



WAA News

Online at: waawoodbury.org

email: waaexecdir@waawoodbury.org November/December 2009

ONLINE REGISTRATIONS At waawoodbury.org

Wrestling

Register Online at waawoodbury.org

Volleyball

Competitive and Junior Olympic (JO)
Register today, Tryouts start Nov 9
Register at waawoodbury.org

Annual General Meeting January 25 7:00 pm at the WAA Building

Please take a moment to UPDATE your household information on our registration system. This will help YOU!

Register **ONLINE**, anytime 24/7
at **WAAWOODBURY.ORG**
select *Registration*
Please Update Household Information
WAA accepts
Visa, MasterCard & Discover

Letterman Jackets For Sale
WAA Building

REMEMBER.....WAA it is about the KIDS!!!

WAA Building 2630 Ojibway Drive
Monday-Friday 2:00 PM - 6:00 PM
651-731-0100

From The President

waaexecdir@waawoodbury.org

651-731-0100

As I write this article on October 23rd, we are in the middle of a very wet and cold October, our fall Sports outdoors have had to deal with some pretty rotten conditions. Thank you to all of the volunteers and parents that made it possible to get through this very crummy weather month.

H1N1 Flu is the major news story these days, please use good judgment when sending your children to co-mingle with other children on their sports teams. If you child is sick and has a fever, please keep them home and follow the guidelines as established by the health department and school systems. If everyone follows the basic rules, we should be able keep our kids healthy and safe. Be considerate of others, cover your coughs and wash your hands regularly. Hopefully we can get through this H1N1 with minimal impact on our families.

Hard to believe, but, Basketball and other winter sports have started and we are working on the Spring Sport Registration process now. One of the things that we find in the registration system is family entered misinformation. ***Please take time now when things are not so hurried to look over your account information in the system and bring your information up to date.***

The registration process for the Spring sports should be fairly simple and easy for all to do.. The process has been in place for two cycles now and most of you should be familiar with how it all works. If you are having trouble, remember that you can contact the office between 2 and 6 PM Monday thru Friday at 651-731-0100.

From The President

(continued)

(Continued from page 1)

We are still interested in finding someone that is willing to look at grant writing for the Association, there are thousands of opportunities out there waiting to be tapped, as the needs of the Association are identified and established over the coming years, there will be a need to better understand our position in the Grant writing field. If you or some one you know has expertise in that area, please call me so that we can discuss the possibilities.

Mark Boatman has announced that he will be stepping down as the Director of Developmental Baseball as of the 1st of the year. The baseball Board will be working to fill that position.

The Woodbury Volleyball program is also looking to fill their Director position as Pam Sullivan will be stepping down at the end of JO Volleyball season.

The WAA annual meeting will be held on Monday January 25th at 7:00 Pm at the WAA building.

CHECK IT OUT!

WAA has a newly updated website, making information available in an easier to read and explore format. Register online for your favorite Woodbury Sports.

Check it out at waawoodbury.org

**REMEMBER WAA.....
it's is about the KIDS!!!**

Sport Shack Holiday Sale

The Sport Shack located on the upper level at Bielenberg Sport Center will have a special holiday sale on Saturday, December 12, from 10 A.M. to 2:000 P.M.

We carry Woodbury and East Ridge Apparel. We also carry a great selection of youth apparel.

Come see the new merchandise, some special "One Day Only" sales and our clearance rack.

Time for WAA Nominations

A reminder to all members of WAA, nominations for all offices within WAA for the coming year will open December 1 and will remain open until December 24, 2009.

To place a nomination, simply email the Vice President, Laura Kallman, at bkkallman@aol.com.

If there are no nominees, nominations from the floor can be made at the **Annual General Meeting on January 25, 2010**. The AGM will be held at the WAA Building at 7:00 P.M. on January 25, 2010.

All members of WAA are eligible to run for the offices serving the WAA. The current officers are listed in this newsletter. To be on the ballot at the Annual General Meeting simply submit a nomination in writing 30 days prior to the meeting. A vote is taken of all members present at the AGM.

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2630 Ojibway Drive
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651-731-0100

SOFTBALL

WAA softball held tryouts in the fall for the first time in September and it went very successfully. The weather was great. Thank you to all of the people who helped in judging, hitting and catching balls, and checking in the players. A real special thank you to all of the players who tried out and gave their all!!

The WAA Softball board has three openings. We need volunteers for 3 key areas. We need someone to lead and organize tryouts, lead and organize player development and lead and organize the Wildpitch tournament. If you are interested in any of these positions please contact Jim Reetz at jimreetz@q.com. Without some new volunteers some long standing events such as the Winter Clinic, and the Wildpitch tournament may not happen. The program needs some new dedicated individuals to help lead. The current board members have children who are graduating from the program we need your help. Our website will have descriptions of these positions shortly.

In-house registration will begin after the New Year. Please watch our website for updates. WAA softball will again have softball for ages 4-18. Very few, if any, cities in the metro area provide opportunities for that spread of ages. Our in-house program is also very affordable. No age group costs more than \$100 and that includes all the necessary equipment for each team.

Support WAA at CHAMMP's

Play WAA pull-tabs at Chammp's!
Your support goes directly to WAA—
THANK YOU!

2008 WAA Board Members

Executive Dir. Gene Johnson 731-0100
waaexecdir@waawoodbury.org

OFFICERS

President Gene Johnson 731-0100
Vice President Laura Kallman 398-2083
waavicepresident@waawoodbury.org
Secretary Doug Pasche 578-6504
waasecretary@waawoodbury.org
Treasurer Ryan Vaske 731-0100
waatreasurer@waawoodbury.org

DIRECTORS

Baseball:

Traveling Joe Griesgraber 245-9443
travelbaseball@waawoodbury.org
Developmental Mark Boatman 714-8325
devbaseball@waawoodbury.org

Basketball: Girls

Brad Kletscher
girlsbasketball@waawoodbury.org

Boys Steve Pittman 247-7735
boysbasketball@waawoodbury.org

Football John Griffin 336-4570
football@waawoodbury.org

Membership Jeanne Derrick 458-9017
membershipdir@waawoodbury.org

Soccer Thomas Stadler 730-0100
soccerdir@waawoodbury.org

Softball Jim Reetz 731-4281
softballdir@waawoodbury.org

Track Corey Johnson 738-1822
track@waawoodbury.org

Golf Cecil Spivey 491-9391
golf@waawoodbury.org

Volleyball Pam Sullivan 738-7601
volleyballdir@waawoodbury.org

Wrestling Sam Johnson
wrestlingdir@waawoodbury.org

Office Staff

Reception waareceptionist@waawoodbury.org
I.T. itdir@waawoodbury.org
Office waawoodbury.org 731-0100

VOLLEYBALL

Fall Rec Program

The fall recreational volleyball season is wrapping up. It has been a great season with almost 200 girls participating in the league or fall clinic. This It has been a great season and we are excited for next year. Parent and players; if you have suggestions for next year or are willing to volunteer in the rec program next year, please contact Pam Sullivan at volleyballdir@waawoodbury.org.

Woodbury JO (Traveling) Volleyball Registration information

Competitive Volleyball or JO's (Junior Olympic) Volleyball is a winter sport. Tryouts are in November with practices starting in December. League play starts in January. Woodbury teams play in Burnsville at the Midwest Volleyball Warehouse or in tournaments around the metro area and also participate in the President's Day Tournament hosted by the North Country Region of USA Volleyball. Girls who are interested in playing competitive volleyball should plan on practicing 2 nights per week and play approximately every other weekend. The fee for 12's is \$550.00 and for 13's, 14's, 15's and 16's the fee is \$650.00. These fees cover USAV registration fees, tournament fees, practice time, uniforms, coach's fees and administration fees. Please check the WAA website for more information regarding playdates, practice information and coaches.

REGISTER ONLINE NOW!!!!

at www.waawoodbury.org.

Tryouts: Woodbury Middle School

12's Monday, November 9th, 6:00-8:00 p.m..

13's Monday, November 9th, 6:00-8:00 p.m.

14's Monday, November 9^h, 8:00-10:00 p.m.

15's Monday, November 16th, 6:00-8:00 p.m.

16's Monday, November 16th, 6:00-8:00 p.m.

This year we will have teams at the following ages:

12's: girls born on or after September 1, 1998

13's: girls born on or after September 1, 1997

14's: girls born on or after September 1, 1996

15's: girls born on or after September 1, 1995

16's: girls born on or after September 1, 1994

There will be a maximum of two teams at each age bracket. 12's and 16's will have 1 team. Practices will start in December and go through the end of April. Teams will be announced the night of tryouts. Girls must be accompanied by a parent. All players will be asked to sign a Letter of Commitment to play volleyball with Woodbury Volleyball. This is a binding contract. This year with the addition of a new program in the East Metro and after instances of players committing and then playing volleyball elsewhere, we felt the need to use this resource that USAV provides volleyball programs around the country. We want to make sure that when a team is chosen, all players commit. If you are unable or willing to make this commitment we will offer the spot on the team to another player. We will make a commitment to you as players and families, we feel the need for players and families to make a commitment to the program and their teammates. If you have questions about this form, please contact Pam Sullivan, Volleyball Director at volleyballdir@waawoodbury.org. This form can be found online at www.waawoodbury.org or www.ncrusav.org.

VOLLEYBALL DIRECTOR NEEDED: It has been four years that I have been the director of Woodbury Volleyball. As my daughters will be seniors next year, it is time to hand over the reins of this amazing program, with outstanding young women and supportive parents to someone else. If you are interested in helping to continue the tradition of Woodbury Volleyball please contact me. I plan to continue as Director through the JO Volleyball season. Someone interested in getting to know the program, can start as soon as they are willing. Plans for Summer 2010 camp are underway. Please contact me if you are interested.

Pam Sullivan at volleyballdir@waawoodbury.org.

BASKETBALL

Teams have been formed for 2009-10 Travel Season

Thanks to all the volunteers during our tryout process this year. The evaluators did an excellent job this year again. As always we are excited to get feedback about our tryout process. Please feel free to contact the Directors about your tryout experience, Brad Kletscher for the girls and Steve Pittman for the boys. Contact information is on the web site.

Traveling Tourney Volunteers

The Woodbury Traveling tournaments are January 30 - 31 for girls and February 6-7 for boys. Please keep your volunteer obligations in mind and do not schedule events during your shift at the tournament. The success and great reputation of the Woodbury Boy's and Girl's Traveling tournaments is largely due to the leadership, hospitality, and hard work of volunteer parents. Families will be required to do at least one shift of volunteer time. Our tournaments are another way we keep fees as low as possible and your help is greatly appreciated.

Refunds

The refunds for program changes and cancellations have been completed. Refunds for In-House Grade Coordinators and Traveling coaches will be completed in November. If you believe you have a refund due, please submit a reminder by emailing Steve Pittman for boys (sspittman9214@msn.com) or Brad Kletscher for girls (bkletscher@bgs.com). Your request will be handled by our Treasurer, Joanne Kletscher. Refund procedures are noted on the web-site. Please include your child's name, grade, and program in addition to parent's name, amount paid, reason for refund, and mailing address.

Volunteers needed:

WAA Basketball needs help in the position that follows:

Coaching Director

Gym Notes

As the season begins, please see the gym rules on the web-site. The most common issues we have are unsupervised kids in hallways. All children must be supervised at all times. Make sure that your child is at the correct practice site at the right time when you drop them off. Please go inside the gym with your son/daughter to make sure the coach is there. With the rotating schedule, it is very easy to make a mistake, and sometimes practices are cancelled for whatever reason. Coaches please make sure ALL your players have a ride home before leaving the site.

WAA Basketball pays for damages that we cause and that comes from the fees that you pay. Please help keep fees low by respecting all properties and keeping activities under control at all times.

Thank you very much for your cooperation with the gym rules.

Steve Pittman
Boy's Basketball Director

Mark your calendar for **future ONLINE registrations:**

TRAVELING BASEBALL - September
WRESTLING - October
SOCCER July - Summer Competitive
 September - Winter Recreational
 October - Winter Competitive
 U6-U8 - January
 Fall Recreational—May
DEVELOPMENTAL BASEBALL - January
SOFTBALL - January, March/Travel Tryouts
GOLF - January
TRACK - January
VOLLEYBALL— May, June, September
BASKETBALL— Early June
FOOTBALL— May and June

BASEBALL

Developmental Baseball

By Mark Boatman, Director

It may be the off season for baseball but the Developmental Baseball Board has been hard at work! Planning for the 2010 season starts now...and we're getting geared up. One of the exciting things coming is that we're going to be adding some new positions to the Board. The goal is to make us more efficient in serving you. Interested in getting involved? Watch for information to be posted on our website and emailed out in the coming weeks.

Mark your calendars now! Registrations for next season will begin in late January. We need your help to get signed up early! Last year we had some programs fill up so don't delay. Information about registrations will be posted on our website <http://www.waainhousebaseball.org>.

If you have any general questions, comments or concerns about the developmental baseball program, please contact me at info@waainhousebaseball.org.

It's never too early to start thinking spring...

Sport Shack

By the Woodbury Sports Foundation

Woodbury Spirit wear

Located upstairs at Bielenberg

Wednesdays 6-8 PM

Saturdays 10-Noon

Traveling Baseball

Travel Baseball has completed the 2010 Fall tryouts. Most teams are in place for the upcoming season.

Batting Cages:

Travel Baseball has use of the Bielenberg batting cages on Tuesdays and Thursday. Starting in January there will be a log sheet. Until that time it will be open to all WAA baseball players.

Spring Tryouts:

There are a limited number of roster positions still available. Travel Baseball will once again hold a spring tryout. The date is tentatively set for February 21st. Age/Times will be announced at our website: www.woodburybaseball.org

Clinics:

Travel Baseball will be organizing instructional clinics in the coming months. Clinics are open to anyone who wishes to improve their baseball skills. Clinics will take place in January and February. Keep an eye on our web site for more details.

If anyone has questions regarding travel baseball please feel free to contact Joe Griesgraber via email

Joseph.Griesgraber@metroinsurancebrokers.com

Mark your calendar for
future **ONLINE** registrations:

TRAVELING BASEBALL - September

WRESTLING - October

SOCCER July - Summer Competitive

September - Winter Recreational

October - Winter Competitive

U6-U8 - January

Fall Recreational—May

DEVELOPMENTAL BASEBALL - January

SOFTBALL - January, March/Travel Tryouts

GOLF - January

TRACK - January

VOLLEYBALL— May, June, September

BASKETBALL— Early June

FOOTBALL— May and June

WRESTLING

Registrations for the 2009-10 WAA Youth Wrestling season are now open. We're looking forward to having a lot of fun in what will be our eighth season of youth wrestling in Woodbury.

This season we are offering a new program, Introduction to Wrestling for those who might want come in and try wrestling to see what it's all about and what makes it such a great sport.

We are also going to split the room this year by age/grade levels rather than by ability to provide opportunities to all wrestlers to improve and have fun.

Introduction to Wrestling

This is for wrestlers who have less than one year of experience to come in and try wrestling. Emphasis will be placed on development of appropriate skills, learning rules and having fun. Practices will start on November 10 and conclude on November 24. Practices will be held on Tuesdays and Thursdays from 7:00 - 8:00 in the Woodbury High School wrestling room. Wrestlers who enjoy introduction to wrestling may have the option to register for folkstyle wrestling which starts in December. The fee for these five practices is \$25. (Registration # 439003-1)

Folkstyle Wrestling

Wrestlers with one year of experience or more, are encouraged to sign up for folkstyle wrestling. Emphasis will be placed on development of appropriate skills, strategy and technique. Physical fitness and conditioning will also be stressed in this session.

Wrestlers are strongly encouraged to participate in open tournaments on the weekends and to take advantage of other wrestling opportunities.

Practices will begin on December 1 and conclude on March 11. Wrestler's pre-K through 2nd grade will

practice from 6:00 - 6:50 and wrestlers in 3rd grade through 5th grade will practice from 7:00 - 8:15. The fee for folkstyle wrestling is \$75. (Registration # 439001-1)

All wrestlers will receive their USA Card upon registering for Folkstyle Wrestling. This card is required at many tournaments throughout the year.

Wrestlers who register for Folkstyle Wrestling may also participate in practices held for Introduction to Wrestling, which begin November 10.

If you have questions about wrestling, please contact Sam Johnson, Wrestling Director, at (651) 245-3891 or johnsonswdby@comcast.net

GOLF

Looking forward to summer!

Golf will be registering in late January and February 2010. The season begins in June.

Support WAA at Throwback's

Play WAA pull-tabs at **THROWBACK's!**
Your support goes directly to WAA.
THANK YOU!

The Woodbury Athletic Association (WAA) is an independent, nonprofit, youth organization. All residents of Woodbury are eligible to be members of WAA.

TRACK

Become A Member of the WAA Track Team or The Traveling Track Team!

With fall weather and snowflakes fast approaching, ones thoughts may not be focused on spring and its upcoming track program. However, spring sports sign-ups are just around the corner. Spring sports sign-ups, including track & field will take place in February. Watch the website for the opening spring sport sign-up dates and be sure to pay attention to when the late fee takes effect. All sport sign-ups are now done on-line.

If you are interested in coaching, please contact Corey Johnson at 738-1822 or at igottarun@comcast.net. If you are looking for a more competitive program, please contact me regarding the Competitive Track Program.

WAA Track Program's mission is to enhance the skills of young runners and introduce them to the sport of Track & Field. The club has a goal of developing each person's leadership potential both on and off the track and field. The club is looking for kids who enjoy competing and have some interest in, track and field or just running to enhance their overall fitness.

Practice

Practices will be held twice a week for one hour (in the past practices have taken place on Tuesday and Thursday evenings from 6:00 to 7:00 P.M. The season will start in May and run into July as determined by the state meet date for 2010. The practice format provides flexibility for athletes that participate in other sports (i.e. soccer, softball, baseball) or activities (i.e., gymnastics or dance) that coincide with our season. The club asks that you attend all practices that you are able to but does not require attendance at every practice. Also families and athletes often have vacations or other plans that occur during the spring. The club attempts to keep our focus on sport in perspective, recognizing that family comes first.

Competition

Prior to the start of the track & field season, each participant will receive a "welcome" letter on-line, (or hard copy if requested) that outlines all of the available meets for us. Participants pick which meets they will attend, and participate in as many or as few meets as they choose.

Joining

On-line registration will begin in early February. You can register for either of the track programs (in-house or competitive) by going to our website at www.waa.woodbury.org and clicking on the "click here to register" prompt. If you do not have access to a computer, you may stop in the WAA office during regular operating hours to register (typically open Monday-Friday from 2:00 to 6:00 P.M.) But call 731-0100 to verify hours.

Most of our communications are sent via e-mail so please register with your current e-mail address. A Welcome Letter with additional information will be sent via e-mail in April.

Coaching Philosophy

The program is based on introducing and refining the sport of Track & Field through a positive feedback coaching process. This process emphasizes fundamentals, fitness, flexibility and form. Most important however, is the presentation of running as a fun, enjoyable, and rewarding athletic activity that can become a lifelong healthy lifestyle. If you are interested in coaching for the 2010 track season, please contact Corey Johnson as soon as possible, as we will have a coaches meeting in early March.

Additional Questions

If you have any additional questions, please feel free to contact me at igottarun18@yahoo.com or call me at 651-738-1822. I will try to get back to you within 24 hours.

Cost of the Program

The cost of the program for the 2009 season was \$95.00 for the in-house program and \$125.00 for the traveling (competitive) program. The cost for the 2010 season may increase a small amount based on increased costs that affect the program. Watch the "Track & Field" section of the WAA website in early

January for actual costs and a cost breakdown for the upcoming season. This cost includes a running uniform, facility rental, the WAA administrative fees, fees for the WAA home meets, ribbons & end-of-season trophies as well as other incidentals.

Coaching

For those of you interested in returning as coaches, please contact me with the age that you are interested in Coaching. For those of you that would like to find out more about coaching or assisting a coach, please contact me as soon as possible. We will be holding our annual Track coaches meeting in March to discuss the upcoming season, its needs and the direction of the program.

Also, please watch the newsletter for upcoming Coach's Certification classes. This certification is now a mandatory part of coaching for the WAA programs. If you have any questions regarding coaching, assistant coaching, or the program itself, please contact Corey at (651)738-1822 or igotta-run18@yahoo.net.

Location

We hold practices & three home meets at the newly renovated Woodbury High School stadium. We look forward to another great season in 2010. If you have any additional questions about the program, please feel free to contact Corey Johnson directly.

Sport Shack

By the Woodbury Sports Foundation—WSF

Find Your Spirit wear at the Sport Shack

Bielenberg Sports Center

Located in the Observation Deck (Upper Level)

Hours

Wednesdays 6-8 PM

Saturdays 10-Noon (closed 9/12)

WSF has been the fundraising arm of the community of Woodbury since 1993.

We are a non-profit organization.

ANNUAL MEETING

Time for WAA Nominations

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THANK YOU

The Woodbury Athletic Association would like to Thank

DICK's SPORTING GOODS

For their support and donations!

Woodbury Athletic Association

ONLINE REGISTRATIONS

At waawoodbury.org

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Wrestling

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Volleyball

Competitive and Junior Olympic (JO)

Register today, Tryouts start Nov 9

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January 25

7:00 pm at the WAA Building

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select *Registration*

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