

**MISSISSIPPI VALLEY CONFERENCE****BOYS TRACK & FIELD****MEET RECORDS****(updated May 11, 2010)**

<b>EVENTS</b>	<b>EFFORT</b>	<b>YEAR</b>	<b>ATHLETE(S)</b>	<b>SCHOOL</b>
100 Meter Dash	10.19	1994	Tim Dwight	City High
200 Meter Dash	21.31	2001	Calvin Davis	City High
400 Meter Dash	47.6	1968	Roger Colglazier	Dav. Central
800 Meter Dash	01:53.6	1968	Mark Steffen	Dav. West
1600 Meter Run	04:16.5	1997	Rob Brock	Dub. Senior
3200 Meter Run	09:07.7	1976	Randy Jackson	City High
110 High Hurdles	14.26	2001 2008	David Meyer Dan Davis	Dub.Hempstead I.C. West
400 Low Hurdles**	51.64	2010	Kyle Dunn	Linn-Mar
4 x 100 Meter Relay	42.19	1996	McMahon, Ringena, Fraga, Richards	City High
4 x 200 Meter Relay	01:26.4	1997	Hill, Holland, Dwight, Ringena	City High
4 x 400 Meter Relay	03:18.3	1994	Frahm, Richards, Honore, Dwight	City High
4 x 800 Meter Relay	07:52.5	1994	R.Brock, Wallace, Cayro, J.Brock	Dub. Senior
Medley Relay	03:34.3	1976	Miller, Carew, Michel, Jackson	City High
Shuttle Hurdle Relay	57.96	2009	Dunn, Kearney, Hutcheson, Ophoff	Linn-Mar
High Jump	6'10"	1980	Paul Marchael	City High
Long Jump	23'10.25"	1996	Jess Holland	City High
Pole Vault	14'07"	1981	Chuck Tomasek	C.R. Jefferson
Discus	191'06"	2007	Nick Brayton	I.C. West
Shot Put	70'02.50"	1968	Doug Lane	C.R. Jefferson
<b><u>WHEELCHAIR EVENTS</u></b>				
100	19.31	2001	Josh Mowatt	Cedar Falls
200	40.34	2001	Josh Mowatt	Cedar Falls
400				
Shot Put	19'00.50"	2002	Sean Eherenman	Waterloo West
Discus	56'06"	2001	Dan Dlavitter	Dub. Senior