

**2009-10 Mississippi Valley Conference Men's & Women's Bowling Schedule**  
 (Conference Matches in CAPS)

Mon, Nov 23	JEFFERSON at IOWA CITY WEST	Colonial Lanes
Tues, Nov 24	CEDAR FALLS at HEMPSTEAD KENNEDY at PRAIRIE WATERLOO WEST at WASHINGTON XAVIER at SENIOR WAHLERT at LINN-MAR IOWA CITY HIGH at WATERLOO EAST	Bowling & Beyond Lancer Lanes May City Bowling & Beyond CR Bowling Center Cadillac Lanes
Sat, Nov 28	Waterloo East & Waterloo West at Cedar Valley Turkey Day Shootout	
Tues, Dec 1	Hempstead at Western Dubuque	Farley
Fri, Dec 4	IOWA CITY WEST at CEDAR FALLS JEFFERSON at XAVIER WASHINGTON at KENNEDY PRAIRIE at WATERLOO WEST HEMPSTEAD at WATERLOO EAST SENIOR at WAHLERT LINN-MAR at IOWA CITY HIGH	Valley Park May City CR Bowling Center Maple Lanes Cadillac Lanes Bowling & Beyond Colonial Lanes
Fri, Dec 11	CEDAR FALLS at WAHLERT IOWA CITY HIGH at JEFFERSON LINN-MAR at KENNEDY PRAIRIE at IOWA CITY WEST WASHINGTON at XAVIER HEMPSTEAD at SENIOR WATERLOO EAST at WATERLOO WEST	Bowling & Beyond May City CR Bowling Center Colonial Lanes Lancer Lanes Bowling & Beyond Maple Lanes
Sat, Dec 12	Jefferson, Kennedy, Prairie, Washington, Xavier, Iowa City High, Iowa City West & Linn-Mar at Prairie Baker Tournament	Lancer Lanes
Fri, Dec 18	WATERLOO WEST at CEDAR FALLS KENNEDY at JEFFERSON XAVIER at PRAIRIE WASHINGTON at WATERLOO EAST WAHLERT at HEMPSTEAD SENIOR at IOWA CITY HIGH IOWA CITY WEST at LINN-MAR	Valley Park May City Lancer Lanes Cadillac Lanes Bowling & Beyond Colonial Lanes CR Bowling Center

Fri, Jan 8	JEFFERSON at CEDAR FALLS WATERLOO WEST at KENNEDY PRAIRIE at SENIOR WAHLERT at WASHINGTON XAVIER at LINN-MAR IOWA CITY HIGH at HEMPSTEAD WATERLOO EAST at IOWA CITY WEST	Valley Park CR Bowling Center Bowling & Beyond Lancer Lanes May City Bowling & Beyond Colonial Lanes
Fri, Jan 15	CEDAR FALLS at WATERLOO EAST LINN-MAR at JEFFERSON IOWA CITY WEST at KENNEDY WASHINGTON at PRAIRIE XAVIER at HEMPSTEAD WATERLOO WEST at SENIOR WAHLERT at IOWA CITY HIGH	Cadillac Lanes May City CR Bowling Center Lancer Lanes Bowling & Beyond Bowling & Beyond Colonial Lanes
Fri, Jan 22	CEDAR FALLS at PRAIRIE JEFFERSON at WATERLOO EAST KENNEDY at XAVIER IOWA CITY HIGH at WASHINGTON HEMPSTEAD at IOWA CITY WEST SENIOR at LINN-MAR WATERLOO WEST at WAHLERT	Lancer Lanes Cadillac Lanes May City May City Colonial Lanes CR Bowling Center Bowling & Beyond
Fri, Jan 29	CEDAR FALLS at KENNEDY JEFFERSON at WASHINGTON PRAIRIE at LINN-MAR WAHLERT at XAVIER HEMPSTEAD at WATERLOO WEST WATERLOO EAST at SENIOR IOWA CITY WEST at IOWA CITY HIGH	May City Lanes Lancer Lanes CR Bowling Center May City Lanes Maple Lanes Bowling & Beyond Colonial Lanes
Fri, Feb 5	SENIOR at CEDAR FALLS JEFFERSON at HEMPSTEAD KENNEDY at WAHLERT WATERLOO EAST at PRAIRIE LINN-MAR at WASHINGTON IOWA CITY HIGH at XAVIER WATERLOO WEST at IOWA CITY WEST	Valley Park Bowling & Beyond Bowling & Beyond Lancer Lanes CR Bowling Center May City Lanes Colonial Lanes
Fri, Feb 12	CEDAR FALLS at WASHINGTON SENIOR at JEFFERSON KENNEDY at IOWA CITY HIGH PRAIRIE at HEMPSTEAD XAVIER at WATERLOO WEST IOWA CITY WEST at WAHLERT WATERLOO EAST at LINN-MAR	Lancer Lanes May City Colonial Lanes Bowling & Beyond Maple Lanes Bowling & Beyond CR Bowling Center

Tues, Feb 16	LINN-MAR at CEDAR FALLS JEFFERSON at PRAIRIE HEMPSTEAD at KENNEDY WASHINGTON at SENIOR XAVIER at IOWA CITY WEST WAHLERT at WATERLOO EAST IOWA CITY HIGH at WATERLOO WEST	Valley Park Lancer Lanes CR Bowling Center Bowling & Beyond Colonial Lanes Cadillac Lanes Maple Lanes
Sat, Feb 20	Women's Regional & Men's Substate Tournaments	
Thu, Feb 25	1A State Tournament at Des Moines	Plaza Lanes
Fri, Feb 26	2A State Tournament at Des Moines	Plaza Lanes