



SEATTLEUNITED Northeast Region

Seattle United's Northeast Region is made up of the areas served by the Lake City (LCSC) and LVR soccer clubs. These two clubs have a long tradition of producing select and premier level players and teams as well as some great coaches. It is our goal to establish strong working relationships with the LCSC and LVR families, coaches and clubs to create great girls and boys select teams that serve the needs of the players who want a more intensive development program than their recreational team can provide.

Teams: We will be fielding Classic and Community Option teams with players primarily from the NE neighborhoods, but will work in coordination with players and the other regions when that is in the best interests of team formation, the player and family. Within the limits of player ability, coaching availability, field space and player and family preferences, we will work to form as many teams as there are qualified players to play.

Coaches: In keeping with Classic and Community Option teams, the needs of the players on any particular team and the abilities of the individual coaches, there will be volunteer, volunteer plus paid trainer, and paid coaches working with NE Regional teams. All coaches will be supported by Seattle United's regional and city-wide coaching directors. Every attempt will be made to match the experience and style of the coach with the appropriate team (girls or boys, younger or older, etc.).

Practice Locations: Teams will practice on fields in the NE region. To the maximum extent possible Seattle United and the NE Region will work to schedule practices with minimal, or ideally no movement of days, times or place. The ultimate objective is to ensure proximity and predictability.

Programs: The regional select teams are Seattle United and SYSA teams equally along with the premier level teams. City-wide development programs like the Development Academy and the Center of Excellence can and will be supplemented in the regions to the extent there is support for them from the players and parents. For example, it is an SU objective to build ACL injury prevention into the regular practice curriculum beginning at U11 to help protect players from knee injuries. The NE Region will work to ensure that all its area's coaches are trained to deliver that training and other player health issues to their players. Friendly games across regions and with the premier teams, free play opportunities, extra conditioning or skills programs, uniform swaps, internet lost and found are all possibilities depending on the availability of organizers and the needs of players.

Please consider volunteering and putting your skills and energy to work for Seattle United. If you are an experienced coach with an interest in furthering your coaching "career" or experience, please contact the club through its website, www.seattleunited.com