

THE NEXT LEVEL HOCKEY CAMP 2010

***OUR GOAL IS TO PREPARE YOU FOR
THE 2010/2011 SEASON TRYOUTS***

NOW BEING HELD AT THE ICE CENTRE AT THE PROMENADE

Two full hours of intensive on-ice training and head to head scrimmage for eight weeks.

The first hour of the camp will be:

**Power skating, passing, stick handling, cycling, time and space
neutral zone regroup, carrying puck into o-zone, puck control
puck protection, checking (giving and receiving)**

Then there will be an ice make and the skaters will get Gatorade and chalk talk.

The second hour of the camp will be:

**A scrimmage with three set lines.
The players will be changing positions every week.
We feel all skaters need to know how to play all skating positions.**

***ONE OF THE GOALS IS TO TEACH THE PLAYERS HOW TO
"READ AND REACT" AND CREATE "TIME AND SPACE."***

We are accepting only 34 skaters and 4 goalies per age group. Slots are filling up quickly so if you are interested contact Dave Lisnik at 303-960-8649 or email Dave at Dave_TNLHockey@yahoo.com for more information.

The cost of the camp is \$350.00 per skater and \$175.00 for goalies.

Camp time and dates for the Bantam division are:

Sundays from June 20th to August 15th from 10:00 to 12:15 a.m.

For more information or to register for the 2010 camp
contact Dave Lisnik at
303-960-8649 or Dave_TNLHockey@yahoo.com