



MYS SWEEPER

October 2009



PRACTICE TIME CHANGES

Be sure to mark your calendars

****BEGINNING Monday, October 19th**, the following practice schedule will go into effect for **ALL** McLean Youth Soccer fields (except LP2):

U09 and up fields:

- 4:30 - 6:00 pm practice sessions become 4:30 - 5:15 pm*.
- 6:00 - 7:30 pm practice sessions become 5:15 pm - 6:00 pm.

U06-U08 fields:

- 4:30 - 5:30 pm practice sessions become 4:30 - 5:00 pm*.
- 5:30 - 6:30 pm practice sessions become 5:00 - 5:30 pm.
- 6:30 - 7:30 pm practice sessions become 5:30 - 6:00 pm.

* Teams which are scheduled to practice at 4:30 pm are welcome to begin their practices at 4:00 pm.

U07 Academy Sessions:

- Monday: 5:30 - 6 pm
- Tuesday: 4:45 - 5:15 pm.
- Thursday: 4:45 - 5:15 pm.

FALL REGULAR SEASON: Regular practice permits for the Fall 2009 season end on **Friday, November 13th**. As always, please direct any field scheduling questions to mysfields@att.net

MPS RANKED IN SOCCERAMERICA'S TOP 40 FOR 3RD STRAIGHT YEAR!

By Soccer Wire

On September 30, SoccerAmerica announced the Top 40 youth clubs in the U.S. McLean Premier Soccer (MPS) once again was on the list. This marks the third time in the past three years that MPS has been honored – the girl's side has hovered between #7 and #13 over this time period.

Much of the credit (apart from the players, of course) goes to Rich Maresco and Clyde Watson for their leadership and ingenuity. The club continues to place players – boys and girls – in top

Division 1 programs. As noted below, Clyde and MPS have current players heading to UCLA and other schools, and alums playing at Virginia, Princeton, University of Miami, William & Mary, Richmond, South Florida, Yale and others.

Congratulations to the Power for helping along the SoccerAmerica ranking with multiple girls heading to the National ODP camp in the last two years, several girls being identified through the USL Super Y national ODP program and the majority of the team making up the Washington Freedom youth team that heads to Tampa this November to compete for the USL Super Y North American championship.

Here is a reprint of SoccerAmerica's summary of MPS for the 2009 Top 40:

"13. McLean Premier. The Virginia travel program is affiliated with the McLean Youth Soccer Association and WPS's Washington Freedom. It became only the fourth Virginia team to win a U.S. Youth Soccer girls championship when it captured the 2007 U-16 title. Jenna Richmond, who starred on the 2007 team, plans on attending UCLA next fall."

PARKING AT SPRING HILL RECREATION CENTER

Two issues have recently come to our attention regarding parking at Spring Hill Recreation Center.

First, a restricted parking policy began to be enforced at the Spring Hill Recreation Center earlier this season and will continue to affect our players and their families who attend games on Saturdays from 7:30 a.m. until 12:30 p.m.

Second, increased enforcement of parking regulations for the parking spaces at the entrance to the turf fields at Spring Hill #2 and #3 has had an impact on MYS families attending games and practices.

The change to Saturday parking has seen Recreation Center staff, signage and occasionally law enforcement directing traffic to designated parking locations based on their activity. Specifically, during the hours of 7:30 a.m. to 12:30 p.m. on Saturdays, only the parking lot accessible from Artnauman Court that runs parallel to Lewinsville Road (known as lot "K") is available to vehicular traffic coming to the Center for soccer and baseball games. After 12:30 p.m. the restrictions are lifted and all parking lots are open to all visitors.

The change to handling of parking in the spaces at the entrance to the turf fields has been more profound. At the entrance to the driveway leading up to these spaces is signage that indicates "AUTHORIZED VEHICLES ONLY." Only Recreation Center Staff and approved contractors are "authorized" to use these spaces. The spots in this area are not intended to be available to be used by Center visitors or the users of the surrounding athletic fields. Our members and coaches should refrain from driving into the area – even if the gate is open.

Fairfax County Police have recently issued warning and citations to unauthorized vehicles that enter this area – even to drop-off or pick-up and then to turn around.

For the safety of younger players, MYS in fact encourages you to park your car and accompany the players to and from the turf fields. This will make sure that they can arrive and depart safely from the area.

Cars with handicapped plates or placards or vehicles with passengers who may need additional assistance (e.g., the elderly, someone on crutches, etc.) will be accommodated by Recreation Center staff.

MYS will continue to monitor these situations and will provide updates as appropriate.

In the meantime, we suggest that our members take the following steps to minimize the impact of these changes:

- Please park only in designated areas at Spring Hill Recreation Center
- If you are dropping off younger players, please consider their safety and park your car legally in a designated then accompany them to the appropriate turf field for practice or games.
- Please remember to observe all posted traffic and parking signs and be mindful of the neighbors and community around the Recreation Center.
- Please respect the neighbors and their property and do not walk on lawns or cut through yards as this is private property.

HOUSE LEAGUE REMINDER

We would remind all families to please communicate with their coach if their player is going to miss a game. This is not as critical in the U6-U8 age groups, as the coaches adjust when they see how many players arrive for each team at game time, however advance notice can help ensure that more time is spent on players who are in attendance.

In U9-U11, MYS House Rules call for the sharing of players if one team cannot field the required number (6 at U9 and U10, 8 at U11); if the coach knows ahead of time that he can expect some absences, he can work with his opponent at the field, and help get the game started on time. In the Suburban Friendship League (SFL) at U12 and above, the coach does have the option to reschedule, but only if he knows **before** game day, so please, when you know in advance of an absence, communicate it to the coach.

UPCOMING CALENDAR OF EVENTS

Practice Times Change for the Fall Season: See details above.

Recreation Coaching Clinics: No charge to MYS Volunteers and No Reservation Required – Open to all Coaches, Asst Coaches and Helpers – At Lewinsville Park #2 (Turf with Lights)

U9 & U10 Monday, October 19th – 7:30 to 8:30 pm
U11 & U12 Monday, October 26th – 7:30 to 8:30 pm
U13 & U14 Monday, November 2nd – 7:30 to 8:30 pm

First Session of Winter Ballmasters Begins: November 22, 2009

Spring Season Registration Begins: December 15, 2009

First Deadline for Spring Season Financial Aid: January 2, 2010

Send questions to: financialaid@mcleansoccer.org

Second Session of Winter Ballmasters Begins: January 10, 2010

WINTER BALLMASTERS

Registration is now open for MYS' Premier Soccer Academy Ballmasters Winter Training Program. All players in all programs ages U9 thru U19 are eligible to register for either or both of the Winter Sessions.

Session 1: November 22 to December 20, 2009 – 5 Weeks - Fee is \$65.00

All sessions will be held outdoors at Spring Hill, Field #2, which is the all weather turf field directly behind the Recreation Center.

Session 2: January 10 to February 28, 2010 – 8 Weeks

Fee is \$100 for all outdoor sessions (ages U12 and older) at Spring Hill, Field #2.

Fee is \$150 for players U9-U11, which will be held Indoors at Churchill Elementary School Gym.

MYS PSA Ballmasters will provide the best learning environment, social, and competitive training opportunity for players at every level. The sessions will be conducted by what is widely recognized as the finest professional coaching staff in Northern Virginia.

Three distinct programs will be offered for all player levels:

- [Goalkeeper Training](#)
- [U12-U19 Rec, Travel and MPS](#)
- [U9-U11](#) (Field & Keeper Training)*

**Session 2 of Girls and Boys U9 to U11 Ballmasters program will be held indoors. All other sessions of the Ballmasters program will be conducted outdoors at Spring Hill, Field #2.*

Please click below to register.

[Winter 2009-2010 Ballmasters Registration](#)

SHIN GUARDS

Unlike other sports, soccer players get to enjoy their competition without having to visit the wardrobe department of a gladiator movie. The soccer player's main piece of protective gear is the soccer shin guard.

The FIFA Laws of the Game require that shin guards:

- *are covered entirely by the stockings*
- *are made of rubber, plastic or a similar suitable material*
- *provide a reasonable degree of protection*

Referees check players before games and those who either do not have shin guards or whose shin guards are inadequate are not allowed to participate. This same standard must be applied to practice as well.

Training techniques promote the benefits of small sided games and drills that mirror potential game situations. Practices may be as competitive as real game situations. Players need to be as protected as they would in a real game – they must wear shin guards to practice.

MYS players are covered by supplemental insurance in the event of injury suffered during sanctioned club activities – such as practices and games. However, such claims may be declined by the carrier applicable if it is determined an injury was sustained and shin guards were not being worn at the time.

Not only should shin guards be worn, they must also be properly sized. You U14 player doesn't wear the same jersey they did when they were U8 – they shouldn't be wearing the same shin guards they did then either.

The National Operating Committee on Standards for Athletic Equipment (NOCSAE) requires manufacturers to produce shin guards that minimize risk to players and provides guidance for correct sizing.

Size	Height Range
XXS	Up to 3'3"
XS	3'4" - 3'11"
S/JR	4'0" - 4'7"
M/JR	4'8" - 5'3"

L/SR	5'4" - 5'11"
XL	6'0" and up

News & Note Worthy

State Cup

- The #3 seeded U18 Girls MPS Dragons advanced to the semifinal round following a 1-0 victory over VAR Nike. The Dragons will play ARL Pride in the semifinal round.
- The #7 seeded U18 MPS 91 Premier advanced to the semifinal round following a 5-2 win over the SYA Copperheads. The Premier will face VBTS Beach FC Red in the semifinal round, the Red having defeated the U18 Boys McLean Thunder 1-0 in the quarterfinal round.
- The #2 seeded U16 Girls MPS Strikers advanced to the semifinal round with an 8-0 triumph over the VBTS Beach FC 93/94 Piranhas. The Strikers semifinal opponent will be determined the weekend of October 24th.
- The #7 seeded U15 Girls MPS Power has advanced to the quarterfinal round and will face the Richmond Kickers to decide a berth in the semifinals.
- The U15 Boys MPS 94 Hotspur Green advanced to the second round only to fall to #1 seeded Herndon Real Juniors,
- The U16 Girls Fusion team fell to #1 Chantilly Burn in the second round.
- The U17 Girls Legend lost to #2 VBTS Piranhas in the second round.
- The U16 Boys Celtic Green fell to the #2 seeded RKE Boys Elite squad in the first round and the U16 Boys Celtic White fell to Arlington in a match decided by penalty kicks in the second round.
- The U17 Boys Real squad was eliminated in the first round by Great Falls Blue.
- The U15 Girls Breakers team lost to #4 seeded NVSC Majestics in round one.

To keep up with State Cup Results visit:

http://www.vysa.com/statecup/index_E.html

U.S. Soccer Development Academy

- The MYS Academy U15/16 is tied for first place in the South Conference Atlantic Division with 2 wins and 1 loss in division play. One of the team's victories outside its division was a 2:1 win against the highly regarded IMG Academy team from Bradenton FL.
- The MYS Academy U17/U18 team stands atop the South Conference Atlantic Division and is undefeated in its first three division games.

To keep up with Academy Results visit:

Boys Travel/MPS

- OBGC Capital Cup
 - The U12 MPS Legend Green and White teams were Finalists in their divisions.
 - The U13 MYS 96 Fire Gold was a Finalist
 - The U19 MPS 91 Premier was a Finalist
- Toys For Tots Tournament
 - The U9 MPS 00 Hotspur Green, U11 MPS Celtic White and U11 MPS Celtic Green were all Finalists.
- SAC Columbus Day
 - The U14 MPS Titans Green was a Finalist
- Battlefield Classic
 - The U15 Hotspurs White was Champion.
- Virginia Beach Columbus Day
 - The U13 MPS Fire White was a Champion in the Red Division.
 - The U9 MPS Hotspur White was a Finalist.
 - The U10 MPS Fire Gold was a Finalist in the White Division.
 - The U11 MPS Celtic Green was a Finalist in the Premier Division.
 - The U11 MPS Celtic White was a Finalist in the Red Division.
 - The U13 MPS Fire Green was a Finalist in the Premier Division.

Girls Travel/MPS

- OBGC Capital Cup
 - The U10 MPS Real Green was Champion of Red Division.
 - The U16 McLean Fusion was Champion of the Elite Division.
- WAGS Tournament
 - The MPS Dragons were undefeated in the U19 Showcase.
- Discovery Cup
 - The U12 MPS Extreme Green was Champion.
 - The U15 MPS Power was a Finalist in the Gold Division.
 - The U16 MPS Strikers was a Finalist in the Gold Division.
- SAC Columbus Day
 - The U9 MPS United Green finished in 2nd place in the Blue Division
 - The U10 MPS Real Green was a Finalist in the Red Division.
 - The U13 MPS Challengers White was a Finalist in the Elite Division.
 - The U14 Fury White was a Finalist in the Classic Division.
- Virginia Beach Columbus Day
 - The U13 MPS Challengers Gold was a Champion in the White Division.
 - The U15 Freedom was Champion of the Red Division.

Coaches and Managers please let us know about your team's accomplishments so we can make sure they get the recognition they deserve.

FY 2009 MYS Financial Results

By Eric Reed, Treasurer MYS

At its September meeting, the MYS Board of Directors approved the club's financial statements for the fiscal year ended June 30, 2009. Among the financial highlights for FY 2009 are an increase in net assets by more than \$700,000, securing up to \$4.15 million in financing from Access National Bank for the Field Development Initiative ("FDI"), and the opening of turf fields # 2 & 3 at Spring Hill Recreation Center ("SHR") after donating \$1.68 million to the County during FY'08 and '09 to fund the construction.

Club revenue increased in FY'09 by about \$1 million over FY'08 despite a sizable drop in the number of House players (U5 to U11); \$900,000 of this increase was due to increased member registration fees implemented in the fall of 2008 (FY'09) for (i) travel coaches compensation (previously paid by members to teams and by teams to coaches; now paid by members to MYS and MYS to coaches) and (ii) FDI activities.

MYS was also awarded a US Soccer Federation grant for \$100,000 for SHR turf field construction in FY'09. Club expenses increased about \$780,000 between years. Most of this increase was related to the aforementioned "new" coaches' compensation. Also, amortization expense was up significantly related to the new turf fields at Spring Hill.

At fiscal year end, MYS had approximately \$650,000 in cash available for future FDI activities. In July 2009, MYS used \$300,000 of this to pay off its outstanding debt from prior field development activities since no new FDI projects were on the near horizon. But, consistent with Board intentions for the immediate future, MYS will continue to accumulate cash for future FDI activities which are being actively pursued.

A copy of MYS's FY'09 financial statements is available on the MYS website at Home, About Us, Financials. Any questions about MYS financial matters can be addressed to the Treasurer at treasurer@mcleansoccer.org.

A GENTLE REMINDER

Please exercise caution when driving into the parking lots and around the fields used by our players and teams. The loss of daylight makes visibility of pedestrians – especially kids – more difficult.

Please take an extra moment to make sure you are not speeding into and out of parking areas. Please remove distractions, such as cell phones, PDA's and GPS systems from use prior to entering such areas as well.

Thank you in advance for your consideration.

The MYS Sweeper is published during the Fall and Spring soccer seasons by McLean Youth Soccer Association.

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communications@mcleansoccer.org