

Defining the Mission.

At GDI our revolutionary goaltender development teaches athletes around the globe to play at levels higher than they ever imagined.

To reach their maximum potential, goalies need more than technical instruction. They need mentoring, physiological and psychological conditioning, discipline and hard work. They need to study the position on and off the ice. They need to exploit every resource at their disposal. That's what we teach netminders to do. With their minds, bodies, hearts and gear all working together seamlessly, GDI goalies go into every fight knowing that they are the best they can be.

Make no mistake about it. Being the best isn't easy. That's not just a challenge or a word of warning. It's a promise. So think about that first and then ask yourself:

Are you ready for The Revolution?



Revolutionizing the Position.



860 Hebron Pkwy, Unit 201
Lewisville, TX 75057
800.667.9044

gdi-hockey.com



The Revolution is Now.

Dominating the Opponents.

GDI offers a comprehensive approach to goaltender development that no other camp or coach can match. Combining regional training camps, publication of *The Goalie News*, the online training resource *GDIadvantage* and our new, world-class Satellite Training Centers located throughout North America, we give promising goaltenders every physical and mental advantage to take their games to the highest levels.

Just ask more than 100 goalkeepers playing in the NHL, Minor Pro, Major Junior and NCAA Division I levels of play. GDI has revolutionized their play — just like we'll do for yours.



Training for the Fight.

NATIONAL DEVELOPMENT CAMPS

Housed in world-class facilities, GDI National Development Camps are the absolute best of GDI amateur development camps. Available only to elite netminders with career aspirations, our National Camps provide modern, detailed analysis, instruction and mentorship of all skill sets in technical and game environments.

REGIONAL DEVELOPMENT CAMPS

Throughout Canada, the USA and Europe, GDI Regional Camps provide world-class programming on a local/regional basis. Designed for a progression of skill levels, these camps are vital to the long-term growth of every goaltender.

SATELLITE TRAINING CENTERS

At our world-class training centers, we provide a range of instructional services for goaltenders of all skill levels. Training includes 24-week programs, specialty clinics and private, one-on-one lesson packages.

Leading the Revolution.

For more than 23 years, NHL goaltending consultant **IAN CLARK** has developed goaltenders of all ages and skill levels. Having trained netminders in Europe, Asia and every corner of North America, Clark has literally gone global. Not surprisingly, success has always followed. Because of his comprehensive philosophy about goaltender development and his attentiveness to each goalie's strengths and needs, he remains a favorite coach among athletes, hockey clubs and parents.



Founder and President – GDI

Editor in Chief – *From the Crease*

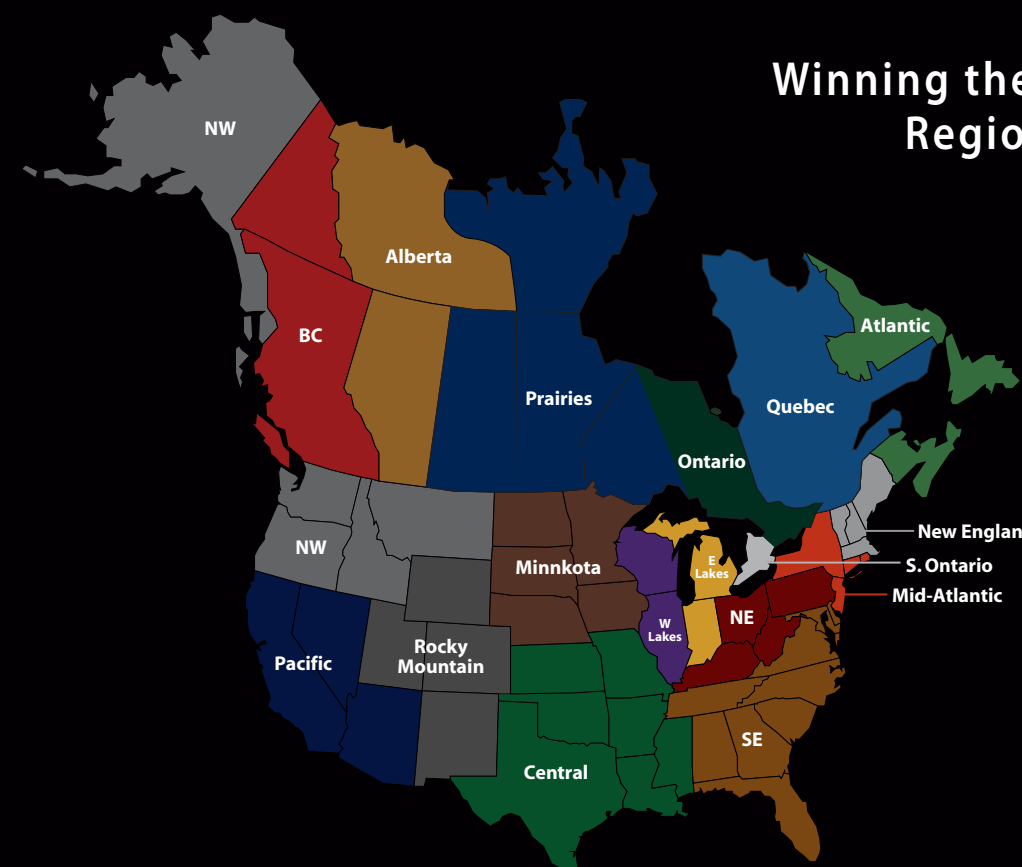
Technical Writer – *The Goalie News*

Goaltending Consultant – Vancouver Canucks

Goaltending Consultant – Hockey Canada (2000-06)

Led by Clark, the GDI coaching staff is committed to each athlete's development both as a goaltender and an individual. Hard work and individuality are the most important fundamentals of GDI training. We do not re-invent a goaltender's style of play. Instead, we maximize the level at which they play it.

At GDI, we keep athlete-to-coach ratios extremely low. At camps, they're as low as 1.5:1. At our Satellite Training Centers, you can get intensive one-on-one coaching. These low ratios are essential. They allow us to provide superior instruction and, more importantly, to forge effective relationships with netminders, building trust and communication. Together, coaches and athletes analyze and integrate vital opportunities for growth.



Winning the Revolution, Region by Region.

Climbing the Ranks.

GDI provides world-class instruction and mentorship to goaltenders with a broad range of skill sets, from beginners to professionals. As each athlete progresses in his/her development, GDI moves the netminder into the next level of the training progression. Thanks to this structured development, goalies get the instruction they need at the right stages of their development, all building to each athlete's level of optimum performance. The skill progressions include: **INTRO1**, **ADV2**, **HP3** and **P4**. Beyond our curriculum for these four skill levels, we provide highly customized consulting for professional-level goalkeepers.



INTRO1 — INTRODUCTION

During INTRO1 training, goaltenders build a strong technical foundation in each of the three primary fundamental skill groups. These skill groups include position-specific movement, basic positioning and a goalie's initial save assets. These fundamentals are critical to the future development of every goalkeeper.



ADV2 — ADVANCED

In this second stage of the progression, GDI introduces goalies to a more sophisticated approach to their development not only through the technical work but also as they assess both sides of the puck. Teaching goaltenders to read a play effectively improves key read-and-react skills.



HP3 — HIGH PERFORMANCE

This program hones tactical and transitional skills and expedites a goaltender's physiological and psychological development. During HP3, GDI analyzes and integrates shot preparation and positional play into each goalie's style of play.

Teaching netminders to integrate highly efficient down mobility, GDI calibrates the athletes' "up" game with their "down" game. These and other modern methodologies covered in HP3 represent the forefront of goaltender development.



P4 — PROSPECT

For P4-level goaltenders, GDI provides the most advanced tactical, positional and transitional training available to amateur athletes.

Unique among the world's training programs, GDI's exclusive education/repetition/simulation (ERS™) teaching system ensures optimal at-camp growth and evaluation in both structured drill and dynamic, unpredictable game environments.



MATT MILLAR

To learn more about GDI programs and camps in the Minnkota region, contact Matt Millar at (612) 812-6255 or mmillar@gdihockey.com or visit the GDI website at gdihockey.com.



The Revolution is Now.

DEVELOPMENT EXPERTISE

At GDI, our regional and national development experts are well versed in the world-renowned GDI training philosophies. Our coaches challenge goaltenders to work ever harder, ever smarter. Instead of trying to re-invent any netminder's style of play, we revolutionize the results of their play. And for every goaltender who's 100% committed to The Revolution, who's willing to do the work, we take them as far as their heart and their potential allow.

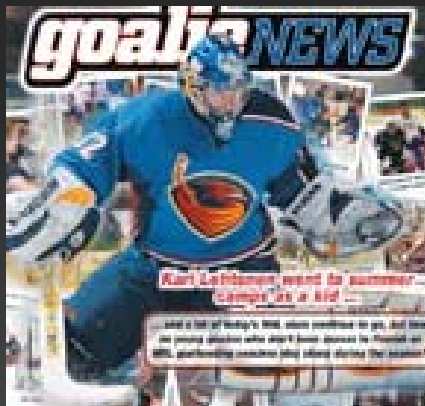
YOUR REGIONAL GDI EXPERT

Matt Millar — Regional Manager, GDI Minnkota

Instructing GDI goaltenders at some of the highest levels, Matt has coached pro prospects at GDI national camps and professional athletes in GDI's Pro Consulting program in Vancouver, British Columbia. In recent years, he has assisted former Los Angeles Kings Goaltending Consultant Andy Nowicki, now with the WHL's Red Deer Rebels, with on-ice instruction and video analysis.

Also recently, Matt worked with the Southern Minnesota Express of the NAHL and lent his services to the City of Rosemount, Minnesota for its summer hockey program.

Matt was born in Edmonton, Alberta and began playing in Northern Alberta. At 14, Matt moved to the United States, where he played collegiate hockey at Bethel University in St. Paul, Minnesota. Immediately following his playing career at Bethel, Matt became the school's goaltending coach where he continues to work today as an Assistant Coach.



THE GOALIE NEWS

The world's leading publication for goaltender-specific news and information, the *Goalie News* is a must-read for netminders at all levels. With in-depth rankings and statistics along with behind-the-scenes stories that take you inside the crease, locker room and thoughts of the NHL's top goalies, the *Goalie News* is your key resource on the state of goaltending. Plus, the step-by-step, cutting-edge tactical and technical instruction will help take your game to a whole new level.

JOIN THE REVOLUTION

Subscribe to the *Goalie News* and you'll get:

- 12 issues per year
- Online access to key technical analyses
- Special themed issues throughout the year
- An optional binder* to file downloaded technical analyses

You get all of this for the incredible price of \$29.95! That's a 46% savings off the newsstand price!

* Binder is sold separately

Subscribe to the
Goalie News today!
Go to gdihockey.com
or call 1-800-667-9044.



The Revolution is Now.

With your subscription to the *Goalie News*, you'll get:

- In-depth information from trusted experts
- Detailed technical analysis to improve your skills
- Conditioning and strength training drills designed just for netminders
- Profiles of your favorite NHL goalies, including analysis of their strengths and weaknesses — what makes them tick and how they prepare
- NHL, Minor Pro, Major Junior and NCAA league reports to update you on goaltending activity, performance, statistics and ratings
- Special themed issues throughout the year — learn about equipment, summer camps, development resources, prospects and more
- Technical downloads and additional online content for even more details

The Revolutionaries Behind the *Goalie News*

There's one reason why the *Goalie News* is the most dynamic, progressive and up-to-date coverage of the goaltending position. It's the experts who pack each issue with outstanding news and information.

KEVIN WOODLEY — NHL REPORTING

A Vancouver native with a passion for puck stopping, Kevin has covered the Canucks for the Associated Press for nearly a decade and a couple of Stanley Cups for *USA Today*. His work has also appeared in the *National Post*, the *Hockey News* and *Sports Illustrated*.

IAN CLARK — TECHNICAL REPORTING

Ian has been developing top-level goaltenders, at all levels of play, for more than 20 years. There are Clark-trained goaltenders in Europe, Asia and all corners of North America. He is the Vancouver Canucks Goaltending Consultant and former Hockey Canada Goaltending Coach. He has trained and continues to work with goaltenders from all levels of play including many of today's leading netminders. His sensitivity to each goaltender's needs makes him a favorite coach of developing athletes at all levels. In fact, because of his passion to revolutionize goaltending, he continues to work with top NHL goalies and beginners alike.

EXCITING IN-GAME PHOTOGRAPHY

Get up close and personal with your favorite NHL goalies, thanks to Getty Images. Getty Images supplies NHL photography in the *Goalie News* and is the global leader in sports photography.

DETAILED ILLUSTRATION AND ART DIRECTION

To help you revolutionize your game, the *Goalie News* relies on renowned artist Ted Couling to illustrate technical imagery. Combined with the publication's detailed technical reporting, Couling's easy-to-understand illustrative style is invaluable to incorporating new skills or honing existing ones.



GDIadvantage

Your GDIadvantage membership is the next-best thing to training directly with a GDI instructor. As a member of GDIadvantage, you'll get unprecedented access to the world-class expertise of GDI and the training that's revolutionizing goaltending around the globe.

GDIadvantage gives you access to our online technical guide, online clinics, video demonstrations and other training tools that are personalized for your strengths and weaknesses.

Free & Premier Members get access to:

THE gdihockey.com COMMUNITY

- Including helpful and dynamic forums, live chats, surveys, polls, personal profiles and a classified ad system, gdihockey.com is the #1 online community of the globe's best amateur netminders.

GDI eNEWS

- This monthly electronic newsletter includes tips to improve your game and have more fun. Plus our handy product reviews will explain what to buy and how to save money.

NEWS, STATS AND RATINGS FROM THE NHL AND OTHER LEAGUES

Register for the GDI revolution today. Go to gdihockey.com and sign up for GDIadvantage. Premier membership is only \$24.95 (USD).



The Revolution is Now.

As a Free Member of GDIadvantage, you'll get access to:

STATkeeper™

- Record your statistics
- Track your performance trends
- Compare your performance to other members worldwide
- Calculate your own Goalie Power Rating

ONLINE COACH

- Search for specific skills
- Get helpful technical instructions
- View outstanding, detailed illustrations

As a Premier Member, you'll get exclusive access to:

TRENDkeeper™

- Receive dynamic performance reports
- Get personalized instructional materials
- Identify areas for improvement
- Implement corrective content and skills-specific drills
- Track progress with game analyses, statistics and full-color charts and graphs

ONLINE CLINICS

- Develop your game year-round with seasonal online programs
- Learn from interactive content that includes text, graphics, audio and video
- Download your own workbook for recordkeeping during and after each clinic

DRILL DATABASE

- Improve your skills using thousands of drills
- Search by category or skill level
- Execute drills effectively with descriptions, diagrams and key development points

VIDEO DEMONSTRATIONS

- Get a complete, technical breakdown of each skill
- Read a step-by-step description of the skill
- View corresponding still photos
- Put it all together with multi-view video

DISCOUNTS

- Save money while improving your game with the GDIadvantage Coupon Book, worth hundreds of dollars on gear, training and apparel
- Receive your first lesson free at a GDI Satellite Training Center
- Save up to \$100 on GDI training camps



DEVELOPMENT EXPERTISE

At GDI, our regional development experts are well versed in the world-renowned GDI training philosophies. Instead of trying to re-invent your style of play, we will revolutionize the results of your play.

If you're 100% committed to The Revolution, if you're willing to do the work, our development experts will take you as far as your heart and your potential allow.

For details on camp locations, schedules and staff or to find a GDI Satellite Training Center near you, visit gdi-hockey.com or call 1.800.667.9044.



The Revolution is Now.

THE REVOLUTION IS HERE.

Now, right in your area, GDI brings its world-class goaltender development services to help revolutionize your game, no matter your skill level.

GDI training includes but isn't limited to teaching the technical execution of individual skill sets. That's just one small part of helping you become a great netminder. In our regional training services, we also cover every other angle, including the mental game, physiological and psychological conditioning, equipment selection and usage and more. The programs we offer to you are the same that we've provided to more than 100 goalkeepers playing across North America, in Europe and Asia, in the NHL, Minor Pro, Major Junior and NCAA Division I levels of play. Simply put, we help goaltenders around the globe play at levels higher than they ever imagined. Now, we're going to help you do the same.

Are you ready for The Revolution?

Regional Training Services

Through a variety of GDI programs*, you have local/regional access to development expertise that's sweeping the globe. GDI's regional services include development camps, 24-week training programs, private lessons, midseason tune-ups, specialty clinics, association/club consulting, conditioning programs and mentorship. Regardless of the program, whether we're at a GDI camp, on your home-ice or at one of our Regional Satellite Centers, you'll have confidence, knowing that you're getting cutting-edge development that will revolutionize your game.

DEVELOPMENT CAMPS — Designed for a progression of skill levels, these regional camps are vital to the long-term growth of a goaltender. Camps for the first two skill levels drive home the fundamental skills necessary for more sophisticated development. Camps for the third skill level provide the highest-level instruction available on a regional basis

24-WEEK WINTER/SUMMER TRAINING — Available in both winter and summer versions at GDI's world-class Satellite Training Centers or other facilities, these programs provide superior instruction for goalies whose skills range from introductory to high-performance.

PRIVATE LESSONS/CONSULTING — GDI's private, one-on-one instruction expedites the development of goalkeepers. GDI offers private lessons in packages of 1, 5 and 10. Combining these private lessons with GDI curriculum training creates the ideal training environment.

MIDSEASON TUNE-UPS — Available for skilled, competitive players, a midseason tune-up refreshes both the mind and muscle memory. Timed with the Christmas layoff, a midseason tune-up provides an outstanding refresher course just before the stretch run to the playoffs.

SPECIALTY CLINICS — Repetition, repetition, repetition — that's the key to performing specific skills and tactics. A terrific complement to broader training services, GDI's specialty clinics provide a narrow focus and enhanced detail on key goaltender-performance issues.

ASSOCIATION/CLUB CONSULTING — GDI works with countless hockey associations and clubs to provide a productive and compelling development environment for their goaltenders. For associations, GDI instruction is available in team-practice environments, clinic formats or in-center at a GDI Satellite Training Center.

CONDITIONING PROGRAMS — GDI conditioning programs include both on-ice and off-ice activity. At GDI's Regional Satellite Centers, automated training creases are available for movement-specific regimens.

MENTORSHIP PROGRAMS — By extending beyond technical instruction alone, GDI mentorship provides the guidance and advice necessary to help young goaltenders reach their maximum potential.

*GDI services vary by region. Visit gdi-hockey.com for the development services available in your area.