



**BEHIND  
THE MASK**

*Elite Goalie School  
& Skills Training*

**IT'S NOT JUST A  
GAME FACE  
IT'S GAME READY**

*Great Training. Great Techniques.*

[www.behindthemask.net](http://www.behindthemask.net)

# ***Camp Dates***

## **Shakopee, Minnesota:**

July 5 - 9, 2010

July 12 - 16, 2010

(held at the Shakopee  
Community Center & Ice Arena)

Sessions include on-ice and off-ice training.

This is a day camp. The general  
schedule runs from 9 a.m. - 3:30 p.m.

Campers should bring a lunch, water bottle  
and change of clothes, including  
shorts and running shoes.

Interested in more training?  
Ask about personal training  
sessions and European  
Camps.

## **USA & Europe Camps**

Our week long instructional camps allow  
goaltenders to focus on their skills, build  
repetition and improve conditioning habits.

Behind the Mask holds goalie camps  
with US and European instructors at key  
hockey centers around the world.

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***[www.behindthemask.net](http://www.behindthemask.net)***

# Great Training. Great Techniques.

## **Training that Builds Solid Fundamentals & Advanced Save Skill Sets**

Behind the Mask camps work with goaltenders in developing solid fundamental skill sets to advanced save techniques for all levels of goaltenders. During camps, we focus on a variety of goalie skills, some include: position specific movement, base stance and primary save assets.

## **European And U.S. Instructors Bring Their Game**

Our coaches will refine technical skills while elevating our students' positional and tactical game. Through these intense sessions, goaltenders will gain greater control of save executions, recovery and the position-specific movement skill, which puts them into proper ready position. Sessions also concentrate on establishing stronger positional play and mental toughness.



## **Off-Ice Development Skills That Can Be Used Everyday**

At BTM, we work with goaltenders in the classroom and in dryland sessions to build good work habits and a clear understanding on how they can improve their skills throughout the season.

Classroom sessions will allow each goaltender to interact with coaches and other goalies to improve their knowledge of the position.

Dryland activities focus on training in an atmosphere favorable to personal and physical development. Some drills include: Strength and Conditioning • Flexibility • Acceleration, Speed and Agility • Foot Quickness • Body Weight Strength Movements.

## **Behind the Mask Elite Goaltending Training**

At BTM, we believe that each goaltender has a unique approach with distinct strengths, assets and capabilities. Importance is placed on psychological, physiological and technical aspects of each athlete. BTM provides world-class instruction and mentoring for beginners to advanced goaltenders.

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**[www.behindthemark.net](http://www.behindthemark.net)**

*private lessons available upon request*

**Shakopee, MN**  
**Espoo, Finland • Graz, Austria**



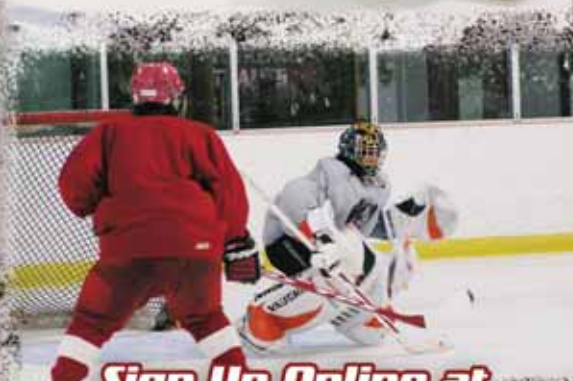


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## **A Staff Who are Passionate About Goaltending**

Our head goaltending instructor, Bernd Brückler, is a professional goaltender for the Espoo Blues, Finland. Bernd's staff includes an experienced group of goaltending coaches committed to excellence.



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