



ISSUE 3 VOLUME 2  
 FEBRUARY 2010

## MEET SHAWN KURULAK

### INSIDE THIS ISSUE:

Hockey Weekend Across America	<b>2</b>
My "One Goal" Experience	<b>4</b>
CCYHL Midget Major A	<b>5</b>
Results 8U Parent Survey	<b>6</b>
DNHL Bantam 3	<b>8</b>
CCYHL PeeWee A	<b>9</b>
8U Updates	<b>10</b>
The Stretch Run	<b>11</b>
The Competitive Spirit	<b>12</b>
CCYHL Bantam B	<b>13</b>
CCYHL Midget Minor A2	<b>13</b>
D White Player Profiles	<b>15</b>
Navigating HSHA Website	<b>16</b>
D White Player Profiles	<b>18</b>
C Black Player Profiles	<b>20</b>
Financial Updates	<b>22</b>
Board of Director Nominations	<b>22</b>

The Hyland Hills Hockey Association Board of Directors is extremely excited to introduce Mr. Shawn Kurulak as our new Hockey Director.



A native of Calgary Alberta, Shawn was a four-year letter winner on the blueline for the DU Pioneers, where he wore the alternate captain's "A" for three seasons. A three-time WCHA All-Academic selection, Shawn helped the Pioneers win the league championship as a senior. In 131 career games at DU, he had 41 points (7 goals, 34 assists) and 268 penalty minutes.

After his college career, Shawn spent many years coaching at the collegiate level. Prior to this season, Shawn spent the last three years coaching at RPI. Before RPI, Shawn was an assistant coach at West Point where he was responsible for recruiting and player development.

Before his time with the Black Knights of Army, Shawn was an assistant coach at Bemidji State for a couple of years and he also was the Head Coach of the Fargo-Moorhead Junior A team that finished 2nd in the North American Hockey League for the 2003-04 season.

Most recently, Shawn has been the head coach of the Colorado Thunderbirds Midget Major AAA team which is leading the standings for Tier I U18AAA in Colorado.

It is with great pleasure that Hyland Hills welcomes Shawn Kurulak as our new Hockey Director. We look forward to a very long and productive partnership.



Hyland Hills Hockey Association participated in Hockey Weekend across America during the weekend of Jan 29th to Jan. 31st. Hyland Hills Hockey Association is dedicated to promoting the love of hockey. This event was a rewarding experience for the entire hockey community and gave hockey fans the opportunity to celebrate their passion for the sport.

Hockey Weekend across America is a yearly initiative led by USA Hockey throughout the hockey community to celebrate the game to those involved and also to expose the game to new audiences while providing opportunities to those who haven't played before. USA Hockey, Inc. is the national governing body for the sport of hockey in the United States. As such, its mission is to promote the growth of hockey in America and to provide the best possible experience for all participants by encouraging, developing, advancing and administering the sport.

Friday Jan. 29th theme: Wear Your Jersey Day.

HHHA teamed up with several local school districts to participate in "Wear Your Jersey Day". Children were encouraged to show their pride and enthusiasm for hockey by wearing their jersey to school.

Saturday Jan. 30th theme: Bring a Friend to the Rink.

HHHA opened its facility to all children wanting to experience the love of hockey. In support of USA Hockey's "One Goal" program, HHHA offered one very successful One Goal session to all children that were interested in playing ice hockey.



The One Goal program strives to introduce hockey to young people through introductory hockey and skating lessons. Hyland Hills had 84 new skaters to hockey and about 20 friends at the ice rink. Children had the opportunity to interact with special guests' instructors that have experience playing in professional hockey leagues, collegiate, and junior hockey. Children also had the opportunity to meet the guests off the ice during a special autograph session.

Sunday Jan. 31st theme: Celebrate Local Hockey Heroes Day.

Hyland Hills honored for the second year, local Police and Fire Departments as their local hockey heroes. In honor of both the Fire and Police Departments, HHHA hosted a ceremonial hockey scrimmage featuring the Fire Dept versus the Police Dept. HHHA is pleased to honor these individuals whom educate our children and keep our community safe.



## *Hockey Weekend Across America*

Hi Everyone just a quick note about the weekend.

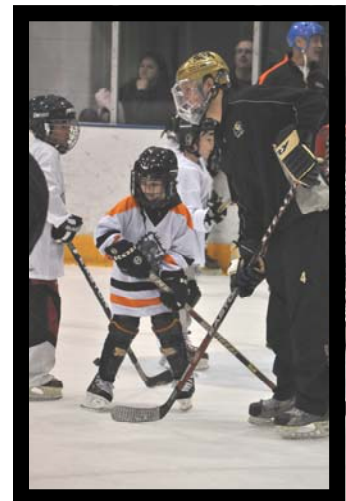
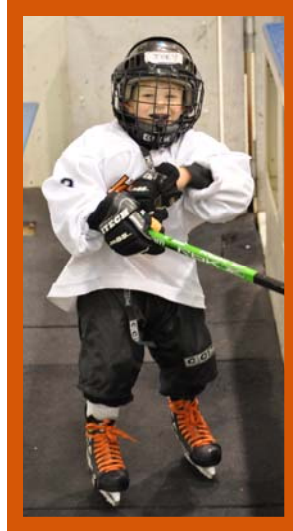
I would like to start by saying what a great experience! I need to thank all of the volunteers that helped make it such a resounding success. Too many to list but your efforts were fantastic and helped make it a wonderful experience for all the families and kids coming out to try their hands and feet in the game of hockey.

Special thanks, boy where to start I guess I will start with thanking Phil P. for coming out and representing CAHA showing support for the weekend. Next we will thank the Police and Fire departments for participating in our hockey game. What a blast it was watching you play. I need to thank Bob Bebber and the staff at the ice centre for helping with skates and the ice. Thanks to Doug Smail for helping organize the ice activities. A big thanks to Rob Cuscaden and Kristy Mathias for organizing the weekend and rounding up all the great volunteers. I hope I haven't forgotten anyone if I have I sincerely apologize. So last but not least I need to thank all of our members for stepping in and donating hockey equipment allowing us to have 104 kids get the chance to skate and experience the wonderful game of hockey. Without you we could not have made that happen.

So in closing I would like to say it was a great experience and I am glad we were able to introduce the game of hockey to the next generation of players.

John Shick

President Hyland Hills Hockey Association



## MY "ONE GOAL" EXPERIENCE

By Doug Smail

Last Saturday I was able to be a part of a celebration of the sport that I grew up with and love. The Hyland Hills Hockey Association agreed to do its part to celebrate the Hockey Across America weekend by hosting a free hockey skate for kids titled "One Goal". Many of us were asked to contribute by going out, play with the kids and help the newcomers to have a good experience on the ice....and I was proud to be a part of all the people there to help, such as players from Stanley Lake High School hockey team, the Director and players from Team Rocky Mountain's AAA program, Hyland Hills Directors and players, players from the CU hockey team, Avalanche Alumni and numerous others. It was an hour long fun "free for all" time on the ice.



In thinking about this hour long session of fun, it reminded me of my younger years growing up in Moose Jaw Saskatchewan back in Canada, and all my childhood years of playing hockey every Saturday at Henleaze Park during the winter months. During those years, it didn't matter the temperature, the rink was full of kids and parents all playing some kind of pick up game with side to side games, an end to end game, other people just skating and shooting on their own with hardly a free space to move.....there was ball hockey, sponge puck hockey, regular hockey happening on the same ice at the same time...but each and every person had fun every Saturday without a thought of the number of people on the ice, with not a thought of the cold, without a thought of the seeming confusion on that sheet of ice every Saturday afternoon.

The time went by quickly, with nothing but smiles and laughter....it was, as we have all heard, the way it is supposed to be.

It was a great day in terms of what was absent as well....by what seems to be so prevalent in youth sports around North America today and what was thankfully absent on the ice Saturday.....there was none of the whining, none of the embellished sports or personal accusations, none of the unrealistic parental expectations, there was no complaining, there was no political agenda.....there was just a bunch of very supportive Hyland Hills Executives, helpful players and coaches all smiling laughing and working tirelessly with over 100 first time future little hockey players...what a lesson to each and every person who thinks they are bigger and their agenda more important than the kids we say we are there for.

This was the experience I had on Saturday....loads of people, so many little games of keep away, passing and shooting, kids running on their skates, kids falling down, getting up, rubbing their sore little bum, and then getting after it all again. It was a throwback to all those years I remember back in my home town where there was no personal agenda, no me or mine attitude, no arrogance and pride.....just kids and their smiling parents experiencing hockey for the first time....and it was good...



....No, it was VERY GOOD!!

## TEAM UPDATES



### Hyland Hills Major A Wins International Silver Sticks Finals!

The Hyland Hills Major A team came away with a tremendous upset victory in the International Silver Sticks A/E Finals last weekend in St. Catharines, Ontario- the first ever American team to win its division in the history of this tournament! They defeated the New Hamburg Huskies, last year's champions, by a score of 1-0. It was a hard-fought victory: the score was 0-0 until Hyland scored midway through the second period, never relinquishing the lead. The Hyland team received an invitation to this tournament after impressing the organizers in the Hyland Cup Regional, despite losing an OT championship game to an undefeated Casper team. Of the 16 teams in the Midget Division, 12 were Regional Champions and only 4 were Finalists that were invited because of their impressive play in Regionals. Only 4 American teams participated in the Midget division. The boys had a fantastic time in Canada; getting to play pond hockey and experience the game the way it started. They take tremendous pride in the fact that their team will represent the Hyland Hills Hockey Association in the Hockey Hall of Fame in Toronto for the next year! They want to thank their coaches, Wayne Palinckx, Hilliard Scott and Aaron Palinckx, and their families for believing in them and supporting their dream to play and win a Silver Sticks Championship.



## RESULTS 8U PARENT SURVEY



The Hyland Hills Communications Committee will post results of the surveys that we hold on the HHA website and newsletter. We do not have the room to post all of the comments; so we will take some of the most common questions and we will post answers to them under Survey Results on the website.

<b>1. Do you feel the American Development Model (ADM) developed by USA Hockey is a good curriculum for our hockey association?</b>	<b>% of Respondents</b>	<b>Number of Respondents</b>
Yes	20.69%	24
Maybe	26.72%	31
No	42.24%	49
<a href="#">Details</a> Other (Specify)	19.83%	23
<i>Number of respondents</i>		116
<i>Number of respondents who skipped this question</i>		2
<b>2. On a scale of 1-4 as listed below, how would you rate the 8 Under evaluation process?</b>	<b>% of Respondents</b>	<b>Number of Respondents</b>
1 - Not Satisfied	15.65%	18
2 - Some-what Satisfied	26.09%	30
3 - Satisfied	50.43%	58
4 - Very Satisfied	7.83%	9
<i>Number of respondents</i>		115
<i>Number of respondents who skipped this question</i>		3
<b>3. Do you feel the coaches in the 8 Under program are effectively teaching basic fundamentals?</b>	<b>% of Respondents</b>	<b>Number of Respondents</b>
Yes	59.13%	68
Somewhat	38.26%	44
No	3.48%	4
<i>Number of respondents</i>		115
<i>Number of respondents who skipped this question</i>		3
<b>4. Do you think the weekly Director Clinic's for the 8U are useful?</b>	<b>% of Respondents</b>	<b>Number of Respondents</b>
Very Useful	38.26%	44
Useful	35.65%	41
Some-what Useful	22.61%	26
Not Usefull	5.22%	6
<i>Number of respondents</i>		115
<i>Number of respondents who skipped this question</i>		3

## RESULTS 8U PARENT SURVEY

	% of Respondents	Number of Respondents
<b>5. How would you rate the Staff for the Director Clinic's?</b>		
<i>Very Satisfied</i>	28.95%	33
<i>Satisfied</i>	50.88%	58
<i>Some-what Satisfied</i>	18.42%	21
<i>Not Satisfied</i>	1.75%	2
<i>Number of respondents</i>		<b>114</b>
<i>Number of respondents who skipped this question</i>		<b>4</b>
<b>6. Do you feel Total Hockey is useful to the players in the 8 Under program?</b>		
<i>Very useful</i>	11.76%	12
<i>Useful</i>	25.49%	26
<i>Some-what Useful</i>	25.49%	26
<i>Not Useful</i>	37.25%	38
<i>Number of respondents</i>		<b>102</b>
<i>Number of respondents who skipped this question</i>		<b>16</b>
<b>7. Should Goalie's be required to participate in Total Hockey?</b>		
<i>Yes</i>	36.27%	37
<i>Maybe</i>	25.49%	26
<i>No</i>	38.24%	39
<b>Details</b> <i>Other (Specify)</i>	15.69%	16
<i>Number of respondents</i>		<b>102</b>
<i>Number of respondents who skipped this question</i>		<b>16</b>
<b>8. How do you feel information should be shared in our association?</b>		
<i>Web Announcement</i>	18.97%	22
<i>Email from Board of Director's</i>	18.97%	22
<i>Email from Team Manager's</i>	34.48%	40
<i>Phone Call</i>	0.86%	1
<i>Newsletter</i>	5.17%	6
<b>Details</b> <i>Other (Specify)</i>	23.28%	27
<i>Number of respondents</i>		<b>116</b>
<i>Number of respondents who skipped this question</i>		<b>2</b>

## COMMUNITY SERVICE STARTS AT HOME

On New Years Day, most of the Bantam 3 players, and their coaches, came to the rink to spend their day cleaning the glass, cleaning up the players' benches, fixing nets, cleaned the bleachers and mopped the bleacher floors in the Green rink.

DNHL's Bantam 3 wanted to start the New Year off on the right foot (skate) with a community project. One of their wonderful parents suggested the idea in November. As the team planned for their community service project, they discovered that there were numerous volunteer perspectives available, and numerous suggestions were made; but, one stood out. Coach JJ suggested that their community service should start at the Ice Centre; home, in a manner of speaking. Many of these hockey players have called Hyland Hills (ICaP) their home rink since they were Mites and this was a great way to show their pride in this rink.

When Coach JJ contacted Bob Bebbler, the rink's manager, he was thrilled that the players were willing to help clean up the rink and take such pride in this establishment.



This was a great learning experience for the players. They now know what it takes to keep our rink in tiptop condition, they definitely have more respect for the rink and its staff. They have shown that they take pride in their home rink.

("Results 8U Parent Survey") Continued from page 7

9. What is your level of satisfaction with the communication in our association?		% of Respondents	Number of Respondents
<i>Very Satisfied</i> <span style="display: inline-block; width: 20px; height: 10px; background-color: green; vertical-align: middle;"></span>		10.34%	12
<i>Satisfied</i> <span style="display: inline-block; width: 40px; height: 10px; background-color: green; vertical-align: middle;"></span>		54.31%	63
<i>Dissatisfied</i> <span style="display: inline-block; width: 30px; height: 10px; background-color: green; vertical-align: middle;"></span>		35.34%	41
<a href="#">Details</a> <span style="display: inline-block; width: 10px; height: 10px; background-color: green; vertical-align: middle;"></span>	<i>Other (Specify)</i>	1.72%	2

10. Do you have any suggestions for improving the overall membership experience?		Number of Respondents
<a href="#">Details</a>		61
<i>Number of respondents who skipped this question</i>		57

## TEAM UPDATES

The only complaint you will hear from the Pee Wee A team this past MLK weekend . . . It was cold!

I have seen a ton of games at the youth level, and I have never been more proud of a team. All of the hard work this team has put in, the repetitions in practice, and the systems that have been repeated over, over and over again showed up in Lakewood during MLK weekend. It has been a tuff season but they refuse to quit. REFUSE. On Friday, our first game against Foothills we traded goals in the first, Lexi Martinez scored at 4.59, assisted by Brett McClure. A nice touch pass I might add. In the second, Gage Sealey scored with a nice assist from Ben Beatty. Jacques LaFlame scored an unassisted goal at 7.02 of the third, but



**PeeWee A's Take 2nd in King of the Ice Box**

Foothills exploded with three in the third and were up 4-3. So with our goalie pulled and a sixth attacker and the clock ticking Jacques LaFlame put the tying goal in with 6 seconds left assisted by Assistant Captain, Eric Wilson. At 1.25 into overtime Shane Tilger finished off Foothills after a great pass from Andrew Garcia. Will Stuart played exceptionally well in net stopping 17 of 21, and kept us in the game in the first period with many nice saves. I knew it was going to be a very tuff game for Will as he had just shut out Foothills in league play the weekend before this tournament.

Game 2 in the tournament put us against the Jr Eagles, a very good team, and the host team. Fourteen combined penalties made for an exciting special teams event. Our Captain, Julie Mathias took control with unassisted goals in the first and second periods. But the Eagles scored two goals and the score was tied 2-2 at the end of regulation. Again the Jags were forced to over time . . . and again the team came through. At 2.24 of overtime, Lexi (Godzilla) Martinez came off the bench on a change and picked the puck up off the far side boards and roofed it right side. Game Over. We have two girls on our Pee Wee A team, three goals scored by two girls. But I can't forget the indirect pass made by Andrew Winans. It was a regroup, he remembered what we all discussed at the end of the third . . . indirect . . . off the side boards, a lot of open ice. Lexi picked it up, and no one could catch her. In net Kenyon Santomango stopped 21 Of 23 shots. It was an outstanding performance for Kenyon. And I must say our goaltending was nothing less than spectacular all weekend.

Game 3 against Arapahoe was a complete disaster. When you young hockey players hear your coach say get your mind ready . . . listen carefully, if you don't, this will happen, 6-0 Arapahoe. That was the third game, and every team in sports goes through these types of loses, but bouncing back is another thing. It's not easy, but we did just that.

The championship game on Monday had us facing off against Arapahoe once again. Twenty-four hours ago they beat us 6-0. Things changed, although we had 18 minutes in penalties to there 2 minutes, we stayed in the game with great penalty killing. Arapahoe scored 40 seconds into the game . . . not a good start. Shane Tilger scored an unassisted goal in the second to tie the game, but 34 seconds later Arapahoe scored to go ahead. So again Hyland was down a goal in the final period. With the goalie pulled and 1.07 on the clock, Gage Sealy feed the puck back to Avery Albert at the point. He ripped a rising wrister that hit the twine, and sent it into overtime. We had one rush, but it didn't happen. Arapahoe came down on a 2 on 2 and feed a real nice pass across the crease and tucked it in, No way to stop it, just a nice play by a talented team. Another great performance by Kenyon our goaltender. I must add again that our goaltending this weekend was nothing but spectacular, Will Stuart and Kenyon Santomango just played wonderful. They came up big when needed and I am very proud of there performance.

So folks, the Pee Wee division at Hyland has a lot to look forward to. With some Hard work in the off season and a lot of returning Pee Wee players I am very excited. Never give up, Never let down! Lets work Hard . . . Lets finish Strong.

Coach Mike Gaffney

# HOCKEY STARTS HERE

# 8U

Next Year with the ADM at 8U

As you all might have heard, the ADM passed for our league starting next year. What this means is that there will be several new changes to how we run the 8U program. I will try and outline the changes as I know them; but do not think of the below as being written in stone because I am just learning them as well.

One of the biggest changes is that the Pool structure as we now know it (A - D Pools) will be replaced with a 3 tiered system. "Returning players" will be grouped into 2 groups. These groups will be called "Advanced" and "Intermediate". So basically the way that I see it is that the returning D players, C players and possibly top B pool players will make up the "Advanced" group and the lower B pool players and A pool players will make up the "Intermediate" group. I see a structure where we have 4 "Advanced" teams and 6 "Intermediate" teams. Then all new skaters will be placed into the "First Year" group.

Another change is the start date of the season. In the past we have started the first week in September. This next year we will start on Oct 1st. I do see a couple of benefits for this in being that kids will be allowed to finish their football/soccer/baseball seasons before they start hockey. The other benefit is that it will reduce fees because of the 1 less month of hockey. And for those who want hockey in September, I see our Association having some clinics for those who are interested.

Teams will then not be able to be formed until some time in November. So this will allow each group to be run as a group and this fits nicely into a more "Director Clinic" type format where the kids will get some high level coaching. Another side benefit is that we will have a month to evaluate the kids at each level and make movement during this time. This way we hopefully will have no movement in December, which will be nice.

Lastly the biggest change that people will have the most problem with will be going to 1/2 ice for all levels for the whole year. I have mixed feeling about this move; but I do see some benefit in going to this model. First off, it will save again in your pocket book because we can have 4 "Advanced" teams playing at the same time instead of the 2 team playing full ice. Secondly, I have seen my son gain so much confidence by playing in the small area games and I hope that this can translate over to all the 8U.

I believe that these are the major changes that we will see next year. As with everything, I see this evolving over time; but it is something that we will have to get used to. If you have any questions, feel free to drop me an email or stop me in the halls and we can discuss.

Rob Cuscaden  
HHHA 8U Director

## THE STRETCH RUN

Players and Parents,

Through my career it came to my attention that many...no, most players do not understand the progression of a season in a sport like hockey. They are never really prepared for an individual game let alone the transitions of strength and growth within a team over the course of a season.

In the NHL there are 4 smaller seasons within the one long one. First there is what I call **mini-season 1** with training camp and the exhibition season where guys are getting their stride back and getting themselves going. Then the Season starts and it is the beginning of **mini-season 2**....and the intensity picks up to another level because the minor leaguers and young guys are not playing in 1/3 of the lineups anymore. After this time there is a lull of sorts after Christmas to somewhere into February and then **mini-season 3** begins with the drive and preparation for playoffs and positioning going on....it is at this point where the intensity usually gets more noticeable, and the guys begin a more concentrated and focused effort...you begin to see more discipline at this point....it is here you begin to see separation between the *very good* teams, the *good* ones, and the *average* teams! The lesser light teams begin to fall off in mini-season 2. Then at last, it is time for **mini-season 4** and the Stanley Cup playoffs. This is such a huge thing to the players, management and fans that it is *packed* with emotion, intensity and discipline. Somewhere in the 3<sup>rd</sup> mini-season, the disciplined teams with mature and respectable players start to hold each other accountable for their lifestyle and rest and pointed conditioning. For some, the lifestyle gets a little more conservative out of respect for what it will take to challenge for a championship....and there is a decided change in preparation and focus. Some players need to prepare in different ways and professionals all respect this point...but...on the whole, there is a more understood manner of respect to prepare.

So, as we have now entered mini-season 3, I am hoping you all understand what it will take to become a champion....AND how it lies within each of you players to grasp this and do some of the things to treat your parents, coaches and your teammates with the respect and honor that should be given during this time especially. We can prepare and conduct ourselves as winners or we can prepare and act like those who will lose more regularly in life.

There should be some other things to remember at this time of year....

.....all practices must be made...by all of you.

.....all practices and games must be made on time.

.....rest is a premium.

.....sound nutrition is an absolute necessity.

.....no late nights.

.....no goofing off, like partying.

.....short, hard, focused practices.

.....refreshing, refining and concentrating on the basics of your team system are a premium.

.....game day and pre-game dressing room preparation is a must.

Without the level of committed effort throughout our team, it will be more difficult. The old saying, '**a chain is only as strong as its weakest link**', definitely applies to the stretch run on a sports team. Every player must be attentive to their jobs on the ice and their preparation off the ice. Let's not be the weak link that can cause our chain to break!

Be ready every day....be focused from here on to the end....have a keen eye to the little things on and off the ice....say little but do lots for you're your team.....any words should be encouraging to team mates. This should be the most fun time of the year for a hockey team, so let's be sure to have fun along with our hard work, discipline, and commitment to each other as a team.

## THE COMPETITIVE SPIRIT

Article posted on [www.sportsesteem.com](http://www.sportsesteem.com)

That Competitive Spirit Though competition for adults is often about more substantive matters, competition is most intense and pronounced in kids. Every day, kids compete to:

- Be the first ready for school
- Get the largest dessert
- Win at a video game
- Be the first in line
- Get the best grade
- Get the best spot in the cafeteria
- Get the attention of the opposite sex
- Get a greater share of parental attention
- Get into the best school
- Get a job (or avoid a job)
- Be selected for a team

Competition is best understood when there is a clear opportunity to win or to lose. When it comes to youth sports, competition often becomes synonymous with winning the game. Yet, this simple translation of success may often cause more problems than it solves.

A single minded pursuit of victory in a game may often translate into problems in relationships with teammates or others. Players who are only focused on winning the game may:

- Lash out at teammates
- Throw equipment
- Argue with referees or coaches
- Show moments of intense anger
- Lie or cheat
- Play unfairly

The dictionary defines the word competitive as “Showing a fighting disposition”. A fighting disposition is a great thing to have against opponents, but it may sometimes be hard to quickly turn off when dealing with teammates, referees or a sibling.

### Competing is a Life Skill

Parents need to help their child understand the process of competing. Competition may show itself in many ways other than just a strong desire to win a game. Parents can focus kids on a broader understanding of competition, such as competing against past performances or winning in multiple areas. Parents can help their kids:

- Understand what they are competing to achieve (be the best player, be a team leader, make the smartest plays)
- Understand how to apply their competitive spirit with their friends and teammates

## TEAM UPDATES

President's Day weekend took the HHA Bantam B team to Littleton, Colorado, home of the Foothill Flyers. The tournament began Friday afternoon with a 4-2 victory over the home team - Foothills. Saturday AM rose to another victory stomping out Steamboat Springs 8-0. After a restless afternoon anticipating the Bantam B team's arch rivals, Boulder, they stayed strong and tied them 2-2 in a crucial point in the tournament.

The last tournament game was against Casper, who had 3 straight wins. The HHA Bantam B team needed to tie or win to guarantee them a spot in the Championship game. Fortunately the Bantam B team held their ground and tied Casper 2-2 with a glorious road to the Final Game --- against Casper (again) on Monday!

Monday arrived with the anticipation of a big rematch. Both teams were gunning for the BIG WIN; they had their plays mapped out focusing on team weaknesses from the game played the day before.

Both teams stepped onto the ice with game faces stoic ready to plow through the other team!

The Bantam B team carried through on their plans starting with goal in the first period, followed by 3 goals in the 2nd and another 3 goals in the 3rd period!! Defeating the Casper team by a whopping 7-2!...taking the 2010 All American Credit Union Tournament Bantam B trophy home to Hyland Hills!!

This tournament WIN was truly a team effort. In only 5 games, each player on the team either scored a goal or had an assist and both goalies were #2 and #3 in save percentage for the tournament!!!



**HHA Bantam B brings home a Patriotic WIN!!!**

## 2010 Colorado Cup Midget Minor A2 Runner Ups



Midget Minor A2 played in the championship game at the Colorado Cup tournament in the Springs. The team defeated Arapahoe, NCYH A2, and the Dallas Ice Jets to make it to the championship game. Unfortunately they were defeated by NCYH A1 in the Championship game on Monday.

Everyone is very proud of the team effort and sportsmanship they showed in this tournament that lead them to a hard fought Championship game.

## HOCKEY WEEKEND ACROSS AMERICA

### Over 3,000 Kids Participate in Hockey Weekend Across America "Try Hockey for Free" Program

Posted on usahockey.com

February 12, 2010

COLORADO SPRINGS, Colo. - Over 3,000 kids flooded over 140 rinks nationwide to take part in USA Hockey's "Try Hockey for Free" program on Jan. 30. Rinks in 33 different states participated in the event, which took place during Hockey Weekend Across America, presented by Reebok.

The "Try Hockey for Free" event was designed to get as many first-time players on the ice as possible and later transition them to each site's full-time program. The participating rinks hosted the free hour-long events, frequently providing temporary start-up equipment kits and instructors to those who were new to the game.

"The "Try Hockey" programs during Hockey Weekend Across America allowed us to connect more families to our game," said Pat Kelleher, USA Hockey's assistant executive director of membership development. "We expect many of these participants to join their local youth associations as a result of these efforts."

Additional "Try Hockey for Free" programs in Florida, North Carolina and South Carolina are planned for next month, as well. Florida Hockey Day, held in 13 arenas across the state on March 6, will be hosted by USA Hockey and OneGoal; Statewide Amateur Hockey of Florida; the National Hockey League's Florida Panthers and Tampa Bay Lightning; and the ECHL's Florida Everblades.

Meanwhile, USA Hockey and OneGoal, the Carolina Amateur Hockey Association, the NHL's Carolina Hurricanes, and the ECHL's Carolina Checkers will host Carolina Hockey Day in 12 arenas on March 13. More information on USA Hockey's Come Play Youth Hockey initiative can be found at [ComePlayYouthHockey.com](http://ComePlayYouthHockey.com).

("The Stretch Run") Continued from page 11

Be ready every day.....be focused from here on to the end.....have a keen eye to the little things on and off the ice.....say little but do lots for you're your team.....any words should be encouraging to team mates. This should be the most fun time of the year for a hockey team, so let's be sure to have fun along with our hard work, discipline, and commitment to each other as a team.

And remember....there isn't very much that is more fun in sports than winning and having a good time along the way....***BUT WE HAVE TO ACT WITH CLASS, DIGNITY AND HUMILITY ALONG WITH BEING FOCUS AND BE PREPARED.***

Good luck to all,

Doug Smail  
Director Player Development

## PLAYER PROFILES



Eli Wilson #9  
"Wheels"

**Year of Birth:** 2001

**What City do you live in?** Arvada

**Favorite pre-game meal?** Pancakes, bacon & eggs

**Favorite hockey song?** Because of You by Nickelback

**Favorite NHL player?** Matt Duschene

**Most memorable hockey moment?** Scoring my first Hat Trick.



Zachary McMillan #3  
"Big Mac"

**Year of Birth:** 2001

**What City do you live in?** Broomfield

**Favorite pre-game meal?** McDonalds Sausage McGriddle

**Favorite hockey song?** Lunatic Fringe by Red Rider

**Favorite NHL player?** Peter Budi

**Most memorable hockey moment?** A breakaway goal resulting in a Hat Trick.



Mitchell Cunningham #11  
"Bulldog"

**Year of Birth:** 2001

**What City do you live in?** Henderson

**Favorite pre-game meal?** Cereal

**Favorite hockey song?** Burn it to the Ground by Nickelback

**Favorite NHL player?** Joe Sakic

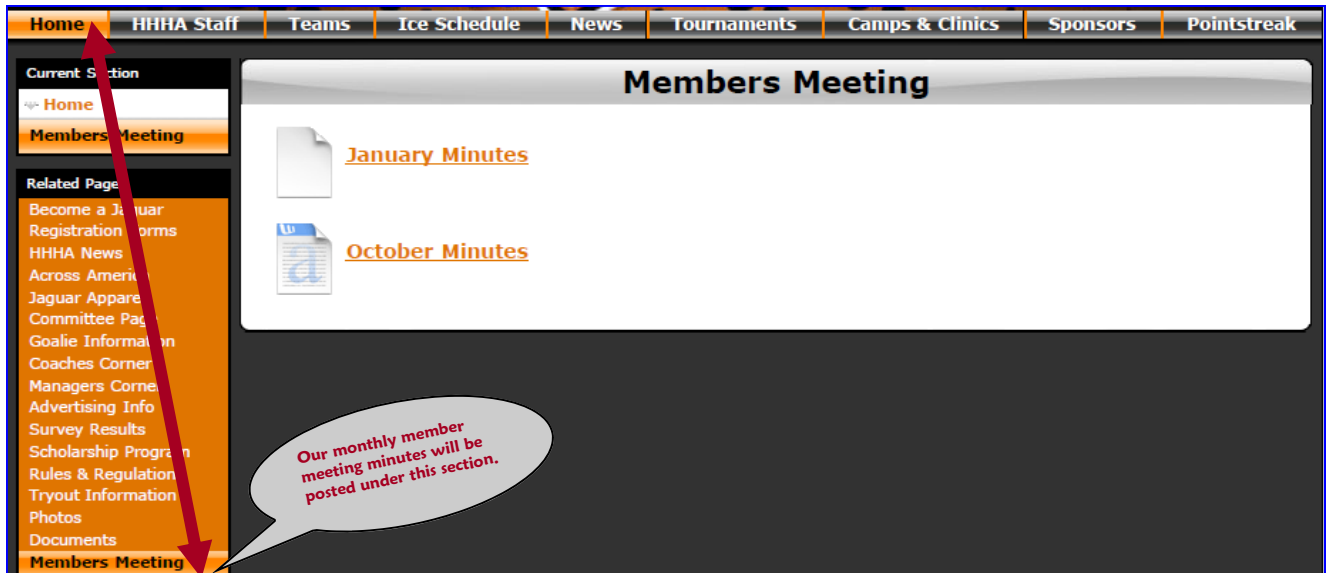
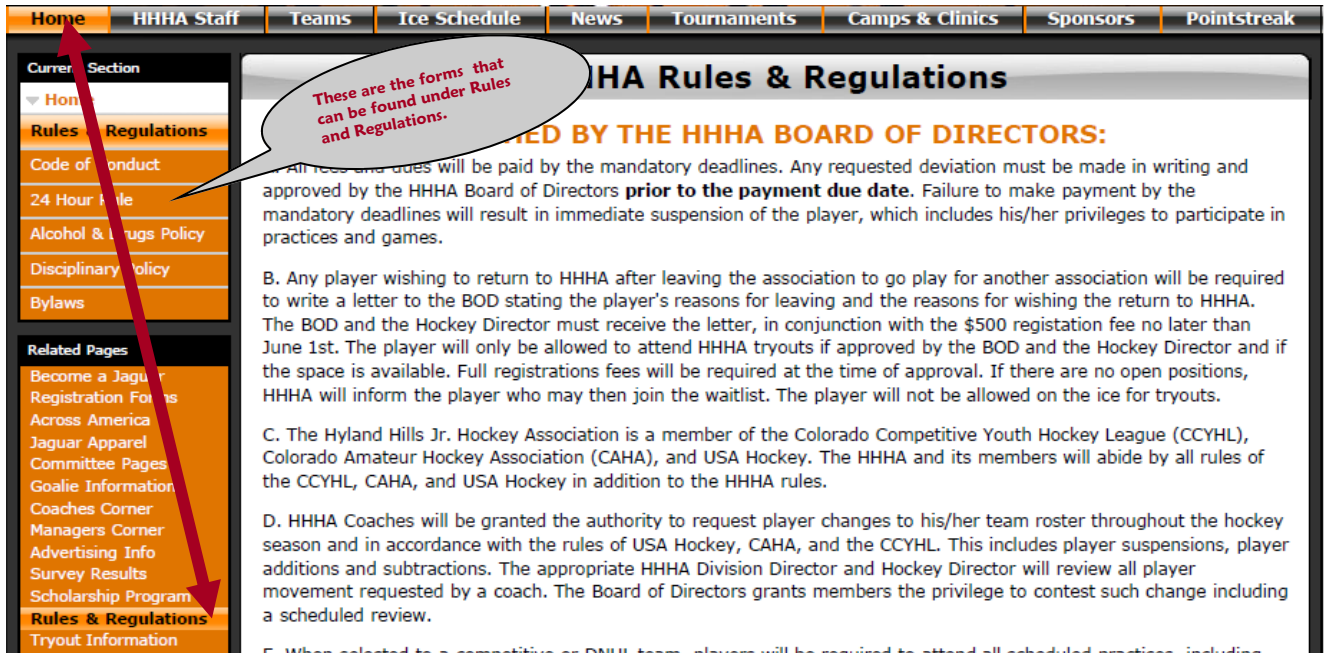
**Most memorable hockey moment?** First Hat Trick.

# NAVIGATING HHA WEBSITE

Have you ever wondered, "Where are people finding this information?"



Well the answer could be the HHA website. The Communication Committee would like to remind everyone where to go for information and how to navigate the website. The Association website uses drop-down navigation and under these drop-down "Sections" you will find forms, policies and procedures, ice schedules, team pages and lots of general information. The mainpage contains the most current events and Association news. At the top and left side of the website are index links in "Sections," so all you have to do is click on the link using your mouse, and go to the next "Section." Below are a few print screens to help you navigate.



Home | HHHA Staff | Teams | Ice Schedule | **News** | Tournaments | Camps & Clinics | Sponsors | Pointstreak

Current Section  
 News  
**Newsletter Archive**

## Newsletter Archive

**PDF** [May 2009 Newsletter](#)

*The most current edition of the Hyland Hockey News can be found on the main page of the website. Previous issues can be found under news.*

**PDF** [March 2009](#)

Contribute

**For Advertising Opportunities**  
 Click HERE

Home | HHHA Staff | Teams | Ice Schedule | News | **Tournaments** | Camps & Clinics | Sponsors | Pointstreak

Current Section  
 Home  
**Committee Page**  
 Tryout  
 Communications  
 Marketing  
 Fundraising  
 Tournament  
 Rules & Regs

## Committee Page

### HHHA Volunteers!

*These are the current Committees Groups in the Association. Every Committee has a page for posting information.*

HHHA and doing everything that needs to be done for our teams and our players takes a lot of time and effort.

We are truly grateful for the outstanding contribution of our many volunteers! We are especially pleased that many people not serving on the HHHA board have taken on key roles within the organization. We'd love to have even more people involved, so if you are interested please "raise your hand" and participate.

HHHA would love to involve as many members as possible to help serve on committees. We are creating several committees and list below is a description of the plan for these committees and the number of volunteers we are recruiting to serve on each committee.

Attached is a volunteer applications please forward your application to BOD President John Shick at [john@waynes-electric.com](mailto:john@waynes-electric.com) if you are interested in working together towards improving our organization.

Home | HHHA Staff | Teams | Ice Schedule | News | Tournaments | Camps & Clinics | Sponsors | Pointstreak

Current Section  
 Home  
 Committee Page  
**Communications**  
 Related Pages  
 Tryout  
 Communications  
 Marketing

## Communications Committee

**Denise McClure**  
 COMMUNICATIONS  
 Click

*On these pages, you will find the Committee members, meeting minutes and current projects.*

[Suggestion Form](#)

### Communications Committee Members

- Denise McClure - Chairperson
- Kevin Hargraves
- Dean Passarelli
- Rob Cuscaden

Home | HHHA Staff | Teams | Ice Schedule | News | Tournaments | Camps & Clinics | Sponsors | Pointstreak

Current Section  
 Home  
**Survey Results**  
 Related Pages  
 Become a Jaguar  
 Registration Forms  
 HHHA News  
 Across America  
 Jaguar Apparel  
 Committee Page  
 Goalie Information  
 Coaches Corner  
 Managers Corner  
 Advertising Info  
**Survey Results**  
 Scholarship Program

## Survey Results

The Hyland Hills Communications Committee will use this page to post results of the surveys that we hold.

We will also use this space to post answers to some the comments added in the surveys. We do not have the room to post all of the comments and their answers; so we will post some of the most common questions and we will post answers to them.

*You can find the results from current Association Surveys under this section.*

### PLAYER PROFILES



Stephen Huitt #6  
"Stevie"

**Year of Birth:** 2001

**What City do you live in?**  
Broomfield

**Favorite pre-game meal?** Don't have one

**Favorite hockey song?** We Will Rock You

**Favorite NHL player?** Joe Sakic

**Most memorable hockey moment?**  
Playing on the Avalanche ice.



Bryce Margois #8  
"B-man"

**Year of Birth:** 2001

**What City do you live in?**  
Westminster

**Favorite pre-game meal?** Pancakes

**Favorite hockey song?** We are the Champions

**Favorite NHL player?** San Jose Sharks goalie

**Most memorable hockey moment?**  
When we beat D-Black and I scored 2 goals.



Patrick Hebert #10  
"Paceman"

**Year of Birth:** 2001

**What City do you live in?**  
Westminster

**Favorite pre-game meal?** Scrambled eggs and toast

**Favorite hockey song?** Fake It by Seether

**Favorite NHL player?** Mark Svatos

**Most memorable hockey moment?**  
All of last season, going 26-1-3.

**PLAYER PROFILES**



David "Davey" Clark #12  
"Gravy"

**Year of Birth:** 2001

**What City do you live in?**  
Northglenn

**Favorite pre-game meal?** Pasta and Gatorade

**Favorite hockey song?** Me Like Hockey

**Favorite NHL player?** Mark Messier

**Most memorable hockey moment?**  
When I scored a Hat Trick in a tournament.



TJ McLeod #4  
"Thunder of Biscuit"

**Year of Birth:** 2002

**What City do you live in?**  
Broomfield

**Favorite pre-game meal?** Bacon, eggs and cheese sandwich with orange juice

**Favorite hockey song?** Hockey Song by Vile Richard

**Favorite NHL player?** Alexander Ovechkin

**Most memorable hockey moment?**  
Scoring a Hat Trick @ the Pueblo



tournament in C-pool at the end of last season.

Zachary Pfannensteil #19  
"Fanny"

**Year of Birth:** 2001

**What City do you live in?** Thornton

**Favorite pre-game meal?** Spaghetti or Mac-n-Cheese

**Favorite hockey song?** Burn it to the Ground by Nickelback

**Favorite NHL player?**

Steve Yzerman (retired)

Darren McCarty (retired)

Joe Sakic (retired)

Nick Lindstrum (still playing)

**Most memorable hockey moment?**

Playing during intermission at the Avs game and getting to do the shoot out. Thanks Coach and Darci.

## PLAYER PROFILES



**Blake Pfannenstiel (Fanny Jr.) #3**

**Year of Birth:** 2003

**Current Team:** C-Black

**How long have you been a Jaguar?** 3 yrs

**What is your favorite pre-game meal?** Mac n Cheese

**Do you have a favorite hockey song?** Monster by Skillet

**Who is your favorite hockey player?** Alex Ovechkin

**What is your most memorable hockey moment?** The Shoot Out we had after our first full ice game. Scoring 4 out of 5.

**Favorite past-time or other Sports Played?** Knee Hockey with his brother Zack in the basement, and Watching Hockey night in Canada. Baseball in the summer.

**Accomplishments, Awards or Certificates:** Recent Certificate from school for hard work and effort.

**Will Smith**

**Year of Birth:** 2003

**Current Team:** C Black

**How long have you been a Jaguar?** Second Year Player

**What is your favorite pre-game meal?** Pasta with butter and parmesan

**Do you have a favorite hockey song?** "I Gotta Feeling" by The Black Eyed Peas

**Who is your favorite hockey player?** Player: Ales Hemsky;

Goalie: Roberto Luongo

**What is your most memorable hockey moment?** Getting my first hat trick.

**Favorite past-time or other Sports Played?** Playing street hockey with my dad, Football, Baseball, Tennis and Golf

**Accomplishments, Awards or Certificates:** Certificate for Reading Achievement, Citizen of the Week (Boulder Country Day)



Upcoming BOD meeting is scheduled for March 8th. BOD meetings will be held the second Monday of every month starting at 6:00 pm in the party room at IPAC.

The meeting is open to all members to discuss our association, the recent tryouts and the results of the tryout survey along with other items.

## PLAYER PROFILES

### Devin McClure (“D” or Devino)

**Year of Birth:** 2002

**Current Team:** C Black

**How long have you been a Jaguar?** 2 years

**What is your favorite pre-game meal?** Noodles and Vienna Sausage

**Do you have a favorite hockey song?** Bad to the Bone

**Who is your favorite hockey player?** Player: Mike Modano;

Goalie: Martin Brodeur

**What is your most memorable hockey moment?** My first game playing Goalie

**Favorite past-time or other Sports Played?** Building Lego’s , video games  
And shooting pucks with my brother.

**Accomplishments, Awards or Certificates:**



### Jacob Bone ( T-Bone)

**Year of Birth:** 2001

**Current Team:** C Black

**How long have you been a Jaguar?** 2 years

**What is your favorite pre-game meal?** Apples

**Do you have a favorite hockey song?** Don't have any.

**Who is your favorite hockey player?** Joe Thornton

**What is your most memorable hockey moment?** Scoring my first goal.

**Favorite past-time or other Sports Played?** Football and video games.

**Accomplishments, Awards or Certificates:** Citizenship award &  
improvement honor roll at Hulstrom Options School.

(“The Competitive Spirit”) Continued from page 12

- Understand that winning at all costs has consequences (hurt feelings, resentments, loss of respect)
- Understand that a win achieved unfairly is not a victory
- Understand that other kids may not show competitive spirit the same way
- Understand when not to be competitive at all

Winning is more than a scoreboard. It takes parents to help kids understand the differences. Like all other life skills, helping kids find balance is essential to a lifetime of success.

## FINANCIAL UPDATES

The BOD had an external CPA review of three previous years accounting and financial records. The HSHA BOD has received the CPA's report and is glad to announce that other than some minor accounting procedures everything appeared to be in order. The BOD is making the necessary modifications to change the procedures the CPA outlined in his report to ensure the association is practicing sound accounting procedures. Going forward the associations financials will be reviewed quarterly by an outside CPA to continue to verify that the financials and account records are accurately recording the associations business.

Financial Reports are available at the monthly members meetings. Members can make arrangements with the association treasurer if they would like to review financials or get copies if they were not able to attend the members meeting. Joanne Schmidt is the current association treasurer and she can be contacted at joannesch@comcast.net.

A review of the process the BOD follows to set the season's budget will be reviewed at the annual meeting in April. The budget along with the projection ice schedule are the primary factors that determine a players fees. The BOD is committed to having the projected membership and ice fees available to the membership prior to tryouts.

## BOARD OF DIRECTORS NOMINATIONS

This year the Board of Directors is looking to fill four seats on the Hyland Hills Hockey Association Board. If you are interested in running for one of the positions the application can be found on the main page of the website. Turn in Applications to Diane Wirth in the hockey office by March 1, 2010.



### The Hyland Hockey News is published by Hyland Hills Junior Hockey Association

Shawn Kurulak, Executive Hockey Director  
David Fromm, Assistant Hockey Director  
Lisa Wildrick, Assistant DNHL Program Director  
Diane Wirth, Player Accounts/Office Admin.

Board of Directors  
John Shick, President  
Dave Dygert, Vice President & Tournament Director  
Kristy Matthias, Secretary & Director of Managers  
Joanne Schmidt, Treasurer  
Ed Cocoa, Director Rules & Regulations  
Rob Cuscaden, 8-Under Program Director  
Karl Erickson, Disciplinary Committee  
Tom McLeod, Director at Large  
Mark Wildrick, DNHL Program Director

The Hyland Hockey News is published as another tool to keep families informed of the many excited events, activities, team and individual successes that take place in our association.

With the help of the Board of Directors we hope to provide a publication that will be supportive, informative and entertaining.

We welcome any newsletter comments, suggestions or stories. Please submit them to: Denise McClure at dmclure4@gmail.com or Kristy Matthias at kristymatthias@yahoo.com.

#### **Chief Editor:**

Denise McClure      dmclure4@gmail.com