

2009-10 MVC Men's Swimming Report

Last year's best relay time for each school and top returning individuals in each event with this year's grade

2008-09 Team Records in Small Meets (in all meets, not just vs. MVC teams)

Team	W	L	T
Cedar Falls	6	0	0
Iowa City High	8	1	0
Dbq Senior	10	2	0
CR Washington	5	2	0
Waterloo West	8	4	0
CR Jefferson	3	3	0
CR Kennedy	6	6	0
IC West	3	7	0
Dbq Hempstead	2	8	0
Linn-Mar	1	9	0
Waterloo East	0	14	0

Individual & Relay Event Leaders

200 Medley Relay

Team	Time
CR Washington	1:35.65
Dbq Hempstead	1:37.91
Dbq Senior	1:38.45
CR Jefferson	1:39.78
Cedar Falls	1:41.46
Iowa City High	1:41.60
Iowa City West	1:44.19
Waterloo West	1:44.21
CR Kennedy	1:45.42
Linn-Mar	1:49.46
Waterloo East	2:07.66

200 Freestyle

Name	Gr	Team	Time
Garrett Moses	12	CF	1:42.75
Cam Herting	11	ICC	1:44.42
Kean Drake	12	CRJ	1:46.65
Morgan Barnes	10	CRW	1:47.12
Theo Coyne	11	ICC	1:47.77
Sam Gray	12	CRW	1:48.00
Tim Temperley	11	DH	1:48.90
Tate Forsyth	11	DS	1:50.13
Michael Rusch	12	CRK	1:50.21
Cameron Griffin	12	DH	1:51.23
Jon Baker	11	CF	1:51.56
James Davis	11	ICC	1:51.77
Colin McAlister	11	ICC	1:51.79
Mike Missen	12	ICW	1:52.36
Ben Loeffelholz	11	DH	1:53.70
Michael Lyon	12	CRK	1:53.99
Evan McClain	11	WW	1:54.36
Eric Ferring	12	DS	1:57.37
Peter Christensen	11	WW	1:57.72
Banning Young	12	CRW	1:58.90

200 Individual Medley

Name	Gr	Team	Time
Austin Abbas	11	CF	1:56.83
Connor Huff	10	DS	1:59.27
James Davis	11	ICC	2:03.72
Ian Ford	10	CRW	2:04.89
Garrett Moses	12	CF	2:04.91
Michael Rusch	12	CRK	2:06.47
Josh Sund	11	CF	2:07.18
Kanoe Russell	12	ICC	2:07.36
Ben Weideman	11	ICC	2:07.95
Greg Rakozy	12	DS	2:08.68
Cam Herting	11	ICC	2:08.80
Mo Green	11	CRW	2:08.95
Kaisen Yao	10	ICW	2:10.14
Morgan Barnes	10	CRW	2:10.98
Theo Coyne	11	ICC	2:11.40
Tim Temperley	11	DH	2:12.60
Clayton Hoyt	10	CRW	2:12.62
Ben Loeffelholz	11	DH	2:13.57
Jon Baker	11	CF	2:14.00
Kelly McNeilly	10	ICC	2:14.59

50 Freestyle

Name	Gr	Team	Time
Ben Loeffelholz	11	DH	:21.84
Garrett Moses	12	CF	:22.00
Austin Abbas	11	CF	:22.07
Joseph Gallet	12	CRW	:22.29
Banning Young	12	CRW	:22.39
Sid McMillian	11	ICC	:22.51
Michael Rusch	12	CRK	:22.81
Peter Christensen	11	WW	:22.83
Kaisen Yao	10	ICW	:23.31
Stu McMillian	11	ICC	:23.33
Chris Hillyer	12	CRK	:23.34
Kanoe Russell	12	ICC	:23.53
Drew Bloom	11	L-M	:23.71
Jake Raecker	12	WW	:23.74
Cam Herting	11	ICC	:23.77
Karl Rosenquist	12	ICW	:23.90
Sam Gray	12	CRW	:23.91
Ben Weideman	11	ICC	:23.96
Kean Drake	12	CRJ	:23.98
Tyler Eckhardt	12	CRW	:24.00

100 Butterfly

Name	Gr	Team	Time
Mo Green	11	CRW	:53.09
Eric Ferring	12	DS	:53.75
Ben Loeffelholz	11	DH	:55.05
Ben Weideman	11	ICC	:55.43
Kyle Rouse	12	CRW	:56.53
Karl Rosenquist	12	ICW	:56.66
Taylor Burks	11	CF	:56.91
Daniel Dai	11	ICW	:57.29
Sam Raiche	11	L-M	:57.75
Garrett Moses	12	CF	:58.03
Cam Herting	11	ICC	:58.50
Keyan Zarei	12	ICW	:58.88
Jon Baker	11	CF	:59.18
Josh Kehoe	11	CRW	1:00.46
Riley Batterson	12	CRK	1:00.72
Sam Gray	12	CRW	1:01.58
Trenton Greif	10	CRW	1:01.70
Brady Stern	10	CF	1:02.08
Brady St. John	10	ICC	1:02.59
Clayton Hoyt	10	CRW	1:02.66

100 Freestyle

Name	Gr	Team	Time
Garrett Moses	12	CF	:47.13
Ben Loeffelholz	11	DH	:48.10
Austin Abbas	11	CF	:48.30
Sid McMillian	11	ICC	:48.50
Sam Gray	12	CRW	:49.26
Kaisen Yao	10	ICW	:49.47
Banning Young	12	CRW	:49.54
Michael Rusch	12	CRK	:49.67
Jon Baker	11	CF	:49.89
Tate Forsyth	11	DS	:50.41
Stu McMillian	11	ICC	:50.63
Tim Temperley	11	DH	:50.64
Theo Coyne	11	ICC	:50.90
Peter Christensen	11	WW	:51.36
Michael Jacobsen	12	CRJ	:51.40
Mike Missen	12	ICW	:51.44
Chris Hillyer	12	CRK	:51.54
Cam Herting	11	ICC	:51.55
Joseph Gallet	12	CRW	:52.16
James Davis	11	ICC	:52.19

500 Freestyle

Name	Gr	Team	Time
Cam Herting	11	ICC	4:40.79
Eric Ferring	12	DS	4:49.48
Morgan Barnes	10	CRW	4:49.77
Kanoe Russell	12	ICC	4:50.32
Theo Coyne	11	ICC	4:51.65
Tim Temperley	11	DH	4:56.60
Garrett Moses	12	CF	4:56.98
Kean Drake	12	CRJ	5:01.62
Cameron Griffin	12	DH	5:07.70
Colin McAlister	11	ICC	5:08.26
Luke Herny	11	CRW	5:09.05
Brian Kopec	11	CRW	5:09.84
Michael Lyon	12	CRK	5:10.93
Evan McClain	11	WW	5:14.68
Jon Baker	11	CF	5:15.25
Mitch Gill	10	DS	5:20.73
Ben Loeffelholz	11	DH	5:20.78
Kelly McNeilly	10	ICC	5:22.93
Brady St. John	10	ICC	5:23.78
Tate Forsyth	11	DS	5:26.68

200 Freestyle Relay

Name	Gr	Team	Time
CR Washington			1:25.90
Dbq Senior			1:25.98
Cedar Falls			1:27.55
CR Kennedy			1:29.73
Iowa City High			1:30.99
Dbq Hempstead			1:31.51
Iowa City West			1:32.08
Waterloo West			1:32.08
CR Jefferson			1:32.71
Linn-Mar			1:34.07
Waterloo East			1:50.70

100 Backstroke

Name	Gr	Team	Time
Austin Abbas	11	CF	:52.32
Ian Ford	10	CRW	:56.01
Kanoe Russell	12	ICC	:57.71
Colin McAlister	11	ICC	:59.63
Banning Young	12	CRW	:59.80
Michael Lyon	12	CRK	1:00.11
Mitch Gill	10	DS	1:00.47
Jake Raecker	12	WW	1:00.67
Stu McMillian	11	ICC	1:00.92
Mike Rusch	12	CRK	1:00.95
Morgan Barnes	10	CRW	1:01.12
Austin Nicholson	11	L-M	1:02.26
Kelly McNeilly	10	ICC	1:02.83
Ben Olson	11	CF	1:02.98
Eric Ferring	12	DS	1:03.19
Cam Herting	11	ICC	1:03.73
Brady St. John	10	ICC	1:03.97
Brenden Weberg	10	CRW	1:04.76
Kristian Anderson	10	CRJ	1:04.96
Spencer Nelson	11	CRW	1:05.36

100 Breaststroke

Name	Gr	Team	Time
Joseph Gallet	12	CRW	:58.10
Kean Drake	12	CRJ	:59.49
Connor Huff	10	DS	1:02.14
Kaisen Yao	10	ICW	1:03.90
Jeremy Corbett	12	CRW	1:04.21
Ty Bailey	11	DS	1:04.52
James Davis	11	ICC	1:04.61
Greg Rakozy	12	DS	1:04.70
Tony Hall	10	WW	1:05.27
Taylor Burks	11	CF	1:05.69
Josh Sund	11	CF	1:05.71
Daniel Fields	12	CRK	1:07.75
Jon Baker	11	CF	1:07.90
Sam Gray	12	CRW	1:08.88
Keyan Zarei	12	ICW	1:09.33
Colton Benhart	12	CRK	1:09.48
Buster Worthington	12	WW	1:09.74
Ian Ford	10	CRW	1:09.87
Mattieu Corbett	11	CRW	1:09.92
Michael Jacobsen	12	CRJ	1:10.46

400 Freestyle Relay

Name	Gr	Team	Time
Dbq Senior			3:08.44
Cedar Falls			3:10.77
Dbq Hempstead			3:13.83
Iowa City High			3:14.95
CR Washington			3:16.60
CR Kennedy			3:20.23
CR Jefferson			3:20.25
Waterloo West			3:24.92
Iowa City West			3:29.59
Linn-Mar			3:29.74
Waterloo East			4:19.30