

Wahawk Bowling Team Manual

Welcome: Welcome to the 2009-2010 Bowling Season. This will be the tenth season of high school bowling in the state of Iowa. This will also be the fourth season of sanctioned girls bowling, and the very first season of sanctioned boys bowling.

Coaching Staff:

The Head Bowling Coach is Coach Rob Kunkle. This will be Coach Kunkle's third season as the Wahawk head coach.

Todd Bracken will be joining the staff as our #1 assistant coach.

Contact

Info:

Coach Kunkle's contact information: Work: 433-2700 x 12313
E-mail: kunkler@waterloo.k12.ia.us
Cell 504-5795

Competition: Varsity and Junior Varsity teams travel on the bus to away meets, plus four extra score monitors. These four extra score monitors will be selected by the coaching staff at least 24 hours prior to departing.

All efforts will be made to get all bowlers into at least one home meet. Additionally, extra meets for the beginning and emerging bowlers will be sought with other local teams.

Eligibility:

All students at Waterloo West High, Dike-New Hartford High, Hudson High, Walnut Ridge Academy and Union High who meet State of Iowa academic requirements are eligible to bowl for the Waterloo West Wahawk Bowling Team.

Students are academically ineligible if they failed any high school class at the end of a semester. Students who are academically ineligible must remain out of competition for 30 school days from our first competition.

Physicals:

Before any student can begin practice, they ***must*** have a current physical on file with the athletic office. Bowlers must also have a completed the health card and insurance card.

Teams: Both the boys and the girls Wahawk bowling teams will be made up of a Varsity squad, a Junior Varsity squad, a emerging bowlers squad and a new bowlers squad. No player will be cut because of average. There will be 6 bowlers, 5 regulars and 1 sub on each of these squads.

Team

Selection: After tryouts, coaches will assign players to squads using the following criteria: Average, 1 pin spare conversion percentage, 2 pin spare conversion percentage, attendance, tardiness and attitude. Players who come out late for the team will be initially placed on the new bowler squad.

Players can move up or down to different squads based on performance, attendance, tardiness and attitude.

Transportation: Transportation to and from practice and home matches is the responsibility of each player. Efforts are being made to have the activity bus stop at Maple Lanes after practice is over.

If your student-athlete rides with another student, a waiver must be signed and on file with the Athletic Office, a copy of this waiver is included in this packet. Both Coach Kunkle and Coach Bracken will have additional forms if you need one.

Transportation to away matches will be provided by the school district. In most cases, the team will stop on the return trip, and eat dinner. (Usually fast food) These stops are paid for at bowler expense.

The bus departs West High by the Smoke Stack. The bus also returns to the same spot. If you need to be picked up, please call for a ride before we get back to West High.

Bowlers who do not attend West High: You and you're A.D. will be notified in advance, if you are bowling in competition the current week. You will be released early from school. Check with your parents and A.D. to see how early. We have never had a problem with participating schools letting students out early.

Tryouts: Tryouts for the boys and girls will be held:

Monday, November 9, from 3:15 to 4:45,
Tuesday, November 10, from 3:15 to 4:45,
Wednesday, November 11, from 3:15 to 4:45.

Every bowler who comes to tryouts will be on a team. No one gets cut. Tryouts are only used in determining which squad you will be starting with.

**Practice
Schedule:**

The boys will practice Tuesday from 3:00 to 4:45 and Wednesday from 3:30 to 4:45.

The girls will practice Monday from 3:30 to 4:45 and Wednesday from 3:30 to 4:45.

All practices are held at Maple Lanes. (234-1414)

If you have to leave early, you must get permission from a coach.

Additionally, if you feel you need extra practice to work on specific points to your game. Make an appointment to work one-on-one with Coach Kunkle or Coach Bracken Monday Nights from 9:00 p.m. to 10:00 p.m.

Attendance: Attendance to every practice is important. If you cannot make a practice, for any reason, contact Coach Kunkle or Coach Bracken before practice begins to let the coaches know you will be absent. Unexcused absences will be dealt with in the following manner:

1st Offense – Sit out rest of practice but must remain at practice or match OR write a 500 word essay about bowling to be determined by coach.

2nd Offense – Sit out the next two matches, but must still attend.

3rd Offense – Dismissed from team.

Tardiness: Tardiness to practice or matches will not be tolerated. All bowlers from schools other than West High will have 45 minutes from the time of dismissal to get to practice.

1st Offense – Talk with coach

2nd Offense – Sit out rest of practice but must remain at practice or match OR write a 500 word essay about bowling to be determined by coach.

3rd Offense – Sit out the next two matches.

4th Offense – Dismissed from team.

Uniform: Uniforms must be purchased by each student. Uniforms must be paid for before they will be ordered. Money earned in the fundraiser will help offset the cost to each bowler. Uniforms consist of: A team polo jersey, the cost of this jersey is \$40.00. Black "Dockers" style slacks (no jeans or spandex). Hats are not permitted at practice or meets.

Money must be turned in as soon as possible to ensure jersey will be here by our first meet.

If you cannot pay for your jersey, see Coach Kunkle or Coach Bracken and arrangements will be made to find a jersey for you.

Payments: When paying for your uniform, make checks payable to West High Bowling and turn them in to Coach Kunkle. If you pay by cash, please put the money in an envelope with the bowler's name, contact number, amount of money in envelope and what the money is for. Please do not just give cash to coaches without something in writing to identify it.

Electronics: Cell phones, iPods and all other electronics are not permitted at meets or at practice.

Travel Policy: Bowling equipment is to be loaded on the bus from the rear, with all equipment stored on the seats so that no equipment is in the center aisle. When traveling, the boys sit on the right or passenger side of the bus. The girls sit on the left or driver side of the bus. When we arrive at our destination, captains will hand equipment down from the bus. All other bowlers will help get the bus unloaded. Help unload first then find your personal equipment.

Fundraising: The primary fundraiser for the bowling team this year will be through "MySportsDreams.com" Each bowler is required to bring a list of 5 to 7 names of relatives, friend's business owners you may know or even neighbors from their family Christmas card list. A donation letter will be sent to each of these people.

There will be two prizes awarded for this fundraiser. The student whose letters raise the most money will receive a fifty dollar gift certificate to the restaurant or business of his/her choice. The student whose letters have the highest percentage of people who have contributed will also receive a fifty dollar gift certificate to the restaurant or business of his/her choice. In the event of a tie in either category a winner will be chosen at random.

Team

Captains: Captains for each team will be selected by the coaching staff.

Captains

Duties:

- Discuss player concern with coaches
- Present player ideas and suggestions
- Show leadership on and off the lanes
- Model hard work both academically and athletically
- Be a team player
- Demonstrate sportsmanship
- Maintain a positive attitude
- Help make practices fun
- Lead team stretches
- Assist coaches at practice, if asked
- Intervene in conflicts between players

Letter

Criteria: Any bowler who bowls in four varsity matches, participates in all team fundraisers, participates in the team service project, has a 90% attendance record to all practices and remains with the team throughout the entire year will receive a varsity letter. Seniors who have been a member in good standing for all four years and has not bowled in enough Varsity matches to receive a letter, will automatically Letter. All others will receive an Athletic Certificate from West High School.

Weather

Cancellations: Weather conditions are always a concern for winter sports teams. Here is the policy of Waterloo Schools: If School is cancelled for the day, than all practices are cancelled for that day. If there is an early out, all practices for the day are cancelled. When there is a delay, to the start of the day, than practice is still held. If school is cancelled on the day of a meet, the meet will be cancelled. **Exception to the canceled meet rule: If the meet against Waterloo East or Cedar Falls is cancelled, check with coaches or the school to see if conditions have improved enough to go ahead with the meet at 4:00 P.M.**

Schedule:

Date	Opponent	Location	Time	Bus Departs
11/24/09	Cedar Rapids Washington	May City Bowl	3:45	2:15
11/28/09	Cedar Valley Metro Tourney	Maple Lanes	1:00	
12/04/09	Cedar Rapids Prairie	Maple Lanes	3:45	
12/11/09	Waterloo East	Maple Lanes	3:45	
12/18/09	Cedar Falls	Valley Park	3:45	3:00
01/08/10	Cedar Rapids Kennedy	Cedar Rapids Bowling Center	3:45	2:15
01/15/10	Dubuque Senior	Bowling and Beyond	3:45	1:45
01/22/10	Dubuque Wahlert	Bowling and Beyond	3:45	1:45
01/29/10	Dubuque Hempstead	Maple Lanes	3:45	
02/05/10	Iowa City West	Colonial Lanes	3:45	1:45
02/12/10	Cedar Rapids Xavier	Maple Lanes	3:45	
02/16/10	Iowa City High	Maple Lanes	3:45	
02/20/10	Regionals/ Sub state	TBD	TBD	TBD
02/25-26/10	State	Plaza Lanes	TBD	TBD

Service

Project:

This year our service project for both the boys and girls team will be a canned food drive. We will be competing against the East High Bowling teams. We will be collecting canned food between November 9th and December 11th. The teams that collect the most food (by weight) will be declared the winner. (Prize for this has yet to be determined).