

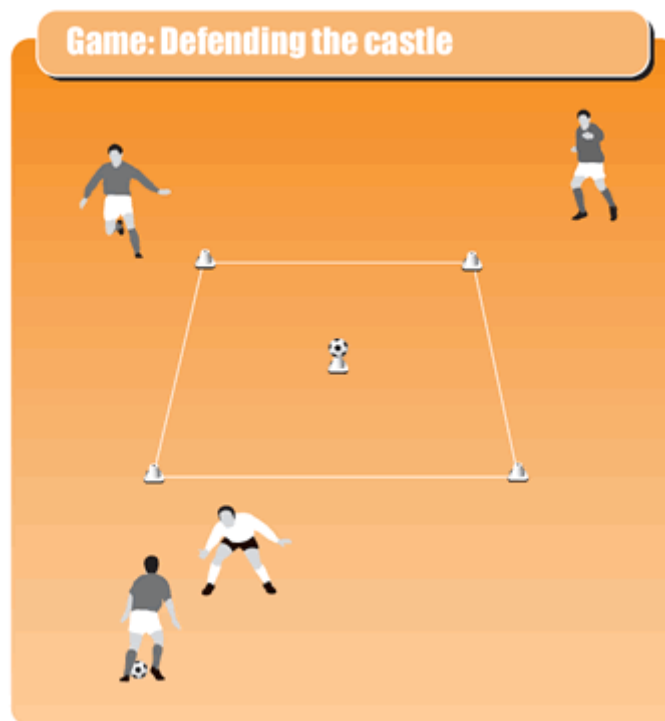
Accurate Attackers And Determined Defenders

By David Clarke

This game gives your players a good test in both attacking and defending. The attackers have the edge, but the defender must make sure they don't have much time to hit an accurate shot that will knock the ball off the cone.

Make sure you change the defender often because they will be constantly running and anticipating the moves by the attackers.

You can change the elements of the game so any age group can use it by adding defenders or making the square smaller. It can be a frustrating game for the attackers so keep an eye out for ones that keep a cool head when they are trying to hit the ball.



Here's how you play it:

- Using cones mark out a 3 x 3 yard grid. Put another cone in the middle and place a ball on top of it.
- No players are allowed in the grid.
- Use three attackers and one defender.
- The three attackers must pass the ball to each other and score by knocking the ball off the cone in the centre.

The defender must try to stop the ball being knocked off the cone by blocking or intercepting the attackers' passes.