

FYBA Coach Handbook

2009-2010



FYBA Coach Packet

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Farmington Youth Basketball Association Board of Directors

President: Sondra Chadwick
Phone Number: 612-636-0421
Email Address: Sondra.Chadwick@farmingtonsports.org

Boy's Director: Tom Speikers
Phone Number: 952-292-2459
Email Address: Tom.Speikers@farmingtonsports.org

Girl's Director: Mark Elliott
Phone Number: 612-790-1389
Email Address: Mark.Elliott@farmingtonsports.org

Secretary: Tricia Gorden
Phone Number: 651-463-2116
Email Address: Tricia.Gorden@farmingtonsports.org

Treasurer: Robert Jacoby
Phone Number: 651-463-8146
Email Address: Robert.Jacoby@farmingtonsports.org

Facility Director: Casey Karye-Haddy
Phone Number: 651-463-3359
Email Address: Casey.KaryeHaddy@farmingtonsports.org

Communications Director: Jodi Baer
Phone Number: 651-463-2146
Email Address: Jodi.Baer@farmingtonsports.org

Tiger Classic Director: Erin Ristow
Phone Number: 651-460-3925
Email Address: Erin.Ristow@farmingtonsports.org

Skills Development Director: Kevin Hunt
Phone Number: 651-402-7086
Email Address: Kevin.Hunt@farmingtonsports.org

Equipment Coordinator: Mike Gorden
Phone Number: 651-463-2116
Email Address: Mike.Gorden@farmingtonsports.org

Boy's Varsity Coach: Shane Wyandt

Girl's Varsity Coach: Jason Berg

Contacting the Board of Directors

Since all of the members of the FYBA Board serve as volunteers and work numerous hours behind the scene preparing the program for the children, we ask that you respect their privacy and their family time. We ask that all families and coaches limit their phone calls to no later than 7:30 in the evenings.

We ask that you try not to bother them on weekends unless you deem it an emergency. Please use your *utmost discretion* in determining whether the issue is an emergency.

Email is available 24 hours a day. Feel free to email the board at anytime. Your messages will be responded to as time permits. You may also address the board at their monthly meetings listed in the Calendar of Events on the FYBA website. When possible, please notify the FYBA President 2-3 days prior to the meeting of your intent to address the Board.

Team Liaisons

Please be sure to let your parents know who your team liaison is. Sometimes parents are not comfortable talking with their child's coach about a particular situation or parents have had discussions with the child's coach, but would like to visit with an "independent" party. To address these situations, FYBA has established a Team Liaison. Every attempt will be made to keep the team liaison a neutral party - with no child on the assigned team. Parents/guardians can seek out and discuss an issue with their team liaison, who will then take the parent's concerns to the appropriate director and the rest of the Board, if deemed necessary.

| Team | Contact | Team | Contact |
|---------------|-------------------|----------------|-------------------|
| 4 Boys Black | Jodi Baer | 6 Girls Black | Tricia Gorden |
| 4 Girls Black | Erin Ristow | 7 Boys Black | Mark Elliott |
| 5 Boys Black | Casey Karye-Haddy | 7 Boys Orange | Tom Speikers |
| 5 Girls Black | Tom Speikers | 7 Girls Black | Casey Karye-Haddy |
| 6 Boys Black | Laurie Robertson | 7 Girls Orange | Jodi Baer |
| 6 Boys Orange | Bob Jacoby | 8 Boys Black | Kevin Hunt |
| 6 Boys White | Tricia Gorden | 8 Girls Black | Sondra Chadwick |

Suggested Checklist for Coach's 1st Meeting with Team Parents

Welcome and Introductions

- ___ Introduce yourself and your assistant. Tell a little bit about yourself and coaching experience
- ___ Have players introduce themselves and parents/guardians
- ___ Have Girls/Boys Director introduce themselves
- ___ Introduce Team Liaison if they are there. If not, let the team know who they are

Your Coaching Philosophy

- ___ Develop Solid Basketball Fundamentals in Every Player (example)
- ___ Learn and respect the rules of the game (example)

Your Expectations as a Coach (couple of samples from other FYBA coaches are included in your packet)

- ___ Review Your Expectations Regarding Player Commitment to Develop and Improve and Attendance

Player Responsibility

- ___ Be on time, Come prepared (Shoes, Uniform, Water), Listen, Work Hard, Try Your Best at All Times
- ___ Abide by the Participant Code of Conduct (in packet)

Parent Responsibility

- ___ Ensure your child is on time to practices and games.
- ___ Pick up your child on time from practices.
- ___ Let coaches know of absences as far in advance as possible
- ___ Cheer for all the players on the team with positive praise.
- ___ Support your coaches; encourage the team to work on what we as coaches are instructing.
- ___ Learn more about the game.
- ___ Celebrate your team's victories and successes, BUT remember there is always room for improvement.
- ___ Treat players, coaches, referees, other parents & Board members with respect.
- ___ Keep things in perspective.

Tournaments Schedules

- ___ Overall Schedule (Will be posted on the website)
- ___ Out-of-Town Tournaments-Hotel Accommodations (in packet)

Volunteer Commitment Overview

- ___ Farmington Tiger Classic Tournament—Dec. 5-6. (Boys Tournament Only)
- ___ This is the tournament where families work to satisfy their Family Volunteer commitment.
- ___ Volunteer sign-ups will be done online in November.
- ___ Please consider volunteering in other ways as well Some ideas are listed below:
 - ___ For our team:
 - ___ *Responsible Parent--White Uniforms*
 - ___ *Offer to keep the scorebook or stats for the games*
 - ___ *Offer to maintain Score Tracker information*
 - ___ *Coordinate Team social event*

Questions/Concerns

- ___ First talk with Head Coach, away from the players.
- ___ Second talk with Team Liaison (listed in packet) or Girls or Boys Director
- ___ Third talk with a Board Member

High School Programs

- ___ Encourage attendance at Girls and Boys school games- Schedules are posted at www.fpscalendars.org

Sample Coach Expectations for Team
[Team Name]
FARMINGTON TRAVELING BASKETBALL

The Season:

1. Our primary focus for the season is to develop each player. We will focus a lot on teaching the game and having fun! Please do not evaluate the success of our team by our team record. Let's celebrate the improved performance of each player. We will teach the fundamental skills of the game and the LOVE FOR BASKETBALL.
2. Please cheer for your child, but refrain from yelling at them. Do not use child's name so they stay focused. During games, please realize we will be 'instructing them', so please don't compete with us for their attention. Please be encouraging and cheer for both teams, but don't yell 'instructions'. That's our job. Thanks!
3. Please don't yell at the referee's. Again that's our job. At this age, we are not as concerned with the outcome of the game as we are them learning the rules and having fun.
4. If you know your child will miss a game or practice, we require a call or an email. When we don't receive a call, it will affect the practice plan that has been set up ahead of time.
5. If you have a problem with me or _____, another parent, the ref, anybody; please talk to me first. Conflict resolution contact should be as follows: child to coach, parent to coach and then our team liaison _____.
6. We are a team which includes players, coaches and parents. Let's all work together to make this a great experience for your child.

We look forward to coaching your daughters and having a fun and successful season.

Parent's Signature

Date

Coach's Signature

[Coach Name]

[Coach Contact Information]

Sample Coach Expectations for Team
[Team Name]
Expectations

During practice the court is our classroom. As coaches, we will be very demanding. We seek perfection. We strongly believe that “practice does not make perfect, perfect practice makes perfect.” To this end we will require maximum effort, maximum concentration. **YOU ARE GOOD PLAYERS! YOU SHOULD WANT TO BE PUSHED!** Demand this of yourself and your teammates. Our goal is to improve each day. Winning will be a by-product of this improvement.

Team Practice Expectations

1. Don't be late. You should be dressed, ready to go 10 minutes ahead of time.
2. If you are going to be late I need to receive a phone call.
3. If you are not feeling good please inform the coaches ASAP.
4. Come to every practice willing to learn, willing to get better, and willing to be coached.
5. Don't say anything unless it is positive, even under your breath.
6. Work as hard as you can every minute of practice.
7. If you do not understand something, please ask.
8. Everyone will wear their practice gear and be dressed the same.
9. No Jewelry will be worn during practice or games. (bracelets, ear rings, necklaces, etc.)

We want to practice and play with the intensity and poise of a Championship Team.

Concerns or Issues:

1. Call Coach _____ and/or Coach _____
2. Team Liaison is _____
3. Don't approach a coach before or after game with a concern.
4. WE will discuss your child and no one else.

Academics:

1. Report cards will be checked.
2. 2.0 GPA is the minimum
3. Priority is school. Basketball is just an extra benefit, it is a privilege not a right.

Games:

1. Need to be dressed and ready to play :30 minutes prior to the game.
2. Need a parent to bring the white jersey's.
3. After every game the coaches will meet with the team for :15 minutes.
4. Playing Time depends on how hard you work and how dedicated you are.

Parents:

1. Be the teams biggest fan
2. Let the coaches coach and support us.
3. Be positive. If you do not have something positive to say than don't say it!
4. Cheer for all Farmington teams!

Per the FYBA Handbook which is available online:

Players' Code of Ethics:

I hereby pledge to live up to the following FYBA Players' Code of Ethics:

- I will make every effort to attend every practice and game.
- I will do my best at all practices and during all games.
- I will listen to my coaches while at practices and at games and make every effort to try to do what they are asking of me.
- I will practice good sportsmanship by treating all players, coaches, parents and officials with respect.
- I will not use profanity. I understand that I will be warned for the first offense and, at the discretion of the coach, can be suspended from play for the remainder of the current practice, current game or for the following game.
- I will do my best to help my parents get me to games and practices on time.
- I understand that playing travel basketball is a privilege and that if my actions are detrimental to the team or the association I can be removed.
- I understand that improvement comes from practice and I will need to practice on my own, away from scheduled practices and games.

Parents' Code of Ethics:

I hereby pledge to live up to the following FYBA Parents' Code of Ethics:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sports event.
- I will make every effort to ensure my child is at every practice and game.
- I will place the emotional and physical well being of my child ahead of any personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.
- I will not coach my child or any other player during practice or a game, unless asked to do so by my child's coach.
- I will demand a drug, alcohol and tobacco-free environment for my child and agree to assist by refraining from their use at all youth sports events.
- I will remember that the game is for children and not for adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
- I will promise to help my child enjoy the youth sports experience within my personal constraints by assisting with coaching, being a respectful fan, providing transportation or whatever I am capable of doing.
- I understand that the FYBA reserves the right to dismiss at any time a player and/or their parents who by their conduct significantly creates problems for the team/association or after verbal warning continues to disrupt practices or games.
- I will assign responsibility for my child to a responsible adult if I am unable to be present at a game(s).

Player Progress Report Card

Skills development is essential. It is FYBA policy that we formally communicate to each player at the beginning, middle and end of the season their strengths, areas that need improvement and short-term goals. FYBA utilizes the Player Progress Report Card to communicate this information to each player and their parents. A copy of this report is available for you to download under the Document Downloads section of the Coaches Area on the FYBA website.

The Girls and Boys Directors will let you know the deadlines for completing and delivering the Player Progress Report Card to each of your players.

Adult Volunteers

It is FYBA policy that any adult volunteer that has a position of authority over a child while on the court needs to have a background check. This means **if you need to have another adult**, presumably a parent of one of your players, **assist you at a practice or during a game**, because one of the coaches cannot be there, **they need to have a “clean” background check on file**. Please check with the FYBA President, to confirm if a current acceptable background check is on file. If the volunteer needs to have a background check performed, then the FYBA Background Check Application can be found on the website under the Document Downloads link. A completed application needs to be submitted to the FYBA President, at least one week in advance. Please plan accordingly.

Equipment

At the beginning of the season each team will receive an FYBA equipment bag that includes 2 basketballs for use in official games, scorebook, clipboard, etc. This equipment needs to be returned at the end of the season. The equipment is very expensive. Please ask your players to work with you to ensure ALL the equipment is returned to the equipment bag after every practice, scrimmage and game. If you have any questions regarding equipment, please email the Equipment Coordinator.

Basketballs

All players are responsible for bringing their own basketball to practice. The 4th-6th grade boys and the 4th-8th grade girls use a regulation size women’s basketball (28.5). The 7th and 8th grade boys will use a regulation size men’s basketball (29.5). The basketballs must be Composite and either Indoor or Indoor/Outdoor. The quality of the basketball is subject to coach discretion. If you feel the basketball is not adequate, please let the child’s parents know they need to get a different basketball.

GYM SPACE

It is important that our coaches, athletes and parents follow guidelines in the use of gym space. This will not only help our program, but it will help us keep our permits and access to the use of gym space.

1. Remember that we are guests of the schools; please be respectful at all times to custodial and building staff and of school property (building and equipment).
 - a. Please be sure the gym is clean before you and your team leaves the facility; all bottles, cans, extra clothing, etc. is removed and any spills are cleaned up before you leave the gym.
 - b. Be sure players are carrying in their "court" shoes and not wearing street shoes on the gym floors.
 - c. No children are to be running the hallways unattended, including siblings.
2. Each year, head coaches are asked their availability for scheduling of practices and every attempt is made to schedule team practices during these times. Since gym time is granted Monday through Friday from 5:00pm to 9:30pm, please try and have your availability reflect the time in which you are generally available for practice during that time frame. If you have a specific day that you will be unavailable to hold practice, please inform Facilities Director. When we are able, we would like to plan practices around outside events which affect a significant number of players' ability to attend practice (school functions/programs, school basketball season, etc.). Please notify Facilities Director, when you become aware of any upcoming scheduling conflicts.
3. If your team has a conflict with scheduled gym time, the head coach may contact other head coaches in an attempt to trade a practice day and time. When a trade does occur please contact the Facilities Director to inform them of the change. If you are unable to reschedule a practice and will not be using your gym space on any given evening, again, please contact the Facilities Director at least 48 hours prior to that evening. We may be able to give it to another FYBA team, or at the very least, we can alert Community Education that we do not need the space in case someone else wants to use the facility. If space is granted to FYBA and the space is "no-showed" our program is subject to a fee of \$15.00 and the cost of any labor incurred by the school to staff the granted space.
4. We do our very best to catch any possible permit conflicts once we have been issued a permit. It has been our experience though that there are times when your team will show up to use a facility and for whatever reason, there is a school function going on for the rest of the evening. If this happens, please be courteous to the custodial staff and the parties using the facility; it is not their fault in most cases. If possible, check with other FYBA teams to see if you can share their floor that evening if they have one in another building. In most cases, you will be forced to cancel your practice. Please make the Facilities Director aware of any conflict and they will address it with Community Education the next business morning.
5. We are scheduled to be in the gyms as early as 5:00 p.m. Sometimes when you arrive, a school sport will not be complete and they will be finishing up with their game or match. School sports supersede youth sports, so please be patient and polite while you wait for them to finish. Your team can start warm-ups and stretching in the hallway as long as you are supervising. By doing this, you will be ready to go once the gym opens up.
6. Your practice times range from 1 hour to 1 hour, 30 minutes. You will need to have a plan for your practices so you don't lose a minute of your time. You can have your players arrive no more than 10 minutes early and use the hallway to get their "court shoes" on and stretch.
7. Lastly and probably the most important, never leave a player in a building or waiting outside the building for a ride. We ask that you see to it that everyone on your team has been picked up before you leave. Carry phone numbers with you so you can make calls if needed.

Thank you in advance for your cooperation in using the gym space this season. If you have *any* questions, please contact the Facilities Director.

Excerpt from FYBA Handbook which is posted online:

Playing Time

The head coach shall have the freedom to run his or her team while keeping within the program guidelines. Coaches are expected to develop all of the players on the team.

Coaches shall endeavor to give each player comparable and fair playing time over the course of a tournament in accordance with the development of each player's fullest potential and in accordance with the following playing time guidelines.

Playing time is measured over the course of a tournament (not game by game).

- 8th Grade—Minimum of 35%;
- 7th Grade—Minimum of 40%;
- 6th Grade—Minimum of 45%;
- 4th and 5th Grade—Minimum of 50%.

A player's playing time can be affected by unauthorized absences from practices and / or games, injuries, illness, attitude, effort, unwillingness to do as the coach has instructed on the court and ability to be a team player.

NOTE TO PARENTS: Since the beginning of traveling sports, this has been one of the biggest points of contention. All parents must recognize that strict adherence to the minimum playing time guidelines during a game or over the course of a season cannot be guaranteed due to player absences, the player's physical condition, player substitution patterns, player's foul situation, player injuries and other factors that the team, players and coaches encounter. The guidelines shown above and explained in more detail below are not intended to have parents using stopwatches to verify playing time. FYBA, however, has emphasized to the coaches the importance of our playing time guidelines, how these guidelines support our program's mission and goals and our expectation that coaches adhere to the playing time guidelines to the best of their ability.

In an attempt to further clarify FYBA's position, we have decided to provide the following guidelines to both parents and coaches: 1) 4th, 5th and 6th Grade – At these three grades the program has a mandate for almost equal playing time (see slight % difference for 6th grade). This can be accomplished in a couple of ways: (a) Most games consist of four – 7 minute quarters. On 10 player teams, many coaches will substitute five new players every 3 ½ minutes. (b) When there are 8 players on a team, this requires more creativity on the coach's part, but equal playing time is still required over the course of the tournament. 2) 7th and 8th Grade – As the participants become older, the FYBA program allows for "Fair" playing time rather than "Equal" playing time. The guideline given to the coaches is over the course of a tournament, all participants must play a minimum of 35-40% of the time.

The concept of "Equal" is much easier to define than is the concept of "Fair". In order to give our players the best chance to succeed in game situations, coaches may be required to put certain players on the floor during certain times relative to the opponents' lineup, size matchups, etc. In order for our teams to be competitive, some flexibility about playing time must be left to the coaches' discretion.

This being said, FYBA still mandates that all children be given a fair opportunity to play. Players must start a fair number of games and should not, in most cases, be sitting an entire quarter. Traditionally, coaches have been given broad flexibility in who is on the floor in the last three minutes of a close game. FYBA believes that fairness dictates, over the course of a season, all players be given an opportunity to be on the floor in the closing minutes of a game.

We understand that by adhering to the spirit of these guidelines we run the risk of our teams being less competitive in some games. Traveling Basketball is a more competitive program than In-house Basketball and we still want our coaches to put their teams in a position to win basketball games. We simply want the coaches to do so while allowing all participants to feel they are contributors to the team.

Skill Development

In addition to 1-2 practice times each week, FYBA is providing several opportunities for continued player skill development this season.

- Team Skill Development — Each team will have a specified number of skills sessions with one or a combination of the following: FHS Varsity Coach (7th and 8th grade boys teams only receive 2 sessions), Clarence Bethea, the Minnesota School of Basketball and/or Wear Out the Net.
- Refer to the enclosed materials supplied by each vendor to determine who you feel suits your team's needs the most. You can either use all of your sessions with one vendor, or mix the sessions between vendors.
- We encourage you to set up the sessions as early in the season as possible.
- Coaches and players are expected to attend all sessions, unless there is an excused absence (see handbook for description of excused absences). Coaches are expected to work with the vendor to customize the session to meet your team's needs.
- You can contact the vendors directly to set up the sessions. You will also need to contact the Skills Director to let them know who & when you'll be using your sessions, so that we can document that these are being completed.
- You can schedule the session to occur during one of your regular practice times. Or, if you want to schedule separate from a regular practice, you will need to contact our Facilities Director.
- To ensure FYBA only pays for sessions that are actually held, you will be asked by each vendor to sign paperwork verifying your team's skills development session has occurred. The vendor will in turn submit the corresponding paperwork to FYBA for payment.

Practice Agenda

Every practice you need to come prepared with a plan on what you are going to cover and for how long. Please remember that all practices need to focus on fundamentals. **Our High School coaches have asked that the first 30 minutes of every practice focus on individual skill development.** You may want to incorporate the fundamentals into a specific drill such as right handed lay-ups or left handed lay-ups. You might even have them run a 3 man weave into a lay-up that works on speed, form, lay-ups, catching the ball, passing the ball and so forth.

Practice Agenda – Example

Practice #1

7:30 – 9:00

- 7:30-8:00** **Fundamental Skills Development** (Shooting, Passing, Dribbling, etc.)
- 8:00-8:10** **Defense** (show the kids how to play defense)
- Get them in to their Defensive Stance
 - Look at body position (tips of their feet, butt low to the ground, hands out)
 - Show them how to move forwards and backwards (foot movement)
- 8:10 – 8:15** **Water Break**
- 8:15-8:30** **Defensive Drills**“Z Drill” 1 on 1 full length of the court (stay within half court and out of bounds)
Monitor their stance
- 8:30 – 8:45** **V Cut Shooting from a bounce pass**
- Start at the Foul line extended
 - Good V Cut
 - Good pass
 - Good Jump-shot
- 8:45 – 9:00** **3 Man** full length of the court in to a bounce pass lay-up.
- The ball does not touch the ground until the bounce pass
 - Good Pass
 - Good, hard lay-up

Game Scheduler (a.k.a. Score Tracker) Coaches/Parent Helper Instructions

Purpose:

By tracking the results of a tournament games and MYAS league games throughout the season we will be able to monitor the progress of the teams throughout the season. This will assist with proper seeding of the teams in the MYAS state tournament and it will also help with next year's tournament selections. You may obtain the assistance of a parent volunteer to enter this information if you would like.

Notes:

1. Enter your game scores by the following Tuesday noon.
2. You do not need to enter the scores for any scrimmages.
3. Under the Season Record for Select Team you can view your team's performance throughout the season.

Game Scheduler Instructions:

The Game Scheduler is located under the Teams section of the Travel Basketball website.

To begin go to

www.fyaasports.org

Login

Click on Sports

Click on Basketball

Click on Traveling Basketball

Click on specific Team

How do I add a game?

1. **Login** to the organization's website using your User-ID and Password
2. Ensure you are in **Edit Mode**



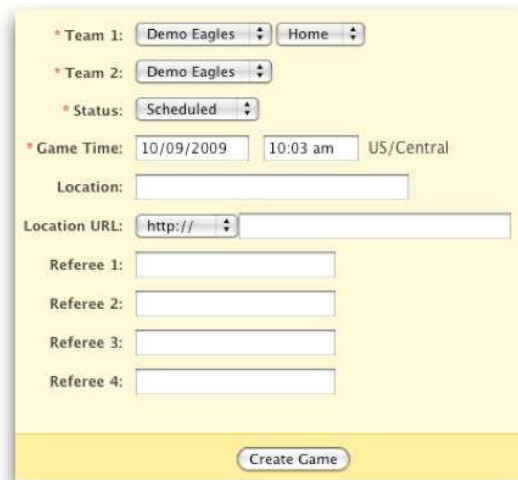
3. Go to the Team Page that you would like to add a game to.
4. Click on the **Game Schedule** button



5. Click **Add Game**



6. Enter Game Details (Select **Home** for Team 1, Enter your opponent in Team 2, Select **Scheduled** for Status, Enter the date of your game in Game Time, and enter the tournament name in Location (i.e. Farmington Tiger Classic, Lakeville North, SOTR))



* Team 1: Demo Eagles Home
* Team 2: Demo Eagles
* Status: Scheduled
* Game Time: 10/09/2009 10:03 am US/Central
Location:
Location URL: http://
Referee 1:
Referee 2:
Referee 3:
Referee 4:
Create Game

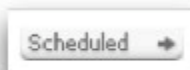
7. Click **Create Game**

How do I add a score to a Game?

1. Click on the **Game Schedule** button



2. Find the game you would like to add a score to, click on the **Scheduled** button in the status field.



3. Click **Edit Team Stats**



4. **Enter 1st and 2nd half scores** for the away and home teams in the Points by Half section.
5. Click **Save Team Stats**
6. Click on **Edit Game Details**
7. Change the status from Scheduled to **Completed**.
8. Click **Save Details**.

E-Mail Lists Instructions

Purpose:

An email list has been established for each individual team. The Head Coach, Assistant Coach, respective Travel Director, Facilities Director and other Board members may use the e-mail lists to communicate with your teams. For example, you may want to send a periodic update to your team, you may have a last minute change in practice time due to unexpected weather or you may have forgotten to tell your team something at the last practice.

Instructions to send an email to a mail list:

To begin go to

www.fyaasports.org

Login

Click on 'Edit' mode

Click on Sports

Click on Basketball

Click on Traveling Basketball

Click on specific Team

1. Once you have selected your specific team, click on Groups.
2. Select the appropriate group from the drop down menu on the right hand side of the page (i.e. 4 Boys Black – Travel Basketball, 7 Girls Black – Travel Basketball, etc.)
3. Click on Message Selected on the right hand side of the page.
4. Type in your message.
5. Click on Send Message.

Email Addresses Changes

FYBA families are responsible for updating their email address at www.fyaasports.org. If they have any questions, please have them contact the Communications Director.

MYAS State Tournament

The last scheduled tournament for the FYBA travel program is the Minnesota Youth Athletic Services (MYAS) State Tournament. This is Minnesota's equivalent of March Madness for the Minnesota travel basketball teams. Last year MYAS reported there were over 1,000 teams from the metro and a significant increase in participation from greater Minnesota communities. This year's tournaments will be held as follows:

| MYAS State Grade Tournament | Seeding Meeting | Tournament Dates |
|------------------------------------|---------------------------------------|-------------------------|
| Girls | Expected to be Week of February 9 | March 7 & 8, 2009 |
| Boys | Expected to be Week of February 16 | March 14 & 15, 2009 |

Additional Tournaments

Each year some teams are interested in playing in an additional tournament or two. The parents of the team, NOT FYBA, pay for costs for these tournaments. There are several possibilities for finding another tournament. Identify a weekend or two that you might be interested in playing. Then contact the Boys/Girls Director or President and see if they have any information regarding possible tournaments for those dates. Another possibility is to check the MYAS website, www.myas.org, and see if they have any open Super Saver tournaments. Super Savers are held on Saturday and Sunday during the months of November through the second weekend in March and open to boys and girls teams. Teams play three games within six hours.

Girls Tournament Information 2009-2010:

Rochester, MN
February 19th thru 21st

Hotel Options:

\$82.00/night for Standard Room &
\$92.00/night for Suite (2 Queen Beds w/pull-out sofa & kitchenette)
@ Kahler Inn and Suites, 9 Third Ave NW
(West Center St & 3rd Ave NW), Rochester, MN
Phone: 1-800-533-1655
<http://www.kahlerinnsuites.com/>

\$99.00/night for Standard Room @
Courtyard by Marriott- Rochester/Saint Marys
161 13th Ave SW, Rochester, MN
Phone: 507-536-0040
www.marriott.com/RSTCY

There are a limited number of rooms available for Farmington teams so it is best to make your reservations as soon as you are able to receive these rates and ensure a room.

You must call and reserve your room before midnight on January 20th, 2010 to receive the above rate.

To reserve a room: call the referenced numbers and Mention Farmington Travel Girls Basketball when making your reservation.



Boys Tournament Information 2009-2010:

Rochester, MN
March 5th through the 7th

Hotel Options:

\$99.00/night for Standard Room @
Courtyard by Marriott- Rochester/Saint Marys
161 13th Ave SW, Rochester, MN
Phone: 507-536-0040
www.marriott.com/RSTCY

\$109.00/night for standard room @
Rochester Marriott Hotel
101 SW 1st Avenue, Rochester, MN
Phone: 1-877-623-7775
www.rochestermarriott.com

There are a limited number of rooms available for Farmington teams so it is best to make your reservations as soon as you are able to receive these rates and ensure a room.

You must call and reserve your room before midnight on February 5th, 2010 to receive the above rate.

To reserve a room: call the referenced numbers and Mention Farmington Travel Boys Basketball when making your reservation.



Spring and Summer Basketball Tournaments

Playing in the off-season is a great benefit for all basketball players! FYBA is not involved in any of the spring or summer basketball tournaments, but we thought it would be important to offer you direction on where to go if you and a group of players are interested.

AAU: Information can be found under www.minnesotaaaau.org

MYAS Gopher State Spring Basketball: Information can be found at www.myas.org

MYAS usually holds informational workshop for all new coaches in early March.

If your team would like to extend the season in the spring or fall and need practice time within a school gym, Community Ed requires proof of insurance and has requested that a central contact person within FYBA work with Community Ed to schedule gym time for practices. Your team is responsible to pay, up front, for the court time. FYBA has also allowed you to cover your players under FYBA's insurance for use of the gyms. This is not medical insurance, only the insurance necessary to use School Facilities.

The main difference between AAU and MYSA is national competition. If your group of players would like to compete locally, with the chance to go to the AAU Nations, then you would want to play AAU. There are additional membership fees that you will need to pay to play AAU.

If your group of players wants simply to extend their season, you may want to choose the MYAS Gopher State Spring League. They offer three levels of play for each age group (I, II, & III). Level I is mainly All-Star teams, level II is A & B teams, and level III is C or beginning teams.

Please remember that FYBA does not govern any of these programs, and does not control coaches or player selection. FYBA does however, support playing basketball in the off-season!

As FYBA becomes aware of other basketball tournaments, they will be posted under the Other Basketball Opportunities link on the website.

Summer Basketball Camps and Schools

Traditionally the FHS Varsity Coaches offer summer basketball camps and other development opportunities. In addition there are other local camps and basketball schools that offer off-season development. As FYBA becomes aware of these opportunities, the information will be posted under the Other Basketball Opportunities link on the website.