



Hitter's Weaknesses Guidelines

| CHARACTERISTICS | APPROACH |
|--|---|
| Upper Cut (Lift to Swing) | <ol style="list-style-type: none"> 1) Fast Balls Up 2) Balls down below the solid contact zone and within the chase zone 3) Away |
| Extreme down Arc (Chop Swing) | <ol style="list-style-type: none"> 1) Down 2) Off speed |
| Slow bat | <ol style="list-style-type: none"> 1) Hard stuff inside |
| Pulling out (Stride away from plate or opens front shoulder and hip prematurely) | <ol style="list-style-type: none"> 1) Away, especially off speed pitches |
| Over swinging | <ol style="list-style-type: none"> 1) Off speed, balls in the chase zone |
| Dives into the plate (Strides towards the plate) | <ol style="list-style-type: none"> 1) Hard stuff inside 2) Off speed away and play opposite |
| Pulls head before contact | <ol style="list-style-type: none"> 1) Away, especially off speed pitches |
| Commits weight to front foot on stride | <ol style="list-style-type: none"> 1) Off speed pitches 2) Fast balls up |
| Long swing (sweeps bat) | <ol style="list-style-type: none"> 1) Hard stuff in on the hands |
| Inside out swing | <ol style="list-style-type: none"> 1) Down and in 2) Pitch away and play opposite |
| Takes a lot of pitches | <ol style="list-style-type: none"> 1) Strikes |
| Free swinger with undisciplined strike zone | <ol style="list-style-type: none"> 1) Strikes |
| Pull hitter | <ol style="list-style-type: none"> 1) Fast balls in off the plate 2) Fast balls in the chase zone |
| Opposite field hitter | <ol style="list-style-type: none"> 1) Hard in 2) Away and play opposite |



Batting Stance Characteristics/Pitching Approach to them

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| Flat bat | 1) Down |
| High hands and or high back elbow | 1) Hard inside, especially up |
| Deep crouch | 1) Up |
| Upright with stiff legs | 1) Down |
| Bat wrapped | 1) Hard stuff inside 2) Breaking balls away |
| Close to the plate | 1) Fast balls inside 2) Away if this hitter has bat speed (dependant on first move action after pitch) |
| Off the Plate | 1) Away if the hitter does not dive into the plate with the stride-play opposite |
| Hands close to the body (back elbow not visible to the pitcher) | 1) Jam |
| Open Stance | 1) Away if he strides away from the plate 2) Inside if he strides towards the plate (distance from the plate also is a factor) |
| Closed stance | 1) Away if he strides away from the plate 2) Inside if he strides towards the plate (distance from the plate also is a factor) |
| Hands away from the body | 1) jam |
| Narrow based stance (feet close together) | 1) Off speed 2) Fast balls up |