



Digger Hawkins:

Nebraska ODP 93, 96 & 98 Girls Head Coach.

Nebraska ODP Head Identification Scout for the Boys & Girls Program.

“2008 Girls Competitive Coach of the Year” for the State of Nebraska.

First Ever Nebraskan Coach to Win the ODP Region II Championship.

Former Professional Soccer Player (Portsmouth FC, EPL in England).

English UEFA 'B' License.

USSF “National” C License.

NSCAA Advanced Regional

NSCAA Professional Development Certificate.

Objective: The main objective of this Winter Academy is to give players extra touches of the ball during the winter months. Conscious of burn out, this Academy will run only once a week. The Winter Academy will focus on the technical aspects of the game, the ability to pass the ball over distance, having a good first touch are essential elements of the game. There will be a lot of ball work involved helping players to feel more comfortable on the ball. Tactical aspects of the game will also be touched upon including Defending, Attacking and Possession. This Academy will gear up a player and get them ready for the Spring Soccer Season. All players will be given the opportunity to work with the experienced staff at Going Vertical on speed, agility and power development to enhance their sports performance if they choose to do so.

Curriculum:

Technical (ball work)

Passing

Improving 1st touch

1v1 Defending

1v1 Attacking

1v1's (Fakes and Feints)

Fast Footwork Exercises

Going Vertical (U7 and above)

College Super '6's (prizes for the winning teams)

Juggling

Possession

Receiving Balls (including out of the air)

Defending

Attacking

Coerver Moves

Small Sided Games

Ages: Micro-High School players - Girls & Boys

Venue: All Seasons/Going Vertical
10700 Sapp Brothers Drive
Omaha NE 68139

Dates: Sunday January 24th, 2010
 Sunday January 31st, 2010
 Sunday February 7th, 2010
 Sunday February 21st, 2010
 Sunday February 28th, 2010
 Sunday March 7th, 2010
 Sunday March 14th, 2010 - College Super '6's

DIGGER HAWKINS' WINTER ACADEMY 2010 IS OPEN TO ANY PLAYER FROM ANY CLUB

What to bring: Come to Striker Camp dressed to play Soccer. Shinguards, Cleats and a Soccer Ball are all required. Make sure you bring plenty of Water.

Hours:

Sunday January 24th, 2010-Sunday March 7th, 2010 – Soccer Field Times

	Field 1	Field 2
2pm-3pm	U9	
3pm-4pm	GK (U9-U11)	U7/U8
4pm-5pm	GK (U12-U19)	Micro Academy
5pm-6pm	U10	U11
6pm-7pm	U12	U13
7pm-8pm (2010)	U14	High School (up until February 28th, 2010)

The breakdown of age groups are subject to change depending on the number of players signing up per age bracket.

Sunday January 24th, 2010-Sunday March 7th, 2010 – Going Vertical Times

4pm-5pm	U7/U8/U9/U10/U11
5pm-6pm	U12/U13
6pm-7pm	U14/High School

The breakdown of age groups are subject to change depending on the number of players signing up per age bracket.

Sunday March 14th, 2010 – College Super 6's

	Field 1	Field 2
2pm-8pm	College Super 6's	College Super 6's

Packages:

- \$160 for 7 field sessions, 6 Goalkeeping sessions + 6 Going Vertical sessions
- \$125 for 7 field sessions + 6 Going Vertical sessions
- \$120 for High School Players only - 5 field sessions, 5 Goalkeeping sessions + 5 Going Vertical sessions – running from Sunday January 24th, 2010-Sunday February 28th, 2010
- \$115 for 6 Goalkeeping sessions + 6 Going Vertical sessions
- \$110 for 7 field sessions, 6 Goalkeeping sessions
- \$100 for High School Players Only - 5 field sessions + 5 Going Vertical sessions – running from Sunday January 24th, 2010-Sunday February 28th, 2010
- \$100 for High School Players Only - 5 Goalkeeping sessions + 5 Going Vertical sessions from Sunday January 24th, 2010-Sunday February 28th, 2010
- \$75 for 7 field sessions
- \$75 for Micro Academy Players for 7 field sessions
- \$65 for 6 Goalkeeping sessions (U9 and above only)
- \$55 for 5 Goalkeeping sessions (High School Players only)
- \$50 for 5 field sessions (High School Players only)

*****EACH SESSION WILL BE LIMITED TO 22 PLAYERS PER GROUP*****

*****EACH GOALKEEPING SESSION WILL BE LIMITED TO 15 GOALKEEPERS PER GROUP*****

Please sign up early to avoid disappointment.



- All participants will receive a Digger Hawkins Winter Academy T-shirt
- **Registrations must be received by January 17th, 2010** to be guaranteed a T-shirt

Any questions please call David "Digger" Hawkins @ (402) 890-3599 (please make sure you dial the area code 402).

To register please fill the form in below with registration fee and return to the displayed address.

Return to:
David Hawkins
18626 Holmes Circle
Omaha, NE 68135

Checks payable to Digger Hawkins Premier Soccer

Players Name: _____

Players Age: _____

Players Age Bracket: Micro _____ U9 _____ U12 _____ High School _____
 U7 _____ U10 _____ U13 _____
 U8 _____ U11 _____ U14 _____

Package you are signing up for:

- \$160 for 7 field sessions, 6 Goalkeeping sessions + 6 Going Vertical sessions _____
- \$125 for 7 field sessions + 6 Going Vertical sessions _____
- \$120 for HS Players Only - 5 field sessions, 5 Goalkeeping sessions + 5 Going Vertical sessions _____
- \$115 for 6 Goalkeeping sessions + 6 Going Vertical sessions _____
- \$110 for 7 field sessions, 6 Goalkeeping sessions _____
- \$100 for HS Players Only - 5 field sessions + 5 Going Vertical sessions _____
- \$100 for HS Players Only - 5 Goalkeeping sessions + 5 Going Vertical sessions _____
- \$75 for 7 field sessions _____
- \$75 for Micro Academy Players for 7 field sessions _____
- \$65 for 6 Goalkeeping sessions (U9 and above only) _____
- \$55 for 5 Goalkeeping sessions (High School Players only) _____
- \$50 for 5 field sessions (High School Players only) _____

Address: _____

E-mail: _____

Contact person: _____

Home Phone #: _____ Cell Phone #: _____

T-Shirt Size: Youth S _____ Med _____ L _____ Adult S _____ Med _____ L _____ XL _____

Medical Waiver Form

I/We the Parents or Guardians understand that our child, children will be taking part in all physical activities during the dates and times of the Digger Hawkins' Winter Academy. We the parents and or guardians acknowledge that the registered child for the Camp is in good health and is mentally capable of taking part in all activities. We the Parents and or Guardians are confident that the names attendant to the Camp is able to engage in all activities.

Liability Waiver

I/We the Parents and or Guardians of the above named attendant to the Digger Hawkins' Winter Academy give permission for the above participant to take part in all activities during the above camp. We understand that as with any sport, injuries can occur and that we the parents and or guardian do not hold David Hawkins, Digger Hawkins Premier Soccer, Going Vertical/All Season and or any guest clinician liable for any accident or injuries occurring during the above Academy. The Academy Director and clinicians will not be held responsible for any loss or damage to any participants' equipment during the camp.

Signature of Parent or guardian for both waivers