

**NEVADA YOUTH
SOCCER ASSOCIATION**

COACHES EDUCATION

PROGRAM

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INTRODUCTION

Thousands of coaches have attended and successfully completed a US Soccer Federation Coaching course since they were first developed in 1971. Regardless of the level of certification or license attempted, the prime objective of the coaching education program is to provide all coaches from the beginner to the most advanced with up-to-date theoretical and practical knowledge.

Coaching education begins at the state level with introductory 4 hour “Youth Modules” and the 18 hour “E” Certification course. These courses cover elementary principles of coaching and the “E” Certificate prepares interested coaches for the 36 hour “D” License. Successful completion of the “D” course certifies coaches with either a State or National License. Both licenses are non-expiring and are awarded following the completion of both theoretical and practical testing. Candidates wishing to attend a US Soccer National Coaching School to take the “C” License course must have earned and held a National “D” License for a minimum of 12 months. Those holding a State “D” license may upgrade their State Pass to a National Pass through an upgrade course under the direction of the State Technical Director.

Which Coaching Course Should I Take?

One of the most frequently asked questions for the coaching department at the NYSA office is “Which coaching course should I sign up for?”

An accurate response to this question is very dependent on the person asking and typically requires further information to decide on the appropriate course. The questions that need to be answered are:

- 1) What age group are you currently coaching?
- 2) Do you have any coaching licenses?

Many coaches do not realize that the NYSA coaching education program is age specific. A popular misconception is that the “E” Certificate course should be the first coaching course taken. Many times this is not the case. The “E” Certificate course and the “D” License course are the basic level and introductory courses respectively from the United States Soccer Federation (USSF) Coaching Education program. As one of the 55 Youth Soccer State Associations, it is our responsibility to deliver these courses on behalf of the USSF. The “D” course is a prerequisite to the “C” license which in turn is a prerequisite for the “B” License and ultimately the “A” license.

For more information on the USSF and its programs please visit www.ussoccer.com.

In addition to the “E” and “D” courses NYSA delivers Youth Module courses. The 4 hour Youth Module courses are condensed versions of the National Youth License course which is administered and instructed by United States Youth Soccer (USYS).

The mission of the National Youth License and State Youth Module courses are to provide the most current and advanced information on growth and development of youth soccer players. ***The Youth Module I course is specifically aimed at coaches of players aged U6 thru U8. The Youth Module II course is aimed at coaches of players aged U/9 thru U12.***

There are no prerequisites for a coach to take either of the Youth Module courses or the “E” certificate course. Essentially, a coach who is just getting started with a U13 team and has no coaching experience can go directly to the age appropriate course (which would be the “E” certificate). However, we do recommend that coaches who have little or no coaching experience begin by taking the Youth Module courses as an introduction to coaching youth players regardless of what age they will be coaching.

It is a requirement of NYSA that coaches who work with players aged 5-8 take the Youth Module I course and that coaches who work with players aged 9-12 take the Youth Module II. Additionally, NYSA requires that any coach who travels out of state with a U/10 team and younger needs to obtain the “E” Certificate, and any coach who travels or participates in State Cup with a competitive team U/11 and older needs to obtain a “D” License. ***In all cases, these are minimum requirements – coaching education is like any education – the more the better!!!***

NYSA Coaching Requirements

U/5-U/12 recreational coaches have one (1) year to complete the age appropriate NYSA Youth Module.

U/11 and up recreational coaches have one (1) year to obtain the NYSA “E” Certificate.

U/11 and up competitive coaches have one (1) year to obtain the NYSA State/National “D” license.

Every coach must have completed, prior to the start of the next seasonal year, an age appropriate Youth Module/License. Age appropriate is defined as:

- | | | |
|--------------------------------|---------|----------------------------|
| • U/5 – U/8 | Minimum | Youth Module I |
| • U/9 – U/12 | Minimum | Youth Module II |
| • U/11 and above | Minimum | State “E” Certificate |
| • U/11 and above (competitive) | Minimum | State/National “D” License |

Coaches are expected to be familiar with the requirements of the NYSA Risk Management Policy and Zero Tolerance Policy.

NYSA “Youth Modules” Level I and II

“The US Soccer Youth Coaching Courses are dedicated to the children, parents, and volunteers whose participation is essential to the development of the world’s game in the United States”

The mission of the National Youth License and the State Youth Modules is to provide the most current and advanced information on growth and development of the youth soccer player. The course takes the approach that the GAME WITHIN EACH CHILD is at the center of all belief, decisions and actions taken by the child, coach, and organization. It is the ultimate goal of youth soccer development within the United States to unlock the game within the child to reach their full soccer potential.

Coaching youth players requires bringing the game to life in a child’s world. The information and demonstrations will assist you with your coaching endeavors. This philosophy will allow youngsters to play, learn, grow, and enjoy soccer in a non-threatening environment. These four elements should be central to every decision and action taken by coaches and organizations devoted to youth soccer.

Youth Module: Level I (U/6-U/8)

Topics:

- Introduction and Orientation
- Philosophy of coaching the U/8 and younger players
- Characteristics of U/8 and younger
- Team administration and risk management
- Prevention and care of soccer injuries
- Modified Laws of the Game
- Organizing a youth training session
- Age appropriate practical field session
- Summary, Questions and Answers

Prerequisites: Minimum age requirement - 16 years old

Course Length: 4 Hours

Testing: None

Expectations of Candidate: A positive attitude. Arrive on time. Participate in all activities (field/lecture/discussion). Come dressed in appropriate soccer training attire. Bring notebook and pen/pencil for notes.

Cost: \$35 per person

Youth Module: Level II (U/9-U/12)

Topics:

- Introduction and Orientation
- Philosophy of coaching the U/12 and younger players
- Characteristics of U/12 and younger
- Team administration and risk management
- Prevention and care of soccer injuries
- Modified Laws of the Game
- Organizing a youth training session
- Age appropriate practical field session
- Summary, Questions and Answers

Prerequisites: Minimum age requirement - 16 years old

Course Length: 4 Hours

Testing: None

Expectations of Candidate: A positive attitude. Arrive on time. Participate in all activities (field/lecture/discussion). Come dressed in appropriate soccer training attire. Bring notebook and pen/pencil for notes.

Cost: \$35 per person

USSF “E” Certification Course:

The “E” Certificate is a basic level course which focuses on the development of the player, both individually and as part of the team. The emphasis will be to build on the player’s technical development by applying tactical concepts within game situations.

Objectives:

- To prepare coaches working with players U/11 and older by expanding their knowledge and understanding of the technical and tactical demands of the game and the development process necessary for players these ages.
- To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.
- To prepare coaches who plan to pursue an advanced US Soccer Federation State and/or National License. *(This course serves as a prerequisite for the “D” license course)*

Topics:

- Methods of Coaching
- Team administration and risk management
- Prevention and care of injuries
- Laws of the Game
- Coaching technique
- Coaching tactics
- Principles of attack and defense
- Small-sided games

Prerequisites: Minimum age requirement – 16 years old

Course Length: 18 hours of instruction (One Weekend)

- 5 hours classroom
- 13 hours field

Course Material: Candidates will be provided with a copy of the “E” Candidate manual at orientation. However, if you want to download the manual in advance a link is provided on the USYSNV.net website under coaching education.

Testing: Written – Take Home

Expectations of Candidate: A positive attitude. Arrive on time. Participate in all activities (field/lecture/discussion). Come dressed in appropriate soccer training attire. Bring notebook and pen/pencil for notes.

Cost: \$75 per person

USSF “D” License Course:

The “D” is an Introductory Level licensing course offered under the auspices of the US Soccer Federation through affiliated members at the state level. In order to maintain consistency in the delivery and execution of the course the objectives, expectations, and grading for the “D” License course have been established.

The “D” License is a 36-hour course designed for the experienced coach who has already received training at the “E” level or who has several years of coaching and/or playing experience. The focus of this course is to improve individual and team ability.

Objectives:

- To prepare coaches working with players U/13 and older by expanding their knowledge and understanding of the technical and tactical demands of the game and the developmental process necessary for players of these ages.
- To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.
- To prepare coaches for whom this represents their final coaching course, as well as those who plan to pursue an advanced US Soccer Federation National Coaching License.

Topics:

- Methods of coaching
- Team management
- Prevention and care of injuries
- Coaching technique
- Coaching tactics
- Principles of play
- Systems of play
- Match analysis
- Small sided games

Prerequisites:

- “E” Certificate or equivalent - Held a minimum of 6 months or approved by the state director of coaching education
- Approved Waiver (see waiver policies/procedures - page 11)
- Minimum age – 18 years old
- **Required pre-course reading** (Download from USYSNV.net under Coaches Education - Course Materials)

Course Length: 36 hours

- 9 hours classroom
- 27 hours field

Course Material: Candidates will be provided with a copy of the “D” Candidate manual at orientation. However, if you want to download the manual in advance a link is provided on the USYSNV.net website under coaching education.

Testing:

- Laws of the Game – take home test
- Prevention and Care – take home test
- Oral exam
- Practical field session – methods / coaching

Expectations of Candidate: A positive attitude. Arrive on time. Participate in all activities (field/lecture/discussion). Come dressed in appropriate soccer training attire. Bring notebook and pen/pencil for notes.

Cost: \$125 per person

Grading:

- Pass = National “D” License
- NR (Not Ready) = State “D” License
- Fail = “E” Certificate (if candidate does not already have one)

***Waiting Period:** Upon successful completion of the National “D” License course; there is a mandatory waiting period of one (1) year before a coach is eligible to enroll in the National “C” License course.*

National License Course Information:

For information pertaining to US Soccer’s National “C”, “B”, “A”, and “Youth License”, please go to: <http://www.ussoccer.com/Coaches/Coaching-Education-Home.aspx>. For those interested in courses taught by the National Soccer Coaches Association of America, please go to: <http://www.nscaa.com>

“D” License: Re-Test/Upgrade & Testing Out

These options are offered to coaches that completed the “D” course but did not pass (see grading); or for coaches who hold a “D” License from another state; or any other equivalent license

A candidate must submit two (2) lesson plans (1 technical and 1 tactical) that were used within the three (3) month waiting period. Lesson plans must be handed in to the state instructor prior to the course.

Re-tests/Upgrades and Testing Out will be provided at all scheduled “D” courses. Candidates must register in advance of the course.

Prerequisites:

- Must have completed the “D” course and received a “Not Ready or “Fail” grade
- All Re-Tests/Upgrades must wait a minimum three (3) months from their original course date.
- Testing Out requires an existing Out-of-State “D” License or Equivalent

Course Length:

- 8 Hours (classroom & field)

Testing:

- Oral exam
- Practical field session – methods / coaching

Cost: \$50 per person

Grading:

- Pass = National “D” License
- NR (Not Ready) = State “D” License
- Fail = “E” Certificate (if candidate does not already have one)

Note: A candidate can only re-test once. If he/she receives a “Fail” or “Not-Ready” a second time, he/she must retake the entire “D” course and pay all appropriate fees.

NYSA Coaching Education Policy on Licensing Waivers:

What is a license waiver?

Depending on the level of practical playing and coaching experience. It is possible to enroll in the state coaching education program beyond the entry level. **A waiver does not grant an individual a license**; it merely allows the individual coach to bypass a certain course. In addition, it determines where the coach will begin in the coaching education process.

At the state-level, the maximum a coach can be approved to bypass is the “E” Certificate.

However, coaches with significant (documented) professional backgrounds can apply for a waiver through www.ussoccer.com and be considered for the C or B License based on their respective soccer background.

What are the criteria to obtain a “E” Certificate waiver?

To be considered for a NYSA waiver to the “D” License Course, a coach must meet one or more of the following standards set by US Soccer.

- Equivalent coaching certificate/license from another association (i.e. NSCAA or AYSO) or from a foreign national association (FA, or UEFA) Note: copies of certificates/licenses will be required to substantiate and prove claims to the above.
- Several years of coaching and/or playing experience at an intermediate level or above.

Course Equivalents

USSF	NSCAA	AYSO
A	Premier	
B	Premier	
C	Advanced National	
D	National	
E	Advanced Regional	Advanced Certificate
Youth Module II	Regional	
Youth Module I	State	

How do I apply for an “E” Certificate waiver?

Download and complete the waiver form provided on the NYSA website, include all necessary documentation. All information including fees must be submitted in writing to NYSA State Director of Coaching Education to the address listed below or via fax and received no later than one (1) week prior to the “D” course.

Nevada Youth Soccer Association
2626 South Rainbow Blvd., Suite 103
Las Vegas, NV 89146
Fax: (702) 870-9990

All waivers and documents will be reviewed by the NYSA Director of Coaching Education and/or the NYSA State Director of Coaching for a final decision.