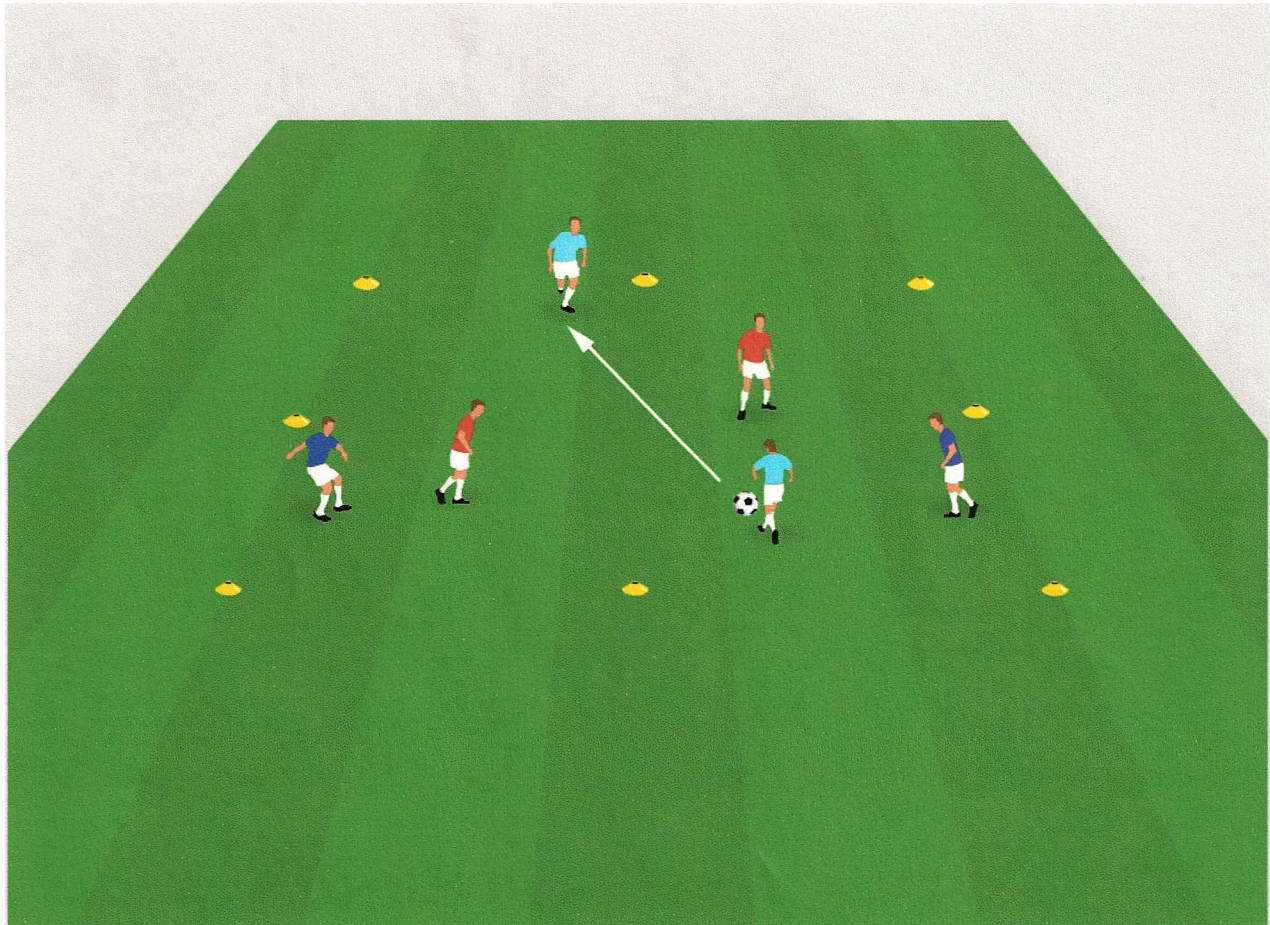


2v2v2

Date: _____ **Measurement:** 20 x 20
Time: _____ **Players:** 6
Duration: 12 min **Level/Age Group:** 12 up

Description: in a 20 x 20 grid 3 groups of 2. For 1 minute each round 2 pairs join together to make 4 v 2. If 2 defenders win the ball the give it back to the attacking 4. Defending 2 defend for 1 minutes then switch with next

Objective: To keep the ball for as long as possible and encourage movement.

Coaching Points: Don't allow players to take a corner each.

Progression: First round unlimited touch, Second round 2 touch, 3rd round 1 touch,