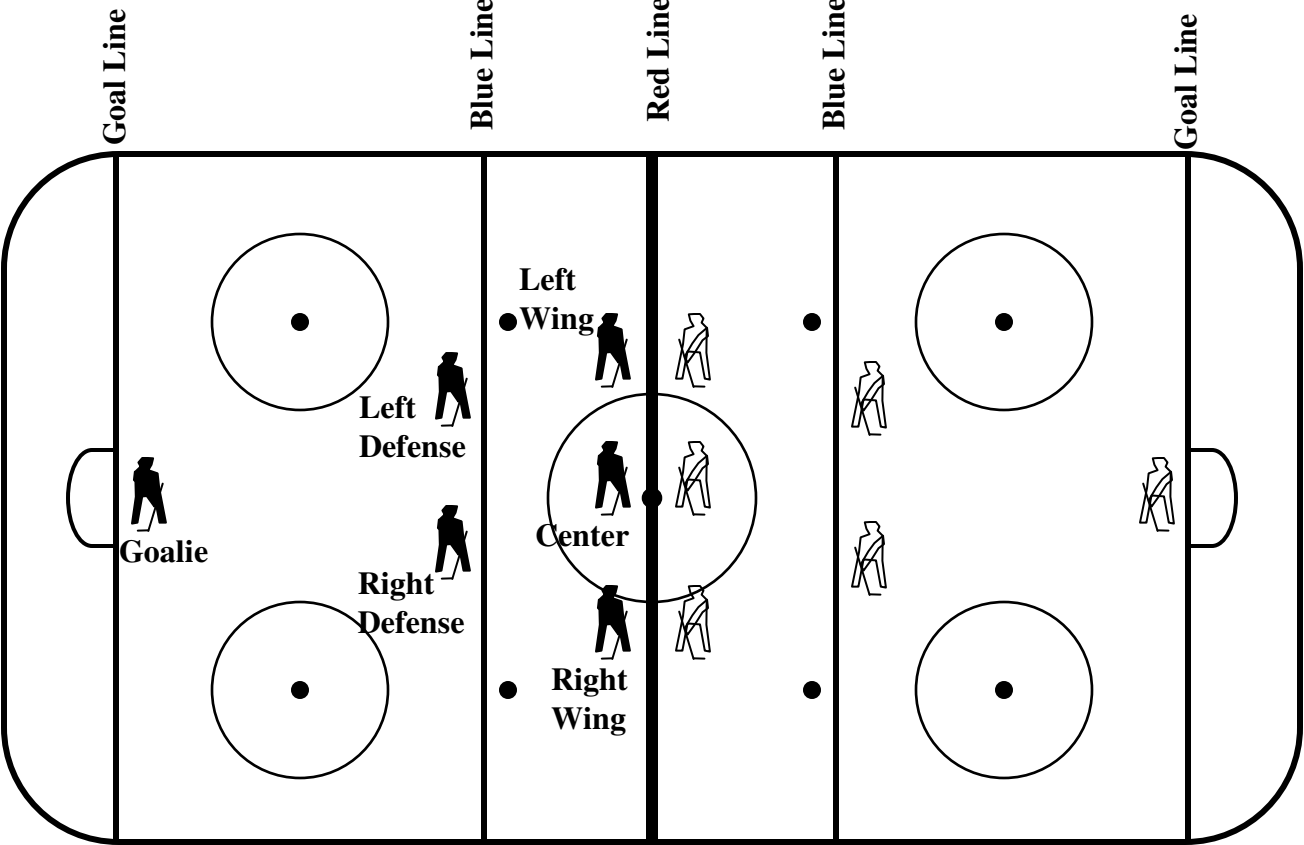


Cavalry Team Handout Section #1: Positioning

Center Ice Face-off/Line Up

Blues are in black

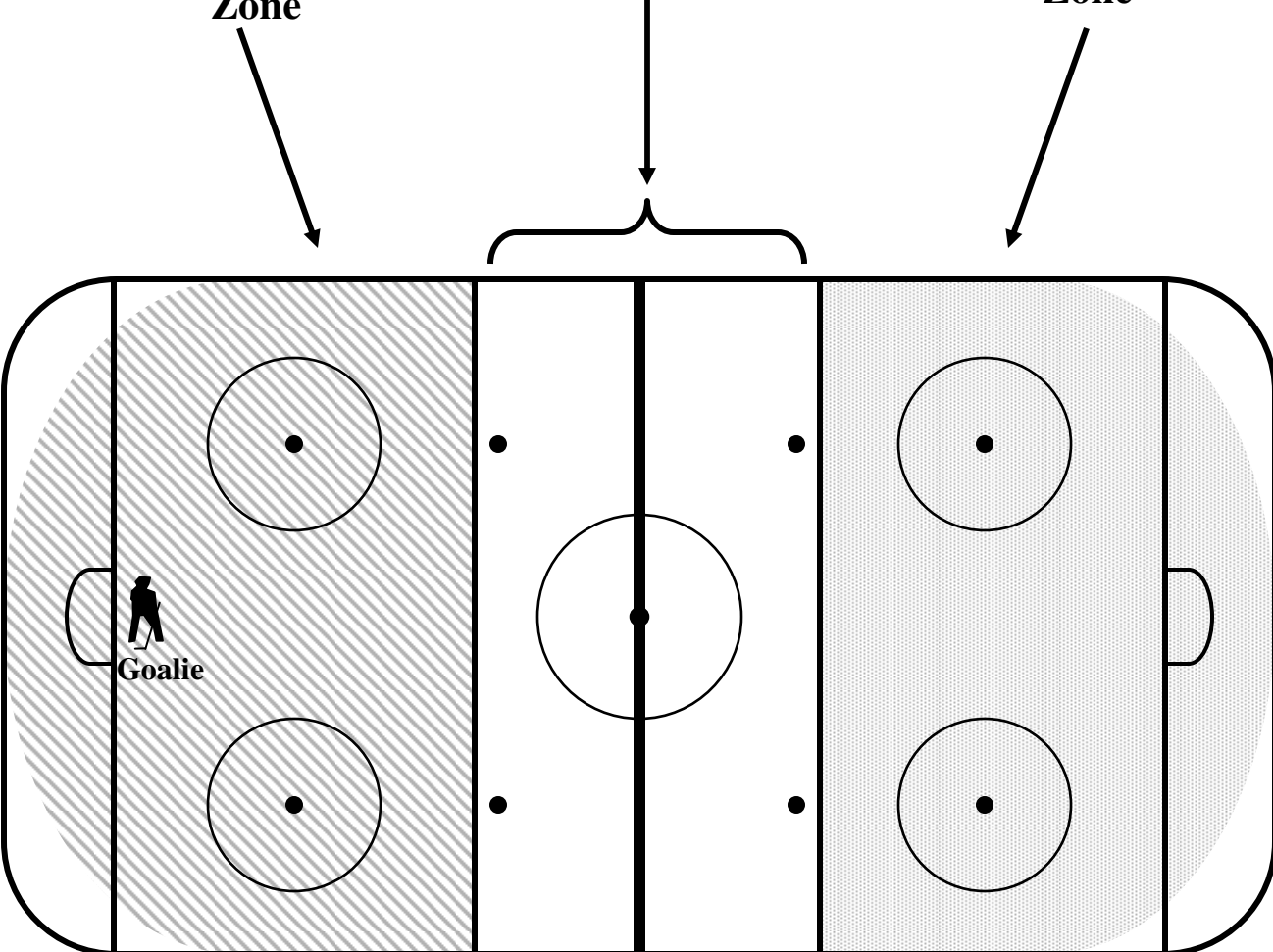


Zones

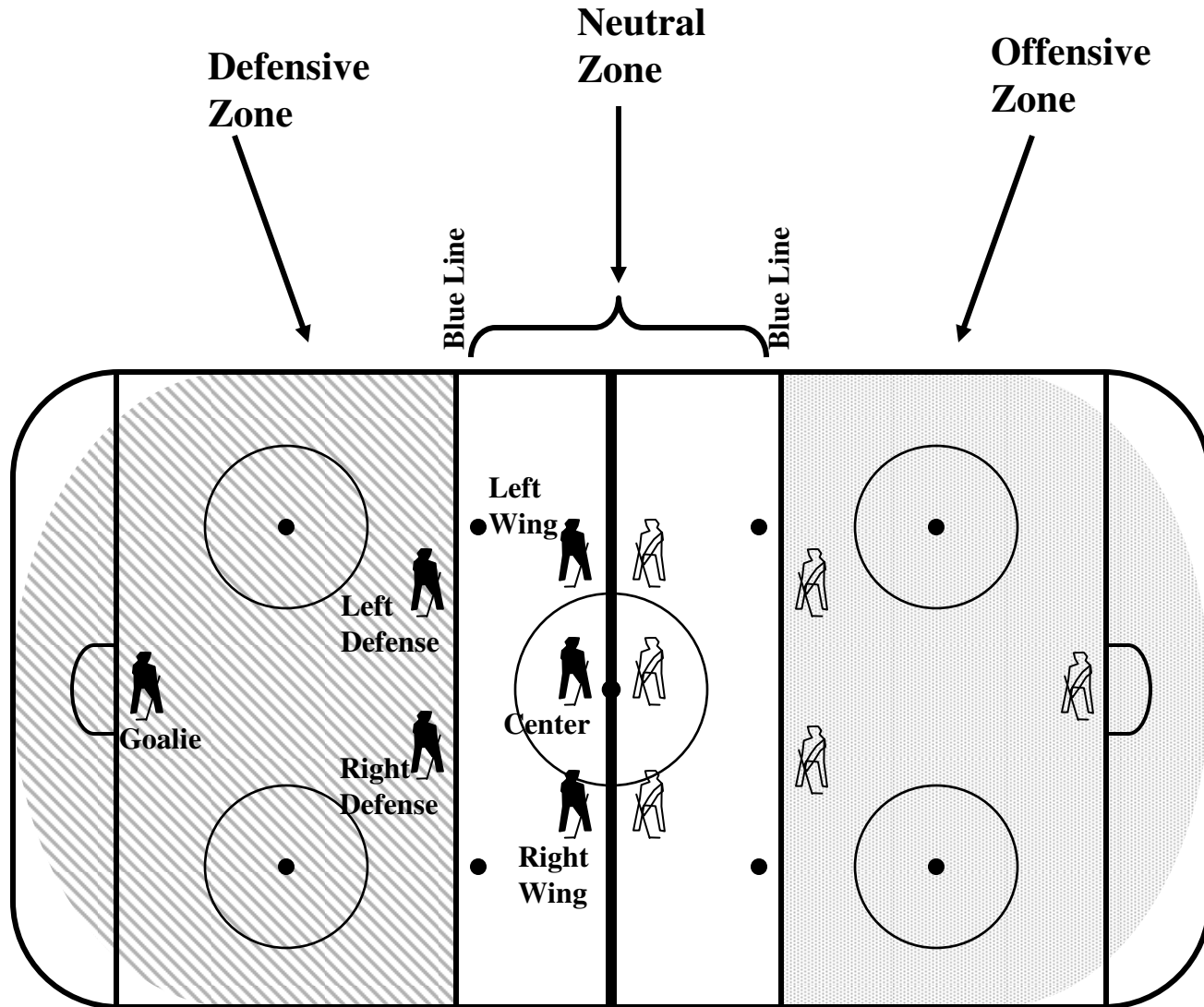
**Defensive
Zone**

**Neutral
Zone**

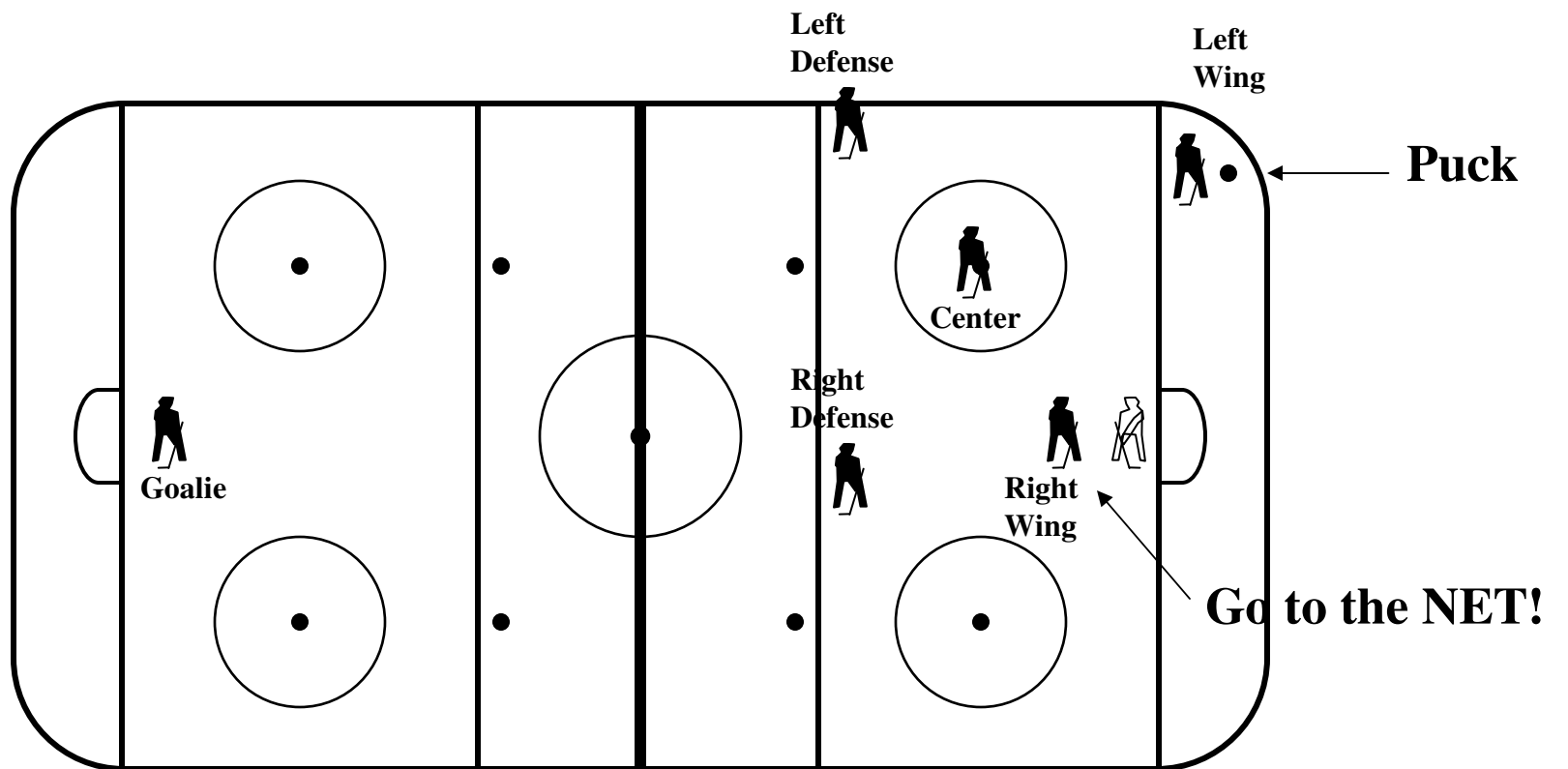
**Offensive
Zone**



Zones: Blues are Black Players

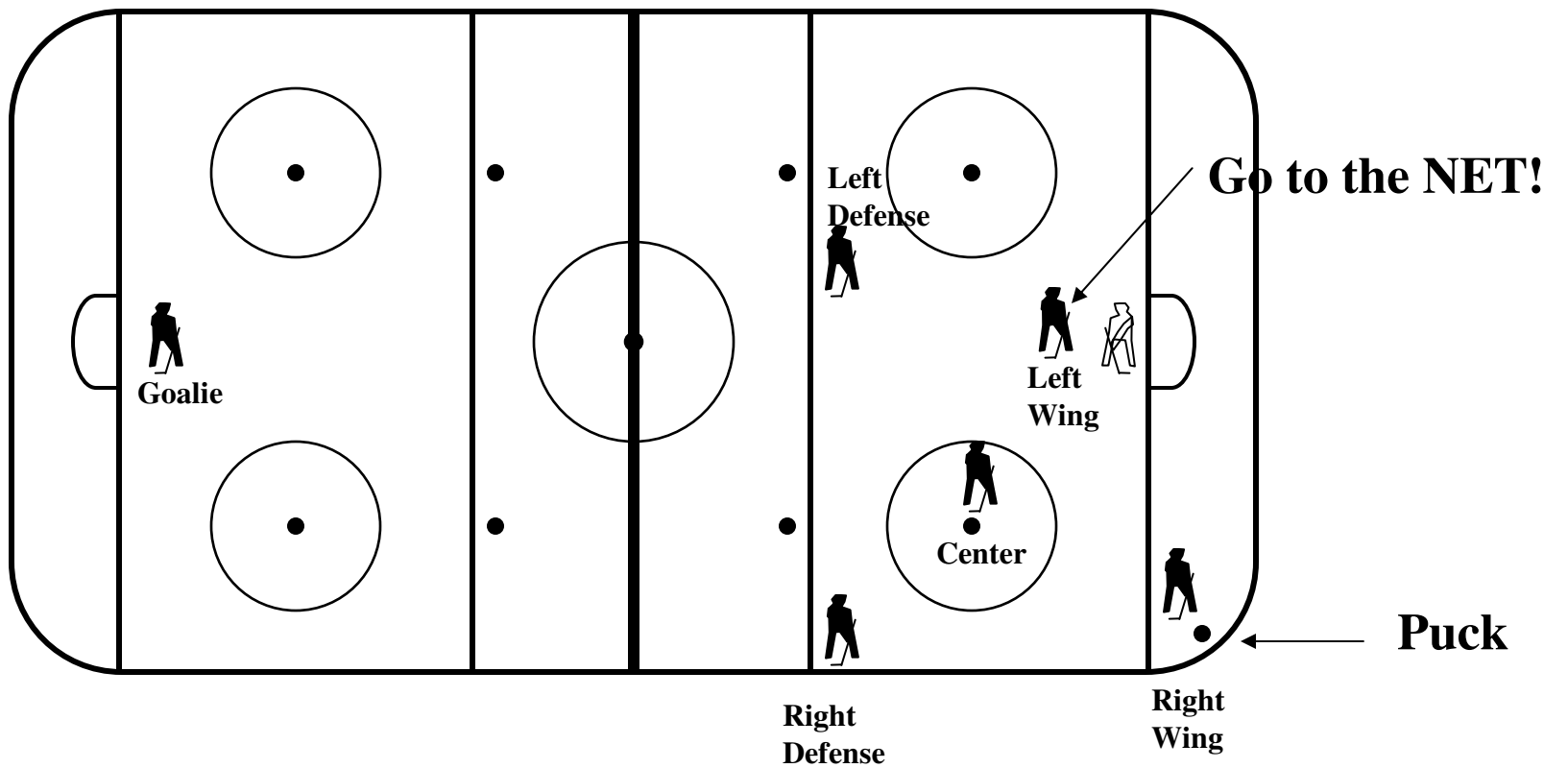


Positions: Puck in offensive zone—Left Side



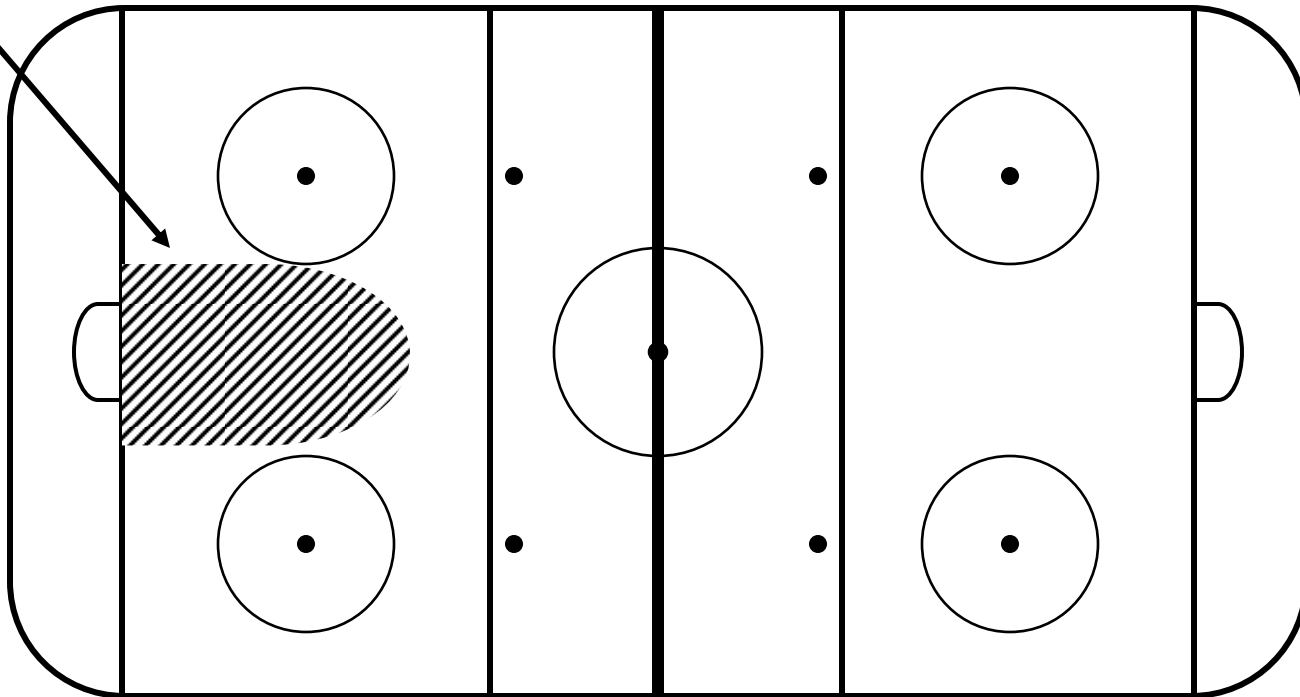
Shift!

Positions: Puck in offensive zone—Right Side



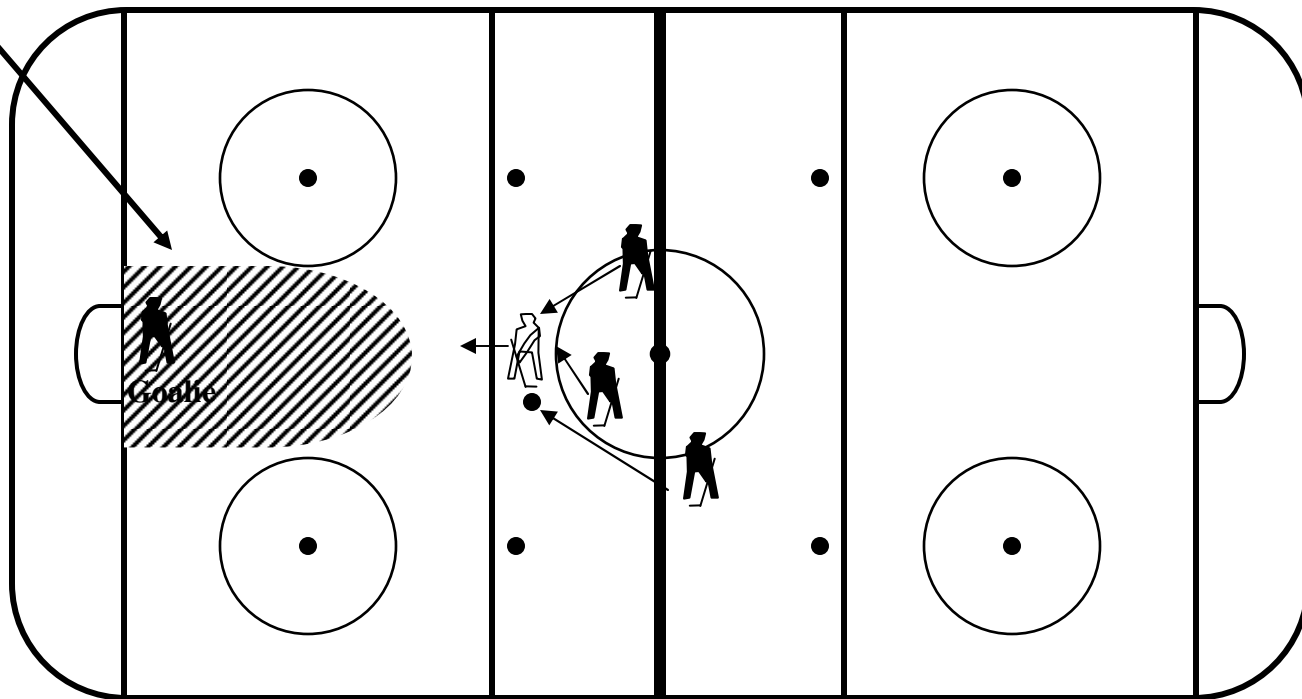
The danger zone is in front of your team's goal—keep the puck out of this area!!

Danger
Zone



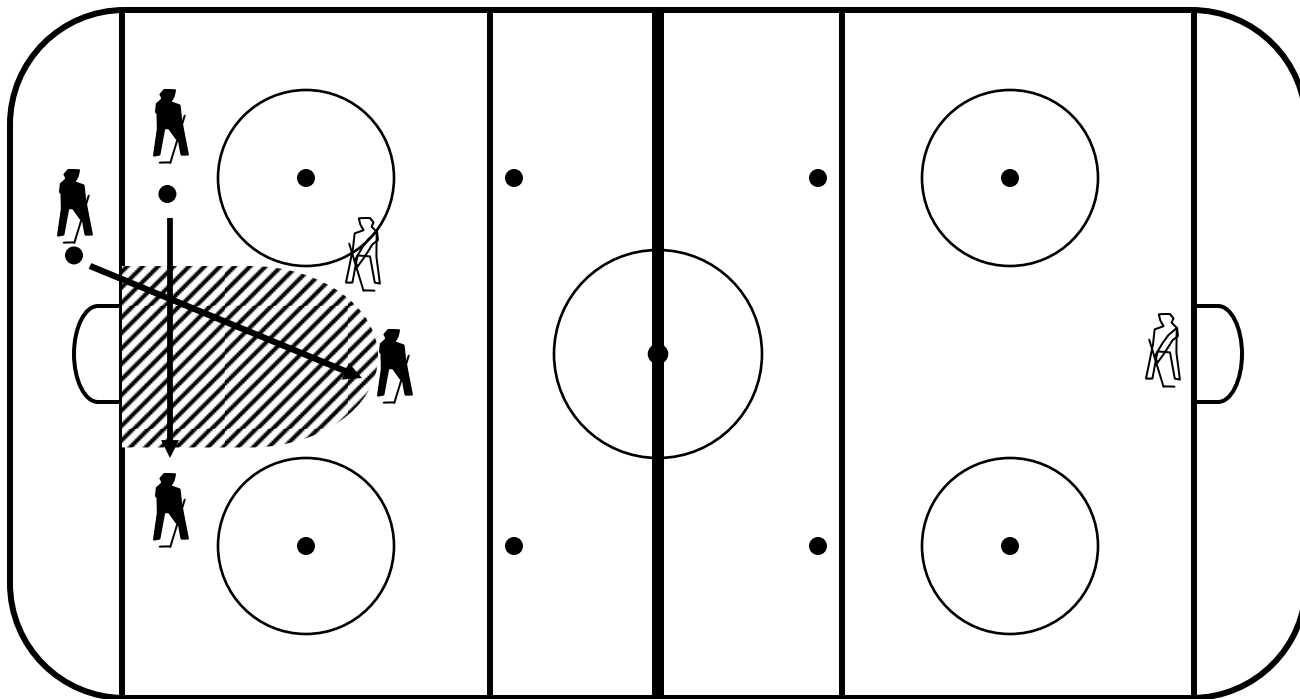
When the other team has a break-away, all Blues players must backcheck to **steal** the puck back before the other team gets to this zone...DO NOT LET THE OTHER TEAM SHOOT THE PUCK ON OUR GOALIE...Remember, that's our puck!

Danger
Zone

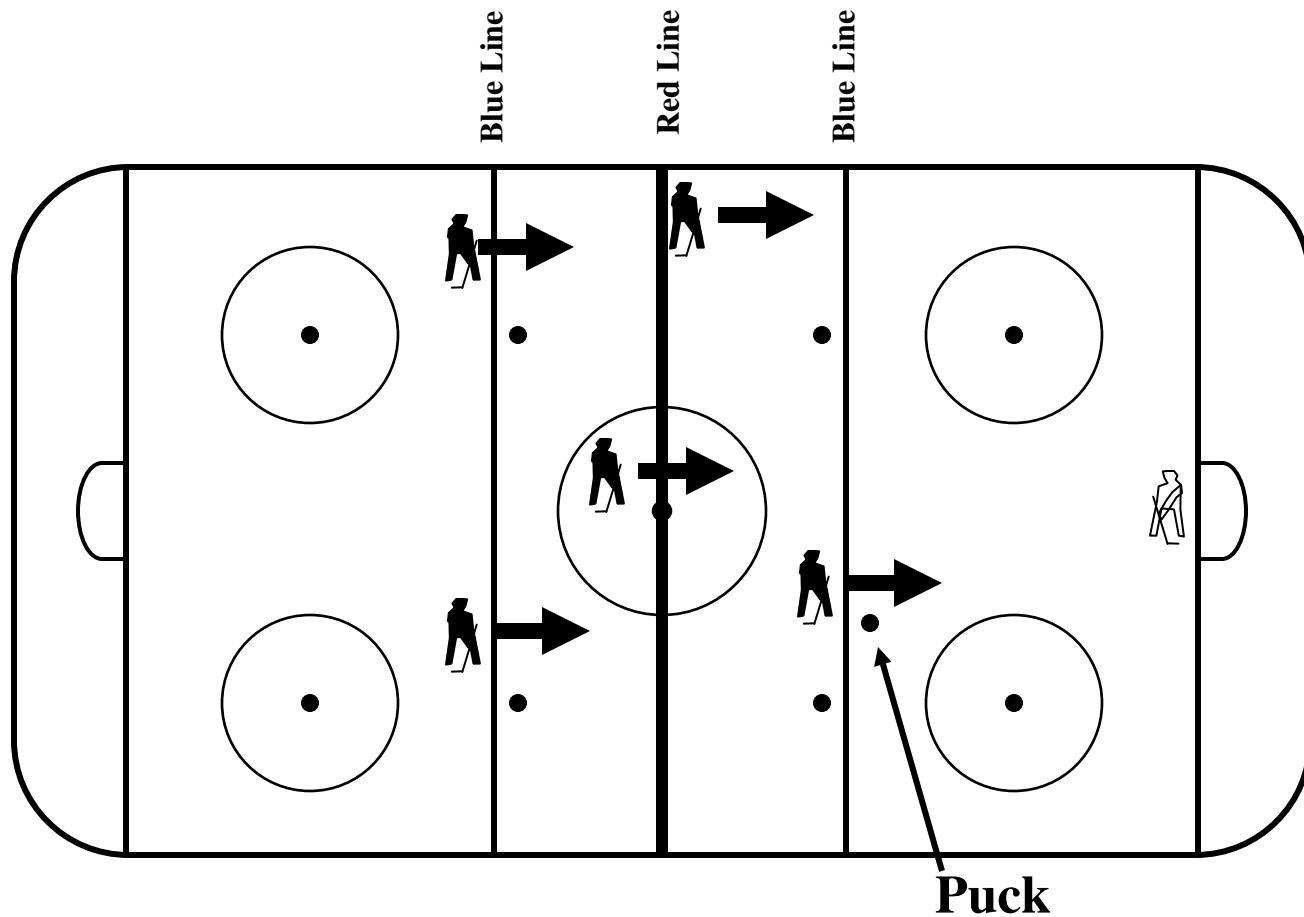


Never Pass or move the puck through the danger zone!

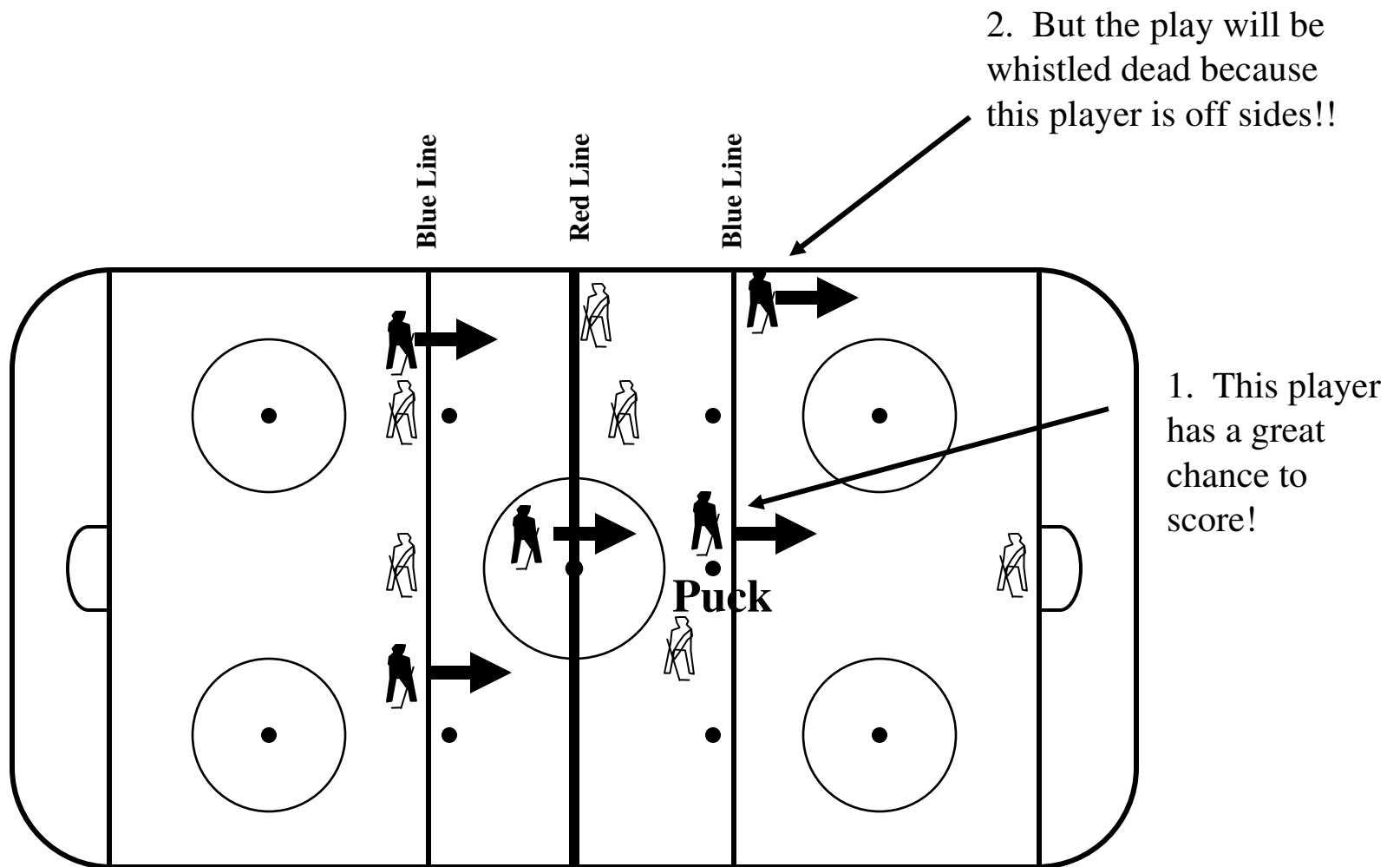
This is NOT GOOD!!



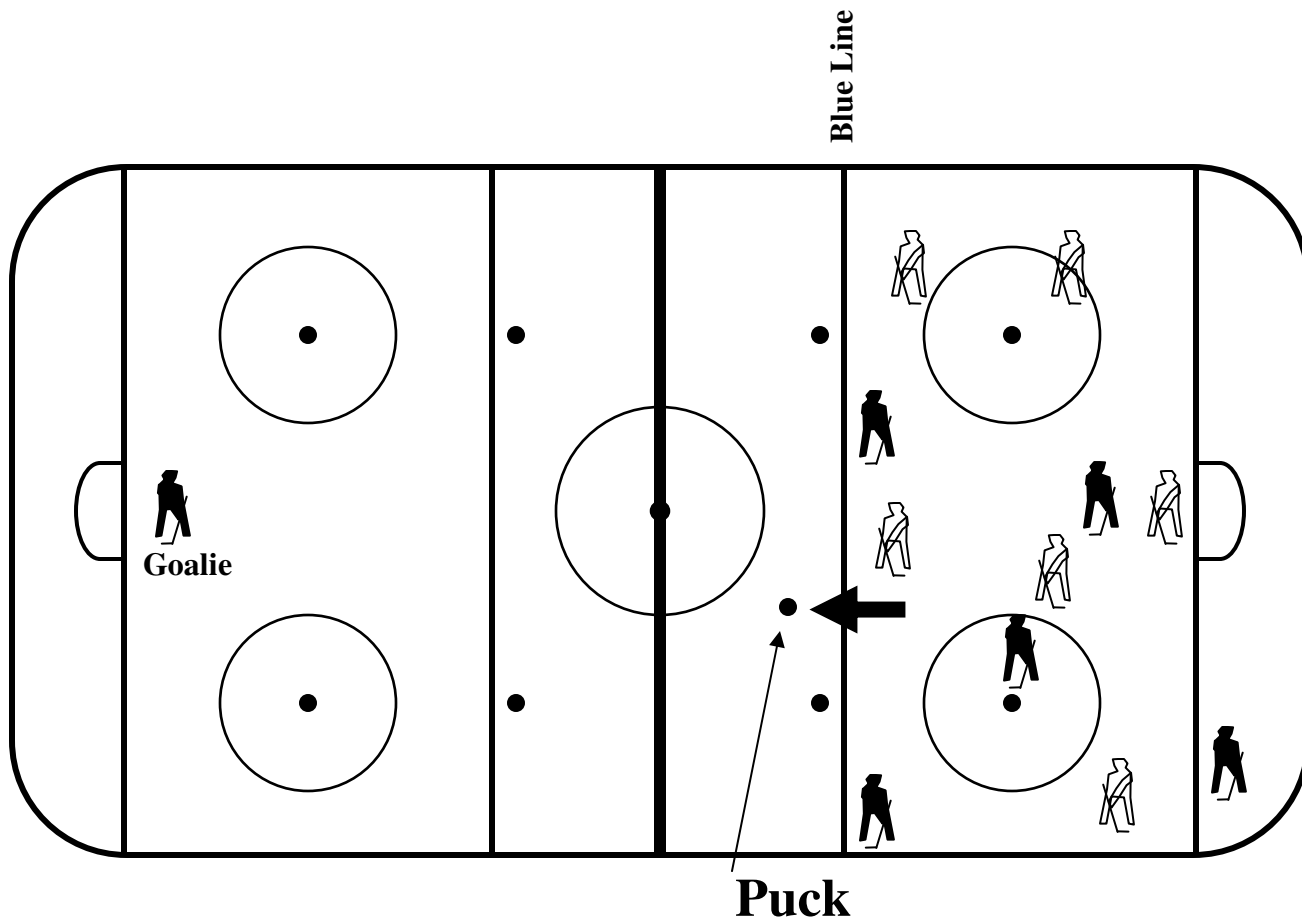
Off Sides: When crossing the other team's blue line, the puck **MUST** cross the blue line ahead of all the players on your team



If you aren't careful you can ruin good chances to score!

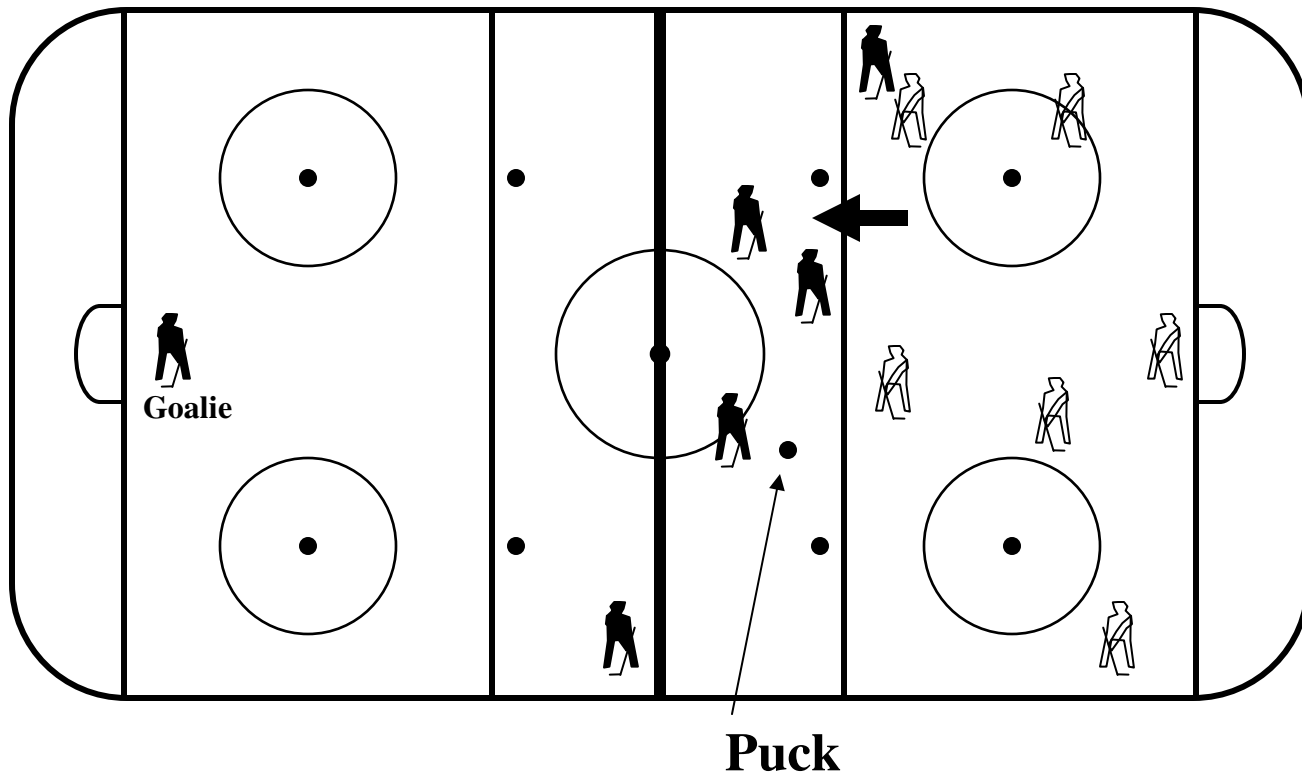


If the puck comes back across the blue line (offensive zone), all of the black players have to come back across the blue line before the puck can go back in...



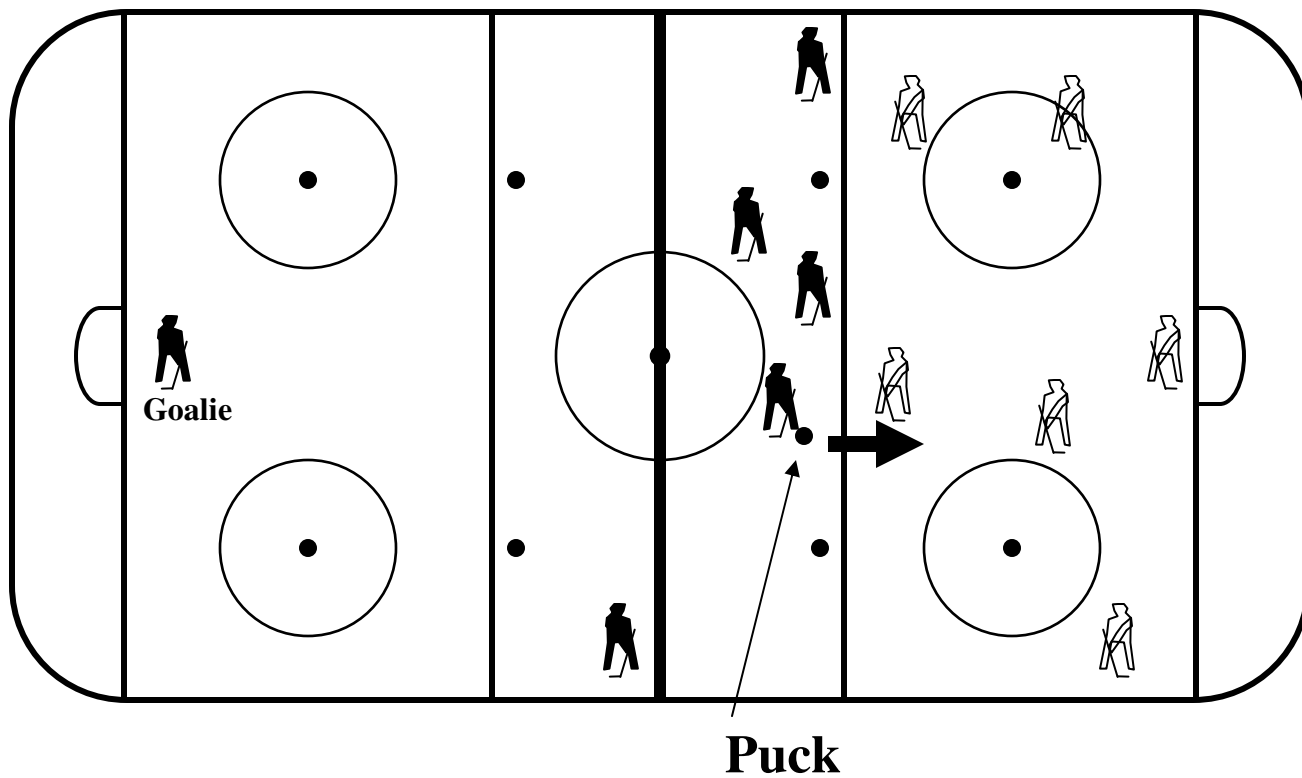
Everybody has to come out!!
Coach yells "CLEAR"

Your team **still** cannot
take the puck back into
the offensive zone
because this player has
not come out

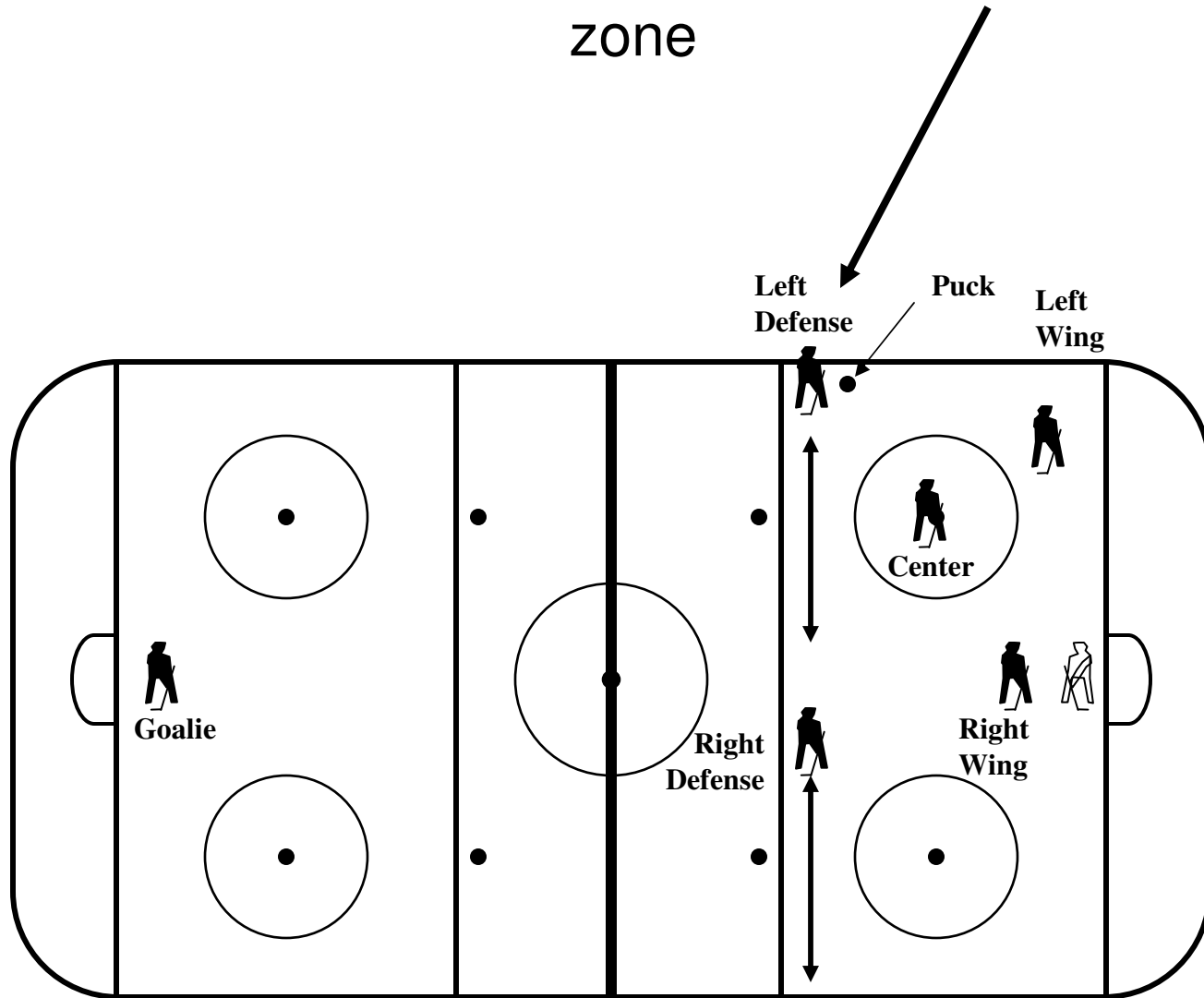


The puck still has to go back in before black players can cross the blue line

Now your team can move the puck back into the offensive zone, because this player came out



Defenseman should usually play just inside the blue line to make sure they can keep the puck in the offensive zone



Notes:

