



CHAMPLIN PARK YOUTH HOCKEY ASSOCIATION
P.O. BOX 152
CHAMPLIN, MN 55316

CPYHA Monthly Newsletter

Volume 3, Issue 2
August 12, 2009

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1. REGISTRATION

CPYHA's on-line registration for the 2009-2010 season is **now available**. Go to www.cpyha.com and select the "Register Online" image to take you to the online registration form. For registration details go to the Registration page on our website. There will be **no walk-in registration sessions** with the exception of Jr. Gold players which will be held on November 20, 2009. Accepted methods of payment include: credit / debit cards and PayPal. Registration closes September 6, 2009.

NOTE: You must have an account on the CPYHA website to register your child. If you registered online last year, please use the same username and password. If you need help with your username or password, follow the directions on our website's login page. When signing into your account, please confirm that the email address associated with your account is still valid.

Any questions regarding registration please contact:

- **Traveling Committee Director:** John Puchalski (612-805-3325) or jpuchalski@comcast.net
- **House Committee Director:** Todd Cain (952-807-5650) or tcain@timmmedical.com
- **Mite Committee Director:** Matt Grant (763-370-0418) or matt.grant@comcast.net
- **Girls Committee Director:** Tina Mariani (651-285-7190) or tinam@milestoneconsultinggroup.com
- **Registration - Traveling Committee Director:** Chris Schweitzer (763-433-9157) or tonyschweitzer@comcast.net
- **Registration - House Committee Director:** Kaye Nelson (763-208-8657) or dukaye@comcast.net
- **Website:** Joe'l Brenny at (612-991-9345) or communications@cpyha.com

Please, no calls to board members or committee directors after 9:00 p.m.

~~~ **USA Hockey Forms:** Every participant must complete the following two (2) forms and turn these forms in to CPYHA **BEFORE they will be allowed on the ice.** Do not wait until teams are formed.

- [USAH Consent to Treat/Medical History Form](#)
- [USAH Code of Conduct](#)

~~~ **All players** must have a photocopy of a certified birth certificate on file with CPYHA. **Do not wait until teams are formed.**

Parents / players can drop off the filled out USA Hockey forms & a photocopy of the player's certified birth certificate (if not on file) in the Registration mail slot at the Champlin Ice Forum (located in the arena next to the bleachers), or bring them to the any of the following events:

- HOUSE: Hockey 101 parent meeting / Penny pickup / First S.P.E.E.D. session
- TRAVELING: Mandatory parent meeting / First day of try-outs

or send them to: CPYHA, Attn: Registration Director, P.O. Box 152, Champlin, MN 55316.

***** Forms must be turned in BEFORE the player will be allowed on the ice – NO EXCEPTIONS.*****

~~~ **2009-2010 SEASON REGISTRATION FEES** ~~~

**\* House – Mites/Girls 8U**

| Level               | Birthdays between or entering grade | Cost  |
|---------------------|-------------------------------------|-------|
| First Time Mite     | New CPYHA Player                    | \$ 50 |
| First Time Girls 8U | New CPYHA Player                    | \$ 50 |
| Mite A              | 7/1/02 to 6/30/05                   | \$ 95 |
| Mite B              | 7/1/00 to 6/30/02                   | \$195 |
| Mite C              | 7/1/00 to 6/30/01                   | \$245 |
| Mite D              | 7/1/00 to 6/30/01                   | \$245 |
| Girls 8U            | 7/1/00 to 6/30/05                   | \$220 |
| Squirt House        | 7/1/98 to 6/30/00 OR 4th Grade      | \$245 |

**Mites** will be placed in the category of A, B, C or D according to their skill level. The skills assessment sessions will take place weekends starting October 11 running through November 22. Fees will be adjusted (balances will be collected or refunds will be issued) if necessary by the team manager.

**Girls 8U** - New skaters are welcome with no previous experience needed.

**Coaches** - There will be a House coaches meeting on Sunday, October 4 at the Champlin Ice Forum for potential coaches, more details to follow.

**New House Parents** are required to attend one of two "Hockey 101" meetings. At these meetings we will distribute a detailed S.P.E.E.D. session schedule, pennies, evaluation information along with information about the season. The dates and times for the Hockey 101 meetings are:

- September 23 - 7:00pm at Champlin Ice Forum Conference Room
- September 27 - 7:00pm at Champlin Ice Forum Conference Room

**\* Traveling**

The 2009-2010 traveling team tryouts will be from Sunday, September 27 through Wednesday, October 7, 2009 held at the Champlin Ice Forum. Sunday, September 27 will be a **GOALIES ONLY** evaluation session, beginning mid-afternoon into the evening. Skater tryouts will begin on Monday, September 28. Please go to the website for further information on the details of the tryouts as they become available. Participation in tryouts is mandatory for ALL traveling players. The try-out fee is required of all traveling players, regardless of whether or not they participate in try-outs and is non-refundable.

Players not trying out for Champlin Park High School Hockey can register on-line starting August 1st, 2009. For those players trying out for Champlin Park High School Hockey, Jr. Gold registration will take place after High School tryouts on November 20th from 5:00 - 8:00 PM. For more information, please visit our website. If you register for Jr. Gold after September 6, or after high school tryouts, you must exercise the buyout option of \$75 for the candy bar fundraiser.

CPYHA has a grade move-up option. This allows players to play at their "peer grade" that are not eligible according to the birth date parameters. If interested in this option please contact John Puchalski, Traveling Director.

**Traveling – Boys \***

| Level                     | Birthdays between or entering grade | Cost  |
|---------------------------|-------------------------------------|-------|
| —                         | —                                   | —     |
| Squirt                    | 7/1/98 to 6/30/00 OR 4th Grade      | \$210 |
| PeeWee                    | 7/1/96 to 6/30/98 OR 6th Grade      | \$210 |
| Bantam                    | 7/1/94 to 6/30/96 OR 8th Grade      | \$210 |
| Jr. Gold                  | 7/1/90 to 6/30/94                   | \$210 |
| Tryout Fee for all Levels |                                     | \$60  |

\* Traveling players incur additional fees each month during the season.

**Traveling – Girls \***

| Level                     | Birthdays between or entering grade | Cost  |
|---------------------------|-------------------------------------|-------|
| Girls 10U                 | 7/1/98 to 6/30/00 OR 4th Grade      | \$210 |
| Girls 12U                 | 7/1/96 to 6/30/98 OR 6th Grade      | \$210 |
| Girls 14U                 | 7/1/94 to 6/30/96 OR 8th Grade      | \$210 |
| Tryout Fee for all Levels |                                     | \$35  |

\* Traveling players incur additional fees each month during the season.

\*Girls 10U - New skaters are welcome with NO previous experience needed.

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**~~~ Volunteer Requirements ~~~**

Families will be required to work twelve (12) hours during the hockey season for EACH registered skater. Five (5) of the hours required need to be served in the “Rebels Connection” concession stand and the other seven (7) on committees or other approved activities. The volunteer hours are capped at forty (40) hours per family however, all concession hours must be fulfilled prior to the cap.

Volunteer Requirements can be fulfilled in the following areas:

**Team Activities**

|                 |                                             |
|-----------------|---------------------------------------------|
| Coach           | Penalty Box, Time Clock, Score Book         |
| Assistant Coach | Tournaments (two parents required per team) |
| Manager         | Assist Manager/Various Duties               |

**Committees Members/Activities**

|                                  |                                             |
|----------------------------------|---------------------------------------------|
| Additional Concession Hours      | Fundraising/Apparel Committee               |
| House Committee                  | Gambling Oversight Committee                |
| Communications Committee         | Girls Committee                             |
| Ice Committee                    | Goalie Equipment Committee                  |
| Coaches Selection Committee      | Registration (traveling or house) Committee |
| Mite Jamboree                    | S.K.A.T.E. Committee                        |
| Concessions Committee            | Special Events Committee                    |
| Player Development Committee     | Sponsorship Committee                       |
| District 10 Tournament Volunteer | Tournaments Committee                       |
| Equipment Committee              | Traveling Committee                         |

Your team manager will collect a separate check in the amount of \$200.00 per skater and a parent/guardian signature on a volunteer/mandatory participation statement will be required for each skater. These checks will be held and returned to you if ALL volunteer/mandatory hours, equipment return and traveling monthly ice bill payments are completed for each skater. If the requirements are not completed in full, your check will be cashed.

\* **All coaches, assistant coaches and team managers** will be asked to fill out and submit a [Background Screening form](#). This form can be found on our website [www.cpyha.com](http://www.cpyha.com) under the

Documents --> Registration tab on the website. Coaches must also have a valid coaches card that extends through the entire 2009-2010 season.

\* There will be a House coaches meeting on Sunday, October 4 at the Champlin Ice Forum for potential coaches, more details to follow.

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### ~~~ Fundraising ~~~

All skaters will be required to participate in the following fundraisers:

1) Candy Bars (per player)

Each player has the option to sell 120 candy bars at \$1.00 each for a total of \$120 or buyout the fundraiser for \$75. Your selection to participate to sell the candy (\$120) or the buyout (\$75) will be added to your registration costs.

Candy Bar Pick Up:

Thursday, September 10, 2009

6:00pm - 8:00pm

Champlin Ice Forum lobby

2) Sarpino's Pizzeria Cards (per family)

The Sarpino's Pizzeria Card fundraiser totaling \$20 per family will be automatically applied at the time of registration. Each family will be charged for two Sarpino's cards which they can choose to sell for \$10 each or keep. The cards will be handed out by the team managers at the beginning of the season.

3) Attention All Traveling Parents!

This fall, CPYHA will be participating in a Holiday Wreath Fundraising Program with North Country Wreaths. Sales of holiday wreaths and specialty items will be used to offset player ice bills. Program information and packets will be made available for every traveling player. 100% of sales will be used to offset ice bills. Watch for details.

## 2. TRAVELING INFO & IMPORTANT DATES

Traveling Hockey Tryouts - the dates for tryouts are September 27 through October 7 and will be held at the Champlin Ice Forum. Skate times and team announcements will be updated daily on the Traveling section of our website <http://www.cpyha.com/page/show/2397-traveling>.

Tryout Volunteers Needed - There are several volunteer opportunities needed to be fill during traveling try-outs. If you are interested in volunteering during try-outs, please contact John Puchalski at [jpuchalski@comcast.net](mailto:jpuchalski@comcast.net). The hours you volunteer will count toward your additional volunteer hours (7) needed per skater.

## 3. HOUSE INFO & IMPORTANT DATES

The House Committee has been working throughout the summer to prepare for 2009-2010 hockey season, but there is still much work to be done. We are in need of volunteers to assist in many different area's (S.P.E.E.D. clinic check-in, and coaching coordinator) are two of our more

pressing needs at this time, if you are available and willing to volunteer please contact Todd Cain or Matt Grant directly.

**Important House Dates**

Sunday August 30 - House Committee Meeting, 8:00pm at the Champlin Ice Forum.

Wednesday Sept 23 - Hockey 101 & Speed Clinic penny pick-up, 7:00-9:00pm at the Champlin Ice Forum

Sunday Sept 27 - Hockey 101 & Speed Clinic penny pick-up, 7:00-9:00pm at the Champlin Ice Forum

Sunday Oct 4 - Coaches Meeting for SPEED Clinic planning, 8:00-10:00pm at the Champlin Ice Forum

Sunday Oct 11 – Sunday November 22 – Mite S.P.E.E.D. Clinic (look for dates on the website calendar)

If you have any questions or concerns regarding the House Program please feel free to contact us directly. ~~~ Todd Cain

|                      |                        |
|----------------------|------------------------|
| Todd Cain            | Matt Grant             |
| House Director       | Mite Director          |
| tcain@timmedical.com | matt.grant@comcast.net |
| ph 952.807.5650      | ph 763.370.0418        |

**4. PLAYER DEVELOPMENT / CLINICS**

**~~~ CPYHA Strength and Conditioning Program ~~~**

The Player Development Committee is beginning to clear the dust and cobwebs from the Forum Weight Room and investing in some new equipment so we can launch a Strength and Conditioning Program this fall. We will include age appropriate exercises for both boys and girls from Mites through High School, and will follow a CrossFit style curriculum similar to the program at the Herb Brooks Training Center. The focus will be on core strength, agility, explosiveness and balance. If you'd like more information, or could volunteer to help, please contact Jay Lysne at [clinics@cpyha.com](mailto:clinics@cpyha.com).

**~~~ More Practice or More Play ~~~**

Read "More Practice or More Play" by Laura Stamm to get an understanding of why North American hockey is declining in terms of relative skill level. This article has been posted on our website [www.cpyha.com](http://www.cpyha.com).

- "Spring and summer seasons, which used to be dedicated to skill development programs, are now dedicated to tryouts, practices and tournaments"
- "All the good kids, in terms of skill, are in Europe,"
- "20 per cent of the players in the NHL are European and the best 10 per cent of the scorers are also European"

## 5. TOURNAMENTS

\* All tournaments for the 2009-2010 season have been booked.

\* This season CPYHA will be hosting the Thanksgiving Rebel Classic for the Peewee B2 and the Squirrt B2 teams. We are also going to be hosting the Peewee A district tournament in February. I would like to take this chance to invite you to come join in helping plan our Rebel Classic tournament. This is a great committee to be on - one weekend and a couple of meetings and some of your required volunteer hours are finished. We need help! Help us with things like "ideas to help make the tournament teams want to come back to year after year". Come one, come all and join in on the fun. ~~~ Lee Olson, CPYHA Tournament Director.

## 6. CONCESSIONS

The Concessions Director is also in need of volunteers to work the concession stand during the Traveling try-out sessions. Please contact **Michele Garcia** at [cpyha.concessions@msn.com](mailto:cpyha.concessions@msn.com) if you can help. The times needed will be updated daily on our website in the Concessions section.

## 7. SPECIAL EVENTS

### ~~~ CPYHA 1<sup>st</sup> Annual Garage Sale ~~~

CPYHA is proud to announce its first annual garage sale. The goal of the garage sale is to raise monies for the Association.

Here's the fun part, you get to rummage through all your children(s) old and gently used clothing and equipment for the many Champlin sports such as hockey, soccer, football, baseball, softball, basketball, tennis, golf, and lacrosse and donate them at the Champlin Forum on the designated dates. What a great way to help everyone save money on clothing and equipment for growing kids or kids ready to try out a new sport!

Wow! That's a lot of sports, here are some ideas for your gently used sports clothing and equipment donations. If you have questions or can help, please email [fundraiser@cpyha.com](mailto:fundraiser@cpyha.com).  
~~~ Sandy Johnson, CPYHA Fundraiser Director

Champlin Park Clothing Recommendations:

- Sweatshirts, shirts, shorts, pants, jackets, jerseys, and hats/visors.

Equipment Recommendations:

- **Hockey:** breezers, elbow pads, shoulder pads, shin pads, helmets, gloves, player bags, sticks, hockey tape, belts/straps/suspenders, and skates.
- **Soccer:** shoes/cleats, shin guards, player bags, balls, goalie gloves, and referee shirts.
- **Football:** helmets, facemasks, shoulder pads, shoes/cleats, gloves, and player bags.
- **Baseball/Softball:** balls, bats, gloves, batting helmets, catchers gear, protective gear, shoes, player bags, sun/glare protection, batting gloves, hitting/pitching nets, and wrist/arm/head bands.
- **Basketball:** nets, basketballs, shoes, player bag, portable basketball systems, and basketball goals.

- **Tennis:** balls, rackets, hats and visors, shoes, player bag, nets and net accessories, ball machines, and ball hoppers.
- **Golf:** clubs, golf bags, balls, gloves, shoes, and umbrellas.
- **Lacrosse:** player bags, balls, cleats, helmet, gloves, shoulder pads, elbow pads, lacrosse head, and lacrosse shafts or complete sticks.

Drop off dates at the Champlin Ice Forum:

(note: all items must be cleaned prior to donating)

Tuesday, August 18, 2009 6:00-8:00 pm

Tuesday, August 25, 2009 6:00-8:00 pm

Tuesday, September 1, 2009 6:00-8:00 pm

Rebel Wear Garage Sale at the Champlin Ice Forum:

(note: check or cash only)

Friday, September 18, 2009 5:00pm-9:00pm

Saturday, September 19, 2009 10:00am-5:00pm

Sunday, September 20, 2009 10:00am-2:00pm

~~~ Hockey Mom's Night Out ~~~

Meet up with a bunch of the CPYHA Hockey Moms @ The 5-8 Bar & Grill in Champlin on Wednesday September 30, 7:00pm. Look for more details in the September issue of the Rebel Power Play.

~~~ CPHS Boys Hockey Golf Fundraiser ~~~

The CPHS Boys Hockey Booster Club is pleased to announce their 12th annual golf tournament on August 28th at Daytona Golf Course. 12:00pm shotgun start. Dinner and awards ceremony to follow. Not a golfer, not a problem join us for dinner and awards ceremony. See our website www.cpyha.com for details.

8. BOARD MEMBERS / COMMITTEE DIRECTORY

| POSITION | BOARD MEMBER | E-MAIL ADDRESS |
|-----------------|----------------|-----------------------------|
| President | Gordy Littler | cpyhapresident@hotmail.com |
| Vice President | Pete Lewis | lkaylewis@aol.com |
| Treasurer | Scott Miller | scomiller@deloitte.com |
| Secretary | Lisa Lewis | lkaylewis@aol.com |
| Member-at-Large | Tom Crowley | tc@youreverymove.com |
| Member-at-Large | Craig Dokken | cdokken@hennsnoxlaw.com |
| Member-at-Large | Dan Kaltved | dskaltved@comcast.net |
| Member-at-Large | John Puchalski | Jpuchalski@goldnplump.com |
| Member-at-Large | Steven Jones | steven@stevenjonesgroup.com |

| COMMITTEE | COMMITTEE DIRECTOR | E-MAIL ADDRESS |
|------------------------|--------------------|--|
| Apparel | Scott Miller | scomiller@deloitte.com |
| By-Laws | Craig Dokken | cdokken@hennsnoxlaw.com |
| Coaches Selection | Mike Fredrick | mfredrick8541@comcast.net |
| Communications | Joe'l Brenny | communications@cpyha.com |
| Concessions Manager | Michele Garcia | cpyha.concessions@msn.com |
| Concessions Accounting | Karma Lindell | knklindell@comcast.net |
| Equipment | Bill Blake | bill_blake@comcast.net |
| Equipment - Goalie | Pat Nelson | patrick.nelson@co.anoka.mn.us |
| Fundraising | Sandy Johnson | fundraiser@cpyha.net |
| Gambling | Lisa Blake | lacblake@comcast.net |
| Girls | Tina Mariani | tinam@milestoneconsultinggroup.com |
| House | Todd Cain | house@cpyha.com |
| Ice | Gary Rodin | Grodin1073@aol.com |
| MN Hockey | Gordy Littler | cpyhapresident@hotmail.com |
| Multi-Use Facility | Pete Lewis | lkaylewis@aol.com |
| Player Development | Jay Lysne | jay.lysne@target.com |
| Registration/House | Kaye Nelson | dukaye@comcast.net |
| Registration/Traveling | Chris Schweitzer | tonyschweitzer@comcast.net |
| SKATE | Jeanne Christoffer | jeannegldlt@live.com |
| Special Events | Tammie Dokken | tammiedokken@yahoo.com |
| Sponsorship | OPEN | |
| Tournament | Lee Olson | LeeOlson@hotmail.com |
| Traveling | John Puchalski | Jpuchalski@goldnplump.com |

Open committee director positions - Sponsorship.

A full description of the duties of each Board of Director Member and Committee Director may be found in the CPYHA By-Laws and on the Board page of the CPYHA website (<http://www.cpyha.com/page/show/2394>). If you have an interest or would like more information about any of these positions, please contact one of the Board Members listed above.

9. GAMBLING

CPYHA operates pull tabs at the [5-8 Grill & Bar](#) daily, Bar Bingo is on Thursday nights starting at 7:00pm. [5-8 Grill & Bar](#) is located at 6251 Douglas Court in Champlin (behind the Holiday Gas station).

We would like to thank the [5-8 Grill & Bar](#) for being such a staunch supporter of the Champlin Park Youth Hockey Association. Whether you're in baseball, football, lacrosse, soccer or just for a night out, through your travels in Champlin, please patronize the 5-8. Mention to the bar tender or wait staff that you are a member of CPYHA. Let them know you appreciate the pull tab site that helps lower the cost for hockey and the specials they have for CPYHA!

10. UPCOMING EVENTS

| | |
|------------------------|--|
| August 18 | CPYHA Board Meeting – Champlin Ice Forum Conference Room, 7:00pm |
| August 23 | CPYHA Goalie Clinic begins – Champlin Ice Forum |
| August 25 | Girls Intermediate & Girls Advanced Clinics begin – Champlin Ice Forum |
| August 28 | CPHS Boys Hockey Golf Fundraiser - Daytona Golf Course, 12:00pm start |
| August 30 | House Committee Meeting – Champlin Ice Forum conference room, 8:00pm |
| September 6 | Last day to register for the 2009-2010 season (excluding Jr Gold) |
| September 10 | Candy bar fundraiser pickup – Champlin Ice Forum, 6:00-8:00pm |
| September 12 | Initiation Clinic begin – Champlin Ice Forum |
| September 15 | CPYHA Board Meeting – Champlin Ice Forum Conference Room, 7:00pm (third Tuesday of each month) |
| September 23, 27 | S.P.E.E.D. Clinic Pennies Pick-up – Champlin Ice Forum lobby, 7:00-9:00pm |
| September 23, 27 | Hockey 101 Parent Meeting, Champlin Ice Forum conference room, 7:00-9:00pm |
| September 27 | Traveling try-outs - GOALIES ONLY – Champlin Ice Forum |
| September 28-
Oct 7 | Traveling try-outs – Champlin Ice Forum |
| September 30 | Hockey Mom’s Night Out – 5-8 Grill & Bar Champlin, 7:00pm |
| October 4 | Coaches Planning Meeting for S.P.E.E.D. Clinic – Champlin Ice Forum, 8:00-10:00pm |
| October 11-Nov
22 | Mite S.P.E.E.D. Clinic – Champlin Ice Forum & Brooklyn Park rinks (schedule posted by penny color) |
| October 20 | CPYHA Board Meeting – Champlin Ice Forum Conference Room, 7:00pm (third Tuesday of each month) |
| November 17 | CPYHA Board Meeting – Champlin Ice Forum Conference Room, 7:00pm (third Tuesday of each month) |
| November 20 | Jr. Gold registration – Champlin Ice Forum, 6:00 - 8:00pm |
| November 27-29 | Thanksgiving Rebel Classic (Tournament) for the Peewee B2 and the Squirt B2 teams – Champlin Ice Forum |

If you have news for the association, please email it to communications@cpyha.com. Previous issues of this newsletter can be found in the News section on cpyha.com.

Joe'l Brenny

CPYHA Communications

To ensure delivery to your inbox, please add cpyha@brennyconsulting.com to your address book.