

Wahawk Girls' Invitational 2009 - 4/17/2009

Memorial Stadium

Results

Event 1 Girls Long Jump Junior Varsity

Name	Year School	Seed	Finals	Points
Finals				
1 Riggins, Jackie	Waterloo Eas		15-10.50	10
2 Rilatos, Chelsey	Grinnell	15-00.00	15-05.25	8
3 Aimable, Maurisa	Waterloo Wes	14-00.00	13-10.25	6
4 Abbas, Makayla	Cedar Falls	12-03.00	13-08.00	4
5 Flick, Kaitlyn	New Hampton	13-05.00	13-06.00	2
6 Puls, Nicole	Grinnell	14-02.00	13-05.00	1
7 Lang, Kaymi	New Hampton	12-08.00	13-03.50	
8 Masangu, Naomi	Cedar Rapids	11-10.50	13-03.00	
9 Brown, Deprecia	Waterloo Eas		12-08.00	
10 Hill, Kara	Dike-New Har	12-05.00	12-06.50	
10 Parker, Renae	Charles City	13-02.50	12-06.50	
10 Pahnisch, Ashley	Charles City	13-06.50	12-06.50	
13 Haynes, Shawna	Oelwein	12-00.00	12-06.25	
14 Robinson, Molly	Cedar Rapids	12-07.00	12-05.00	
15 Nelson, Dakota	Linn - Mar	12-01.00	11-03.00	
16 Ebling, Elizabeth	Waverly-Shel	12-08.00	10-03.50	
-- Weichers, Jordan	Cedar Falls	14-03.00	ND	

Event 2 Girls Long Jump Varsity

Name	Year School	Seed	Finals	Points
1 Thayer, Chelsie	Linn - Mar	16-00.00	17-02.25	10
2 Nessian, Mary	Dubuque Seni		16-08.00	8
3 Witt, Nina	Grinnell	15-05.00	16-01.25	6
4 Eggena, Sarah	Charles City	16-03.00	15-09.00	4
5 Francois, Samantha	Dubuque Seni		15-08.00	2
6 Herkelman, Chelsea	Cedar Falls	16-03.00	15-06.00	1
7 Weigel, Laura	Grinnell	15-03.00	15-05.50	
8 Schwickerath, Jessica	New Hampton	15-06.00	15-00.00	
8 Steinburg-Garner, Mariah	CR Washingto	14-10.00	15-00.00	
8 Hancock, Roselyn	Wahlert	14-05.00	15-00.00	
11 Zmolek, Meg	CR Washingto	14-11.75	14-10.50	
12 Hensley, Nicole	Dike-New Har	15-00.00	14-09.50	
13 Alston, Paris	Waterloo Wes	15-00.00	14-08.75	
14 Haynes, Chaunsey	Oelwein	13-09.00	14-07.75	
14 Worthington, Kate	Waterloo Wes	15-02.50	14-07.75	
16 Corey, Bormann	New Hampton	14-05.00	14-03.25	
16 Engelken, Brooke	West Delawar	15-07.50	14-03.25	
18 Engel, Chelsey	Hudson	13-00.00	14-01.50	
19 Gross, Sara	Cedar Rapids	12-08.00	14-01.00	
20 Hood, Kim	West Delawar	14-04.00	14-00.50	
21 Purnell, Mia	Waverly-Shel	15-00.50	13-11.00	
22 Barnum, Juli	Cedar Rapids	12-10.50	13-09.00	
23 Krull, Stacy	Waverly-Shel	15-01.00	13-08.75	
24 Brouwer, Kaity	Dike-New Har	14-08.00	13-07.50	
25 Alexander, Kelli	Linn - Mar	13-06.00	13-05.75	
26 Heidt, Shaylee	Hudson	13-00.00	12-10.25	
-- Paul, Sara	Oelwein	13-00.00	ND	
-- Gilligan, Anna	Wahlert	14-06.00	ND	

Event 3 Girls High Jump Junior Varsity

Name	Year	School	Seed	Finals	Points
1 Weigel, Laura		Grinnell		4-08.00	10
2 Reiss, Meggan		Dubuque Seni		4-06.00	8
3 Stobaugh, Shea		CR Washingto	4-04.00	4-04.00	6
4 Olstad, Hanna		Cedar Rapids	4-02.00	J4-04.00	4
-- Caquelin, Hikki		Linn - Mar	4-04.00	NH	
-- Wiltfang, Maggie		Grinnell	4-06.00	NH	
-- Riebkes, Hannah		Cedar Falls	4-06.00	NH	
-- Steele, Molli		Hudson		NH	
-- Meyer, Claire		Linn - Mar	4-04.00	NH	
-- Franksain, Maggie		Charles City	4-02.00	NH	
-- Kleve, Taylor		Charles City	4-00.00	NH	
-- Biermann, Kelly		Cedar Rapids	4-02.00	NH	
-- Duclos, Abbie		Dubuque Seni		NH	
-- Gary, Maddie		Cedar Falls	4-06.00	NH	

Event 4 Girls High Jump Varsity

Name	Year	School	Seed	Finals	Points
1 Willms, Hannah		Dike-New Har	6-00.25	5-05.00	10
2 Juni, Kayla		Grinnell	5-03.00	5-04.00	8
3 Youde, Molly		Cedar Falls	5-00.00	5-00.00	5
3 Duric, Zinka		Waterloo Wes	5-00.00	5-00.00	5
5 Brandhorst, Jenna		Hudson	5-00.00	J5-00.00	2
6 Freeman, Nikki		Grinnell	4-08.00	4-10.00	1
7 Casey, Dani		Oelwein	4-08.00	4-08.00	
7 Koch, Sara		Dike-New Har	4-10.00	4-08.00	
7 Briggs, Krista		West Delawar	4-10.00	4-08.00	
7 Cook, Rayne		West Delawar	4-08.00	4-08.00	
7 Wirth, Allie		Cedar Falls	4-08.00	4-08.00	
12 Thill, Cassie		Dubuque Seni		4-06.00	
12 Kerston, Candice		Dubuque Seni		4-06.00	
14 Smith, Trisha		New Hampton	4-06.00	4-04.00	
14 Brooke, Ameling		New Hampton	4-06.00	4-04.00	
-- Beard, Layloni		CR Washingto	5-02.00	NH	
-- Perry, Stephanie		Oelwein	4-10.00	NH	
-- Walvoord, Emily		Cedar Rapids	4-04.00	NH	
-- Forsyth, Micaela		Charles City	4-06.00	NH	

Event 5 Girls Shot Put Junior Varsity

Name	Year	School	Seed	Finals	Points
1 Andreessen, Destinee		Waverly-Shel	30-04.00	30-00.00	10
2 Huffer, Melissa		CR Washingto	29-10.00	28-09.00	7
2 Meyer, Morgan		Wahlert	29-07.00	28-09.00	7
4 Lyons, Vanessa		Charles City	29-08.00	28-04.50	4
5 Biersner, Samantha		Dike-New Har		27-09.00	1.5
5 Weimerskirch, Katelyn		Wahlert	29-04.00	27-09.00	1.5
7 Meehan, Samantha		Cedar Falls	26-03.00	27-05.00	
8 Schultz, Stephanie		Dubuque Seni		27-01.00	
9 Crooks, Becca		New Hampton	27-09.00	27-00.00	
10 Crooks, Charlie		New Hampton	27-08.00	26-09.50	
11 Sanderfield, Amy		Dubuque Seni		26-05.00	
12 Roggemann, Kelsey		Waverly-Shel	25-04.00	25-09.00	
13 Wray, Molly		Grinnell	25-10.00	25-07.00	
14 Andresen, Emily		Hudson		25-01.00	
15 Buchmeier, Kali		Grinnell	24-05.00	24-08.00	
16 Ryan, Ashlyn		Cedar Falls	23-06.00	23-00.00	
17 Kellum, Shelby		Dike-New Har	27-00.00	22-10.00	

18	Nachtman, Sarah	West Delawar	20-00.00	22-03.00
19	Riles, Stephanie	Charles City	22-01.00	21-06.50
20	Green, Kristen	Linn - Mar	20-00.00	20-03.00
--	Hardy, Kayla	Cedar Falls	25-01.00	ND

Event 6 Girls Shot Put Varsity

Name	Year School	Seed	Finals	Points	
1	Spencer, Jadyn	Waterloo Wes	39-05.00	37-11.00	10
2	Harned, Hailey	Dike-New Har	34-10.00	34-11.00	8
3	Reimer, Sam	Wahlert	37-05.00	34-08.00	6
4	Beninga, Ashley	Dike-New Har	33-07.00	34-07.00	4
5	Rademaker, Taylor	Hudson	36-06.50	33-09.00	2
6	Epperson, Marion	CR Washingto	38-04.00	33-05.00	1
7	Epperson, Nia	CR Washingto	35-02.00	32-00.00	
8	Schoenberger, Emilly	Dubuque Seni		31-11.00	
9	Panther, Carrie	Cedar Falls	34-06.00	31-08.50	
10	Larsen, Mercedes	Cedar Falls	27-06.00	30-05.50	
11	Draeger, Alyssa	Hudson	35-05.00	30-05.00	
12	Platte, Abby	Charles City	30-02.50	29-10.00	
13	Engels, Adriana	Waverly-Shel	31-03.00	29-09.00	
14	Stallsmith, Haley	Charles City	30-07.50	29-08.50	
15	Rogan, Samantha	Dubuque Seni		29-03.00	
16	Jenny, Lewis	New Hampton	28-09.00	28-11.50	
17	Payne, Genie	New Hampton	30-03.00	28-00.00	
18	Morris, Mariah	Wahlert	29-10.00	27-11.00	
18	Piche, Amanda	Linn - Mar	27-02.00	27-11.00	
20	Ahomana, Kesa	Linn - Mar	31-07.00	27-07.50	
21	Hulsing, Ashley	Grinnell	29-04.00	27-00.00	
22	Swift, Claire	West Delawar	27-00.00	26-05.00	
23	Ryan, Brigid	West Delawar	28-08.00	26-03.00	
23	Wendel, Heather	Oelwein	28-05.00	26-03.00	
25	Noah, Leyna	Grinnell	28-10.00	25-10.50	
26	Williams, Naiomi	Oelwein	21-05.00	22-02.00	

Event 7 Girls Discus Throw Junior Varsity

Name	Year School	Seed	Finals	Points	
1	Andreessen, Destinee	Waverly-Shel	75-00	91-01	10
2	Meyer, Morgan	Wahlert		89-00.50	8
3	Rogan, Samantha	Dubuque Seni		86-11	6
4	Roggemann, Kelsey	Waverly-Shel	70-00	83-08	4
5	Weimerskirch, Katelyn	Wahlert	92-03	79-10	2
6	Koch, Sarah	Hudson		79-04.50	1
7	Huffer, Melissa	CR Washingto	75-01	79-01	
8	Buchmeier, Kali	Grinnell	80-03	78-02	
9	Payne, Genie	New Hampton	67-09	76-04	
10	Hardy, Kayla	Cedar Falls		73-08	
11	Cox, Cherise	Grinnell	77-00	73-07	
12	Lyons, Vanessa	Charles City	73-01	71-11	
13	Perez, Abbie	Dike-New Har	75-00	69-00	
14	Crooks, Becca	New Hampton	75-02	67-10	
15	Schultz, Stephanie	Dubuque Seni		66-03	
16	Swift, Claire	West Delawar	64-00	58-05	
17	Perez, Anna	Dike-New Har	55-00	55-01	
18	Riles, Stephanie	Charles City	66-03	52-02	
19	Ryan, Ashlyn	Cedar Falls	67-02	51-09	
20	Rudic, Kristina	Waterloo Wes	54-00	50-03	
21	Green, Kristen	Linn - Mar	60-00	44-07	

Event 8 Girls Discus Throw Varsity

Name	Year School	Seed	Finals	Points
1 Piche, Amanda	Linn - Mar	118-11	125-00	10
2 May, Morgan	Wahlert	118-05	118-08	8
3 Larsen, Mercedes	Cedar Falls	111-03	109-11	6
4 Epperson, Marion	CR Washingto	108-02	107-01	4
5 Harned, Hailey	Dike-New Har	107-04	104-07	2
6 Schoenberger, Emilly	Dubuque Seni		103-10	1
7 Koester, Kayleigh	Dubuque Seni		102-09	
8 Crooks, Carlie	New Hampton	102-06	99-02	
9 Panther, Carrie	Cedar Falls	106-03	98-01	
10 Andresen, Emily	Hudson	96-00	96-02	
11 Ubben, Amanda	Hudson	101-00	92-10	
12 Epperson, Nia	CR Washingto	105-01	89-01	
13 Ahomana, Kesa	Linn - Mar	85-06	88-07	
14 Platte, Abby	Charles City	85-11	86-04	
15 Stallsmith, Haley	Charles City	75-05	82-10	
16 Noah, Leyna	Grinnell	93-05	82-00	
17 Ubbelohde, Rachel	Waterloo Wes	82-07	79-05	
18 Hulsing, Ashley	Grinnell	86-06	78-04.50	
19 Biersner, Samantha	Dike-New Har	78-08.50	78-00	
20 Harbaugh, Mackenzie	West Delawar	86-00	76-03	
21 Wendel, Heather	Oelwein	72-00	72-03	
22 Jenny, Lewis	New Hampton	82-00	72-02	
23 Williams, Naiomi	Oelwein	65-00	60-03	
24 Ryan, Brigid	West Delawar	68-00	53-05	
-- Meyer, Morgan	Wahlert	92-03	ND	

Event 9 Girls 3000 Meter Run Junior Varsity

Name	Year School	Seed	Finals	Points
1 Easton, Hannah	Cedar Falls	12:38.00	12:44.00	10
2 Maze, Lauren	Cedar Rapids	12:50.00	12:47.33	8
3 Schipper, Brandy	Dike-New Har	12:42.00	13:34.00	6
4 Godlewski, Lana	CR Washingto	13:38.55	13:48.86	4
5 Grossman, Catarina	Linn - Mar	13:23.20	14:25.65	2

Event 10 Girls 3000 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Becker, Maddy	CR Washingto	10:48.71	10:49.75	10
2 Newhouse, Carolyn	Linn - Mar	10:34.38	10:54.01	8
3 Bueneke, Anna	Oelwein	10:40.00	11:19.82	6
4 Rusch, Lauren	Wahlert	11:25.34	11:41.10	4
5 Parker, Elli	Dike-New Har	11:43.00	11:46.84	2
6 Brooke, Ameling	New Hampton	11:55.60	11:49.69	1
7 Mallonee, Torin	Cedar Rapids	11:50.00	11:51.27	
8 Garvey, Hannah	Hudson	11:25.00	11:59.81	
-- Gerdes, Morgan	Waterloo Wes	12:04.00	NT	
-- McGraw, Steph	Linn - Mar	12:10.45	NT	
-- Wood, Amber	Charles City	11:58.15	NT	
-- Rogers, Kristin	CR Washingto	11:54.35	NT	
-- Bauer, Liz	Cedar Falls	11:48.00	NT	
-- O'Brien, Angie	Cedar Rapids	12:10.00	NT	
-- Laufenberg, Krista	Dubuque Seni	11:45.00	NT	
-- Hansen, Katie	Hudson	11:47.00	NT	
-- Luhring, Stephanie	Dike-New Har	12:55.00	NT	

Event 11 Girls 4x800 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Cedar Falls 'B'	10:28.50	10:47.54	10
1) Traetow, Carrie			
2) Oberrieder, Rebecca			
3) Gearhardt, Allie			
4) Larsen, Abby			
2 Hudson 'B'	11:50.00	11:46.22	8
1) Thompson, Adrian			
2) Kahrs, Shantel			
3) Hanson, Chelsea			
4) Thalacker, Loren			
3 Cedar Rapids Xavier 'B'	11:55.00	11:47.58	6
1) Lapsey, Carrie			
2) Collins, Libby			
3) Dostal, Ashley			
4) Bro, Carly			
4 Dubuque Senior 'B'	11:32.00	11:54.43	4
1) Thill, Chelsea			
2) Jurisic, Susan			
3) Fischer, Gretchen			
4) Birkett, Blair			
5 Charles City 'B'	11:50.00	12:10.00	2
1) Schlader, Ashley			
2) Kloberdanz, Kate			
3) Ott, Jennifer			
4) Fagner, Alyssa			
6 New Hampton 'A'		12:37.59	1
7 CR Washington 'B'	12:53.58	13:00.80	
1) Arkenberg, Emily			
2) Stuer, Sam			
3) Strand, Molly			
4) Rouse, Audrey			

Event 12 Girls 4x800 Meter Relay Varsity

School	Seed	Finals	Points
1 Hudson 'A'	9:55.54	10:12.91	10
1) Henke, Sami			
2) Hawkins, Claire			
3) Johnson, Katey			
4) Oltmann, Lauren			
2 Wahlert 'A'	10:10.40	10:21.76	8
1) McNamara, Sarah			
2) Klostermann, Erin			
3) Soderberg, Daley			
4) Perry, Sam			
3 Cedar Falls 'A'	10:05.00	10:25.99	6
1) Anton, Monica			
2) Strike, Cara			
3) Alberts, Alana			
4) Savage, Hannah			
4 Linn - Mar 'A'	10:34.38	10:28.47	4
1) Kascel, Brooklyn			
2) Hecht, Catherine			
3) Dolezal, Kenzie			
4) Saville, Emily			
5 Dike-New Hartford 'A'	10:20.00	10:39.12	2
1) Willms, Jenny			
2) Cuvelier, Kayleigh			
3) Hensley, Nicole			
4) Dieken, Sarah			
6 Cedar Rapids Xavier 'A'	10:37.00	10:43.18	1
1) Martin, Hallie			
2) Leskovec, Kim			
3) Marks, Erin			
4) Saxen, Alex			
7 CR Washington 'A'	10:38.15	10:46.06	
1) Belay, Sara			
2) Knockle, Allison			
3) Shey, Abby			
4) Zmolek, Meg			
8 Dubuque Senior 'A'	10:32.00	10:52.51	
1) Klein, Courtney			
2) Oppelt, Kayla			
3) Olds, Erica			
4) Petty, Meredith			
9 Charles City 'A'	11:07.00	10:53.80	
1) Stone, Bre			
2) Molstead, Julia			
3) Dunn, Wendi			
4) Fiser, Michaela			
10 Grinnell 'A'	11:03.00	11:13.72	
1) Dysart, Jennifer			
2) Heng, Brianna			
3) Gause, Maddi			
4) Booth, Chelsi			
11 Waterloo West 'A'	11:29.00	11:16.00	
-- New Hampton 'A'	10:12.67	NT	
1) Reicks, Amy			
2) Jerdee, Lindsey			
3) Fitzgerald, Jenna			
4) Goodwin, Dani			

-- New Hampton 'B' 12:21.00 NT
 1) Reyes, Nilvia 2) Krause, Bailey
 3) Swehla, Kelly 4) Marzolf, Katie

Event 13 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

School	Seed	Finals	H#	Points
1 Cedar Falls 'B'	1:14.50	1:15.78	2	10
1) Korte, Sarah	2) Kunkle, Ebony			
3) Hermansen, Abby	4) Wallingford, Sarah			
2 West Delaware 'B'	1:19.00	1:16.46	2	8
1) Funke, Marcia	2) Bries, Amanda			
3) Adams, Emily	4) Nachtman, Sarah			
3 CR Washington 'A'	1:18.34	1:17.85	2	6
1) Vogel, Taylor	2) Osborn, Keegan			
3) Stone, Callie	4) McFarland, Alex			
4 Grinnell 'B'	1:19.22	1:22.97	2	4
1) Wiltfang, Maggie	2) Schmidt, Megan			
3) Degeest, Erica	4) Dunne, Katelin			
5 Waterloo East Female 'B'		1:25.45	1	2
6 Cedar Rapids Xavier 'B'	1:30.00	1:29.31	1	1
1) Mahr, Caitlin	2) Lampe, Katie			
3) Otting, Sarah	4) Kane, Natalie			
-- Linn - Mar 'B'	1:19.23	NT	1	
1) Helgens, Lexi	2) Williams, Megan			
3) Darden, Jen	4) Schaffer, Mattie			
-- Waterloo East Female 'A'		NT	1	

Event 14 Girls 4x100 Meter Shuttle Hurdle Varsity

School	Seed	Finals	H#	Points
1 CR Washington 'B'	1:12.51	1:08.10	3	10
1) Schmitt, Mary Kate	2) Foreman, Brooke			
3) Diggs, Dayna	4) Beard, Layloni			
2 Hudson 'A'	1:10.50	1:09.67	4	8
1) Sorensen, Jessi	2) Engel, Chelsey			
3) Cartney, Sara	4) Brandhorst, Jenna			
3 Cedar Falls 'A'	1:10.30	1:10.72	4	6
1) Youde, Molly	2) Gillett, Kaitlyn			
3) Hartmann, Megan	4) Hosper, Amanda			
4 West Delaware 'A'	1:11.12	1:12.18	3	4
1) Hermsen, Jenna	2) Havertape, Emily			
3) McDonald, Jessie	4) Reinig, Tess			
5 Dike-New Hartford 'A'	1:14.05	1:12.56	2	2
1) Rich, Cassie	2) Daley, Erin			
3) Sweiter, Brittany	4) Dwyer, Lauren			
6 Linn - Mar 'A'	1:13.80	1:12.69	2	1
1) Evans, Sierra	2) Sublett, Casey			
3) Young, Mallory	4) Holdgrafer, Megan			
7 Charles City 'A'	1:13.01	1:13.45	3	
1) Wood, Kayla	2) Forsyth, Micaela			
3) Fessel, Lora	4) Berns, Lisa			
8 Wahlert 'A'	1:13.60	1:14.07	2	
1) Dietzel, Maggie	2) Tashner, Brooke			
3) Ward, Rachel	4) Goedken, Michelle			
9 Grinnell 'A'	1:14.34	1:14.34	2	
1) Rilatos, Chelsey	2) Juni, Kayla			
3) Sharp, Lauren	4) Witt, Nina			
10 New Hampton 'A'	1:15.60	1:14.76	1	
1) Corey, Bormann	2) Schwickerath, Jessica			

3) Flick, Kaitlyn	4) Nicki, Turner			
11 Waverly-Shell Rock 'A'	1:09.01	1:14.89	4	
1) Peth, Rachel	2) Purnell, Mia			
3) Ingersoll, Tricia	4) Carmichael, Kilei			
12 Dubuque Senior 'A'	1:13.00	1:15.67	3	
1) Hearn, Holly	2) McMahon, Kayla			
3) McLaughlin, Kayla	4) Steffen, Mallory			
13 Oelwein 'A'	1:10.70	1:20.65	4	
1) Perry, Stephanie	2) Haynes, Chaunsey			
3) Haynes, Shawna	4) Morgan, Caitlin			
-- Waterloo East Female 'C'		NT	1	

Event 15 Girls 100 Meter Dash Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Smith, Tavia	Waterloo Eas		13.27	1	10
2 Oney, Alissa	CR Washingto	13.83	13.50	3	8
3 Matlock, Brittany	Waterloo Eas		13.76	1	6
4 Springer, Shawna	Dike-New Har		13.89	1	4
5 Harrison, Tosha	CR Washingto	15.15	13.91	2	2
6 Fleming, Kelsey	Cedar Falls	14.30	14.18	3	1
7 Buse, Maddison	Dubuque Seni	14.45	14.54	3	
8 Hood, Kim	West Delawar	14.46	14.57	3	
9 Barnum, Juli	Cedar Rapids	15.27	14.69	2	
9 Gary, Maddie	Cedar Falls	14.60	14.69	3	
11 Masangu, Naomi	Cedar Rapids	14.90	14.84	2	
12 Crimmins, Kelly	Wahlert	14.90	14.88	2	
13 Purvis, Tory	Linn - Mar	14.65	14.90	3	
14 Parker, Renae	Charles City	14.85	15.11	2	
15 Ebling, Elizabeth	Waverly-Shel	14.50	15.22	3	
16 Wessels, Erin	Dubuque Seni	15.24	15.27	2	
17 Lee, Amanda	Waverly-Shel	14.40	15.81	3	
18 O'Connor, McKenzie	Dike-New Har	14.80	15.98	2	
19 Cox, Cherise	Grinnell	15.88	16.30	1	
20 Clark, Noelle	Linn - Mar	15.12	16.50	2	
21 Swift, Claire	West Delawar	15.98	17.09	1	
22 Lenius, Brandie	Waterloo Wes	17.90	17.47	1	
23 Finney, Josie	Charles City	18.41	18.76	1	
24 Denning, Cait	Waterloo Wes	17.50	18.82	1	

Event 16 Girls 100 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
1 Halyard, Maddy	CR Washingto	12.34	12.53	4	10
2 McAllister, Tashina	Oelwein	12.40	12.62	4	8
3 Steingreaber, Kate	Cedar Rapids	12.71	12.65	3	6
4 Marquard, Hillary	Hudson	12.50	12.76	4	4
5 Eggena, Sarah	Charles City	12.56	12.80	4	2
6 Jordan, Jaqueline	Cedar Falls	12.70	12.83	4	1
7 Roderick, Jenna	Grinnell	12.79	12.97	3	
8 Lindgren, Aubrey	Cedar Rapids	12.69	12.99	4	
9 McCright, Krista	Linn - Mar	13.10	13.02	3	
10 Thayer, Chelsie	Linn - Mar	13.44	13.08	2	
11 Royster, Jazz	CR Washingto	13.30	13.14	3	
11 Spencer, Jady	Waterloo Wes	12.70	13.14	4	
13 Moore, Taylor	New Hampton	13.23	13.18	3	
14 Kramer, Brianna	Wahlert	13.00	13.26	3	
15 Alston, Paris	Waterloo Wes	12.50	13.33	4	
16 Kalb, Maria	Wahlert	13.10	13.48	3	
17 Morgan, Roths	New Hampton	13.78	13.75	2	

18 Merfeld, Emily	Dike-New Har	13.45	13.76	2
19 Rannals, Samantha	Dubuque Seni	13.40	13.86	2
20 Rops, Sara	Waverly-Shel	13.65	14.07	2
20 Brooks, Jessi	Grinnell	13.35	14.07	3
22 Krull, Stacy	Waverly-Shel	13.60	14.25	2
23 Engelken, Brooke	West Delawar	13.95	14.28	1
24 Fuchs, Katelin	Charles City	13.85	14.43	2
25 Daley, Meaghan	Dike-New Har		14.72	1
26 Briggs, Mycala	West Delawar	14.74	14.86	1
-- Haynes, Shawna	Oelwein	13.80	NT	2

Event 17 Girls Distance Medley Junior Varsity

School	Seed	Finals	H#	Points
1 Cedar Falls 'B'	4:42.30	4:51.27	2	10
1) Schumacher, Kelsey	2) Wyatt, Katerina			
3) Abbas, Makayla	4) Wirth, Allie			
2 Wahlert 'B'	4:48.10	4:55.30	2	8
1) Tranel, Kate	2) Lohberg, Mary			
3) Osterberger, Betsy	4) Mockler, Katherine			
3 Waverly-Shell Rock 'B'	5:07.00	4:58.43	2	6
1) Brandt, Shayna	2) Ingersoll, Shanna			
3) Blake, Katie	4) Farrell, Alexia			
4 Cedar Rapids Xavier 'B'	5:09.00	5:02.77	2	4
1) Lehner, Rhianne	2) Vanden Bosch, Kristin			
3) Kuba-Tresnak, Kelsey	4) Mueller, Lindsay			
5 CR Washington 'A'	5:08.32	5:07.94	2	2
1) Tackaberry, Channing	2) Weeks, Kanisha			
3) Mudd, Molly	4) Bell, Kathryn			
6 Dubuque Senior 'A'		5:12.64	1	1
7 Dike-New Hartford 'B'	4:55.00	5:14.52	2	
1) Dwyer, Lauren	2) Strelow, DiAndra			
3) Hill, Kara	4) Brouwer, Kaity			
8 Linn - Mar 'B'	5:20.25	5:19.92	1	
1) Clark, Lera	2) Koshtka, Chelsey			
3) Moeller, Jenna	4) Clymer, Daisy			
9 Charles City 'A'	5:20.00	5:22.64	2	
1) Lynch, Lauren	2) Johnson, Emily			
3) Fagner, Alyssa	4) Ott, Jennifer			
10 Waterloo West 'B'	5:14.00	5:24.26	2	
-- Waterloo East Female 'A'		DQ	1	

Event 18 Girls Distance Medley Varsity

School	Seed	Finals	H#	Points
1 Wahlert 'A'	4:29.40	4:22.28	2	10
1) Miller, Beth	2) Kass, Audrey			
3) Janecke, Jessica	4) Leytem, Tessa			
2 Grinnell 'A'	4:28.98	4:23.98	2	8
1) Sharp, Lauren	2) Puls, Nicole			
3) Ferch, Kirsten	4) Burnell, Sarah			
3 Dubuque Senior 'A'	4:31.50	4:25.26	2	6
1) Metcalf, Ali	2) Mohr, Kaily			
3) Reiss, Meggan	4) Schilling, Kathryn			
4 Cedar Falls 'A'	4:27.50	4:34.02	2	4
1) Postel, Sarah	2) Duchman, Allison			
3) Weichers, Jordan	4) Savage, Hannah			
5 Hudson 'A'	4:25.99	4:34.78	2	2
1) Halstead, Holly	2) Rickert, Hillary			
3) Henke, Sami	4)			

6	Cedar Rapids Xavier 'A'		4:40.00	4:39.61	2	1
	1) Cooper, Jill	2) Gross, Sara				
	3) Schneider, Erin	4) Saxen, Alex				
7	Dike-New Hartford 'A'		4:30.10	4:40.36	2	
	1) Bakker, Mallory	2) Koch, Sara				
	3) Sharp, Kaity	4) Willms, Jenny				
8	Waverly-Shell Rock 'A'		4:36.50	4:42.05	2	
	1) Carmichael, Kilei	2) Kwikkel, Holly				
	3) Peth, Rachel	4) Cashman, Sarah				
9	CR Washington 'B'		4:45.59	4:44.71	1	
	1) Aull, Ashley	2) Piper, Ashley				
	3) Pearson, Sasha	4) Kelley, Lauren				
10	New Hampton 'A'		4:41.04	4:46.50	1	
	1) Crooks, Carlie	2) Corey, Bormann				
	3) Breitbach, Amber	4) Nicki, Turner				
11	Linn - Mar 'A'		5:01.20	4:51.75	1	
	1) Meyer, Claire	2) Helgens, Lexi				
	3) Holdgrafer, Megan	4) Johnston, Megan				
12	Waterloo West 'A'		4:44.00	4:52.40	1	
13	West Delaware 'A'		5:00.00	5:15.36	1	
	1) Briggs, Mycala	2) Stufflebeam, Shelby				
	3) Funke, Marcia	4) McMahon, Erin				

Event 19 Girls 400 Meter Dash Junior Varsity

Name	Year School	Seed	Finals	H#	Points	
1	Cuvelier, Kayleigh	Dike-New Har	1:06.00	1:07.15	3	10
2	Walvoord, Emily	Cedar Rapids	1:08.50	1:07.35	3	8
3	Riggins, Jackie	Waterloo Eas	1:08.00	1:07.48	3	6
4	Brown, Deprecia	Waterloo Eas	1:09.41	1:07.77	3	4
5	Conrad, Brittany	Cedar Falls	1:09.20	1:08.93	3	2
6	Olsen, Bethany	Cedar Falls	1:09.00	1:09.10	3	1
7	Schipper, Brandy	Dike-New Har	1:09.00	1:10.48	3	
8	Brimeyer, Emily	Wahlert	1:14.56	1:10.65	2	
9	Haywood, Anna	Waverly-Shel	1:12.50	1:11.29	2	
10	Stigler, JaNae	Waterloo Eas		1:11.53	1	
11	Summers, Elizabeth	CR Washingto	1:12.45	1:11.55	2	
12	Curtis, Rachel	West Delaware	1:13.00	1:12.51	2	
13	Mahr, Caitlin	Cedar Rapids	1:12.72	1:12.85	2	
14	Morrison, Ashley	Grinnell	1:12.00	1:13.58	2	
15	Parsons, Datayzha	Waterloo Eas	1:08.15	1:14.40	3	
16	Arkenberg, Emily	CR Washingto	1:20.00	1:14.42	1	
17	Booth, Chelsi	Grinnell	1:12.25	1:15.29	2	
18	Kleve, Taylor	Charles City	1:20.48	1:17.01	1	
19	Hayes, Dana	Linn - Mar	1:16.80	1:17.73	2	
20	Windel, Kira	Oelwein	1:18.66	1:18.26	1	
21	Barreto, Katie	Oelwein	1:20.00	1:18.71	1	
22	Reyes, Nilvia	New Hampton	1:18.99	1:18.76	1	
23	Piper, Jackie	Dubuque Seni		1:20.16	1	
24	Krause, Bailey	New Hampton	1:27.90	1:31.18	1	

Event 20 Girls 400 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points	
1	Willms, Hannah	Dike-New Har	58.19	59.12	3	10
2	Duric, Zinka	Waterloo Wes	1:03.04	1:01.72	3	8
3	Francois, Samantha	Dubuque Seni	1:02.00	1:01.80	3	6
4	Steinburg-Garner, Mariah	CR Washingto	1:03.40	1:02.70	3	4
5	Coselman, Abby	Waterloo Wes	1:04.50	1:02.97	3	2
6	Hensley, Nicole	Dike-New Har	1:03.50	1:03.90	3	1

7	Jerdee, Lindsey	New Hampton	1:05.23	1:04.39	2
8	Hennings, Kaitlyn	Cedar Falls	1:04.80	1:05.00	3
9	Kloberdanz, Ellie	Charles City	1:05.00	1:05.40	2
10	Ward, Rachel	Wahlert	1:04.50	1:05.53	3
11	McShane, Cassidy	Oelwein	1:10.45	1:05.77	1
12	Johnson, Katey	Hudson	1:05.10	1:06.00	2
13	Zmolek, Meg	CR Washingto	1:08.54	1:06.85	2
14	Lang, Kaymi	New Hampton	1:05.78	1:07.27	2
15	Gearhardt, Allie	Cedar Falls	1:07.50	1:08.51	2
16	Thompson, Adrian	Hudson	1:09.00	1:10.10	2
17	Swartz, Liz	West Delawar	1:11.00	1:12.40	1
18	Gerstenberger, Allison	Oelwein	1:19.00	1:19.46	1

Event 21 Girls 4x200 Meter Relay Junior Varsity

School	Seed	Finals	H#	Points
1 Cedar Falls 'B'	1:58.50	1:54.47	2	10
1) Herkelman, Chelsea				
2) Postel, Sarah				
3) Schumacher, Kelsey				
4) Gillett, Kaitlyn				
2 Wahlert 'B'	1:53.00	1:57.29	2	8
1) Tranel, Kate				
2) Lohberg, Mary				
3) Wedewer, Katie				
4) Hancock, Roselyn				
3 Waterloo East Female 'B'	1:58.55	1:57.38	2	6
4 Oelwein 'B'	2:00.00	1:57.70	2	4
1) Dresen, Karlee				
2) Windel, Kira				
3) Gerstenberger, Allison				
4) Paul, Sara				
5 Grinnell 'B'	2:00.06	1:58.54	2	2
1) Puls, Nicole				
2) Freeman, Nikki				
3) Schmidt, Megan				
4)				
6 CR Washington 'A'	2:00.93	2:00.17	2	1
1) Tackaberry, Channing				
2) McPherson, Breyana				
3) Hoekstra, Alyssa				
4) Stobaugh, Shea				
7 Dike-New Hartford 'B'	2:02.50	2:03.01	2	
1) Daley, Meaghan				
2) Merfeld, Emily				
3) Eiklenborg, MacKenzie				
4) Dennis, Kasie				
8 Hudson 'B'	2:01.00	2:05.56	2	
1) Engel, Chelsey				
2) Heidt, Shaylee				
3) Cartney, Sara				
4) Andresen, Emily				
9 Dubuque Senior 'B'	2:04.00	2:07.13	1	
1) Duclos, Abbie				
2) Lazore, Emma				
3) Michels, Katie				
4) Thill, Courtney				
10 Cedar Rapids Xavier 'B'	2:08.00	2:07.42	1	
1) Lampe, Katie				
2) Wehr, Sami				
3) Olstad, Hanna				
4) Biermann, Kelly				
11 West Delaware 'B'	2:15.00	2:08.12	1	
1) Adams, Emily				
2) Alber, Alyssa				
3) Ryan, Brigid				
4) Curtis, Rachel				
12 Charles City 'B'	2:14.00	2:08.71	1	
1) Pahnisch, Ashley				
2) Parker, Renae				
3) Kloberdanz, Kate				
4) Franksain, Maggie				
-- Linn - Mar 'B'	2:08.60	DQ	1	
1) Way, Marisa				
2) Alexander, Kelli				
3) Caquelin, Hikki				
4)				
-- Waterloo West 'B'	2:04.00	DQ	1	

Event 22 Girls 4x200 Meter Relay Varsity

School	Seed	Finals	H#	Points
1 Hudson 'A'	1:48.41	1:46.09	2	10
1) Marquard, Hillary				
2) Sorensen, Jessi				

3) Halstead, Holly	4) Garvey, Hillary				
2 Cedar Rapids Xavier 'A'	1) Cooper, Jill	1:49.00	1:48.66	2	8
1) Cooper, Jill	2) Sampson, Tyler				
3) Ries, Emily	4) Breitbach, Hannah				
3 Wahlert 'A'	1) Kalb, Maria	1:47.30	1:48.96	2	6
1) Kalb, Maria	2) Klostermann, Erin				
3) Potts, Nicole	4) Schilling, Kelsey				
4 Grinnell 'A'	1) Ferch, Kirsten	1:51.67	1:50.04	2	4
1) Ferch, Kirsten	2) Weigel, Laura				
3) Sharp, Morgan	4) Roderick, Jenna				
5 Cedar Falls 'A'	1) Jordan, Jaqueline	1:49.10	1:50.13	2	2
1) Jordan, Jaqueline	2) Crotty, Cassie				
3) Duchman, Allison	4) Hutchins, Brianne				
6 CR Washington 'B'	1) Davisson, Monique	1:50.99	1:50.62	2	1
1) Davisson, Monique	2) Aull, Ashley				
3) Knockle, Allison	4) Halyard, Maddy				
7 New Hampton 'A'	1) Goodwin, Dani	1:52.30	1:51.00	2	
1) Goodwin, Dani	2) Sumner, Sarah				
3) Morgan, Roths	4) Moore, Taylor				
8 Dike-New Hartford 'A'	1) Dove, Ashtyn	1:57.10	1:54.83	1	
1) Dove, Ashtyn	2) Perez, Abbie				
3) Bakker, Mallory	4) Koch, Sara				
9 Linn - Mar 'A'	1) Evans, Sierra	2:00.88	1:58.36	1	
1) Evans, Sierra	2)				
10 Dubuque Senior 'A'	1) Plunkett, Maranda	1:55.00	1:58.86	1	
1) Plunkett, Maranda	2) Coffin, Kendra				
3) Ploessl, Lindsey	4) Rannals, Samantha				
11 Oelwein 'A'	1) Perry, Stephanie	1:57.77	1:59.49	1	
1) Perry, Stephanie	2) Morgan, Caitlin				
3) Haynes, Shawna	4) Kalb, Megan				
12 Charles City 'A'	1) Schlader, Ashley	2:05.48	2:02.96	1	
1) Schlader, Ashley	2) Stone, Bre				
3) Molstead, Julia	4) Fiser, Michaela				
13 Waverly-Shell Rock 'A'	1) Rops, Sara	2:02.00	2:03.54	1	
1) Rops, Sara	2) Farrell, Alexia				
3) Blake, Katie	4) Brandt, Shayna				
-- Waterloo East Female 'A'	1) Cook, Rayne	1:51.96	NT	2	
-- West Delaware 'A'	2) Briggs, Krista	1:54.21	DQ	1	
1) Cook, Rayne	3) Havertape, Emily				
3) Havertape, Emily	4) Reinig, Tess				
-- Waterloo West 'A'		1:55.00	DQ	1	

Event 23 Girls 100 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Diggs, Dayna	CR Washingto	18.90	17.06	2	10
2 Ingersoll, Shanna	Waverly-Shel	18.30	17.56	3	8
3 Korte, Sarah	Cedar Falls	18.30	17.69	3	6
4 Sweiter, Brittany	Dike-New Har	18.30	17.99	3	3
4 McMahan, Kayla	Dubuque Seni	18.70	17.99	2	3
6 Hartmann, Megan	Cedar Falls	18.10	18.02	3	1
7 Daley, Erin	Dike-New Har	18.50	18.46	3	
8 Purnell, Mia	Waverly-Shel	17.90	18.58	3	
9 Steffen, Mallory	Dubuque Seni	19.20	18.66	2	
10 Olk, Rachel	Wahlert	18.30	18.78	3	
11 Forsyth, Micaela	Charles City	19.00	18.86	2	
12 Kane, Natalie	Cedar Rapids	19.00	18.99	2	
13 Osborn, Keegan	CR Washingto	18.59	19.28	2	
14 Helgens, Lexi	Linn - Mar	19.10	19.67	2	
15 Lehman, Caitlin	New Hampton	19.87	19.70	1	
16 Alexander, Kelli	Linn - Mar	18.75	20.06	2	

17	Lynch, Lauren	Charles City	20.51	20.40	1
18	Degeest, Erica	Grinnell	19.97	20.67	1
19	Jones, Justice	Waterloo Eas	21.92	20.81	1
20	Tashner, Brooke	Wahlert	17.30	20.92	3

Event 24 Girls 100 Meter Hurdles Varsity

Name	Year	School	Seed	Finals	H#	Points
1	McAllister, Tashina	Oelwein	15.91	15.33	4	10
2	Nessan, Mary	Dubuque Seni	15.80	15.63	4	8
3	Beard, Layloni	CR Washingto	15.86	15.98	4	6
4	Sorensen, Jessi	Hudson	16.00	16.42	4	4
5	Hosper, Amanda	Cedar Falls	16.36	16.61	4	2
6	Youde, Molly	Cedar Falls	17.00	16.65	3	1
7	Foreman, Brooke	CR Washingto	16.64	16.68	4	
8	Ingersoll, Tricia	Waverly-Shel	16.63	16.74	4	
9	Berns, Lisa	Charles City	16.88	16.95	4	
10	Dwyer, Lauren	Dike-New Har	17.40	17.09	3	
11	Goedken, Michelle	Wahlert	17.00	17.11	3	
12	Funke, Marcia	West Delawar	17.43	17.12	3	
13	McDonald, Jessie	West Delawar	17.36	17.41	3	
14	Wood, Kayla	Charles City	17.37	17.46	3	
15	Schwickerath, Jessica	New Hampton	17.72	17.48	2	
16	Tashner, Brooke	Wahlert		17.61	2	
17	Rich, Cassie	Dike-New Har	17.85	17.71	2	
18	Rilatos, Chelsey	Grinnell	17.60	17.72	3	
19	Flick, Kaitlyn	New Hampton	18.34	17.98	2	
20	Young, Mallory	Linn - Mar	17.70	18.25	3	
21	Cartney, Sara	Hudson	18.20	18.27	2	
22	Evans, Sierra	Linn - Mar	19.90	18.50	1	
23	Hearn, Holly	Dubuque Seni	17.90	18.65	2	
24	Haynes, Chaunsey	Oelwein	17:47.00	18.66	1	
25	Shirey, Tracy	Waterloo Wes	18.48	18.68	2	
26	Juni, Kayla	Grinnell	17.73	18.79	2	
27	Swisher, Rachael	Waterloo Wes	20.20	19.28	1	

Event 25 Girls 800 Meter Run Junior Varsity

Name	Year	School	Seed	Finals	Points
1	Alberts, Alana	Cedar Falls	2:35.20	2:34.93	10
2	Cuvelier, Kayleigh	Dike-New Har	2:40.00	2:41.40	8
3	Wirth, Allie	Cedar Falls	2:36.30	2:42.81	6
4	Brouwer, Kaity	Dike-New Har		2:43.09	4
5	Sherwood, Megan	Linn - Mar	2:53.22	2:45.29	2
6	Ubbelohde, Ashley	Waterloo Wes	2:45.00	2:46.35	1
7	Thompson, Adrian	Hudson		2:46.84	
--	Clymer, Daisy	Linn - Mar	3:01.30	NT	
--	Meyer, Teah	Wahlert	2:55.78	NT	
--	Rawell, Pryia	Linn - Mar	6:10.23	NT	
--	Young, Jalissa	Waterloo Eas		NT	
--	Kahrs, Shantel	Hudson		NT	
--	O'Donnell, Dajae	Waterloo Eas		NT	
--	Lidd, Megan	Charles City	3:05.61	NT	
--	Murray, Cari	Charles City	3:11.02	NT	
--	Dostal, Ashley	Cedar Rapids	3:01.00	NT	
--	Bro, Carly	Cedar Rapids	2:50.00	NT	
--	Small, Madison	Grinnell	2:54.09	NT	
--	Gause, Maddi	Grinnell	2:51.10	NT	
--	Stuer, Sam	CR Washingto	2:59.74	NT	
--	Shey, Abby	CR Washingto	2:50.34	NT	

Event 26 Girls 800 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Hersom, Paige	Cedar Falls	2:27.00	2:27.50	10
2 Burnell, Sarah	Grinnell	2:25.22	2:29.46	8
3 McNamara, Sarah	Wahlert	2:31.80	2:29.57	6
4 Oltmann, Lauren	Hudson	2:30.00	2:31.99	4
5 Anton, Monica	Cedar Falls	2:30.50	2:32.09	2
6 Briggs, Krista	West Delawar	2:37.00	2:33.70	1
7 Hawkins, Claire	Hudson	2:30.00	2:34.00	
8 Mallonee, Torin	Cedar Rapids	2:38.55	2:36.99	
-- Dolezal, Kenzie	Linn - Mar	2:37.80	NT	
-- Johnston, Megan	Linn - Mar	2:40.20	NT	
-- Heng, Brianna	Grinnell	2:37.69	NT	
-- Cashman, Sarah	Waverly-Shel	2:33.50	NT	
-- Coselman, Abby	Waterloo Wes	2:27.40	NT	
-- Bueneke, Anna	Oelwein	2:35.60	NT	
-- Brooke, Ameling	New Hampton	2:37.80	NT	
-- Nicki, Turner	New Hampton	2:36.77	NT	
-- Kelley, Lauren	CR Washingto	2:42.22	NT	
-- Belay, Sara	CR Washingto	2:43.74	NT	
-- Dieken, Sarah	Dike-New Har	2:30.00	NT	
-- Dunn, Wendi	Charles City	2:45.76	NT	
-- O'Brien, Angie	Cedar Rapids	2:45.00	NT	
-- Fagner, Alyssa	Charles City	2:52.20	NT	
-- Thill, Chelsea	Dubuque Seni	2:46.00	NT	
-- Laufenberg, Krista	Dubuque Seni	2:35.00	NT	
-- Birkett, Blair	Dubuque Seni	2:52.00	NT	
-- Parker, Elli	Dike-New Har	2:30.00	NT	
-- Petty, Meredith	Dubuque Seni	2:35.00	NT	

Event 27 Girls 200 Meter Dash Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Greer, Essoria	Waterloo Eas		28.21	1	10
2 Hennings, Kaitlyn	Cedar Falls	29.50	28.82	4	8
3 Riggins, Jackie	Waterloo Eas		28.87	2	6
4 Fleming, Kelsey	Cedar Falls	30.30	29.52	4	4
5 Sublett, Casey	Linn - Mar		29.54	1	2
6 Weeks, Kanisha	CR Washingto	30.67	29.79	3	1
7 Hill, Kara	Dike-New Har	30.30	29.85	4	
8 Male, Morgan	Linn - Mar	30.50	30.00	4	
9 Bries, Amanda	West Delawar	30.02	30.08	4	
10 Kuba-Tresnak, Kelsey	Cedar Rapids	32.20	30.53	3	
11 Soderberg, Daley	Wahlert	29.70	30.75	4	
12 Merfeld, Emily	Dike-New Har	29.50	31.45	4	
13 Cuvelier, Caroline	Dubuque Seni	30.90	31.46	3	
14 Masangu, Naomi	Cedar Rapids	33.00	31.66	3	
15 McGee, Jasmine	Waterloo Wes	35.00	31.72	2	
16 Riley, LaShay	Waterloo Eas		31.88	1	
17 Ryan, Brigid	West Delawar	30.67	31.91	4	
18 Burt, Shantrece	Waterloo Eas		32.53	2	
19 Lee, Amanda	Waverly-Shel	31.20	32.66	3	
20 Wright, BreAnna	CR Washingto	35.50	32.72	2	
21 Windel, Kira	Oelwein	31.21	33.00	3	
22 Wessels, Erin	Dubuque Seni	32.50	33.29	3	
23 Seenster, Manisha	Waterloo Eas		33.91	2	
24 Kleve, Taylor	Charles City	36.00	34.30	2	
25 O'Neill, Lauren	Waterloo Wes	39.00	38.23	2	

26 Finney, Josie

Charles City

39.00

40.22

2

Event 28 Girls 200 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
1 Willms, Hannah	Dike-New Har	25.68	25.58	4	10
2 Peth, Rachel	Waverly-Shel	26.90	26.01	4	8
3 Nessian, Mary	Dubuque Seni	26.90	26.53	4	6
4 Eggena, Sarah	Charles City	26.51	26.54	4	4
5 Steingreaber, Kate	Cedar Rapids	27.05	26.77	4	2
6 Davisson, Monique	CR Washingto	27.39	26.97	3	1
7 McCright, Krista	Linn - Mar	27.44	27.04	3	
8 Spencer, Jady	Waterloo Wes	27.22	27.31	3	
9 Schilling, Kelsey	Wahlert	26.60	27.66	4	
10 Duric, Zinka	Waterloo Wes	27.42	27.70	3	
11 Koch, Sara	Dike-New Har	28.10	27.94	3	
12 Rickert, Hillary	Hudson	28.50	28.51	2	
13 Fuchs, Katelin	Charles City	29.38	28.63	1	
14 Breitbach, Amber	New Hampton	28.60	28.81	2	
15 Plunkett, Maranda	Dubuque Seni	29.80	28.86	1	
16 Schulte, Megan	West Delawar	28.34	28.88	2	
17 Kalb, Megan	Oelwein	28.65	28.92	2	
18 Rilatos, Chelsey	Grinnell	28.45	29.31	2	
19 Garvey, Hillary	Hudson	27.10	29.45	3	
20 Sharp, Lauren	Grinnell	28.40	29.61	2	
21 Hoekstra, Alyssa	CR Washingto	29.51	29.68	1	
22 Koshtka, Chelsey	Linn - Mar	28.80	29.92	2	
23 Kalb, Maria	Wahlert	27.10	30.43	4	
-- Lindgren, Aubrey	Cedar Rapids	27.47	NT	3	
-- Sumner, Sarah	New Hampton	27.90	NT	3	
-- Reinig, Tess	West Delawar	26.99	NT	4	

Event 29 Girls 400 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Diggs, Dayna	CR Washingto	1:13.50	1:13.39	2	10
2 Kunkle, Ebony	Cedar Falls	1:18.50	1:15.51	2	8
3 Coffin, Kendra	Dubuque Seni	1:20.30	1:16.20	2	6
4 Forsyth, Micaela	Charles City	1:19.77	1:17.73	2	4
5 Johnson, Emily	Charles City	1:20.85	1:18.17	2	2
6 McMahan, Kayla	Dubuque Seni	1:18.50	1:18.29	2	1
7 Otting, Sarah	Cedar Rapids	1:29.56	1:25.07	1	
-- Power, Kelsey	Waterloo Wes	1:25.00	NT	1	
-- Riebkes, Hannah	Cedar Falls	1:24.50	NT	1	

Event 30 Girls 400 Meter Hurdles Varsity

Name	Year School	Seed	Finals	H#	Points
1 McAllister, Tashina	Oelwein	1:05.69	1:08.59	3	10
2 Brandhorst, Jenna	Hudson	1:11.20	1:09.42	3	8
3 Foreman, Brooke	CR Washingto	1:09.62	1:09.81	3	6
4 Holdgrafer, Megan	Linn - Mar	1:11.90	1:12.03	3	4
5 Goedken, Michelle	Wahlert	1:14.80	1:12.23	2	2
6 Henke, Sami	Hudson	1:11.58	1:12.87	3	1
7 Kloberdanz, Ellie	Charles City	1:12.90	1:13.08	2	
8 Korte, Sarah	Cedar Falls	1:13.00	1:13.29	2	
9 Vogel, Taylor	CR Washingto	1:12.52	1:14.23	3	
10 Corey, Bormann	New Hampton	1:14.34	1:15.11	2	
11 Rich, Cassie	Dike-New Har	1:17.70	1:15.33	1	

12 Hearn, Holly	Dubuque Seni	1:15.00	1:16.64	2
13 Hermsen, Jenna	West Delawar	1:15.23	1:17.70	2
14 Perez, Abbie	Dike-New Har	1:17.20	1:17.81	2
15 Brooks, Jessi	Grinnell	1:19.40	1:19.95	1
16 Juni, Kayla	Grinnell	1:19.80	1:20.65	1
17 Stufflebeam, Shelby	West Delawar	1:12.00	1:21.89	3
18 Way, Marisa	Linn - Mar	1:20.80	1:24.31	1
-- Hartmann, Megan	Cedar Falls	1:16.50	NT	2

Event 31 Girls 800 Sprint Medley Junior Varsity

School	Seed	Finals	H#	Points
1 Wahlert 'B'	2:01.30	2:01.94	2	10
1) Janecke, Jessica				
2) Wedewer, Katie				
3) Hasken, Danielle				
4) Rusch, Lauren				
2 Cedar Falls 'A'		2:04.52	1	8
3 Waterloo East Female 'A'	2:02.26	2:06.11	2	6
4 Cedar Rapids Xavier 'B'	2:05.00	2:06.16	2	4
1) Robinson, Molly				
2) Lampe, Katie				
3) Schneider, Erin				
4) Lehner, Rhianne				
5 Grinnell 'B'	2:04.99	2:07.35	2	2
1) Schmidt, Megan				
2) Freeman, Nikki				
3) Wiltfang, Maggie				
4)				
6 Dubuque Senior 'B'	2:10.00	2:10.14	1	1
1) Buse, Maddison				
2) McLaughlin, Kayla				
3) Ploessl, Lindsey				
4) Oppelt, Kayla				
7 Waverly-Shell Rock 'B'	2:10.00	2:12.87	2	
1) Ingersoll, Tricia				
2) Ingersoll, Shanna				
3) Lee, Amanda				
4) Blake, Katie				
8 Dike-New Hartford 'B'	2:05.10	2:14.13	2	
1) Eiklenborg, MacKenzie				
2) Dennis, Kasie				
3) Daley, Meaghan				
4) Strelow, DiAndra				
9 West Delaware 'B'	2:20.00	2:15.43	1	
1) Alber, Alyssa				
2) Adams, Emily				
3) Nachtman, Sarah				
4) Curtis, Rachel				
10 Linn - Mar 'B'	2:02.50	2:16.96	2	
1) Clark, Noelle				
2) Wittkamp, Sophie				
3) Groene, Megan				
4) Moeller, Jenna				
11 New Hampton 'B'	2:09.90	2:20.33	2	
1) Lehman, Caitlin				
2) Smith, Trisha				
3) Payne, Genie				
4) Swehla, Kelly				
11 CR Washington 'A'	2:10.52	2:20.33	1	
1) Barber, Lynette				
2) Myrick, Tijza				
3) Hoekstra, Alyssa				
4) Mudd, Molly				
13 Charles City 'B'	2:10.03	2:23.46	1	
1) Lynch, Lauren				
2) Parker, Renae				
3) Franksain, Maggie				
4) Kloberdanz, Kate				
14 Waterloo West 'B'	2:20.00	2:29.13	1	

Event 32 Girls 800 Sprint Medley Varsity

School	Seed	Finals	H#	Points
1 Hudson 'A'	1:52.31	1:52.92	2	10
1) Sorensen, Jessi				
2) Marquard, Hillary				
3) Halstead, Holly				
4)				
2 Cedar Rapids Xavier 'A'	1:52.00	1:54.20	2	8
1) Steingreaber, Kate				
2) Lynch, Erin				
3) Ries, Emily				
4) Sampson, Tyler				
3 Grinnell 'A'	1:58.78	1:54.29	1	6
1) Witt, Nina				
2) Sharp, Morgan				

3) Roderick, Jenna	4) Ferch, Kirsten				
4 New Hampton 'A'	1) Lang, Kaymi	1:55.08	1:54.80	2	4
3) Goodwin, Dani	2) Morgan, Roths				
5 Wahlert 'A'	3) Goodwin, Dani	1:54.30	1:55.74	2	2
1) Tranel, Kate	4) Moore, Taylor				
3) Klostermann, Erin	2) Miller, Beth				
6 CR Washington 'B'	3) Klostermann, Erin	1:59.66	1:56.05	1	1
1) Royster, Jazz	4) Potts, Nicole				
3) Davisson, Monique	2) Schmitt, Mary Kate				
7 Dubuque Senior 'A'	3) Davisson, Monique	1:53.30	1:56.83	2	
1) Rannals, Samantha	4) Steinburg-Garner, Mariah				
3) Mohr, Kaily	2) Metcalf, Ali				
8 West Delaware 'A'	3) Mohr, Kaily	1:59.34	1:57.29	1	
1) Schulte, Megan	4) Francois, Samantha				
3) Cook, Rayne	2) Engelken, Brooke				
9 Cedar Falls 'A'	3) Cook, Rayne	1:54.30	1:57.38	2	
1) Jordan, Jaqueline	4) Briggs, Krista				
3) Hutchins, Brianne	2) Weichers, Jordan				
10 Dike-New Hartford 'A'	3) Hutchins, Brianne	1:53.10	1:57.90	2	
1) Willms, Jenny	4) Hersom, Paige				
3) Koch, Sara	2) Bakker, Mallory				
11 Linn - Mar 'A'	3) Koch, Sara	1:57.20	1:58.94	1	
1) Thayer, Chelsie	4) Willms, Hannah				
3) Saville, Emily	2) Sevcik, Macey				
12 Charles City 'A'	3) Saville, Emily	1:56.00	1:59.26	2	
1) Fessel, Lora	4) Berg, Emilie				
3) Berns, Lisa	2) Kloberdanz, Ellie				
13 Waterloo West 'A'	3) Berns, Lisa	1:59.00	1:59.43	1	
14 Waverly-Shell Rock 'A'	4) Eggena, Sarah	2:00.00	2:01.30	1	
1) Krull, Stacy	2) Rops, Sara				
3) Kwikkel, Holly	4) Arns, Hanna				
15 Oelwein 'A'	2:00.18	2:05.54	1		
1) Morgan, Caitlin	2) McShane, Cassidy				
3) Kalb, Megan	4) Perry, Stephanie				

Event 33 Girls 1500 Meter Run Junior Varsity

Name	Year School	Seed	Finals	Points
1 Bauer, Liz	Cedar Falls	5:35.00	5:25.32	10
2 Traetow, Carrie	Cedar Falls	5:37.80	5:28.05	8
3 Mockler, Katherine	Wahlert	5:42.45	5:32.33	6
4 Gerdes, Morgan	Waterloo Wes	5:50.00	5:35.04	4
5 Osterberger, Betsy	Wahlert	5:42.70	5:42.89	2
6 Olds, Erica	Dubuque Seni	5:46.00	5:48.87	1
7 Mueller, Lindsay	Cedar Rapids	5:48.00	5:50.40	
8 Sigmon, Rachel	Cedar Rapids	6:00.00	5:52.07	
-- McKee, Nichelle	Linn - Mar	6:04.23	NT	
-- Godlewski, Lana	CR Washingto	6:29.90	NT	
-- Bell, Kathryn	CR Washingto	6:02.41	NT	
-- Ott, Jennifer	Charles City	6:33.21	NT	
-- Westevelt, Randi	Dubuque Seni	5:59.00	NT	
-- Luhring, Stephanie	Dike-New Har	5:55.00	NT	

Event 34 Girls 1500 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Newhouse, Carolyn	Linn - Mar	5:05.20	5:06.52	10
2 Schilling, Kathryn	Dubuque Seni	5:19.00	5:06.53	8
3 Becker, Maddy	CR Washingto	5:16.30	5:13.36	6

4	Bueneke, Anna	Oelwein	5:10.70	5:14.91	4
5	Burnell, Sarah	Grinnell	5:08.46	5:15.98	2
6	Perry, Sam	Wahlert	5:15.40	5:19.61	1
7	Hansen, Katie	Hudson	5:30.00	5:19.83	
8	Reicks, Amy	New Hampton	5:17.66	5:25.08	
--	Fitzgerald, Jenna	New Hampton	5:08.65	NT	
--	Strike, Cara	Cedar Falls	5:18.00	NT	
--	Kascel, Brooklyn	Linn - Mar	5:25.10	NT	
--	Haywood, Anna	Waverly-Shel	6:04.00	NT	
--	Waschkat, Haley	Waterloo Wes	5:41.80	NT	
--	McMahon, Erin	West Delawar	6:00.00	NT	
--	Savage, Hannah	Cedar Falls	5:05.80	NT	
--	Johnson, Tori	Waterloo Wes	5:50.00	NT	
--	Schipper, Brandy	Dike-New Har	5:45.00	NT	
--	Rogers, Kristin	CR Washingto	5:33.28	NT	
--	Dieken, Sarah	Dike-New Har	5:29.00	NT	
--	Wood, Amber	Charles City	5:40.70	NT	
--	Dunn, Wendi	Charles City	5:42.30	NT	
--	Dysart, Jennifer	Grinnell	5:36.23	NT	
--	Lapsey, Carrie	Cedar Rapids	5:40.00	NT	
--	Garvey, Hannah	Hudson	5:19.00	NT	
--	Martin, Hallie	Cedar Rapids	5:20.00	NT	
--	Klein, Courtney	Dubuque Seni	5:35.00	NT	

Event 35 Girls 4x100 Meter Relay Junior Varsity

School	Seed	Finals	H#	Points
1 Cedar Falls 'B'	54.30	54.22	2	10
1) Herkelman, Chelsea				
2) Wyatt, Katerina				
3) Gillett, Kaitlyn				
4) Hosper, Amanda				
2 Wahlert 'B'	55.80	54.74	2	8
1) Janecke, Jessica				
2) Hasken, Danielle				
3) Ward, Rachel				
4) Swift, Jaqueline				
3 CR Washington 'A'	56.08	54.84	2	6
1) Harrison, Tosha				
2) Myrick, Tijza				
3) McPherson, Breyana				
4) Oney, Alissa				
4 Waterloo West 'B'	56.08	55.78	2	4
5 New Hampton 'B'	56.88	55.83	2	2
1) Crooks, Carlie				
2) Fitzgerald, Jenna				
3) Smith, Trisha				
4) Schwickerath, Jessica				
6 Grinnell 'B'	54.06	55.97	2	1
1) Brooks, Jessi				
2) Small, Madison				
3) Freeman, Nikki				
4)				
7 Hudson 'B'	1:01.00	56.35	1	
1) Thompson, Adrian				
2) Kahrs, Shantel				
3) Hanson, Chelsea				
4) Thalacker, Loren				
8 Waterloo East Female 'B'	57.35	56.83	2	
9 West Delaware 'B'	57.89	57.14	2	
1) Hood, Kim				
2) Bries, Amanda				
3) Swartz, Liz				
4) Harbaugh, Mackenzie				
10 Oelwein 'B'	1:00.00	57.83	1	
1) Windel, Kira				
2) Dresen, Karlee				
3) Hershey, Hanna				
4) Paul, Sara				
11 Dike-New Hartford 'A'	1:02.00	58.26	1	
1) Springer, Shawna				
2) Eiklenborg, MacKenzie				
3) Hogelucht, Kait				
4) Crotty, Ally				
12 Dubuque Senior 'B'	58.90	58.36	1	
1) Duclos, Abbie				
2) Michels, Katie				
3) McLaughlin, Kayla				
4) Kerston, Candice				
13 Cedar Rapids Xavier 'B'	59.00	58.95	1	
1) Kane, Natalie				
2) Vanden Bosch, Kristin				

3) Wehr, Sami	4) Barnum, Juli			
14 Waverly-Shell Rock 'B'	1:00.20	59.88	1	
1) Andreessen, Destinee	2) Ebling, Elizabeth			
3) Ingersoll, Shanna	4) Brandt, Shayna			
15 Linn - Mar 'B'	58.60	1:00.02	1	
1) Pople, Julie	2) Meyer, Lauren			
3) Thomas, Janessa	4) Nelson, Dakota			
16 Charles City 'B'	1:02.00	1:00.30	1	
1) Pahnisch, Ashley	2) Murray, Cari			
3) Lidd, Megan	4) Franksain, Maggie			

Event 36 Girls 4x100 Meter Relay Varsity

School	Seed	Finals	H#	Points
1 Hudson 'A'	51.00	50.72	3	10
1) Garvey, Hillary	2) Sorensen, Jessi			
3) Halstead, Holly	4) Marquard, Hillary			
2 Cedar Rapids Xavier 'A'	50.29	51.03	3	8
1) Steingreaber, Kate	2) Lynch, Erin			
3) Lindgren, Aubrey	4) Breitbach, Hannah			
3 CR Washington 'B'	51.71	51.30	3	6
1) Beard, Layloni	2) Foreman, Brooke			
3) Aull, Ashley	4) Halyard, Maddy			
4 Grinnell 'A'	52.17	51.91	3	4
1) Witt, Nina	2) Ferch, Kirsten			
3) Sharp, Morgan	4) Roderick, Jenna			
5 Dubuque Senior 'A'	52.50	52.06	2	2
1) Rannals, Samantha	2) Francois, Samantha			
3) Metcalf, Ali	4) Nesson, Mary			
6 New Hampton 'A'	51.96	52.19	3	1
1) Goodwin, Dani	2) Sumner, Sarah			
3) Morgan, Roths	4) Moore, Taylor			
7 Waterloo West 'A'	52.49	52.23	2	
8 Wahlert 'A'	51.60	52.24	3	
1) Kramer, Brianna	2) Kass, Audrey			
3) Hancock, Roselyn	4) Schilling, Kelsey			
9 Cedar Falls 'A'	51.97	52.54	3	
1) Crotty, Cassie	2) Hutchins, Brianne			
3) Youde, Molly	4) Jordan, Jaqueline			
10 Linn - Mar 'A'	52.80	53.02	2	
1) Evans, Sierra	2) Sevcik, Macey			
3) Thayer, Chelsie	4) McCright, Krista			
11 Oelwein 'A'	55.70	53.27	1	
1) Kalb, Megan	2) McShane, Cassidy			
3) Haynes, Chaunsey	4) McAllister, Tashina			
12 Waverly-Shell Rock 'A'	52.46	53.32	3	
1) Peth, Rachel	2) Rops, Sara			
3) Kwikkel, Holly	4) Carmichael, Kilei			
13 Waterloo East Female 'B'	57.35	53.42	1	
14 West Delaware 'A'	53.55	54.45	2	
1) Schulte, Megan	2) Hermsen, Jenna			
3) Havertape, Emily	4) Reinig, Tess			
15 Dike-New Hartford 'B'	54.40	54.55	1	
1) Dove, Ashtyn	2) Merfeld, Emily			
3) Bakker, Mallory	4) Dwyer, Lauren			
16 Charles City 'A'	53.47	55.19	2	
1) Fuchs, Katelin	2) Wood, Kayla			
3) Fessel, Lora	4) Berns, Lisa			
-- Waterloo East Female 'A'	53.29	NT	2	

Event 37 Girls 4x400 Meter Relay Junior Varsity

School	Seed	Finals	H#	Points
1 Wahlert 'B'	4:32.30	4:29.75	2	10
1) Rusch, Lauren				
3) Soderberg, Daley				
2 Cedar Falls 'B'	4:25.00	4:31.49	2	8
1) Wirth, Allie				
3) Olsen, Bethany				
3 Dike-New Hartford 'B'	4:35.00	4:31.54	2	6
1) Parker, Elli				
3) Brouwer, Kaity				
4 Cedar Rapids Xavier 'B'	4:34.00	4:34.36	2	4
1) Marks, Erin				
3) Mallonee, Torin				
5 Waterloo East Female 'A'	4:35.96	4:39.93	2	2
6 Waterloo West 'A'	4:48.00	4:41.61	1	1
7 Linn - Mar 'B'	4:40.40	4:50.29	2	
1) Johnston, Megan				
3) Hayes, Dana				
8 CR Washington 'A'	4:47.51	4:56.59	2	
1) Stone, Callie				
3) Stuer, Sam				
9 Grinnell 'B'	4:56.09	4:58.72	1	
1) Small, Madison				
3) Morrison, Ashley				
10 Hudson 'A'		5:07.79	1	
-- New Hampton 'B'		NT	1	

Event 38 Girls 4x400 Meter Relay Varsity

School	Seed	Finals	H#	Points
1 Wahlert 'A'	4:09.40	4:12.93	2	10
1) Potts, Nicole				
3) Leytem, Tessa				
2 Dike-New Hartford 'A'	4:11.40	4:13.61	2	8
1) Willms, Jenny				
3) Hensley, Monica				
3 Cedar Falls 'A'	4:14.30	4:18.08	2	6
1) Crotty, Cassie				
3) Anton, Monica				
4 Hudson 'A'	4:15.00	4:19.58	2	4
1) Oltmann, Lauren				
3) Brandhorst, Jenna				
5 Dubuque Senior 'A'	4:19.00	4:23.19	2	2
1) Reiss, Meggan				
3) Plunkett, Maranda				
6 CR Washington 'B'	4:27.96	4:24.36	1	1
1) Pearson, Sasha				
3) Zmolek, Meg				
7 Linn - Mar 'A'	4:20.12	4:25.34	2	
1) Saville, Emily				
3) Sublett, Casey				
8 Waverly-Shell Rock 'A'	4:22.00	4:26.10	2	
1) Cashman, Sarah				
3) Arns, Hanna				
9 New Hampton 'A'	4:26.55	4:30.36	1	
1) Brooke, Ameling				
3) Jerdee, Lindsey				
10 Grinnell 'A'	4:24.25	4:33.44	1	
1) Sharp, Morgan				
2) Weigel, Laura				

3) Sharp, Lauren	4) Puls, Nicole			
11 West Delaware 'A'	4:35.00	4:44.96	1	
1) Briggs, Mycala	2) Swartz, Liz			
3) McDonald, Jessie	4) Cook, Rayne			
12 Charles City 'A'	4:34.73	4:46.72	1	
1) Molstead, Julia	2) Fiser, Michaela			
3) Stone, Bre	4) Schlader, Ashley			
-- Cedar Rapids Xavier 'A'	4:12.00	NT	2	
1) Sampson, Tyler	2) Ries, Emily			
3) Cooper, Jill	4) Breitbach, Hannah			