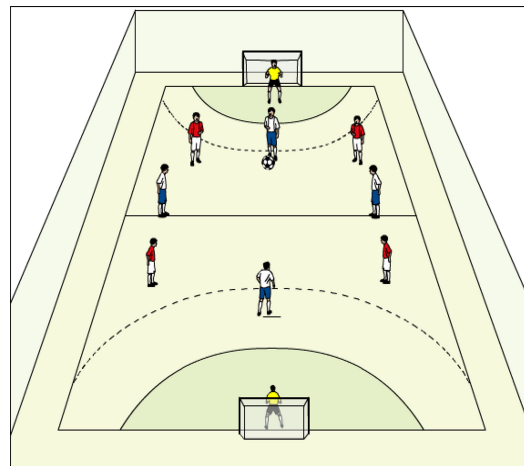


# Futsal - Basic Rules

## U8, U10 & U12

Length of Games	2 x 20 minutes running clock
Warm Up	10 minutes
# of Players On Field	5 (including Goalkeeper)
Size of Ball	#3 (U8) & #4 (U10/U12)
Duration of Games	40 Minutes
Half Time	5 Minutes
Referees	None (U8) & 2 (U10/U12)
Substitutions	Rolling (on the fly)
Offside	No



### WAYS TO RESTART THE GAME

After Save... A goalie may throw or pass the ball out of his or her goal area.  
**No Punting will be allowed**

***The ball CANNOT be punted!***

Ball Out of Bounds Over Sideline... **Kick in...** the ball is placed on the floor and is **passed** in to a team mate. You may have one foot on the side line or behind the side line. Players have 4 seconds to get the ball in play.

***The ball CANNOT be shot at the goal or deflected off a teammate in attempt to score a goal!***

Ball Out of Bounds Over End of Field... If the ball goes out of bounds at the end of the field, and the defending player touched it last, it is put back in play by a **CORNER KICK**. Players have 4 seconds to get the ball in play.

Ball Out of Bounds Over End of Field... If the ball goes out of bounds at the end of the field, and the attacking player touched it last, it is put back in play by a **GOAL CLEARANCE**. Keeper has 4 seconds to **THROW BALL IN**.

***Opposition Players MUST CONCEDE their half of the field on GOAL CLEARANCES. Failure to do so will result in an Indirect Free Kick at the Centre Spot.***

Typical Fouls	Results In	This Means?	Distance of Opposition from Kick
Hand Ball	Indirect Free Kick	Goal cannot be scored directly from Shot	5M
Tripping	Indirect Free Kick	Goal cannot be scored directly from Shot	5M
Pushing	Indirect Free Kick	Goal cannot be scored directly from Shot	5M
Fighting	Indirect Free Kick	Goal cannot be scored directly from Shot	5M

***Sliding Tackles and shoulder charges are not permitted in FUTSAL.***