

**Gordy Yuska's Wahawk Relays - 4/14/2009**

**Memorial Stadium**

**Results**

**Event 1 Boys 3200 Meter Run Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Zarate, Jaime	Cedar Falls	10:39.19 10
2 Nzoyisaba, Etienne	Cedar Rapids	10:42.38 8
3 Holdiman, Ben	Waverly-Shel	11:16.03 6
4 Burns, Eric	Waukee	11:24.00 5
5 Lang, Alex	Mason City	11:47.04 4
6 Walker, Brandon	Waterloo Wes	11:52.93 3
7 Read, Kyle	linn-mar	12:07.06 2
8 Perkins, Forrest	Dike-New Har	12:10.77 1
--- Caballero, Max	City High Sc	NT
--- Adams, Matthew	Cedar Rapids	NT
--- Habel, Alex	dubuque hemp	NT

**Event 2 Boys 3200 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 James, Jimma	Marshalltown	10:05.26 10
2 Reyhons, Tanner	Cedar Falls	10:10.38 8
3 Huff, Daniel	Waverly-Shel	10:19.51 6
4 Beninga, Sloan	Dike-New Har	10:21.61 5
5 Wink, Mitch	Waukee	10:24.89 4
6 Robertson, Chris	City High Sc	10:28.31 3
7 Skorupski, Chris	dubuque hemp	10:38.71 2
8 Mugisha, Saromo	Cedar Rapids	10:44.56 1
9 Hallorhan, Andrew	Cedar Falls	10:47.30
10 Oates, Trevor	Cedar Rapids	10:51.04
11 Porter, Jake	Waterloo Wes	10:53.76
12 Rich, AJ	Waukee	10:56.54
13 Ndayizeye, Brenice	Cedar Rapids	10:57.69
14 Mugemangango, Andrew	Marshalltown	11:00.96
15 Manchester, Cody	Mason City	11:05.08
16 Russell, Reed	Fort Dodge	11:05.72
17 Hottle, Alex	Waterloo Wes	11:11.51
18 Freund, Zach	dubuque hemp	11:13.21
19 Read, Sam	linn-mar	11:22.90
20 Thompson, Isaac	City High Sc	11:29.33
--- Mueller, Taylor	CR Jefferson	NT
--- Chlystun, Tyler	linn-mar	NT
--- Nielsen, Daniel	Dike-New Har	NT

**Event 3 Boys 4x800 Meter Relay Junior Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Waterloo West	B	8:36.82 10
2 Cedar Falls	B	8:52.85 8
3 Waukee	B	8:54.09 6
4 City High School	B	9:05.61 5
5 dubuque hempstead	B	9:13.32 4
6 CR Jefferson	B	9:13.36 3
7 linn-mar	B	9:17.03 2
8 Cedar Rapids, Kennedy	B	9:32.71 1
9 Dike-New Hartford	B	10:15.23
--- Mason City	B	NT

**Event 4 Boys 4x800 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Waukee	A	8:12.98 10
2 Washington	A	8:14.94 8
3 Waterloo West	A	8:16.07 6
4 linn-mar	A	8:18.79 5
5 Cedar Falls	A	8:23.96 4
6 City High School	A	8:32.05 3
7 Mason City	A	8:35.54 2
8 Marshalltown	A	8:44.33 1
9 dubuque hempstead	A	8:45.05
10 CR Jefferson	A	8:59.25
11 Dike-New Hartford	A	9:05.62
12 Fort Dodge	A	9:27.86
--- Waverly-Shell Rock	A	NT
--- Cedar Rapids, Kennedy	A	NT

**Event 5 Boys 4x110 Meter Shuttle Hurdle Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Cedar Rapids, Kennedy	A	58.93 10
2 City High School	A	59.76 8
3 Waukee	A	59.94 6
4 Waverly-Shell Rock	A	1:00.06 5
5 Waterloo East	A	1:00.32 4
6 Dike-New Hartford	A	1:00.61 3
7 linn-mar	A	1:00.86 2
8 Waterloo West	A	1:01.38 1
9 Fort Dodge	A	1:01.46
10 Cedar Falls	A	1:03.63
11 Washington	A	1:03.81
12 Mason City	A	1:04.96
13 dubuque hempstead	A	1:05.36

**Event 6 Boys 100 Meter Dash Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Griffin, William	Cedar Rapids	11.51 10
2 Longnecker, Brayden	Cedar Falls	11.87 8
3 Wentworth, Travis	Waukee	12.04 6
4 Nuhanovic, Haris	Waterloo Wes	12.12 5
5 Winters, Cameron	Waterloo Eas	12.14 4
6 Miller, Bryce	Waverly-Shel	12.41 3
7 Thompson, Alex	Marshalltown	12.47 2
8 Heitland, Trevor	Cedar Rapids	12.77 1
9 Baines, Earl	City High Sc	12.88
10 Wagner, Drew	dubuque hemp	12.93
11 McConnell, Brandon	Mason City	12.97
12 Dietrich, Griffin	CR Jefferson	12.98
13 Lara, Jaden	Fort Dodge	13.05
14 beller, curt	linn-mar	13.07
--- Beninga, Erik	Dike-New Har	NT

**Gordy Yuska's Wahawk Relays - 4/14/2009**

**Memorial Stadium**

**Results**

**Event 7 Boys 100 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Carr, Alex	Cedar Rapids	11.18 10
2 Henderson, Ronnie	Cedar Rapids	11.52 8
3 Zeigler, Darius	Marshalltown	11.52 6
4 Browne, Tevin	Waterloo Eas	11.62 5
5 Mere, Caleb	Cedar Rapids	11.64 4
6 Montelongo, Hector	City High Sc	11.69 3
7 Umoren, Tre	Waterloo Eas	11.70 2
8 Philblad, Sean	Waukee	11.72 1
9 Hunter, Aaron	linn-mar	11.79
10 Harrington, James	Cedar Falls	11.80
11 Millard, Bobby	City High Sc	11.82
12 Verbeck, Zach	Cedar Falls	11.82
12 Martin, Dequayvious	Waterloo Wes	11.82
14 Aimable, Javan	Waterloo Wes	11.87
15 Viertel, Josh	dubuque hemp	11.92
16 Santry, Taner	Waukee	11.95
17 Ausenus, Blake	Mason City	12.12
18 Wood, Scott	linn-mar	12.15
19 Lawshea, Michael	Cedar Rapids	12.15
20 Joblinske, Eric	Dike-New Har	12.22
21 Harp, Bryce	Waverly-Shel	12.24
22 Morales, Danny	dubuque hemp	12.37
23 Larson, Tim	CR Jefferson	12.44
24 Alstott, Alex	Fort Dodge	12.52
25 Vanous, Drake	CR Jefferson	12.54
26 Steffensen, Ty	Marshalltown	12.64
--- Weber, Joe	Dike-New Har	NT
--- Waner, Josh	Mason City	NT
--- Caston, Darreus	Fort Dodge	NT

**Event 8 Boys 400 Meter Dash Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Vongnhay, Alex	Waukee	54.92 10
2 Debuhr, Nick	Cedar Falls	54.95 8
3 Jorgenson, Davin	Waterloo Wes	56.10 6
4 Hermsen, Jon	dubuque hemp	56.37 5
5 Gloer, Michael	City High Sc	56.45 4
6 Kern, James	Cedar Rapids	57.50 3
7 Todd, Arkel	Waterloo Eas	58.91 2
8 Nzoyisaba, Etienne	Cedar Rapids	1:00.49 1
9 Lala, Nick	Mason City	1:01.17
10 Steggall, Nathan	Waverly-Shel	1:02.07
--- Wright, Jacori	Fort Dodge	NT
--- Morgan, Sean	Dike-New Har	NT
--- Taylor, Aaron	Waterloo Eas	NT
--- kaufmann, paul	linn-mar	NT

**Event 9 Boys 400 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Cook, Isiah	Waterloo Wes	50.26 10

2 Jamison, Jake	Cedar Falls	51.16 8
3 Eckhardt, Tyler	Cedar Rapids	51.46 6
4 Lucas, Nick	linn-mar	51.68 5
5 Gary, Nick	Cedar Falls	53.17 4
6 Brown, Deondre	dubuque hemp	53.25 3
7 Thompson, Coty	Mason City	53.30 2
8 Putnam, Zach	City High Sc	53.44 1
9 Mitchell, TJ	Cedar Rapids	53.57
10 Hildebrand, Matt	CR Jefferson	53.60
11 Leviner, Zane	Waukee	53.70
12 Martinez, Gustavo	Marshalltown	54.14
13 Haycraft, Jedidiah	Cedar Rapids	54.54
14 Luekens, Jake	linn-mar	54.78
15 Swehla, Zach	City High Sc	55.01
16 Brown, Devin	Cedar Rapids	55.68
17 Salwolke, Jacob	dubuque hemp	56.05
18 Willson, Blake	Waverly-Shel	56.92
19 Eiklenborg, Si	Dike-New Har	57.02
20 Mosley, Jalen	Fort Dodge	57.96
21 Renz, Bret	Waterloo Wes	58.15
22 Camarata, MacCoy	Dike-New Har	59.54
--- Baxter, Alex	CR Jefferson	NT
--- Santry, Taner	Waukee	NT
--- Sawyers, Dajour	Waterloo Eas	NT
--- Gealow, Lee	Mason City	DQ

**Event 10 Boys 4x200 Meter Relay Junior Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 City High School	B	1:35.33 10
2 Waukee	B	1:35.56 8
3 Cedar Falls	B	1:35.93 6
4 Washington	B	1:35.98 5
5 Cedar Rapids, Kennedy	B	1:37.18 4
6 Marshalltown	B	1:38.32 3
7 CR Jefferson	B	1:40.66 2
8 Waverly-Shell Rock	B	1:40.77 1
9 Mason City	B	1:40.91
10 dubuque hempstead	B	1:41.17
11 linn-mar	B	1:41.39
12 Waterloo West	B	1:45.42
13 Dike-New Hartford	B	1:47.40
--- Waterloo East	B	DQ

**Event 11 Boys 4x200 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Washington	A	1:29.86 10
2 Cedar Falls	A	1:30.66 8
3 Waukee	A	1:31.35 6
4 Waterloo East	A	1:31.86 5
5 Marshalltown	A	1:32.05 4
6 dubuque hempstead	A	1:32.13 3
7 City High School	A	1:33.51 2
8 Waterloo West	A	1:36.34 1
9 Waverly-Shell Rock	A	1:36.44

## Gordy Yuska's Wahawk Relays - 4/14/2009

## Memorial Stadium

## Results

**Finals ... (Event 11 Boys 4x200 Meter Relay Varsity)**

Team	Relay	Finals
10 Dike-New Hartford	A	1:36.77
11 CR Jefferson	A	1:37.64
12 linn-mar	A	1:39.14
13 Fort Dodge	A	1:40.94
--- Mason City	A	NT
--- Cedar Rapids, Kennedy	A	DQ

**Event 12 Boys 110 Meter Hurdles Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Greer, Mason	City High Sc	15.88 10
2 Lucs, Nate	Waukee	16.10 8
3 Taylor, Aaron	Waterloo Eas	16.84 6
4 Mitchell, TJ	Cedar Rapids	16.85 5
5 Young, Grant	Waverly-Shel	16.86 4
6 Mazzarella, Aaron	Waterloo Wes	17.15 3
7 Davis, Aaron	Dike-New Har	17.56 2
8 Wilder, Chavyea	Mason City	18.94 1
9 Cuvelier, Austin	Cedar Falls	19.12
10 Tovey, Braedon	Cedar Rapids	19.14
11 Henderson, Adam	dubuque hemp	20.18

**Event 13 Boys 110 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Martino, Max	Cedar Rapids	15.31 10
2 Sailor, Adam	Cedar Rapids	15.44 8
3 Ophoff, Brandon	linn-mar	15.61 6
4 Smith, Matt	Waterloo Wes	15.70 5
5 Shelby, Harrison	Waterloo Eas	15.72 4
6 Javallena, Austin	Cedar Falls	15.79 3
7 Weidemann, Mike	Dike-New Har	15.84 2
8 Larson, Eric	Waverly-Shel	15.95 1
9 Chelf, John	City High Sc	15.97
10 Barry, Chris	Waukee	15.98
11 Evans, JaMarkkus	Waterloo Eas	15.99
12 Pool, Royce	Dike-New Har	16.03
13 Johnson, Jay	Fort Dodge	16.06
14 Taylor, James	City High Sc	16.12
15 Chesnut, Cole	Waverly-Shel	16.30
16 Dusil, Ryan	Cedar Rapids	16.31
17 Hansen, Bart	Waterloo Wes	16.51
18 Amr, Rami	linn-mar	16.71
19 Stanley, Andrew	Waukee	17.19
20 Vega, Forest	Cedar Rapids	17.23
21 Hoffman, Grant	Marshalltown	17.55
22 Kober, Parker	Mason City	17.55
23 Ensign, Brian	dubuque hemp	17.71
24 Kremer, Derrick	dubuque hemp	18.35
25 Crotty, Eric	Cedar Falls	18.82
26 Scott, Zach	Mason City	19.87
--- Dunn, Kyle	linn-mar	NT

**Event 14 Boys 1600 Meter Run Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Sevcik, Joe	Cedar Falls	4:49.38 10
2 Mugisha, Saromo	Cedar Rapids	4:56.95 8
3 Porter, Jake	Waterloo Wes	4:59.46 6
4 Lawler, Brady	Marshalltown	5:01.01 5
5 Rowe, Wyatt	Mason City	5:06.90 4
6 Oates, Trevor	Cedar Rapids	5:07.81 3
7 Ramaker, Derek	dubuque hemp	5:09.37 2
8 Wattier, Ryan	Waukee	5:10.90 1
9 Read, Kyle	linn-mar	5:15.47
10 Hewitt, Jacob	Waterloo Eas	5:48.10
11 Arends, Monty	Fort Dodge	5:52.33
12 Weichers, Mike	Dike-New Har	5:54.95
13 Dee, Jacob	CR Jefferson	5:58.62
--- Price, Brook	City High Sc	NT
--- Holdiman, Ben	Waverly-Shel	NT

**Event 15 Boys 1600 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Tayloe, Jacob	Cedar Falls	4:30.05 10
2 Mittman, Scott	City High Sc	4:30.70 8
3 Rediske, Dan	Waverly-Shel	4:31.67 6
4 Marshall, Andrew	Cedar Rapids	4:32.95 5
5 Gerber, Jacob	CR Jefferson	4:37.87 4
6 Gutschenritter, Chad	Waukee	4:40.57 3
7 King, Austin	Waterloo Wes	4:40.78 2
8 Singer, Thomas	Cedar Rapids	4:44.16 1
9 Simon, Matt	linn-mar	4:48.25
10 Hogg, Robert	Cedar Rapids	4:49.29
11 Daack, Calvin	dubuque hemp	4:49.30
12 Gettemy, Mike	Marshalltown	4:52.82
13 Greimann, Zach	City High Sc	4:55.77
14 Manchester, Cody	Mason City	4:57.76
15 Watts, Austin	Marshalltown	4:58.09
16 Berger, Zach	dubuque hemp	4:59.64
17 Stumberg, Irvin	Waukee	5:02.10
18 Schrader, Chase	Waterloo Wes	5:02.13
19 Bisgard, Brady	linn-mar	5:05.13
20 Hoefler, Michael	Cedar Rapids	5:06.57
21 Beninga, Sloan	Dike-New Har	5:06.98
22 Mueller, Taylor	CR Jefferson	5:14.96
23 Springer, John	Fort Dodge	5:18.23
24 Birnbaum, Matt	Fort Dodge	5:18.75
25 Ragsdale, Tanner	Dike-New Har	5:42.70
--- Thompson, Coty	Mason City	NT

**Event 16 Boys 200 Meter Dash Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Bernard, Kevin	Cedar Falls	23.81 10
2 Millett, Jason	Waterloo Wes	24.38 8
3 Wentworth, Travis	Waukee	25.03 6

## Gordy Yuska's Wahawk Relays - 4/14/2009

## Memorial Stadium

## Results

**Finals ... (Event 16 Boys 200 Meter Dash Junior Varsity)**

Name	School	Finals	
4 McNulty, Andrew	City High Sc	25.21	5
5 Mann, Bennett	Marshalltown	25.36	4
6 Heald, Flynn	Cedar Rapids	25.48	3
7 Chiles, Mike	Waverly-Shel	25.63	2
8 Hermanson, Kyle	Cedar Rapids	25.76	1
9 Habben, Jericho	Fort Dodge	25.93	
10 Dietrich, Griffin	CR Jefferson	25.93	
11 Anderson, Kyle	Dike-New Har	26.08	
12 McConnell, Brandon	Mason City	27.36	
13 Houselog, Graham	dubuque hemp	29.05	
--- beller, curt	linn-mar	NT	
--- Luekens, Jake	linn-mar	NT	
--- Winters, Cameron	Waterloo Eas	NT	

**Event 17 Boys 200 Meter Dash Varsity**

Name	School	Finals	
1 Umoren, Tre	Waterloo Eas	23.15	10
2 Alexander, Jesse	Cedar Falls	23.40	8
3 Davis, Evan	Cedar Rapids	23.51	6
4 Thompson, Sam	Waukee	23.58	5
5 Owens, Chad	Waukee	23.97	4
6 Haycraft, Jediah	Cedar Rapids	23.98	3
7 Washington, Jasper	City High Sc	24.00	2
8 Millard, Bobby	City High Sc	24.07	1
9 Ruiz, Eddie	Marshalltown	24.16	
10 Johnson, De'earl	Waterloo Wes	24.38	
11 Nuhanovic, Haris	Waterloo Wes	24.53	
12 Morales, Danny	dubuque hemp	24.79	
13 Larson, Tim	CR Jefferson	25.04	
14 Harp, Bryce	Waverly-Shel	25.21	
15 Loes, Stefen	dubuque hemp	25.39	
16 Mitchell, TJ	Cedar Rapids	25.69	
17 Gorby, Joey	Dike-New Har	25.98	
18 Crew, Tyler	Dike-New Har	26.52	
19 Gealow, Lee	Mason City	26.88	
--- Anderson, Robert	Waterloo Eas	NT	
--- Alstott, Alex	Fort Dodge	NT	
--- Feller, Tommy	linn-mar	NT	
--- Harrington, James	Cedar Falls	NT	
--- Scallon, Lance	CR Jefferson	NT	
--- Wood, Scott	linn-mar	NT	
--- Hughes, Marcus	Mason City	NT	
--- Hunter, Aaron	linn-mar	NT	

**Event 18 Boys 400 Meter Hurdles Junior Varsity**

Name	School	Finals	
1 Lucs, Nate	Waukee	58.33	10
2 Massina, Nick	Waterloo Wes	1:00.45	8
3 Law, John	City High Sc	1:00.95	6
4 Schickel, Nick	dubuque hemp	1:01.02	5
5 Waner, Nick	Mason City	1:03.30	4
6 Kern, James	Cedar Rapids	1:04.66	3

7 Fletcher, Clint	Cedar Falls	1:06.09	2
8 Green, Justin	Dike-New Har	1:07.69	1
9 Burrow, Mike	Waverly-Shel	1:11.34	

**Event 19 Boys 400 Meter Hurdles Varsity**

Name	School	Finals	
1 Dunn, Kyle	linn-mar	52.91	10
2 Steggall, Brandon	Waverly-Shel	55.96	8
3 Cook, Isiah	Waterloo Wes	56.31	6
4 Getting, Jon	Waukee	56.38	5
5 Losch, Jacob	Cedar Rapids	56.88	4
6 Ophoff, Brandon	linn-mar	57.49	3
7 Smith, Matt	Waterloo Wes	57.64	2
8 Severson, Ryan	Waverly-Shel	57.99	1
9 Barry, Chris	Waukee	58.04	
10 Hoffman, Grant	Marshalltown	58.41	
11 Harms, Cody	Fort Dodge	1:00.51	
12 Vega, Forest	Cedar Rapids	1:00.77	
13 Scott, Zach	Mason City	1:01.04	
14 Ensign, Brian	dubuque hemp	1:01.09	
15 Valenzuela, Rich	dubuque hemp	1:01.13	
16 Taylor, James	City High Sc	1:01.28	
17 Boesenberg, Kyle	CR Jefferson	1:02.28	
18 Greer, Mason	City High Sc	1:02.63	
19 DeRoy, Conner	Mason City	1:03.17	
20 Tovey, Braedon	Cedar Rapids	1:03.59	
21 Darland, Ian	Dike-New Har	1:08.65	
--- Kaiser, Thomas	Cedar Rapids	NT	
--- Javallena, Austin	Cedar Falls	NT	
--- Razo, Aaron	linn-mar	NT	
--- Eiklenborg, Si	Dike-New Har	NT	

**Event 20 Boys Distance Medley Junior Varsity**

Team	Relay	Finals	
1 Cedar Falls	B	3:50.15	10
2 Waukee	B	3:57.71	8
3 Marshalltown	B	3:59.47	6
4 linn-mar	B	3:59.63	5
5 Waterloo West	B	4:01.48	4
6 City High School	B	4:02.28	3
7 dubuque hempstead	B	4:03.85	2
8 Mason City	B	4:07.53	1
9 Washington	B	4:09.57	
10 Cedar Rapids, Kennedy	B	4:17.29	
11 Waverly-Shell Rock	A	4:17.47	
12 Dike-New Hartford	B	4:21.17	
--- CR Jefferson	B	NT	

**Event 21 Boys Distance Medley Varsity**

Team	Relay	Finals	
1 Marshalltown	A	3:36.17	10
2 Cedar Rapids, Kennedy	A	3:39.77	8
3 linn-mar	A	3:39.87	6

## Gordy Yuska's Wahawk Relays - 4/14/2009

## Memorial Stadium

## Results

**Finals ... (Event 21 Boys Distance Medley Varsity)**

Team	Relay	Finals	
4 dubuque hempstead	A	3:40.49	5
5 Waukee	A	3:44.06	4
6 City High School	A	3:45.60	3
7 Cedar Falls	A	3:46.40	2
8 Waterloo West	A	3:48.03	1
9 Washington	A	3:48.20	
10 Jesup	A	3:50.42	
11 Mason City	A	3:56.43	
12 CR Jefferson	A	4:00.18	
13 Fort Dodge	A	4:14.88	
--- Dike-New Hartford	A	NT	
--- Marshalltown	B	NT	

**Event 22 Boys 800 Meter Run Junior Varsity**

Name	School	Finals	
1 Marquez, Cesar	Cedar Falls	2:09.71	10
2 Freeman, Ryan	Waukee	2:11.32	8
3 Ovrom, Lukas	City High Sc	2:11.67	6
4 Thullen, Peter	CR Jefferson	2:12.49	5
5 Walker, Richard	Marshalltown	2:13.26	4
6 Decker, Brandon	linn-mar	2:14.48	3
7 Gudino, Juan	Mason City	2:16.21	2
8 Nzoyisaba, Etienne	Cedar Rapids	2:16.53	1
9 Todd, Arkel	Waterloo Eas	2:17.51	
10 Kammeyer, Carter	Waterloo Wes	2:17.83	
11 Kunkel, Derek	dubuque hemp	2:19.55	
12 Hendrix, Stetson	Fort Dodge	2:27.41	
13 Mohammed, Nura	Waverly-Shel	2:29.83	
14 Adams, Matthew	Cedar Rapids	2:37.02	
15 Thompson, Mitchell	Dike-New Har	2:43.44	
--- Jones, Timauntay	CR Jefferson	NT	

**Event 23 Boys 800 Meter Run Varsity**

Name	School	Finals	
1 Thompson, Coty	Mason City	2:00.28	10
2 Grabau, Chase	linn-mar	2:04.55	8
3 Sanchez, Bryant	Mason City	2:05.16	6
4 Freidhoff, Dalton	linn-mar	2:06.23	5
5 Gerber, Jacob	CR Jefferson	2:06.33	4
6 Gutschenritter, Chad	Waukee	2:07.00	3
7 Corona, Carlos	Waterloo Wes	2:07.18	2
8 Breuer, Evan	Waukee	2:07.92	1
9 Gruetzmacher, Ryan	Waterloo Wes	2:08.05	
10 Adrian, Matt	Cedar Falls	2:08.28	
11 Robertson, Chris	City High Sc	2:08.47	
12 Marshall, Andrew	Cedar Rapids	2:09.07	
13 Mittman, Scott	City High Sc	2:09.35	
14 Singer, Thomas	Cedar Rapids	2:09.36	
15 Yoko, Zeb	dubuque hemp	2:09.58	
16 Kremer, Christian	Marshalltown	2:09.96	
17 Reyhons, Tanner	Cedar Falls	2:10.34	
18 Mugisha, Saromo	Cedar Rapids	2:12.42	

19 Marling, Nathan	CR Jefferson	2:13.12
20 Seymour, Andrew	dubuque hemp	2:14.90
21 Venenga, Will	Dike-New Har	2:15.94
22 Reed, Jeremiah	Fort Dodge	2:17.57
23 Sylhmann, Wyatt	Dike-New Har	2:18.50
24 Moore, David	Fort Dodge	2:19.67
25 Hoefler, Michael	Cedar Rapids	2:29.40
--- James, Jimma	Marshalltown	NT
--- VanArsdale, Demetre	Waterloo Eas	NT

**Event 24 Boys 4x100 Meter Relay Junior Varsity**

Team	Relay	Finals	
1 Waukee	B	45.86	10
2 Washington	B	46.65	8
3 Waterloo West	B	46.91	6
4 Waterloo East	B	47.60	5
5 City High School	B	47.63	4
6 Cedar Rapids, Kennedy	B	47.78	3
7 Waverly-Shell Rock	B	48.19	2
8 linn-mar	B	48.79	1
9 Mason City	B	48.82	
10 dubuque hempstead	B	49.52	
11 Dike-New Hartford	B	51.92	
12 Cedar Falls	B	54.10	

**Event 25 Boys 4x100 Meter Relay Varsity**

Team	Relay	Finals	
1 Washington	A	43.20	10
2 Waukee	A	43.87	8
3 Waterloo East	A	44.52	6
4 Cedar Falls	A	44.57	5
5 City High School	A	44.87	4
6 Waterloo West	A	44.88	3
7 Fort Dodge	A	45.52	2
8 Dike-New Hartford	A	46.22	1
9 dubuque hempstead	A	46.45	
10 Waverly-Shell Rock	A	46.53	
11 Mason City	A	47.26	
12 linn-mar	A	47.52	
--- Cedar Rapids, Kennedy	A	DQ	

**Event 26 Boys 4x400 Meter Relay Junior Varsity**

Team	Relay	Finals	
1 linn-mar	B	3:37.74	10
2 Waukee	B	3:40.61	8
3 City High School	B	3:40.62	6
4 Waverly-Shell Rock	B	3:42.53	5
5 Washington	B	3:43.31	4
6 Waterloo West	B	3:45.18	3
7 dubuque hempstead	B	3:48.18	2
8 Cedar Falls	B	3:48.85	1
9 Mason City	B	4:00.28	
10 Cedar Rapids, Kennedy	B	4:02.62	

## Gordy Yuska's Wahawk Relays - 4/14/2009

## Memorial Stadium

## Results

**Finals ... (Event 26 Boys 4x400 Meter Relay Junior Varsity)**

Team	Relay	Finals
11 Dike-New Hartford	B	4:04.37
12 CR Jefferson	B	4:10.64

**Event 27 Boys 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 linn-mar	A	3:26.33 10
2 Cedar Falls	A	3:28.44 8
3 Waukee	A	3:28.85 6
4 Washington	A	3:29.40 5
5 Mason City	A	3:30.70 4
6 Cedar Rapids, Kennedy	A	3:31.47 3
7 dubuque hempstead	A	3:32.51 2
8 Waverly-Shell Rock	A	3:33.21 1
9 City High School	A	3:36.16
10 Waterloo East	A	3:38.63
11 Waterloo West	A	3:39.48
12 CR Jefferson	A	3:40.26
13 Dike-New Hartford	A	3:43.03
14 Fort Dodge	A	3:45.62

**Event 28 Boys Shot Put Varsity**

Name	School	Finals
<b>Finals</b>		
1 Jennings, Mark	linn-mar	52-01.50 10
2 Piche, Ryan	linn-mar	51-08.50 8
3 Kelley, Henry	Waukee	49-09.50 6
4 Winter, Adam	Fort Dodge	47-10.25 5
5 Beets, Kameron	Cedar Rapids	46-09.25 4
6 Prybil, Adam	City High Sc	46-07.25 3
7 Harbaugh, Eric	Waterloo Wes	43-11.75 2
8 Tennison, Cody	Waukee	43-05.00 1
9 Reinert, Kyle	dubuque hemp	43-01.50
10 Schneiderman, Michael	Cedar Rapids	42-04.00
11 Ruddick, Austin	Marshalltown	42-03.00
12 Oliver, Alex	Waterloo Eas	41-03.50
13 Pappas, Nick	Mason City	41-03.00
14 Schmidt, Ben	Cedar Rapids	40-09.75
15 Waddick, Jordan	dubuque hemp	40-06.75
16 Pappas, Brock	Marshalltown	40-02.75
17 Beckman, Nick	City High Sc	40-00.00
18 Eivens, Ryan	CR Jefferson	39-10.00
19 Barker, Andrew	Dike-New Har	39-09.25
20 Reynolds, Matt	CR Jefferson	39-05.50
21 Starks, Phinehas	Waterloo Wes	38-07.75
22 Davis, Chris	Waverly-Shel	38-01.25
23 Kay, James	Mason City	37-10.75
24 Harrison, Cory	Cedar Rapids	37-05.00
25 Mims, Charles	Cedar Falls	36-10.25
26 Eilderts, Daniel	Dike-New Har	36-02.50
27 Aschbrenner, Jared	Waverly-Shel	36-00.00
28 Dix, Jake	Cedar Falls	35-07.75
29 Winters, Cameron	Waterloo Eas	25-04.50
--- Herrington, Joel	Fort Dodge	ND

**Event 29 Boys Discus Throw Varsity**

Name	School	Finals
<b>Finals</b>		
1 Kelley, Henry	Waukee	163-11 10
2 Piche, Ryan	linn-mar	157-00 8
3 Jennings, Mark	linn-mar	153-07 6
4 Beets, Kameron	Cedar Rapids	132-09 5
5 Wright, Luke	Waverly-Shel	127-01 4
6 Pappas, Nick	Mason City	125-03 3
7 Pepperling, Mikal	Cedar Falls	124-07 2
8 Starks, Phinehas	Waterloo Wes	122-05 1
9 Dailey, Kody	City High Sc	121-11.50
10 Donahue, Jon	CR Jefferson	118-11
11 Evans, Tyler	CR Jefferson	118-06
12 Prybil, Adam	City High Sc	117-09
13 Tennison, Cody	Waukee	116-05
14 Kremenak, Zach	Cedar Rapids	116-03
15 Leytem, Alec	dubuque hemp	115-01
16 Berendes, Mitch	dubuque hemp	113-09
17 Hennessy, Colin	Cedar Rapids	112-06
18 Martin, Andrew	Waterloo Wes	108-05
19 Davis, Chris	Waverly-Shel	108-01
20 Welsh, Lance	Dike-New Har	107-07
21 Irvin, Troy	Dike-New Har	103-03
22 Ruddick, Austin	Marshalltown	102-01
23 Gardner, Riley	Cedar Falls	95-07
24 Schrafel, Matthew	Cedar Rapids	93-04
25 Kay, James	Mason City	90-04
--- Pappas, Brock	Marshalltown	ND

**Event 30 Boys High Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Lucs, Nick	Waukee	J6-04.00 10
1 Benton, Shane	linn-mar	J6-04.00 6
1 Hansen, Sid	Dike-New Har	J6-04.00 8
4 Ruffridge, Logan	CR Jefferson	J6-02.00 5
4 Hill, Barkley	Cedar Falls	J6-02.00 4
6 Gorby, Joey	Dike-New Har	J6-00.00 3
7 Sims, Nate	dubuque hemp	5-10.00 0.5
7 Girkin, Connor	Waukee	5-10.00 0.5
7 McCalla, Brett	Waverly-Shel	J5-10.00 2
7 Evans, JaMarkkus	Waterloo Eas	5-10.00 0.5
7 Martino, Max	Cedar Rapids	J5-10.00 1
7 Clark, Nick	Cedar Falls	5-10.00 0.5
13 Rier, AJ	Mason City	5-08.00
13 Larson, Danny	Mason City	5-08.00
13 Luck, Zach	Cedar Rapids	5-08.00
13 Diehm, Josh	Waterloo Wes	5-08.00
17 Scallon, Lance	CR Jefferson	5-06.00
17 Newell, Zach	Waterloo Wes	5-06.00
17 Chesnut, Cole	Waverly-Shel	5-06.00
17 Ophoff, Brandon	linn-mar	5-06.00
--- Duarte, Javon	City High Sc	NH
--- Kremer, Derrick	dubuque hemp	NH

## Gordy Yuska's Wahawk Relays - 4/14/2009

## Memorial Stadium

## Results

**Finals ... (Event 30 Boys High Jump Varsity)**

Name	School	Finals
--- Abdelgalil, Muhab	City High Sc	NH
--- Griffin, Tony	Fort Dodge	NH

**Event 31 Boys Long Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Mere, Caleb	Cedar Rapids	21-06.00 10
2 Hansen, Sid	Dike-New Har	21-05.50 8
3 Davis, Evan	Cedar Rapids	J21-01.50 6
3 Millard, Bobby	City High Sc	J21-01.50 5
5 Martin, Dequayvius	Waterloo Wes	21-01.00 4
6 Hill, Barkley	Cedar Falls	20-07.00 3
7 Hogg, Robert	Cedar Rapids	J20-06.50 2
7 Bradley, Cameron	Cedar Rapids	J20-06.50 1
9 Ruiz, Eddie	Marshalltown	20-06.00
10 Larson, Eric	Waverly-Shel	20-01.00
11 Gorby, Joey	Dike-New Har	20-00.00
12 Millett, Jason	Waterloo Wes	19-11.00
13 Lucs, Nate	Waukee	19-05.00
14 Washington, Jasper	City High Sc	18-11.00
15 Pederson, Cole	Waukee	18-08.50
16 Ausenus, Blake	Mason City	18-06.00
17 McCalla, Brett	Waverly-Shel	18-05.00
17 Houselog, Graham	dubuque hemp	18-05.00
19 Gallu, Jake	Cedar Falls	18-04.50
20 Sanchez, Colton	linn-mar	18-01.00
21 Waner, Josh	Mason City	17-11.00
22 Kohl, Brandon	dubuque hemp	16-10.50
--- Benton, Shane	linn-mar	ND
--- Griffin, Tony	Fort Dodge	ND
--- Washington, Shondis	Waterloo Eas	ND

5) Washington	48
6) Cedar Rapids, Kennedy	24
6) Marshalltown	24
8) linn-mar	23
8) Waverly-Shell Rock	23
10) dubuque hempstead	20
11) Waterloo East	17
12) Mason City	16
13) CR Jefferson	10
14) Dike-New Hartford	4

**Men - Varsity - Team Rankings - 18 Events Scored**

1) linn-mar	98
2) Waukee	93.5
3) Washington	85
4) Cedar Falls	77.5
5) Cedar Rapids, Kennedy	64
6) Waterloo West	46
6) City High School	46
8) Waterloo East	36.5
9) Waverly-Shell Rock	34
10) Marshalltown	31
11) Dike-New Hartford	30
12) Mason City	27
13) dubuque hempstead	15.5
14) CR Jefferson	13
15) Fort Dodge	7

**Men - Junior Varsity - Team Rankings - 13 Events Scored**

1) Waukee	94
2) Cedar Falls	83
3) Waterloo West	62
4) City High School	59