

2009 MVC Football Standings and Team Statistics

Final - Regular Season

Varsity Standings

Mississippi Division

Team	Conference			
	W	L	Pts	Opp Pts
Iowa City High	9	0	361	96
Cedar Rapids Xavier	7	2	255	90
Dubuque Hempstead	7	2	204	141
Cedar Rapids Kennedy	4	5	202	181
Iowa City West	3	6	179	273
Dubuque Wahlert	2	7	129	223
Waterloo West	2	7	170	223
			1500	1227

Valley Division

Team	W	L	Pts	Opp Pts
Linn-Mar	8	1	328	124
Cedar Falls	7	2	231	107
Cedar Rapids Washington	7	2	359	177
Cedar Rapids Prairie	3	6	137	214
Waterloo East	2	7	107	353
Cedar Rapids Jefferson	1	8	74	306
Dubuque Senior	1	8	105	333
			1341	1614

Sophomore Standings

Mississippi Division

Team	W	L	T	Pts	Opp Pts
Cedar Rapids Xavier	9	0	0	281	80
Iowa City High	6	3	0	171	97
Cedar Rapids Kennedy	5	4	0	133	117
Dubuque Hempstead	5	4	0	141	129
Dubuque Wahlert	5	4	0	180	101
Iowa City West	3	6	0	94	200
Waterloo West	1	8	0	96	248
				1096	972

Valley Division

Team	W	L	T	Pts	Opp Pts
Cedar Rapids Washington	7	2	0	256	153
Cedar Falls	5	4	0	183	104
Cedar Rapids Jefferson	5	4	0	167	103
Linn-Mar	5	4	0	157	115
Cedar Rapids Prairie	4	5	0	188	172
Dubuque Senior	3	6	0	105	181
Waterloo East	0	9	0	58	410
				1114	1238

Leading total shaded

Varsity Team Statistics
Final - Regular Season

Offense
MVC

Team	Games	Yards Rushing	Yards Passing	Yards Total	Game Avg Per
Linn-Mar	9	2367	1293	3660	406.7
Cedar Rapids Washington	9	2509	876	3385	376.1
Iowa City High	9	2018	1208	3226	358.4
Cedar Falls	9	2029	909	2938	326.4
Waterloo West	9	1422	1502	2924	324.9
Cedar Rapids Xavier	9	1331	1545	2876	319.6
Cedar Rapids Kennedy	9	1696	1158	2854	317.1
Iowa City West	9	1684	993	2677	297.4
Dubuque Hempstead	9	1422	639	2061	229.0
Cedar Rapids Prairie	9	1175	751	1926	214.0
Dubuque Senior	9	1075	850	1925	213.9
Dubuque Wahlert	9	1179	626	1805	200.6
Cedar Rapids Jefferson	9	1229	529	1758	195.3
Waterloo East	9	738	563	1301	144.6

Defense
MVC

Team	Games	Rushing Yards	Passing Yards	Total Yards	Avg Per Game
Iowa City High	9	889	675	1564	173.8
Cedar Rapids Xavier	9	645	1081	1726	191.8
Cedar Falls	9	1152	896	2048	227.6
Dubuque Hempstead	9	1176	978	2154	239.3
Cedar Rapids Prairie	9	1432	807	2239	248.8
Linn-Mar	9	1081	1164	2245	249.4
Cedar Rapids Washington	9	1221	1165	2386	265.1
Waterloo West	9	1666	881	2547	283.0
Cedar Rapids Jefferson	9	1916	677	2593	288.1
Cedar Rapids Kennedy	9	1675	1067	2742	304.7
Iowa City West	9	1845	920	2765	307.2
Waterloo East	9	1783	995	2778	308.7
Dubuque Wahlert	9	1994	1110	3104	344.9
Dubuque Senior	9	2274	912	3186	354.0

Yellow shaded boxes indicate stat leaders.