



ISSUE 3 VOLUME 1

JANUARY 2010



Westminster, CO – Hyland Hills Hockey Association (HHHA) supports USA Hockey Weekend across America and will be celebrated on Jan. 29th to Jan. 31st.

Hockey Weekend across America is a yearly initiative led by USA Hockey throughout the hockey community to celebrate the game to those involved and also to expose the game to new audiences while providing provide opportunities to those who haven't played before. USA Hockey, Inc. is the national governing body for the sport of hockey in the United States. As such, its mission is to promote the growth of hockey in America and to provide the best possible experience for all participants by encouraging, developing, advancing and administering the sport.

Each day of Hockey Weekend across America has a special theme to celebrate the game of hockey, and help introduce new fans to the game. All events are open to the public and will take place at Ice Center at The Promenade located at 10710 Westminster Blvd. in Westminster, CO.

On Friday January 29th, Wear Your Jersey Day. HHHA has teamed up with several local school districts to participate in "Wear Your Jersey Day" and will hold floor hockey tournaments during physical education sessions. With the support of several key sponsorships and donations, HHHA will be giving prizes to the school that has the most students wearing their hockey jerseys

On Saturday January 30th, Bring a Friend to The Rink. HHHA has opened its facility to all children wanting to experience the love of hockey. In support of USA Hockey's "One Goal" program, HHHA will be offering two "One Goal" sessions for any child interested in playing ice hockey. The One Goal program strives to introduce hockey to young people through program, HHHA will be offering two "One Goal" sessions for any child interested in playing ice hockey. The One Goal program strives to introduce hockey to young people through introductory hockey and skating lessons. The One Goal sessions will be from 11:45am to 1pm. at the Ice Centre at the Promenade, in Westminster. Children will have the opportunity to interact with special guests instructors that have playing experience in professional hockey leagues, collegiate, and junior hockey. In between the skate sessions, players will have an opportunity to participate and interact with all special guests. Children will also have an opportunity to participate in many fun exciting booths organized by teams at Hyland.

MESSAGE FROM BOARD PRESIDENT

I hope your holidays were exciting and safe for everyone and your families. We are in a new year now and moving to the completion of the 09/10 hockey season. Lots of exciting things are happening with Hyland Hill's at this time. The various committees are up and running now and I would like to thank all of the volunteers for donating their time and energy in order to make us a better hockey association. Any ideas or information that our members have the Board of Directors encourages you to bring them to the committees. This active participation by members will help facilitate the changes we need to make in order to improve our association.

We are actively interviewing potential Hockey Directors and have interviewed many great candidates. We have several more to interview before we shorten the field to the final candidates. All have been great interviews so far and we expect nothing less from the rest.

Now that we are in the final push to the playoffs the demands on our players will be increased. This is necessary to prepare them for the playoffs and the future. In life it does not matter that you participated it matters how you choose to participate. For us as an association and parents with players it is our responsibility to shape their minds and bodies in a way that allows (demands) players to participate at the highest level at which they are capable. With proper support and expectations our players will be able to achieve more than they ever thought possible both on and off the ice.

We are working on an alumni page and hope to have this completed in the near future. On this page we will recognize former Hyland Hill's players that have moved on to play AAA Junior's and College. This is a great way to recognize past players and provide inspiration to our members as they strive to achieve more in hockey and life.

As everyone is aware that while the opportunity to continue playing at higher levels is difficult it is most definitely not unreachable. Please encourage all players to pursue their dreams. Who knows one day because of their hard work and your encouragement they just might make it.

In closing I would encourage everyone to take pride in our association and participate in whatever way you can. Please remain courteous and respectful to everyone you meet. Through our actions it is how we are perceived and perception is reality.

Thank you.
John Shick, BOD President

MEET BOARD MEMBER TOM MCLEOD

My name is Tom McLeod and I am the newest member of the Board of Directors, having filled an empty seat in late October. I was added to the Board as the highest vote getter not elected in the last election earlier in 2009.

I am the proud father of two boys, both defensemen and one daughter, a state finalist in gymnastics and equestrian extraordinaire. I played 5 different sports in high school and college and not one of them was hockey. All of my kids are better skaters than I am and I'm man enough to admit it and competitive enough not to like having to admit it. I married the greatest woman in the world and am lucky she hasn't come to her senses and run screaming for the hills.

I look forward to working with everyone to make Hyland Hills one of the premiere hockey associations in Colorado. Thank you for your support and please feel free to contact me with any thoughts or concerns you might have.

("Hockey Weekend Across America") Continued from page 1

On Sunday January 31st, Celebrate Local Hockey Heroes Day. Hyland Hills will be honoring local Police and Fire Departments. In honor of both the Fire and Police Departments, HSHA will host a ceremonial hockey scrimmage featuring the Fire Dept versus the Police Dept from 11:00 am to 12:15pm at the Ice Centre at the Promenade. HSHA is pleased to honor these individuals whom educate our children and keep our community safe. Both Departments will be sending uniformed men and women to the facility to be recognized by the Youth who appreciate and support our chosen heroes. Children will also have an opportunity to participate in many fun exciting booths organized by teams at Hyland.



Hockey fans are encouraged to visit HockeyWeekendAcrossAmerica.com often for updates on happenings related to the event. Prizes will be given away each day of the Hockey Weekend across America celebration at Hockey Weekend across America Contests and Prizes.

Hyland Hills is very excited to participate in this yearly initiative, Hockey Weekend across America to grow the game of hockey. Hyland Hills is excited to partner with the local community to grow the game of hockey and celebrate the passion of the sport.

DAVID FROMM, ASSISTANT HOCKEY DIRECTOR

I would like to take this opportunity to introduce myself. I am the new assistant hockey director here at Hyland hills. I am a Minnesota native, now living in Colorado. I have been playing and coaching hockey since I was a little guy on the rink my mom made for me in the backyard.

I spent 5 years at the high school level in Minnesota as an assistant/goalie coach and as a head coach for Minneapolis South High School. I was fortunate enough to take a head coaching position/ GM with the So. St Paul steers of the MJHL junior league. During my years in Minnesota I founded the STS program Summer 2 strength and was a lead instructor for the BQC Burnsville Quickness Clinic. I moved to Colorado in 1999 buying into an inline hockey company, called Siha. I served as President and Coaching Director. I now run the Colorado Kodiaks Elite inline program as well as the Kodiaks AAA Ice team. While in Colorado I have coached all levels from Rec-AAA.

I am extremely excited to be part of the Hyland Hills program. I look forward to the programs continued growth and doing my best to ad to an already great program. Please feel free to introduce yourselves as well as your athletes to me when you see me at the rink or around town.

I look forward to seeing you all at the rink.

Thanks
David Fromm

HOCKEY STARTS HERE

8U

My Thoughts on the D Pool

I remember that when my first son made it to the D pool it was as if they had finally made it to the NHL. This was the big time, the show, with new types of pressures to be competitive and to win. Now I look back and I see the D pool for what it really is, just another step in my son's hockey experience.

I guess it is the first touch of full ice hockey that brings out all of these feelings in us parents. And I truly mean that, it is the parents who are the ones who feel this way not the kids. I am sure that they recognize that the D pool is different; but it is just hockey to them and 5 minutes after any game, whether they win or lose, they are thinking about the XBOX or playing tackle football in the snow.

So as parents we need to step back and see the D pool for what it is, just another stepping stone in someone's hockey experience. I will promise you all that when your son or daughter first steps on the ice for Squirts you will forget all about the D Pool and your feelings will be just the same. Now you must have really made the show.... no it is when they are PeeWees.... now that is the BIG TIME!!!

By the time you become parents of a Bantam, you finally realize how silly you felt all these years when your child moved on to the next level. At the Bantam level you finally really get to see hockey for what it is and how parents of younger kids get so wrapped up in winning and losing. I am not saying that it is not important to win; but there is something more than just winning. Looking into the eye of your son who just let in 3 goals; but is so excited to talk about that one awesome save in the 2nd period where he was Andre Fluery for a brief moment in time. Now that is hockey in my mind. The score of the game, who cares, I am happy that my son loves this great game.

A Pool Skates with the Avs

The 8U A Pool skated with Chris Stewart of the Colorado Avalanche on Monday Jan 4th. As with all the Avalanche players who have come to Hyland, Chris was a great guest and he amazed the kids with his skating and shooting skills. Hyland Hills would like to thank Chris Stewart and Matt Deluzio for their time and treating the kids to such a great time.

8U Player Moves

The 8U is in the process of moving kids from pool to pool and I wanted to explain the purpose of why we do it. The most obvious reason for making moves is to move those players who have really progressed so far during the season to give them a new challenge at a higher level.

Secondly, we are taking new players in all the time and we need room at the A pool level to accommodate these players. So by moving players up, it gives Hyland the room to bring in new players. So far this year we have brought on 16 new players at all levels and with only 2 months to go, I would not expect too many more.

Rob Cuscaden
HHHA 8U Director

ALUMNI PROFILE

WENATCHEE, Wash. – The Wenatchee Wild announced Friday that defenseman Kyle Brodie (Northglenn, Col.) has committed to Bemidji State University.

Brodie, 19, is the top scoring defenseman in the NAHL. Through 29 games, he has scored eight goals and 18 assists (26 points). He also owns the second best plus/minus rating among defensemen in the league at plus-15.

“Bemidji is a program that is really headed in the right direction,” Brodie said. “New rink, new league and a great college town that rallies behind the team. They have established themselves as a top contender in all of college hockey. I’m really excited to be a part of all the history and traditions and the program that Bemidji has.”

Brodie is the second Wenatchee player to commit to Bemidji State University this season, joining forward Jeff Jubinville. In all, seven Wild players have committed to Division I colleges this season, the most of any team in the NAHL. Brodie is in his second season with Wenatchee. He scored four goals and six assists (10 points) in 31 games last season.

“We are excited to see Kyle fulfill one of his dreams of playing Division I hockey,” said Wild associated head coach Ryan McKelvie. “Kyle had a great summer and came to the team looking like a new player. He is proof of what a person can accomplish with hard work and a good attitude. Bemidji is an excellent hockey program and I think that it is a very good fit for Kyle.”

Hyland Hills is so proud and excited for Kyle and his family. Below are comments from a few of his former coaches:

"Kyle Brodie exemplifies all the attributes a parent would want to see in their child....character, respect, honesty and integrity. He also has a great basis of skill, game insight and a hunger to contribute and be a leader by example. These attributes made it easy to coach him. As a bonus to any coach and organization, Kyle has always been willing to give back and help younger players and kids. He is a healthy role model for any player and deserves all the success he can attain." Coach Doug Smail

“I had the pleasure of coaching Kyle at both Hyland Hills and for Northglenn Hockey. Kyle was always a hard worker that never took anything for granted. When I heard he committed to Bemidji State University I wasn't the least bit surprised that he made it. Kyle was the Captain on the Northglenn team; one season he led the league in goals and total points as a defenseman. The best thing about Kyle has to be his willingness to make other players better. whether they play with him or not he is always willing to do what it takes to help someone out. It's having the opportunity to coach players like Kyle that keeps coaches coming back. I'm extremely proud of his accomplishments to this point and look forward to what he does in the future.” Coach Mike Driscoll



GOLDEN RULES OF FORWARDS

By: Dave Fromm, John Russo (LPH)

The Golden Rules are the keys items players should strive to master as they progress up through the ranks to high school and college. The best players at the highest levels of hockey follow most of the Golden Rules most often. Players of average skills and speed will do very well if these rules are mastered. While the rules are basic and seem obvious, it may take many years of concentrated effort for most players to automatically perform them properly. This automatic reaction is what coaches should be teaching and what players should be working towards.

1. Know what your job is — in all three zones — Don't try to do a teammate's job or you will fail at your own. Ask questions in practice if you are unsure about any situations during play of face-offs. Intelligent hockey is what wins games.
2. Backcheck at full speed until you have someone covered when coming back to your zone. Backchecking at full speed is simply the complement of attacking at full speed. Don't be a one-direction hockey player.
3. When backchecking, pick up the most open man without the puck. If the puck is in your area, it may well be appropriate to go after the puck carrier. However, the player without the puck is often the most dangerous. Often it is most effective to let the defenseman take the puck carrier and to take away passes by covering the other open forward.
4. Put out a full and honest effort on each shift, then get off the ice. Maximum effort and short shifts have proven to be the most desirable at all levels of hockey.
5. Push the puck in the offensive zone or get a whistle when you or anyone on your line is tired. A tired line is most vulnerable — it is seldom productive to play tired. It's always desirable to take a whistle in the defensive zone then to defend it without legs.
6. Always attack with the puck. Don't make it easy for the other team to catch you from behind. A pressured attack is much harder for a defenseman to cover and results in more 2-on-1 and 3-on-1 situations.
7. Move the puck up ice with passes to linemates ahead that are open, then move quickly to join the rush. Don't force passes to covered linemates ahead. Skating the puck up the ice is the slowest alternative.
8. Get into the habit of shooting when in the slot area unless an obvious pass is available. It is seldom productive to stickhandle further once in the slot unless to gain a better angle on the goaltender or let linemates move in for rebounding. Extra passes look good but often take away scoring chances. The key offensive strategy of hockey is to get shots from the slot. When they are available, they should be taken.
9. Always use a wrist or snap shot when shooting from the slot. Slap shots provide neither quickness nor accuracy from the slot.
10. Move away from the net when a teammate has the puck behind the opposition goal line or wide and deep on the boards and move toward the net when your defense or high forward has the puck in a shooting position. It is easier to remember to "move out when the puck is inside and move in when the puck is outside." The tendency is to move up close to the net when a teammate has the puck in the corner or behind the net. However, up close is where most of the congestion and close coverage is. A high slot position will result in more opportunities for clear shots. When a defenseman is in shooting position, on the other hand, moving to the net creates the best screening of the goaltender and also puts players around the net for rebounds. There are some details to be worked out by individual coaches, but the basic concept is important.

TEAM SUCECESS

Midget Minor A Orange

The Midget Minor A Orange team led by head coach Jeremy Goodwin and assistant coach Ali Rizzi started the 2009-2010 season by heading south to the Arapahoe Early Bird Tournament. With just a few practices under their belt the team had a very impressive start with convincing wins of 6-2 over Arapahoe and 5-1 over Littleton. Game three would set the stage for a trip to the championship game. Needing only a tie against Arvada the Jaguars held a 3-2 lead late in the third period. Arvada needing a win to advance, pulled the goalie with a couple minutes left and tallied quick to tie the game at 3 a piece. The Jaguars then held off a last minute scramble by Arvada to salvage the tie and a trip to the title game against Boulder. The championship game was a good match up with both teams featuring good size, speed, and experience. The game was tied deep in to the second period when Boulder scored on the power play to take a 2-1 lead. The Jags fought hard in the third, but when a long clearing attempt by Boulder found the empty net with just 5 seconds on the clock the runner up spot was sealed. The team showed good balance as all but 2 players found their name on the score sheet and the defense and goaltending was strong giving up an average of just 2 goals a game. The team is made up of Eli VanZandt, Kory Skattum, Erik Schmidt, Kyle Schamaun, Mitchel Milne, Griffin Midler, Ryan Kappler, Nolan Juntunen, Chris Huitt, Mitchell Hinds, Andrew Hayden, David Giroux, Joseph Fisk, Steven Dygert and Brett Bogner. League play starts 10/16 with a rematch against Boulder, a trip to Fort Collins on 10/17 to play the A1 team and then it's off to Aspen for the Fall Face Off 10/23-10/25.



Squirt C

HHHA Squirt C is currently 9-0-2 in the CCYHL and still holding first place for the regular season. Strong defense, along with steady goaltending, have limited the opposition to only 25 goals. Due to great passing and speedy forwards, Squirt C leads the league in goals. Only half way through the season, they eagerly look forward to the many challenges left in front of them!

Squirt C Tournament Highlights

Ski Town Classic in Steamboat held 12/4 - 12/6: They lost to Arapahoe 3-2 in the championship game in the

closing seconds of overtime. Everyone thought for sure it was going to a shootout. They beat DU, NYCH & Steamboat to get into the championship game.

Colorado Cup in Colorado Springs held 1/1 – 1/3: Squirt C also made it to the championship game, losing the championship to CHC. It was another great performance by the team. They beat Pueblo, Colorado Springs Jr. Tigers and the CSAHA All Stars to get into the championship game.



PLAYER PROFILES



Jake Kendall-Perry - #16
"Jake the Snake"

Year of Birth: 2001

Team: D White

What city do you like in? Thornton

Favorite pre-game meal? Mac n Cheese & Juice

Favorite hockey song? Paradise City - Guns n Roses

Favorite hockey player? Marty Brodeur

Most memorable hockey moment? My first shutout of the season during Jam.

Logan Akerson - #7
"Moose"

Year of Birth: 2002

Team: D White

What city do you like in? Broomfield

Favorite pre-game meal? Waffles and Oranges

Favorite hockey song? We are the Champions - Queen

Favorite hockey player? Sidney Crosby

Most memorable hockey moment? In B pool I got 2 hat tricks in one game!



Ewan Bee - #5
"Stinger"

Year of Birth: 2001

Team: D White

What city do you like in? Broomfield

Favorite pre-game meal? Sausage and a Coke

Favorite hockey song? Hit Somebody - Warren Zevon

Favorite hockey player? Henrik Zetterberg & Matt Duchene

Most memorable hockey moment? I scored a goal from a shot

PLAYER PROFILES

Tyler Samson aka Tyler the Flyer -#12

Year of Birth: 2003

Current Team: Mite C Black

How long has your child been a Jaguar? Second year player

What is your favorite pre-game meal? Spaghetti

Do you have a favorite hockey song? No

Who is your favorite hockey player? Matt Duchene

What is your most memorable hockey moment? Scoring 9 goals in one game on my "A" pool team.

Accomplishments, Awards or Certificates: Student of the month at my school (Pennock Elementary ~ Brighton) and also first grade boys Thanksgiving Turkey Trot running race winner. three year baseball and soccer player as well.



Drew Podczervinski - #6

Year of Birth: 2003

Current Team: C-Black

How long has your child been a Jaguar? 2 years

What is your favorite pre-game meal? Oatmeal

Do you have a favorite hockey song? We Will We Will Rock You

Who is your favorite hockey player? Nicklas Lidstrom

What is your most memorable hockey moment? Scoring 4 goals in one day

Favorite Music/Hockey Song or past-time? Playing Baseball

Accomplishments, Awards or Certificates: Recently received an award at school for reading fluency.

Connor Allen - #4

How long has your child been a Jaguar? 2 years

Current Team: C Black

What is your favorite pre-game meal? Bacon & Eggs

Do you have a favorite hockey song? The celebration song sung after the Avs score a goal

Who is your favorite hockey player? Tie between Sidney Crosby & Craig Anderson

What is your most memorable hockey moment? Winning the game puck after a game playing goalie

Favorite Music/Hockey Song or past-time? Michael Jackson for music and playing hockey in the basement with my Dad!

Accomplishments, Awards or Certificates: 1st place in 2009 Pumpkin Run Race at Cotton Creek for 1st graders



HYLAND HILLS COMMITTEE UPDATES

Communications



Effective communications are an essential ingredient to efficiently develop an organization's operation. It is important that those involved, communicate effectively with the Hockey Director, Board of Directors and Association Members. The Board of Directors solicited association members to help carry out our new mission statement:

“Become ambassadors of youth hockey while developing players to reach their maximum potential. Have respect and love for the game while acting with integrity, fairness, and honesty.”

We now have the following committees in place: Fundraising, Marketing, Tournament, Communication, and Rule & Regulations. Each committee has four to six representatives with at least one board member on each. These committees will help develop and improve policies and procedures for the association. Our first step is to identify the areas that need the most improvement.

The Communications Committee will start soliciting members' comments using tools such as Surveys and Question and Answer forum for the Board of Director's. These tools will be posted on the association website and the Hyland Hockey News. The first survey went out mid-December regarding the hiring of an Executive Hockey Director. You can find the results from this survey starting on page 13. Our next survey will solicit members opinions on DNHL and 8U.

Marketing



The Hyland Hills hockey Association Marketing committee is tasked with promoting the association within the organization and to the community at large, to both individuals and businesses. The volunteers on this committee, Mary Tilger, Joanne Schmidt, Kelly Pfannenstiel, Eric Akerson, and Ed Coca come from across the various levels of the Hockey program. They all bring a variety of talents and a real commitment to developing the Association. One item the committee has developed is a tagline to help give a concise sense of the associations vision statement and direction. The tagline is "Passion for the game. Values for life." Also, please make plans to participate in the associations efforts in

the Hockey Across America Weekend, January 29th, 30th and 31st. You will be hearing about the committee's efforts throughout the year and we would appreciate any input you may have. To contact the committee please speak to any member or email Jim Laskey at jclaskey@comcast.net.

Tournament

Hyland Hills tournaments finished 2009 with great success. Over Thanksgiving weekend the Hyland Cup was a Silver Stick Regional Qualifier for the first time for A and B teams. Although no Hyland teams won a division, the Hyland Squirt B's and Major A's were invited to play in the Silver Stick finals at Pelham, Ontario in January. Thanks to the Dygert's, the Wildrick's and all the volunteers who made the tournament a success. Hyland Hills ended the year hosting the Jr. Jaguar Jamboree for 8U A and B Pool teams during the Christmas break. Although there was a low number of teams entered, the Jamboree was a huge success with glowing reviews from everyone who attended. Thanks to Alex Ross for a phenomenal job in his first year as tournament director.

MY 13 SIMPLE RULES FOR HOCKEY PARENT EVERYWHERE

By John Buccigross
posted December 16, 2009 for ESPN.com

Women and men used to gaze up at the stars, awed at the sight and size of the universe, much like Detroit Red Wings fitness trainers used to be in awe at the sight and size of Brett Hull's butt during his final Motor City days.

My understanding of the sky's map is limited to the Big Dipper (good nickname for Buffalo's Tyler Myers, by the way) and the constellation Orion. Orion is located on the celestial equator and can be seen across the world, much like Pat Quinn's head. Its name, Orion, refers to a hunter in Greek mythology. Since my late teenage years, whether I am in Mingo Junction, Ohio, or Vancouver, British Columbia, I always look up and locate Orion. It's my satellite to home and youth.

I first became aware of Orion from the now bankrupt movie production company Orion Pictures Corporation, which made movies from 1978-1998. I remember the company's animated intro prior to the start of a movie: stars from the constellation would twirl into the letter "O" before the entire word "Orion" was spelled out.

It seemed as if 46 percent of movies produced in the late '70s and early '80s, my HBO sweet spot years, were produced by Orion. I am sure this number is probably much lower. "Back to School," "10," "Hoosiers," "Platoon," "No Way Out" and others all began with the animated Orion logo. I would like to publicly thank the now defunct movie company and HBO for my astronomy acumen and the indelible image of Bo Derek jogging on the beach with wet, braided hair. ("Before the Internet, there was HBO." Now there is a slogan to believe in.)

Today, kids, teenagers, adults and Sean Avery don't so much stare up to the trees, clouds, airplanes, stars and 6-foot-9 NHL linesman Mike Cvik as much as they used to; now, most stare down at their cell phones and personal digital assistants (Jim Balsillie's PDA BlackBerry, yo). As a result of all this "looking down," we miss so much up in the heavens. We even look down at these things during dinner, hockey games and Heisman Trophy presentations. People even look down at their PDAs while they drive. Who needs a moon roof on a clear summer night when I can play

Tetris on I-95 while I soar through the E-ZPASS lane? This is my gigantic preamble to why you should one day sign up your young son or daughter to play youth hockey at a local rink near you. If nothing else, it gets them away from electronics and teaches them a small slice of humanity that they can take forward through life, a life with more heart and less battery power. The rink's cold robs electronics of their battery power and signal reception, anyway.

So, if you are a first-time hockey parent, or dream of one day spending more than \$10,000 and sacrificing weekends for a decade of glamorous youth or "minor" hockey, here are 13 important things you need to know about the youth hockey universe -- and hockey in general -- to help speed up the assimilation process in joining the "Congregation of Independent Insane in the Membrane Hockey Community Union" or COIIITMHCU. If you move those letters around you eventually get Chicoutimi. A miracle from the star-filled heavens above. (I'm sure my fellow COIIITMHCU members will offer even more, and we can post next week.)

1. Under no circumstances will hockey practice ever be cancelled. Ever. Even on days when school is cancelled, practice is still on. A game may be cancelled due to inclement weather because of travel concerns for the visiting team, but it would have to rain razor blades and bocce balls to cancel hockey practice at your local rink. It's good karma to respect the game.

2. Hockey is an emotional game and your child has the attention span of a chipmunk on NyQuil. The hockey coach will yell a bit during practice; he might even yell at your precious little Sparky. As long as there is teaching involved and not humiliation, it will be good for your child to be taught the right way, with emphasis.

3. Hockey is a very, very, very, very difficult game to play. You are probably terrible at it. It takes high skill and lots of courage, so lay off your kid. Don't berate them. Be patient and encourage them to play. Some kids need more time to learn how to ride the bike, but, in the end, everyone rides a bike about the same way.

Your kids are probably anywhere from age 4-8 when they first take up hockey. They will not get a call from Boston University coach Jack Parker or receive

("Golden Rules of Forwards ") Continued from page 6

11. Take specific care not to go offside when attacking in advantage situations (i.e., 2-on-1, 3-on-2). While it is seldom good to be offside, it is critical to complete a 2-on-1 or 3-on-2 situation as many times as possible each game. It is best to be conservative going over the blueline in these situations.
12. When throwing the puck into the zone, shoot it to the opposite corner or off the end board when it will come out at a difficult angle for both the goaltender and defenseman to handle. Shooting the puck at the goaltender or around the boards gives control to the opposing goaltender who can easily feed a defenseman or wing.
13. Don't tie up with an opposing player when your team is shorthanded. The odds of scoring get better as fewer players are involved in a power-play situation (i.e., 4-on-3 is better than 5-on-4).
14. Don't retaliate from checks or infractions, whether legal or not. Part of the forward's job is to take checks and keep playing. Retaliation often results in a penalty, and referees often miss the initial infraction.
15. Communicate with your linemates and other teammates. It is one of the most important parts of teamwork. Don't ever communicate with opposing players — it seldom is of value and exposes your emotions.
16. Constantly practice your weakest skills. Get away from the habit of just shooting when you have free time in practice. Other skills are more important.
If you do shoot, practice while moving.
17. Get as much shinny time as possible to practice stickhandling and other individual skills as well as scoring skills.
18. Learn to be a good all around player — defensively as well as offensively.

PEEWEE A FUNDRAISER

HYLAND HILLS HOCKEY ASSOCIATION
2009 - 2010
Support the PeeWee A Team AND Go Green



- 20 oz.
- Stainless Steel
- Threaded top

JAGUAR WATER BOTTLE
With Orange HHA Carabiner
\$15.00
- QUANTITIES ARE LIMITED !
- DELIVERY BY OCTOBER 15th !

To order Jaguar water bottle or travel coffee mug
please contact Mary Tilger at 303.895.5837 or
mary@luminateadvertising.com

SQUIRT B FUNDRAISER

HYLAND HILLS HOCKEY ASSOCIATION
2009 - 2010
SQUIRT B TEAM FUNDRAISER



JAGUAR TRAVEL COFFEE MUG
\$15.00
- QUANTITIES ARE LIMITED !
- DELIVERY BY OCTOBER 15th !

- 15 oz.
- Stainless Steel double wall foam insulation
- Silicone Grip
- Logo measures 1.5" x 2.75"

EXECUTIVE HOCKEY DIRECTOR SURVEY RESULTS

Page 1. In an effort to get feedback from the members of Hyland Hills Hockey Association the Board of Director's would like all members to complete the below survey.

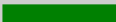



1. On a scale of 1-3 as listed below, how important do you think it is for a Hockey Director to have had experience at the following levels?

	1 - Not Important	2 - Somewhat Important	3 - Very Important	Number of Respondents
<i>Youth Experience</i>	3% (5)	12% (19)	84% (134)	158
<i>High School Experience</i>	5% (8)	28% (44)	66% (104)	156
<i>Collegiate Experience</i>	13% (21)	41% (65)	44% (70)	156
<i>Junior Experience</i>	13% (21)	45% (70)	40% (63)	154
<i>Minor or Major League Experience</i>	36% (57)	38% (60)	25% (39)	156
<i>Number of Respondents</i>				159
<i>Number of respondents who skipped this question</i>				6

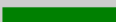


2. How important is it to you that a Hockey Director has previous job experience in the following areas on a scale of 1-3:

	1 - Not Important	2 - Somewhat Important	3 - Very Important	Number of Respondents
<i>Prior Assistant Hockey Director</i>	17% (27)	50% (80)	32% (51)	158
<i>Prior Hockey Director</i>	27% (43)	52% (82)	19% (31)	156
<i>Coaching Experience</i>	2% (4)	14% (23)	83% (132)	159
<i>Management Experience</i>	1% (3)	18% (29)	79% (125)	157
<i>Number of Respondents</i>				159
<i>Number of respondents who skipped this question</i>				6

3. How much should a Hockey Director be paid?

	% of Respondents	Number of Respondents
1. \$30-50K 	21.52%	34
2. \$50-70K 	46.84%	74
3. \$70-90K 	26.58%	42
4. \$90k+ 	5.06%	8
<i>Number of respondents</i>		158
<i>Number of respondents who skipped this question</i>		7

4. Should the Hockey Director be allowed to coach a team during the season?

	% of Respondents	Number of Respondents
Yes 	22.01%	35
Maybe 	32.08%	51
No 	45.91%	73
<i>Number of respondents</i>		159
<i>Number of respondents who skipped this question</i>		6

("My 13 Simple Rules for Hockey Parent Everywhere ") Continued from page 8

Christmas cards from the Colorado Avalanche's director of scouting. Don't berate them. Demand from Boston University coach Jack Parker or receive Christmas cards from the Colorado Avalanche's director of scouting. Don't berate them. Demand punctuality and unselfishness for practice and games. That's it. Passion is in someone, or it isn't. One can't implant passion in their child. My primary motive in letting my kids play hockey is exercise, physical fitness and the development of lower-body and core strength that will one day land them on a VH1 reality show that will pay off their student loans or my second mortgage.

4. Actually, I do demand two things from my 10-year-old Squirt, Jackson. Prior to every practice or game, as he turns down AC/DC's "Big Jack," gets out of the car and makes his way to the trunk to haul his hockey bag inside a cold, Connecticut rink, I say, "Jack, be the hardest, most creative and grittiest worker . . . and be the one having the most fun." That might be four things, but you know what I mean.

5. Your kids should be dressing themselves and tying their own skates by their second year of Squirt. Jack is 67 pounds with 0 percent body fat and arms of linguini, and he can put on, take off and tie his own skates. If he can, anyone can. I don't go in the locker room anymore. Thank goodness; it stinks in there.

6. Do not fret over penalties not called during games and don't waste long-term heart power screaming at the referees. My observational research reveals the power-play percentage for every Mite hockey game ever played is .0000089 percent; for Squirts, .071 percent. I prefer referees to call zero penalties.

7. Yell like crazy during the game. Say whatever you want. Scream every kind of inane instruction you want to your kids. They can't hear you. In the car ride home, ask them if they had fun and gently promote creativity and competitiveness, but only after you take them to Denny's for a Junior Grand Slam breakfast or 7-Eleven for a Slurpee. Having a warm breakfast after an early morning weekend game will become one of your most syrupy sweet memories.

8. Whenever possible, trade in your kids' ice skates and buy used skates, especially during those growing years and even if you can afford to buy new skates every six months. Your kids don't need \$180 skates and a \$100 stick no matter what your tax bracket is. They will not

make them better players.

9. Missing practice (like we stated above) or games is akin to an Irish Catholic missing Mass in 1942. We take attendance at hockey games very seriously. Last week, the Islanders' Brendan Witt was hit by an SUV in Philadelphia. Witt got up off the pavement and walked to Starbucks for a coffee, and then later played against the Flyers that night. Let me repeat that: **BRENDAN WITT WAS HIT BY AN SUV . . . AND PLAYED THAT NIGHT!** Re-read that sentence 56 times a night to your child when they have a case of the sniffles and want to stay home to watch an "iCarly" marathon. By the way Philadelphia police cited Witt for two minutes in jail for obstruction. Witt will appeal.

10. Teach your kids not to celebrate too much after a goal if your team is winning or losing by a lot. And by all means, tell them celebrate with the team. After they score, tell them not to skate away from their teammates like soccer players. Find the person who passed you the puck and tell him or her, "Great pass." We have immediate group hugs in hockey following a short, instinctive reaction from the goal scorer. I am proud of my boy for a lot of things, but I am most proud at how excited he gets when a teammate scores a goal. He is Alex Ovechkin in this regard.

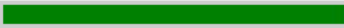
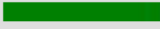

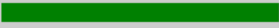


11. There is no such thing as running up the score in hockey. This is understood at every level. It's very difficult to score goals and unexplainably exhilarating when one does. Now, if we get to 14-1, we may want to take our foot off the gas a tad.

12. Unless their femur is broken in 16 places, Mites or Squirts should not lie on the ice after a fall on the ice or against the boards. Attempt to get up as quickly as one can and slowly skate to the bench.

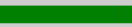
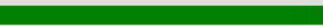

13. Do not offer cash for goals. This has no upside. Passion and love and drive cannot be taught or bought. I do believe a certain measure of toughness and grit can be slowly encouraged and eventually taught. Encourage your kid to block shots and to battle hard in the corners. It will serve them well in life.

Enjoy the rink. Keep it fun, keep it in perspective and enjoy the madness. In this digital world of electronics, you may find hockey to be the most human endeavor you partake in. Cell phones run on batteries. Hockey players run on blood. Blood is warmer. Welcome.

EXECUTIVE HOCKEY DIRECTOR SURVEY RESULTS

5. How important is the Hockey Director's views on summer hockey programs?		% of Respondents	Number of Respondents			
Very Important		66.88%	105			
Somewhat Important		30.57%	48			
Not Important		2.55%	4			
		Number of respondents	157			
		Number of respondents who skipped this question	8			
6. How important is the Hockey Director's views on the ADM proposed by USA Hockey?		% of Respondents	Number of Respondents			
Very Important		53.55%	83			
Somewhat Important		40.00%	62			
Not Important		6.45%	10			
		Number of respondents	155			
		Number of respondents who skipped this question	10			
7. How important is it to you that the Hockey Director possesses the following people skills?						
	Not at all	Doesn't Matter Much	Important	Extremely Important	Number of Respondents	
Diplomacy	0% (1)	3% (6)	43% (69)	52% (84)	160	
Listening	0% (0)	0% (0)	21% (35)	78% (125)	160	
Mediating	0% (0)	3% (5)	38% (61)	58% (93)	159	
Conflict Management	0% (0)	0% (1)	36% (57)	63% (99)	157	
Respect	0% (0)	0% (1)	17% (28)	81% (131)	160	
Motivating	0% (0)	3% (5)	25% (40)	72% (116)	160	
Inspiring Trust	0% (0)	0% (1)	23% (37)	76% (122)	160	
					Number of Respondents	160
					Number of respondents who skipped this question	5
8. How would you rate the following communication skills?						
	Not at all	Doesn't Matter Much	Important	Extremely Important	Number of Respondents	
Articulate	0% (0)	5% (9)	55% (89)	38% (62)	159	
Writes clearly, concisely	1% (2)	15% (25)	56% (89)	26% (42)	158	
Public speaking	0% (0)	11% (19)	51% (82)	36% (58)	159	
Quick thinking	0% (0)	10% (16)	45% (72)	44% (71)	159	
					Number of Respondents	159
					Number of respondents who skipped this question	6
9. How would you rate the following leadership skills?						
	Not at all	Doesn't Matter Much	Important	Extremely Important	Number of Respondents	
Competitive	0% (0)	14% (23)	60% (95)	25% (40)	158	
Decisive	0% (0)	1% (2)	50% (81)	47% (76)	159	
Solve problems	0% (0)	0% (0)	31% (50)	69% (110)	159	
Strategic planning	0% (0)	1% (2)	36% (58)	62% (99)	159	
Motivates people	0% (0)	2% (4)	28% (46)	68% (109)	159	

EXECUTIVE HOCKEY DIRECTOR SURVEY RESULTS

10. Would you prefer to have a Hockey Director that is responsible for both "on ice" (teaching and development) and "off ice" (administrative) duties or would you prefer to have the Hockey Director focus on coach and player development and have a separate "Business Manager" (administrative position) to handle off ice tasks and responsibilities?		% of Respondents	Number of Respondents
<i>A Hockey Director that does everything</i>		25.63%	41
<i>A Hockey Director and a Business Manager</i>		63.13%	101
<i>No preference</i>		11.25%	18
Details	<i>Other (Specify)</i>	2.50%	4
		Number of respondents	160
		Number of respondents who skipped this question	5

BOD MEETING



Upcoming BOD meeting is scheduled for January 12th. BOD meetings will be held the second Monday of every month starting at 6:00 pm in the party room at IPAC.

The meeting is open to all members to discuss our association, the recent tryouts and the results of the tryout survey along with other items.

The Hyland Hockey News is published by Hyland Hills Junior Hockey Association

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 Mark Wildrick, DNHL Program Director

The Hyland Hockey News is published as another tool to keep families informed of the many excited events, activities, team and individual successes that take place in our association.

With the help of the Board of Directors we hope to provide a publication that will be supportive, informative and entertaining.

We welcome any newsletter comments, suggestions or stories. Please submit them to: Denise McClure at dmclure4@gmail.com or Kristy Matthias at kristymatthias@yahoo.com.

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