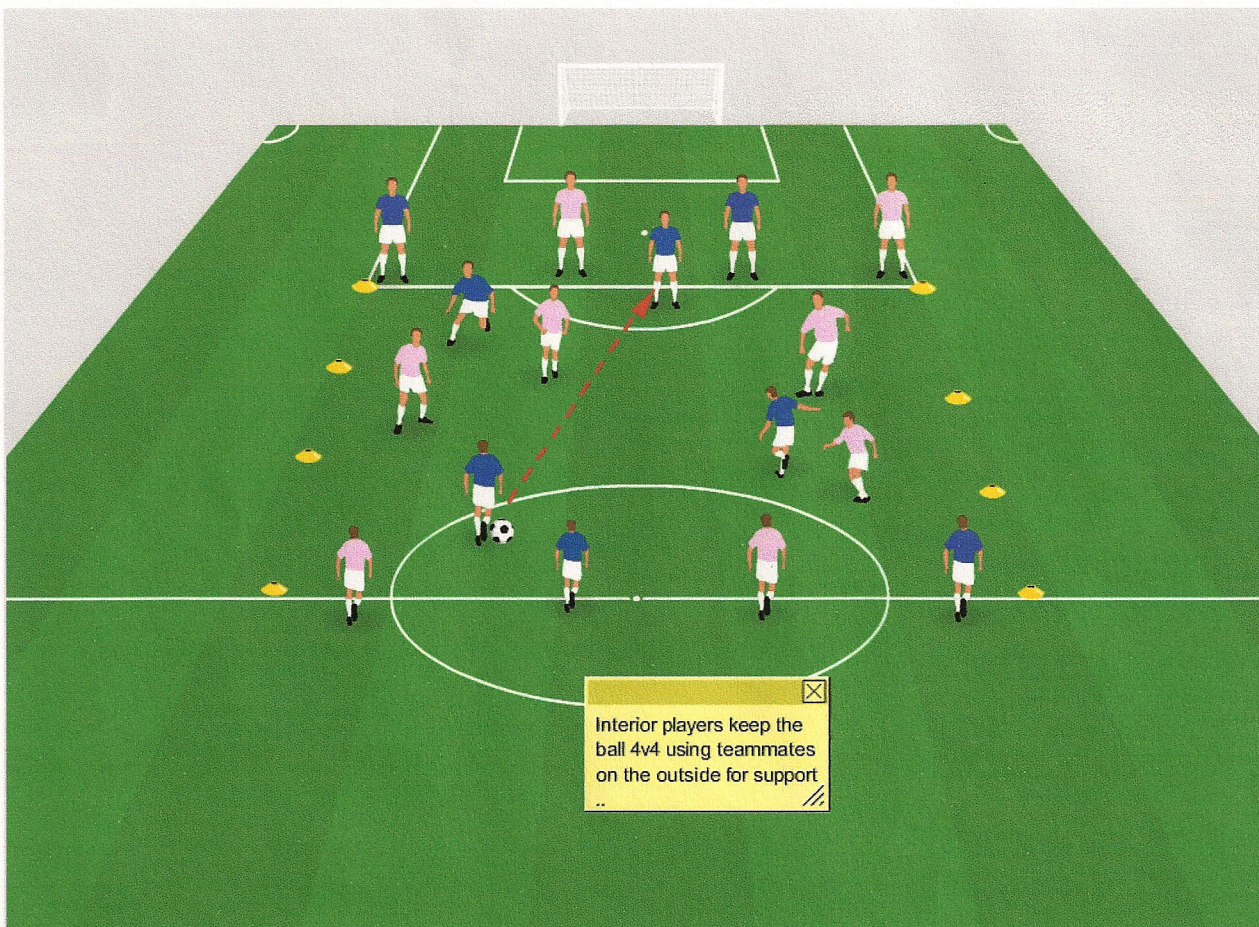


**4 v 4 Non directional possession with support - stag**

<b>Date:</b>	3-8-09	<b>Measurement:</b>	40 yards x 40 yards
<b>Time:</b>	2.30pm	<b>Players:</b>	16-20
<b>Duration:</b>	20 mins	<b>Level/Age Group:</b>	12 and up

**Description:** In a 40 x 40 grid divide 2 teams of 8 into two. 4 from each team with play possession inside the grid and the other 4 from each team will place themselves on each side of the grid, 2 per side, in alternating

**Objective:** to get 7 consecutive passes for a goal. Passes to teammates on the outside is permitted but does not count toward your total.

**Coaching Points:** To maintain possession with good passing and movement, using the players on the outside to switch play or get out of trouble.

**Progression:** Players on outside must play with one touch