

EDEN PRAIRIE HOCKEY ASSOCIATION PLAYER GUIDELINES & CODE OF ETHICS and PARENTS CODE OF ETHICS

Player Guidelines and Code of Ethics

Discipline is doing what you are trained to do, when you are supposed to do it.

All players will be expected to follow the guidelines listed herein. All coaches will enforce these guidelines equally with all players. The EPHA expects that all parents will reinforce these guidelines and rules.

- * Learn as much as you can by listening to your coaches. Show respect and be a good listener when your coaches are talking.
- * Be on time for practices, games and all meetings. Be eager and enthusiastic to play and practice the game of hockey.
- * Use appropriate language. Younger players idolize older players. Leave a good image for younger players to grow into.
- * Respect the equipment and facilities. Have pride in being able to use them. Many people have sacrificed to give you the best possible opportunity and facilities.
- * Be friendly with all players, managers, coaches and fans. Show it by your actions and words. Only yell encouragement to teammates, never criticize them or 'trash talk' your opponents.

Team Rules For All EPHA Teams

1. The players are expected to be ready to take the ice 15 minutes before scheduled ice times, or sooner as expected by your coaches.
2. The player (not the parent) must notify the coach if he/she is going to miss a practice or game, PRIOR to the scheduled ice time.
3. At practice, when the whistle blows, ALL activities stop.
4. There will be no foul language in the locker room, on the bench, or on the ice
5. There will be no criticizing of other players on any team at any time.
6. Only the coaches or the team captain(s) will be allowed to talk to the officials. When a call is made you accept it without arguing
7. Good sportsmanship is expected at all times. No banging of sticks on the ice or boards, no kicking the boards, no damaging locker rooms or other equipment and facilities. Respect other people's property and other community's equipment and facilities.
8. Physical or verbal retaliation will not be tolerated.
9. The coach is in charge of the team, and his/her decisions will be listened to without complaint. Line ups, positions, line changes, penalty killers, power play lines, etc. are their responsibility.

Consequences for abusing these rules in any situation.

First Offense:

The player and parent will be verbally warned.

Second Offense:

The player will be removed from the game or practice, required to leave the bench, and warned in writing.

Third Offense:

The player will be removed from the team pending a meeting with the EPHA Grievance Committee, with penalties ranging from a 3 game suspension to removal from the team for the balance of the season.

Policy on Mood Altering Chemicals

Use, possession, buying or selling of mood altering chemicals (alcohol, drugs, tobacco, marijuana, etc.) is EXPRESSLY PROHIBITED except as prescribed for personal use by a doctor.

The EPHA follows the Minnesota High School League Policy on Mood Altering Chemicals, including the penalties stated. This policy is outlined in the Eden Prairie Hockey Association Policies and Procedures Manual.

Parents Code of Ethics

As a parent, I hereby pledge to provide positive support, care and encouragement for my child and all children participating in youth sports by following this code of ethics.

- * I will remember that the game is for children, and not adults.
- * I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game and practice.
- * I will place the emotional and physical well being of my child and other children ahead of any personal desire to win.
- * I will insist that my child play in a safe and healthy environment.
- * I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.
- * I will demand a drug, alcohol and tobacco free environment for and from my child and I agree to assist by refraining from their use at all arenas.
- * I will do my very best to make hockey fun for my child.
- * I will expect my child to treat other players, coaches, fans and officials with respect.
- * I will require that my child's coaches be trained in the responsibilities of being an EPHA coach, and that the coaches agree to the EPHA coaches code of ethics.

I agree to abide by these guidelines, rules and procedures. By my signature below I assume all responsibility for informing the parents and/or guardians of this child who have not signed this form that they are bound by these guidelines, rules and procedures.

Player Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____