



EVOLUTION

ELITE HOCKEY ACADEMY

Preliminary Schedule for Evolution Premium Developing Hockey Program

Pre-Mites

1. Tuesday 5:00-6:30PM – Practice
2. Tuesday 6:45-7:45PM – off ice
3. Thursday 5:15-6:15PM – Skills
4. Thursday 6:30-7:30 – off ice
5. Friday 4:15-5:15PM – off ice/shooting
6. Friday 5:30-6:30PM - Practice
7. Saturday 10:45-11:45AM – Scrimmage/Game/Practice

Mite/U8

1. Monday 5:15-6:15PM – Skills
2. Monday 6:30-7:30PM – off ice
3. Tuesday 5:15-6:15PM – Practice
4. Tuesday 6:30-7:30PM – off ice
5. Friday 5:15-6:15PM – Practice
6. Friday 6:30-7:30PM – off ice/shooting
7. Saturday 9:30-10:30AM - Scrimmage/Game/Practice

Squirt

1. Monday 5:15-6:15PM – off ice
2. Monday 6:30-7:30PM – Skills
3. Tuesday 5:15-6:15PM – off ice
4. Tuesday 6:30-7:30PM – Practice
5. Friday 5:15-6:15PM – off ice/shooting
6. Friday 6:30-7:30PM – Practice
7. Saturday 10:45-11:45AM - Scrimmage/Game/Practice

Pee Wee

1. Monday 6:30-7:30PM – off ice
2. Monday 7:45-8:45PM – Skills
3. Tuesday 6:45-7:45PM – Practice
4. Tuesday 8:00-9:00PM – off ice
5. Friday 6:30-7:30PM – off ice/shooting
6. Friday 7:45-8:45PM – Practice
7. Saturday 12:00-1:00PM - Scrimmage/Game/Practice

Bantam

1. Monday 6:45-7:45PM – Off ice
2. Monday 8:00-9:00PM – Skills
3. Thursday 6:45-7:45PM – Practice
4. Thursday 8:00-9:00PM – off ice
5. Friday 6:45-7:45PM – Practice
6. Friday 8:00-9:00PM – off ice/shooting
7. Saturday 5:30-6:30PM - Scrimmage/Game/Practice

***Schedule subject to change.**