

WEST HIGH WAHAWK **VOLLEYBALL CAMP**

AUGUST 10-13, 2009
9-11:00 A.M.

GRADES 6-8



WEST HIGH SCHOOL
SIDDENS GYMNASIUM

The camp is open to anyone in grades 6-8 in the fall 2009. Camp instruction will be provided by the West High Volleyball staff, and may include former and current West High players, and former collegiate players.

Campers will experience instruction in basic skills and techniques that will improve the knowledge and ability of each player. Players will be evaluated by skill level and be instructed accordingly so that each one gets the optimum experience from this camp. Participants will be instructed in individual skills of hitting, serving, digging, setting and passing, as well as being taught team concepts in offense and defense.

The camp focuses on hard work, the perfection of skills, and of course - having fun. In addition, all campers will receive a camp T-shirt. Come join the fun! Learn some new skills. Get ready for your season. The cost for the four day camp will be \$40. Fill out the camp form and send today! Send form to:

West High School
C/O Dave Hirsch
425 E. Ridgeway Ave.
Waterloo, IA 50702

Player Name _____
Parent/Guardian _____

Address _____

Phone _____

Emergency Contact number _____

School _____

Grade (Fall 2009) _____

T - Shirt Size XS ___ S___ M___ L___ XL___

I hereby assume all risks of camp activity that may result from any sports camp activity. I agree to hold harmless the Waterloo Community Schools, West High School, and the camp participants from all liability which may result in injury from the student taking part in the sports camp activities. In the event of injury or illness, I give my consent for medical treatment and the administration of first-aid for minor injuries that may be accrued by my student

I certify that my student is physically capable of participating in this camp.

Parent/Guardian Signature Required

Date _____