sel)
Defense: Gordon Rogusky (SC), Sean Charest (Lbg), Joey Moralez (Lbg), Tyson Stahl (Sel)
Goalie: Mac Weiler (SC)
Face-Off Middie Carleton Knisely (Lbg)
Long Stick Middie Jordan Poindexter (Tunk)

SECOND TEAM

Attack: Andrew Bachman (SC), Justin Ly (Tunk), Jeff Krishak (Tunk)
Midfield: Pavel Dounaevski (SC), Paul Weber (Lbg), Mitch Cohen (Dallas), Zach Schreffler (Sel)
Defense: Connor McCann (SC), Zach Rosengrant (Tunk), Kyle Zimmerman (Miff)
Goalie: Chad Katra (Tunk)
Face-Off Middie Joseph Appolonia (Tunk)
Long Stick Middie Kyle Zimmerman (Miff)

HONORABLE MENTION

Attack: Ian Garlock (Sel), Michael Gaetano (SC), Brian Knisely (Lbg)
Midfield: Nate Morrison (Lbg), Sam Chlebowski (Miff), Thomas Forstmeier (Bell)
Defense: Jared Stake (Bell), Tim Newswanger (Miff), Nick Perez (Dan), Caleb Andrews (SC)
Goalie: Jeff Wagner (Lbg)
Face-off Middie Tyler Garmen (Dan)
Longstick Middie Andrew Cromley (Dan)

Abbreviations: Bell = Bellefonte, Dallas=Dallas, Dan=Danville, Lbg=Lewisburg, Miff-Mifflinburg, Sel=Selinsgrove, SC=State College, Tunk=Tunkhannock