



SYNERGY FITNESS PERFORMANCE TRAINING



All sessions will be held at Kits Sports Center

Winter 1 - Cost \$40 - 4 one hour sessions

U10-U12 – 11/16; 11/23; 11/30; 12/7 - 5pm-7pm **

U13-U14 – 11/18; 11/25; 12/2; 12/9 - 4pm-6pm **

U15-U18 – 11/18; 11/25; 12/2; 12/9 - 6pm-9pm **

*** times to be determined based on sign up*

Winter 2 - Cost \$110 - 11 one hour sessions

U10-U11 – 1/5/10 to 3/16/10 - 7pm-8pm

U12-U14 – 1/6/10 to 3/17/10 - 7pm-8pm

U15-U18 – 1/6/10 to 3/17/10 - 8pm-10pm **

*** times to be determined based on sign up*

REGISTRATION INFORMATION

Participant Name:	Current Team:
Email Address:	Tel #:

SESSION INFORMATION

Circle session/s registering for:

Winter 1 -	U10-U12	U13-U14	U15-U18		\$
Winter 2 -	U10-U11	U12-U14	U15-U18		\$
Total					\$

PAYMENT INFORMATION

Check enclosed : #	Charge Credit Card: MC/Visa /Discover	
Number:	Exp:	CVV:
Billing Zip Code	Signature:	