

What equipment do we need to play hockey?

For Jr. Huskies, you only need to supply the hockey skates; we will provide the rest (including the bag). It is recommended that your child wear a light-weight long-sleeved shirt and light-weight long pants under their equipment (similar to long-johns).

For Mites/8U your child will need:

Helmet (black), neck guard, mouth guard, elbow pads, shin pads, hockey gloves, breezers (black), groin protection, hockey socks (to go over shin pads), sock tape (to hold the socks up), hockey skates, hockey stick and stick tape.

Don't forget that your child also needs a light-weight long-sleeved shirt and light-weight pants (long-johns or similar) to go under their hockey gear.

If you can't find the hockey socks in your child's size, you can substitute "roomy" black sweatpants or black "track" pants to go over the shin pads.

Please keep in mind that Andover Husky colors are black, Vegas gold and white (specifically for the hockey socks).

It is also recommended that you purchase a hockey bag to hold all of this equipment in.

Where can I buy equipment?

There are several places to buy equipment in our area and online. If this is your child's first experience in hockey, it is probably best to go to a local retailer and have them help you with getting the right sizes. Some retailers even offer "Mite equipment packages".

Local retailers that sell hockey equipment: Hat Trick Hockey (Anoka), Dave's Sport Shop (Fridley and Blaine locations), Hockey Central (Blaine) and Lettermen Sports (Blaine and Plymouth locations).

Here are some other FAQ's that may be helpful:

What is the Fall Skills Development Program (SDP)?

Fall Development is a pre-season skill development program. Registration is online (www.ahyha.com) and opens typically at the end of July or the beginning of August. The program usually runs for 6 sessions in September at the Mite level. This is a great way to get your hockey player ready for the season! You can sign up even if this is your first year of Mites. Space is limited and it's first come, first serve.

What is the Mite Meet and Greet? The Meet and Greet occurs in early/mid October and is a kick-off to the Mite season! It is a free skating and fun and games event for our youngest of members. All Mites and their parents are welcome to attend this event.

What is 3 on 3 in the Spring for Mites? This program is run for all Mites. It is nothing but small area games so that the youngest of our players can handle the puck in small spaces. Games are run on half ice with 3 skaters on each side with frequent line changes. Little or no coaching is provided. It is a program designed to let the kids be kids and to bring out their creativeness with as little structure as possible. This program is typically run in late March/April, following the end of the regular season.

Other questions?

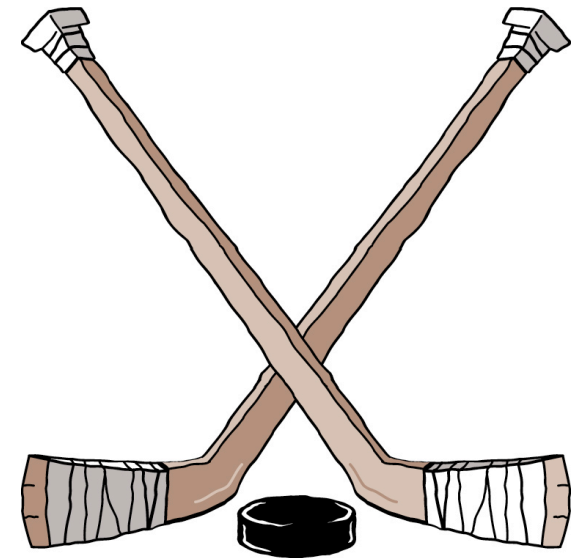
Please feel free to visit our website www.ahyha.com or contact our Mite Administration Director for the 2011/12 Season:

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A N D O V E R

Hockey 101



A New Hockey Parents' Guide

www.ahyha.com



Who can play hockey?

Hockey is a sport for both boys and girls. We offer 2 “beginner” programs to help get your skater started in the right direction.

Jr. Huskies

Jr Huskies programs run year round and are designed to introduce girls & boys ages 3-8 to skating & hockey. Sessions involve skating drills, tag games, races, and challenges, all designed to build confidence. All sessions are held at the Andover Community Center, and are conducted in a safe and friendly group setting.

Jr Huskies will run 2 different sessions, a beginner session and an advanced session. The beginner session is for kids with little or no skating experience and is typically for ages 3-6. The advanced session is for kids who can skate without assistance and want to learn more about hockey. This session is typically for 4-8 year olds.

Your child will need skates to participate in this program; we will provide the rest of the equipment at no cost!

Jr Huskies is the affordable way to introduce hockey to your children before you invest in equipment or expensive ice programs! Come visit us online at www.ahyha.com and click on the Jr. Huskies tab to the left for more information.

Mites/8U

Our Mite Program is for children ages 4-9 (see Registration Guide on our website for exact birthdates). Our Mite Program fosters skill development, healthy competition, sportsmanship, and team play. Our mission is to develop a "Tradition of Excellence". The Mite Program offers four levels of play, A through D.



A N D O V E R

Mite/8U Levels

Here is an approximate guideline for the different Mite levels:

“D” Mites – Beginner, cross ice hockey, typical ages 4-6, if you can skate at all, you can play “D” Mites

“C” Mites - Can do a hockey stop, can skate backwards, full ice hockey with goalies, typical ages 6-8

“B” Mites – A step up from “C” Mites, typical ages 2nd and 3rd graders

“A” Mites – “Elite” Mites, typically the top 3rd graders

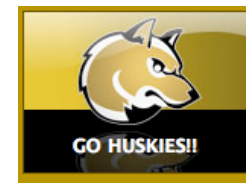
“8U” – This is our all girls team. Typically, girls play one year of Mites before joining the 8U team. Girls are welcome to play with the boys at any level of Mites if they prefer.

Please keep in mind that this is only an approximate guideline. Every child is different and will progress at different levels.

For the Mite level, you will need to supply all hockey equipment.

How can I register my child?

Registration is done online (only) at our website, www.ahyha.com. Jr. Huskies will have several sessions throughout the year, so check the website often. Mite/8U registration typically opens at the beginning of August. Check our website around that time for details and get signed up!



Where will we practice/play?

Our Jr. Huskies participants will have all of their sessions at the Andover Community Center.

Typically, our Mite/8U teams will have practices at Andover Community Center, Schwan’s Super Rink in Blaine and local outdoor rinks when conditions are appropriate.

Mite/8U games will be held at Andover Community Center as well as at other arena’s within our association (close to home).

What is the time commitment for hockey?

For Jr. Huskies, a typical program has 1 hour sessions, once a week. Each program usually has 8-10 sessions.

For the Mite/8U level, the regular hockey season starts in October and typically goes through March. The amount of time spent per week varies by which level your child plays at. The lower levels will not have as high of a commitment as the upper levels. Typically you can count on anywhere between 2-4 practices or games per week. Practices are usually an hour and games vary depending on the level. All teams participate in at least one Jamboree (a local non-competitive “tournament”).

Please note that this is only a guideline and every team/season is different.

Disclaimer: This event, class, activity or matter is not sponsored or endorsed by Anoka-Hennepin School District #11 and is not printed at District expense.