

2009 MVC Composite Women's Swimming Schedule

- Sat, Aug 29** Prairie/Williamsburg & Waterloo East at Vinton-Shellsburg
- Tues, Sept 1** Charles City & Waterloo East at Cedar Falls
Xavier & Vinton-Shellsburg at Jefferson
Kennedy at Senior
Iowa City High at Prairie/Williamsburg
Washington at **Waterloo West**
Linn-Mar at Iowa City West
- Thu, Sept 3** Washington at Marshalltown
Wahlert at Hempstead
- Sat, Sept 5** Cedar Falls, Hempstead, Senior & Wahlert at Senior Ram Relays
Prairie/Williamsburg at Muscatine Invitational
Waterloo East at Vinton-Shellsburg
- Tues, Sept 8** Wahlert at Jefferson
Linn-Mar at Kennedy
Prairie/Williamsburg & Iowa City West at Washington
Waterloo West at Iowa City High
- Thu, Sept 10** Cedar Falls at Iowa City High
Xavier & Vinton-Shellsburg at Waterloo East
Hempstead at Platteville (WI)
Clinton at Senior
Muscatine at Iowa City West
- Sat, Sept 12** Xavier & Linn-Mar at West Des Moines Dowling Sprint Classic

Waterloo East & **Waterloo West** at **Waterloo West Wahawk Relays**
- Tues, Sept 15** Kennedy at Iowa City West
Hempstead at Washington
Xavier at Wahlert
Senior at Waterloo East
Iowa City High & Vinton-Shellsburg at Linn-Mar
- Thu, Sept 17** Cedar Falls at **Waterloo West**
Jefferson at Washington
Hempstead at Clinton
Bettendorf at Senior
Des Moines North at Waterloo East
- Sat, Sept 19** Cedar Falls, Kennedy, Iowa City High & Iowa City West at Iowa City High
Little Hawk Invitational

Jefferson, Prairie/Williamsburg & Xavier at Jefferson J-Hawk Relays
Linn-Mar at Marshalltown Invitational
Waterloo East & **Waterloo West** at Charles City Invitational
- Mon, Sept 21** Prairie/Williamsburg at Prairie/Williamsburg Duals
- Tues, Sept 22** Cedar Falls at Linn-Mar
Jefferson at Iowa City West
Washington at Kennedy
Waterloo West at Hempstead
Senior at Iowa City High
Waterloo East at Wahlert

Sat, Sept 26 Cedar Falls, Jefferson, Kennedy, Prairie/Williamsburg, Xavier, Wahlert & Linn-Mar at Kennedy Cougar Invitational
Washington at West Des Moines Valley Tiger Tanker Relays
Iowa City High & Iowa City West at Burlington Invitational
Waterloo East & **Waterloo West** at Waterloo East Trojan Invitational

Tues, Sept 29 Iowa City West at Cedar Falls
Kennedy at Jefferson
Prairie/Williamsburg at **Waterloo West**
Xavier at Washington
Hempstead at Senior
Wahlert at Linn-Mar
Waterloo East at Iowa City High

Thu, Oct 1 Iowa City West at Hempstead

Sat, Oct 3 Cedar Falls, Jefferson, Washington, Hempstead, Senior & Wahlert at Cedar Falls Marcussen Invitational

Tues, Oct 6 Kennedy at Cedar Falls
Jefferson at Prairie/Williamsburg
Linn-Mar at Washington
Senior at Wahlert
Iowa City High at Iowa City West
Vinton-Shellsburg & **Waterloo West** at Waterloo East

Thu, Oct 8 Xavier at Senior

Mon, Oct 12 Prairie/Williamsburg at Prairie/Williamsburg Duals

Tues, Oct 13 Washington at Cedar Falls
Jefferson at Linn-Mar
Hempstead at Kennedy
Xavier at Iowa City High
Iowa City West at Wahlert

Thu, Oct 15 Mississippi Valley Conference Diving Meet at Wahlert

Sat, Oct 17 Mississippi Valley Conference Swimming Meet at Wahlert

Tues, Oct 20 Xavier at Kennedy
Hempstead, Senior & Wahlert at Dubuque City Meet (Hempstead host)

Sat, Oct 24 Mississippi Valley Conference Sophomore Meet at **Waterloo West**

Thu, Oct 29 Regional Diving at Sites to be Announced

Sat, Oct 31 Regional Meets at Sites to be Announced

Fri, Nov 6 State Diving at Marshalltown

Sat, Nov 7 State Swimming Meet at Marshalltown