

Skate School Class Descriptions

To register or for further information, please call 630-271-4400

| Class | Age | Requirement | Skills Taught |
|----------------------|-------------|---|---|
| Tot 1 | 4-5 | Beginners with no previous instruction. | Correct falling & getting up, march in place, march walking, march then glide, & dip in place. |
| Tot 2 | 4-5 | Tot 1 | March & glide, dip while moving, forward swizzles, backward wiggles, rocking horse, two foot hop in place. |
| Tot 3 | 4-5 | Tot 2 | Forward skating 8-10 steps, one-foot glide, forward & backward swizzles, snowplow stop & curves |
| Basic 1 Tot Elite | 6-12 4-5 | Beginners with no previous instruction | Correct falling, march forward, two foot glide, dip, forward swizzles, backward wiggles, snow plow stop, rocking horse |
| Basic 2 Tot Elite | 6-12 4-5 | Passed Basic 1 | Forward one foot glides, backward two foot glides, backward swizzles, two foot turn in place, moving snowplow stop, forward alternating 1/2 swizzle pumps. |
| Basic 3 | 6-12 | Passed Basic 2 | Forward stroking, forward pumps on circle, moving two foot turns, backward one foot glide, forward slalom, two foot spin. |
| Basic 4 | 6-12 | Passed Basic 3 | Forward inside/outside edges on a circle, forward crossovers, forward outside 3 turn, backward pumps on circle, backward snowplow stop. |
| Basic 5 | 6-12 | Passed Basic 4 | Backward edges on a circle, backward crossovers, one foot spin, hockey stop, side toe hop. |
| Basic 6 | 6-12 | Passed Basic 5 | Forward inside three turns, backward to forward two foot turn, t-stops, bunny hops, forward spiral, forward lunge. |
| Basic 7 | 6-12 | Passed Basic 6 | Forward Mohawks, back outside edge transition to forward outside edge, ballet jump, backward crossovers to landing position, forward inside pivots. |
| Basic 8 | 6-12 | Passed Basic 7 | Forward outside & inside three turns on a circle, combination move, one foot spin, waltz jump, Mazurka. |
| Freestyle 1 | N/A | Passed Basic 8 | Advanced forward stroking, forward inside outside edge, back outside three turns, scratch spin, waltz jump, half flip jump. |
| Freestyle 2 | N/A | Passed Freestyle 1 | Back outside and inside edges, forward outside and inside spirals, forward chasse sequence, waltz threes, beginning back spin, waltz jump-toe hop waltz jump, toe loop. |
| Freestyle 3 | N/A | Passed Freestyle 2 | Forward & Backward crossovers in figure eight, waltz eight, forward swing rolls, back inside three turns, back spin crossed with free leg, salchow, half lutz jump, waltz jump/toe loop |
| Freestyle 4 | N/A | Passed Freestyle 3 | Spiral sequence, forward power three turns, backward chasse sequence, sit spin, loop jump, waltz jump loop jump. |
| Freestyle 5 | N/A | Passed Freestyle 4 | Backward three turn/Mohawk/crossover sequence, spiral sequence, slide chasse swing roll sequence, camel spin, forward scratch spin/backward scratch spin, loop/loop combo jump, waltz/falling leaf/ toe loop sequence, flip jump. |
| Freestyle 6 | N/A | Passed Freestyle 5 | Alternating back crossovers to back edges, 5 step Mohawk sequence, camel/sit spin combination, split jump/stag jump, lutz jump, axel walk through, waltz jump/ 1/2 loop /salchow |