

2009 MVC Varsity Men's Soccer Standings

Thru May 23th (Final)

<u>Mississippi Division</u> <u>Team</u>	<u>Conferenc</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Kennedy	12	1	0	* 13	1	0
Iowa City West	12	1	0	15	2	0
Waterloo West	9	4	0	14	4	0
Iowa City High	8	5	0	8	8	0
Cedar Rapids Xavier	7	6	0	8	7	0
Dubuque Hempstead	5	8	0	7	8	0
Dubuque Wahlert	4	9	0	4	10	1

* Missing Results

<u>Valley Division</u> <u>Team</u>	<u>Conferenc</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Washington	11	2	0	14	3	0
Cedar Rapids Jefferson	7	6	0	9	7	0
Cedar Rapids Prairie	6	7	0	* 12	7	0
Cedar Falls	6	7	0	9	8	1
Linn-Mar	2	11	0	3	13	0
Dubuque Senior	2	11	0	2	13	0
Waterloo East	0	13	0	0	16	0

* Missing Results

West Results

April 2nd - Waterloo West 2, NU High 0 (Metro Jamboree)

April 7th - Waterloo West 2, North Scott 2

April 9th - Iowa City High 1, Waterloo West 0

April 14th - Iowa City West 6, Waterloo West 0

April 16th - Waterloo West 2, Cedar Falls 1

April 18th - Waterloo West 2, Waterloo Columbus 0

April 18th - Waterloo West 8, N.U. High 0

April 18th - Waterloo West 2, Marshalltown 0

April 18th - Waterloo West 1, Hudson 0

April 21st - Waterloo West 2, CR Kennedy 0

April 25th - CR Washington 5, Waterloo West 0

April 25th - Waterloo West 2, Linn-Mar 1

April 28th - CR Prairie 3, Waterloo West 2

May 02nd - Waterloo West 1, DBQ Wahlert 0

May 02nd - Waterloo West 1, DBQ Hempstead 0 (OT-PK)

May 07th - Waterloo West 3, Waterloo East 0

May 14th - Waterloo West 2, CR Xavier 1

May 19th - Waterloo West 3, DBQ Senior 1

May 21st - Waterloo West 3, CR Jefferson 1

2009 MVC Varsity Women's Soccer Standings

Thru May 23rd (Final)

<u>Mississippi Division</u> <u>Team</u>	<u>Conferenc</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Kennedy	13	0	0	15	0	0
Cedar Rapids Xavier	10	3	0	12	4	0
Iowa City West	10	3	0	11	5	0
Dubuque Hempstead	6	7	0	7	9	0

Dubuque Wahlert	5	8	0	6	10	0
Iowa City High	4	9	0	5	11	0
Waterloo West	1	12	0	2	#	0

* Missing Results

<u>Valley Division</u>	<u>Conferenc</u>			<u>Overall</u>		
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Washington	11	2	0	14	2	0
Linn-Mar	8	5	0	10	6	0
Cedar Falls	8	5	0	10	7	0
Cedar Rapids Jefferson	7	6	0	10	6	0
Cedar Rapids Prairie	6	7	0	8	8	0
Dubuque Senior	2	11	0	4	13	0
Waterloo East	0	13	0	0	13	0

* Missing Results

West Results

- April 8th - Union 3, Waterloo West 0** (Metro Jamboree)
- April 9th - Iowa City High 3, Waterloo West 0**
- April 14th - Iowa City West 3, Waterloo West 0**
- April 16th - Cedar Falls 4, Waterloo West 1**
- April 18th - Waterloo Columbus 3, Waterloo West 1**
- April 20th - Linn-Mar 8, Waterloo West 1**
- April 28th - CR Prairie 4, Waterloo West 1**
- May 2nd - DBQ Wahlert 4, Waterloo West 2**
- May 2nd - DBQ Hempstead 4, Waterloo West 1**
- May 5th - Waterloo West 9, Vinton-Shellsburg 0**
- May 7th - Waterloo West 5, Waterloo East 1**
- May 9th - Waverly-Shell Rock 5, Waterloo West 0**
- May 16th - CR Wahington 11, Waterloo West 1**
- May 16th - CR Kennedy 10, Waterloo West 0**
- May 19th - DBQ Senior 4, Waterloo West 1**
- May 26th - CR Xavier 9, Waterloo West 0**

2009 MVC Varsity Men's Tennis Standings

Thru May 23th (Final)

<u>Mississippi Division</u>	<u>Conferenc</u>			<u>Overall</u>	
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>
CR Kennedy	13	0		15	0
CR Xavier	10	3		11	4
Dbq Wahlert	8	5	*	12	5
Iowa City West	7	6	*	8	7
Waterloo West	6	7		6	9
Iowa City High	5	8		5	10
Dbq Hempstead	3	10		4	11

* - Missing Results

<u>Valley Division</u>	<u>Conferenc</u>			<u>Overall</u>	
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>
Linn-Mar	12	1		16	3
CR Washington	10	2		10	2
CR Jefferson	8	5		8	5
Dbq Senior	4	9	*	5	11
CR Prairie	3	10		4	11

Cedar Falls	1	12	1	12
Waterloo East	0	12	0	12

* - Missing Results

West Results

- April 4th - Waterloo West 2nd** at Wahawk Invitational
- April 7th - CR Kennedy 9, Waterloo West 0**
- April 11th - Waterloo West 9**, Hempstead 0
- April 11th - Waterloo West 9**, Waterloo West 7, Senior 2
- April 14th - Linn-Mar 9, Waterloo West 0**
- April 21st - Waterloo West 8**, Waterloo East 1
- April 23rd - CR Jefferson 5, Waterloo West 4**
- April 24th - Waterloo Columbus 5, Waterloo West 4**
- April 28th - CR Washington 8, Waterloo West 1**
- April 30th - Waterloo West 8**, CR Prairie 3
- May 02nd - Waterloo West 6**, IC City High 3
- May 02nd - IC West 5, Waterloo West 4**
- May 05th - Waterloo West 9**, Cedar Falls 0
- May 07th - DBQ Wahlert 6, Waterloo West 3**
- May 14th - WATERLOO WEST 1st**, DBQ Senior 2nd,
DBQ Hempstead 4th, Cedar Falls 5th, Wloo East
- May 18th - CR Xavier 5, Waterloo West 4**
- May 23rd - Linn-Mar 5, Waterloo West 0** (Sub-State)

2009 MVC Varsity Women's Tennis Standings

Thru May 23th (Final)

<u>Mississippi Division</u> <u>Team</u>	<u>Conferenc</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Dbq Wahlert	13	0	18	0
CR Kennedy	12	1	15	1
Iowa City West	11	2	14	4
CR Xavier	10	3	* 13	5
Iowa City High	8	5	10	7
Dbq Hempstead	7	6	9	7
Waterloo West	2	11	3	13

* - Missing Results

<u>Valley Division</u> <u>Team</u>	<u>Conferenc</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Washington	8	5	9	8
Linn-Mar	7	6	7	7
Cedar Rapids Jefferson	5	8	5	10
Cedar Rapids Prairie	4	9	6	10
Cedar Falls	3	10	4	13
Dubuque Senior	1	12	2	15
Waterloo East	0	13	0	14

* - Missing Results

West Results

- April 4th - Waterloo West 3rd** at Cougar Invatational
- April 7th - Kennedy 9, WATERLOO WEST 0**
- April 11th - Hempstead 9, WATERLOO WEST 0**
- April 11th - WATERLOO WEST 7**, Senior 2

April 14th - Linn-Mar 9, **WATERLOO WEST 0**
April 18th - CR Prairie 5, **WATERLOO WEST 4**
April 18th - CR Jefferson 6, **WATERLOO WEST 0**
April 21st - **WATERLOO WEST 8**, Waterloo East 1
April 23rd - CR Washington 7, **WATERLOO WEST 2**
May 2nd - IC City High 8, **WATERLOO WEST 1**
May 2nd - IC West 9, **WATERLOO WEST 0**
May 5th - Cedar Falls 6, **WATERLOO WEST 3**
May 7th - DBQ Wahlert 9, **WATERLOO WEST 0**
May 12th - CR Xavier 9, **WATERLOO WEST 0**
May 16th - **WATERLOO WEST 5**, Mason City 2 (Regionals)
May 23rd - Marshalltown 5, **WATERLOO WEST 4**

2009 MVC Varsity Men's Track Standings

Thru May 23rd (Final)

<u>Mississippi Division</u>	<u>Conferenc</u>			<u>Pct.</u>
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>Pct.</u>
Iowa City West	57	1	0	0.983
Iowa City High	52	6	0	0.897
Cedar Rapids Kennedy	44	19	0	0.698
Cedar Rapids Xavier	53	28	1	0.652
Dubuque Hempstead	31	22	0	0.585
Waterloo West	38	37	0	0.507
Dubuque Wahlert	16	45	0	0.262

** Results missing*

<u>Valley Division</u>	<u>Conferenc</u>			<u>Pct.</u>
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>Pct.</u>
Cedar Rapids Washington	72	6	0	0.923
Cedar Falls	51	15	0	0.773
Linn-Mar	44	22	0	0.667
Cedar Rapids Prairie	20	55	1	0.270
Dubuque Senior	11	33	0	0.250
Waterloo East	11	47	0	0.190
Cedar Rapids Jefferson	8	55	0	0.127

** Results missing*

West Results

March 26th - **Waterloo West 8th** at Simpson Relays
April 1st - **Waterloo West 3rd** at CR Invite
April 3rd - **Waterloo West 2nd** at Ankeny Early Bird
April 9th - **Waterloo West 5th** at Ira Dunsworth Invite
April 11th - **Waterloo West 4th** at Ames "Hi-Covey" Invite
April 14th - **Waterloo West 6th** at Yuska Wahawk Relays
April 17th - **Waterloo West 10th** at Cole Colinge Relays
April 21st - **Waterloo West 4th** at Mason City Invitational
April 30th - **Waterloo West 5th** at Ft. Dodge Big 8 Classic Meet
May 15th - **Waterloo West 5th** at District Meet
May 21st-23rd - **Waterloo West 28th** at 4A State Meet

2009 MVC Varsity Women's Track Standings

Thru May 23rd (Final)

<u>Mississippi Division</u>	<u>Conferenc</u>			
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>Pct.</u>
Iowa City West	65	0	0	1.000
Iowa City High	50	3	0	0.943
Dubuque Wahlert	71	9	0	0.888
Cedar Rapids Kennedy	39	25	2	0.606
Cedar Rapids Xavier	35	39	1	0.473
Dubuque Hempstead	26	33	0	0.441
Waterloo West	21	54	0	0.280

** Results missing*

<u>Valley Division</u>	<u>Conferenc</u>			
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>Pct.</u>
Cedar Rapids Washington	66	9	0	0.880
Cedar Falls	53	9	1	0.849
Dubuque Senior	36	25	1	0.589
Linn-Mar	40	39	1	0.506
Cedar Rapids Prairie	23	35	1	0.398
Cedar Rapids Jefferson	18	29	0	0.383
Waterloo East	1	39	1	0.037

** Results missing*

West Results

April 11th - Waterloo West 9th at J-Hawk Relays

April 17th - Waterloo West 11th at Wahawk Invitational Meet

April 25th - Waterloo West 2nd at Warrior Invitational

April 30th - Waterloo West 4th at Big Eight Classic Meet

Meet

May 15th - Waterloo West 6th at Regional Meet

May 21st-23rd - Waterloo West 28th at 4A State Meet

2009 MVC Varsity Women's Golf Standings

Thru May 23rd (Final)

<u>Mississippi Division</u>	<u>Conferenc</u>			
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>Pct.</u>
Iowa City West	47	2	0	0.959
Waterloo West	47	5	0	0.904
Cedar Rapids Xavier	39	13	0	0.750
Iowa City High	33	12	0	0.733
Dubuque Hempstead	34	13	0	0.723
Dubuque Wahlert	37	26	0	0.587
Cedar Rapids Kennedy	30	28	0	0.517

<u>Valley Division</u>	<u>Conferenc</u>			
<u>Team</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>Pct.</u>
Cedar Falls	40	11	0	0.784

Linn-Mar	38	27	0	0.585
Cedar Rapids Prairie	21	38	0	0.356
Cedar Rapids Washington	15	37	0	0.288
Waterloo East	7	38	0	0.156
Cedar Rapids Jefferson	5	54	0	0.085
Dubuque Senior	4	47	0	0.078

West Results

April 09th - Waterloo West 166, Waverly-Shell Rock 217

April 14th - Waterloo West 182, CR Washington 203, CR Prairie 216

April 15th - (Metro Meet) Waterloo West 167, Cedar Falls 177,
Waterloo East 219, Waterloo Columbus 221

April 21st - IC West 180, Waterloo West 180, CR Jefferson 206,
DBQ Senior 234

April 27th - Waterloo West 165, Waverly-Shell Rock 206,
Waterloo East 209

(3rd),

CR Kennedy 401 (5th), Linn-Mar 409 (6th), CR Jefferson 537

April 29th - Waterloo West 174, Cedar Falls 181, Waterloo Columbus 221,
Waterloo East 225

April 30th - DBQ Hempstead 174, Cedar Falls 187, **Waterloo West 191**,
CR Xavier 197

May 04th - (Mississippi Valley Conference Meet) – Waterloo West 305,
IC West 306, Iowa City High 316, Cedar Falls 317,
DBQ Hempstead 317, CR Xavier 318, CR Kennedy 320,
DBQ Wahlert 331, Linn-Mar 334, CR Prairie 348,
CR Washington 354, Waterloo East 354, DBQ Senior 374,
CR Jefferson 407

May 06th - (Metro Meet) Waterloo West 175, Cedar Falls 186,
Waterloo East 213, Waterloo Columbus 236

May 11th - (Division Meet) IC West 340, Waterloo West 340,
DBQ Hempstead 344, CR Xavier 347, DBQ Wahlert 352,
CR Kennedy 361, IC City High 367

May 14th - (Metro Meet) Waterloo West 180, Cedar Falls 186,
Waterloo Columbus 230, Waterloo East 262