

2009 MISSISSIPPI VALLEY CONFERENCE MEN'S TRACK LEADERS
Thru 4/11/09

100 Meter Dash	Gr	School	Time
Patrick Lewis	12	CRX	:10.73
Shay Hoffman	11	CRJ	:11.00
Ronnie Henderson	11	CRW	:11.01
Alex Carr	10	CRW	:11.09
James Harrington	9	CF	:11.24
Josh Simmons	11	CRK	:11.25
Josh Lenz	12	DH	:11.31
Richard Bryant	9	ICW	:11.33
Isiah Cook	11	WW	:11.33
Austin Long	11	CF	:11.34
Javan Aimable	11	WW	:11.39
Wyatt Suess	12	CRW	:11.40
Andre Dawson	11	CRW	:11.41
Ben Swenson	12	CRJ	:11.43
Tyrell Martin	9	WW	:11.47
Keenan Davis	12	CRW	:11.48
Luke Toyosi	9	CF	:11.50
Josh Vosatka	12	CRJ	:11.50
Casey DeHoedt	12	CRJ	:11.52
Casey Smith	11	DS	:11.52

200 Meter Dash	Gr	School	Time
Patrick Lewis	12	CRX	:22.60
Kyle Slaymaker	12	CRK	:22.62
Kevin Dibbern	12	ICC	:22.70
Isiah Cook	11	WW	:22.77
Larry Johnson	12	CRW	:22.98
Jerrold Manago	12	WW	:22.98
Jonathan Williams	10	ICW	:23.11
Keenan Davis	12	CRW	:23.15
Ronnie Henderson	11	CRW	:23.20
Ted Pillard	12	DS	:23.20
Blake Davis	12	CF	:23.22
Josh Lenz	12	DH	:23.22
Shay Hoffman	11	CRJ	:23.24
Alex Carr	10	CRW	:23.25
Tyrell Martin	9	WW	:23.40
Alonzo Markham	12	ICW	:23.46
Zach Verbeck	11	CF	:23.52
Josh Fuller	10	CF	:23.54
Scott Schebler	12	CRP	:23.69
James Harrington	9	CF	:23.71

400 Meter Dash	Gr	School	Time
Isiah Cook	11	WW	:49.46
Alonzo Markham	12	ICW	:49.57
Jordan Velasquez	12	CF	:49.80
Kyle Slaymaker	12	CRK	:50.52
Patrick Lewis	12	CRX	:51.01
Jerrold Manago	12	WW	:51.16
Anthony Crawley	10	CRK	:51.27
Kyle Donnelly	11	CRX	:51.28
Matt Stocker	10	CRP	:51.92
Andrew Mitchell	12	ICW	:51.99
Zach Verbeck	11	CF	:52.34
Shay Hoffman	11	CRJ	:52.77
Nick Merfeld	11	DH	:52.85
Demetrious Tillman	12	WE	:53.10
Rob Melville	11	DS	:53.38
John Beardsworth	12	CRW	:53.46
Marshall Hill	10	CF	:53.48
Jordan Decker	12	DH	:54.13
Jesse Alexander	11	CF	:54.20
Trevon Campbell	12	WE	:54.30

800 Meter Run	Gr	School	Time
Anthony Crawley	10	CRK	1:57.17
Andrew Mitchell	12	ICW	1:58.51
Jordan Velasquez	12	CF	1:59.82
Lewi Manirumva	12	CRW	2:00.45
Jake Gerber	11	CRJ	2:02.16
Jacob Tayloe	11	CF	2:04.45
Brandon Schmidt	12	DS	2:05.23
Kenneth Voorhees	10	DH	2:05.74
Ty Wittman	10	DS	2:05.74
Tyler Chenhall	11	ICW	2:06.16
Amir Kantarevic	12	WW	2:06.91
Matt Stocker	10	CRP	2:07.03
Austin Steil	12	CRX	2:07.20
Ryan Gruetzmacher	11	WW	2:07.74
Kyle Donnelly	11	CRX	2:07.89
Zach Kienol	12	WW	2:08.41
Nick Gentzler	10	L-M	2:08.51
John Warnke	12	DS	2:08.70
Ryan Hosier	12	DH	2:09.08
Chase Atkinson	12	L-M	2:09.27

1600 Meter Run	Gr	School	Time
Lewi Manirumva	12	CRW	4:26.80
Frank Canady	11	ICW	4:27.26
Ty Wittman	10	DS	4:31.81
Jacob Tayloe	11	CF	4:32.99
Brennan McAllister	12	CRX	4:33.27
Scott Mittman	11	ICC	4:33.35
Jake Gerber	11	CRJ	4:36.59
Amir Kantarevic	12	WW	4:38.70
John Warnke	12	DS	4:38.88
Alex Rigdon	12	CRP	4:40.21
Tanner Reyhons	10	CF	4:42.16
Phil Musson	12	ICW	4:42.64
Andrew Hallorhan	9	CF	4:44.54
Ryson Stuart	10	ICW	4:45.29
Lukas Ovrom	11	ICC	4:46.50
Spencer Holten	12	CRK	4:46.98
Austin Steil	12	CRX	4:47.26
Kody Fitzjerrrells	9	DS	4:47.91
Jordan Burns	10	CRP	4:48.12
Chris Smith	11	WW	4:48.69

3200 Meter Run	Gr	School	Time
Lewi Manirumva	12	CRW	9:34.60
Frank Canady	11	ICW	9:39.72
Calvin Simmons	12	ICC	9:46.02
Ty Wittman	10	DS	9:48.55
Scott Mittman	11	ICC	9:49.41
Amir Kantarevic	12	WW	9:55.80
Brennan McAllister	12	CRX	9:59.22
Kody Fitzjerrrells	9	DS	10:00.37
Jacob Tayloe	11	CF	10:06.85
John Warnke	12	DS	10:16.96
Chris Robertson	11	ICC	10:19.21
Sam Read	11	L-M	10:20.19
Matt Eckman	11	ICW	10:21.30
Andrew Halloran	9	CF	10:22.06
Chris Smith	11	WW	10:23.94
Alex Rigdon	12	CRP	10:26.65
Tyler Norby	12	DW	10:27.15
Ryson Stuart	10	ICW	10:30.16
Jacob Stoner	10	CF	10:33.65
Andrew Brimeyer	10	DS	10:34.04

110 Meter Highs	Gr	School	Time
Harrison Shelby	11	WE	:15.01
Larry Johnson	12	CRW	:15.03
Ryan Sander	11	CRX	:15.12
Matt Smith	11	WW	:15.31
Austin Javallena	10	CF	:15.62
Cameron Bradley	11	CRK	:15.63
Kyle Bernard	12	CF	:15.71
Peter Dolan	12	ICW	:15.71
Max Martino	11	CRK	:15.94
Kyle Dunn	10	L-M	:15.99
Avery McBride	12	CRW	:16.09
Adam Sailor	10	CRW	:16.12
Mason Greer	9	ICC	:16.38
Nate Hutcheson	12	L-M	:16.41
James Taylor	11	ICC	:16.42
Brandon Ophoff	9	L-M	:16.50
Jake Losch	10	CRK	:16.57
Tyler Bellows	12	DH	:16.70
Ross Siemering	12	CRP	:16.76
Miles Barton	10	CRW	:17.12

400 Meter Lows	Gr	School	Time
Andrew Mitchell	12	ICW	:57.15
Jared Musil	12	CRP	:57.36
Alen Sarkic	12	WW	:57.48
Kyle Bernard	12	CF	:57.73
Andy Hodge	12	ICC	:58.28
Matt Smith	11	WW	:58.95
Jacob Aumueller	12	ICC	:58.99
Nick Clark	12	CRW	:59.51
Will Thinnes	11	CRX	:59.67
Peter Dolan	12	ICW	:59.99
Mitch Steimel	11	CRK	1:00.00
Travis Bond	9	CF	1:00.04
Miles Barton	10	CRW	1:00.17
Jake Losch	10	CRK	1:00.30
Austin Javallena	10	CF	1:00.39
Trevor Hein	10	DS	1:00.73
Eric Varley	10	DW	1:00.75
Tyler Bellows	12	DH	1:01.03
Adam Pacquette	11	CF	1:01.32
Ryan Marling	12	CRJ	1:01.42

High Jump	Gr	School	Height
Nate Hutcheson	12	L-M	6' 6"
Ryan Sander	11	CRX	6' 3"
Keenan Davis	12	CRW	6' 2"
Andrew Mitchell	12	ICW	6' 2"
Tony Callahan	12	DW	6' 2"
Logan Ruffridge	11	CRJ	6'
Josh Diehm	11	WW	6'
Max Martino	11	CRK	6'
Barkley Hill	9	CF	6'
Kyle Bernard	12	CF	6'
Ted Pillard	12	DS	5' 10"
Tom Frieden	10	CRP	5' 10"
Nicholas Clark	12	CRW	5' 10"
Peter Van Voorhis	11	ICW	5' 10"
John Beardsworth	12	CRW	5' 10"
Jeremy Johnson	9	ICC	5' 10"
Brandon Ophoff	9	L-M	5' 10"
Joe Buelow	12	DH	5' 8"
Ryan Hejda	12	CRK	5' 8"
Jordan Bradley	11	ICW	5' 8"
Luke Meyers	10	CF	5' 8"
Richard Bryant	9	ICW	5' 8"

Long Jump		School	Distance
Robert Hogg	9	CRW	21' 8"
Josh Lenz	12	DH	21' 6.5"
Jerrold Manago	12	WW	21' 6"
Darius Washington	12	WE	21' 3.5"
Caleb Mere	10	CRK	21' 3"
Adrian Martin	12	ICW	21' 1.25"
Charles Rogers	9	ICW	21' 1.25"
Barkley Hill	9	CF	21'
Gavin Smith	12	ICW	20' 8"
C. J. Breitbach	11	DS	20' 6.25"
Luke Burbach	11	DW	20' 5.5"
Scott Schebler	12	CRP	20' 5"
Bobby Millard	10	ICC	20' 4"
Anthony Bryant	9	ICW	20' 2"
Calvin Bahl	10	DH	19' 11.25"
Richard Bryant	9	ICW	19' 10.5"
Riley McCarron	9	DW	19' 9.25"
Cameron Bradley	11	CRK	19' 9"
Evan Davis	11	CRW	19' 9"
Herve Nzombo	12	ICW	19' 4"
Matt Kearney	12	L-M	19' 4"

Shot Put		School	Distance
Kevin Harp	12	ICC	53' 6"
Adam Prybil	10	ICC	49' 4.5"
Casey O'Connor	12	ICW	48' 8"
Eric Ritter	12	ICW	48' 5.5"
Jacob Dix	11	CF	48'
Tucker Tholen	11	ICC	47' 2"
Shawn Albee	11	CRJ	46' 9.5"
Ryan Piche	11	L-M	45' 9.25"
Chris Herrig	11	DS	45' 1.5"
Jordan Waddick	10	DH	44' 3.75"
Mark Jennings	11	L-M	44' 0.75"
Nate Jones	11	L-M	43' 7"
Michael Jeschke	10	DW	43' 2"
Jacob Dee	11	CRJ	43' 2"
Mike Bangston	12	CF	42' 9.25"
Connor Mebus	9	ICW	42' 6"
Scott Schlickman	12	DS	42' 3.5"
Zach Kremenak	11	CRK	41' 11.5"
Jordan Young	12	CRW	41' 9.5"
Stratton Steffy	11	CF	41' 9"

Discus		School	Distance
Jacob Gannon	11	ICW	151' 4"
Sam Joens	10	CRP	141' 6"
Ryan Piche	11	L-M	141' 2"
Tim Lawrence-Richard	11	CF	129' 10"
Kevin Harp	12	ICC	129' 6"
Bill Wunderlich	11	DW	129' 6"
Mac Mahmens	10	L-M	125' 6.5"
Spencer Heath	12	ICW	124' 4"
Tucker Tholen	11	ICC	122' 1"
Chris Herrig	11	DS	121' 4"
Zach Kremenak	11	CRK	119' 7"
Trevor Johnson	9	CF	118' 9.5"
Mike Bangtson	12	CF	118' 9"
Kyle Brant	11	CF	118' 2"
Dan Sisler	10	DW	115' 8"
Jon Donahue	11	CRJ	115' 3"
Scott Schlickman	12	DS	114' 11"
Collin Hennessey	10	CRW	114' 5"
Brandon Kiefer	11	DH	113' 5"
Shawn Albee	11	CRJ	111' 6.5"

4x100 M Relay	Time
CR Xavier	:43.71
CR Washington	:44.06
Cedar Falls	:44.06
Iowa City West	:44.43
Waterloo East	:44.50
CR Prairie	:44.65
Dubuque Hempstead	:44.71
Linn-Mar	:44.78
CR Jefferson	:44.84
Waterloo West	:44.85
Iowa City High	:45.27
CR Kennedy	:45.43
Dubuque Senior	:45.60
Dubuque Wahlert	:45.75

4x200 M Relay	Time
CR Washington	1:30.18
Cedar Falls	1:30.65
Iowa City High	1:31.51
CR Jefferson	1:31.57
CR Kennedy	1:32.03
Dubuque Hempstead	1:32.06
Iowa City West	1:32.09
CR Xavier	1:32.94
Linn-Mar	1:33.08
Waterloo West	1:33.46
CR Prairie	1:34.50
Dubuque Senior	1:35.10
Waterloo East	1:35.50
Dubuque Wahlert	1:35.78

4x400 M Relay	Time
Waterloo West	3:23.04
Cedar Falls	3:25.89
Iowa City West	3:26.27
Dubuque Hempstead	3:30.04
CR Kennedy	3:30.91
Dubuque Senior	3:32.10
CR Jefferson	3:32.84
Iowa City High	3:33.51
CR Washington	3:33.62
Waterloo East	3:34.60
Linn-Mar	3:34.75
Dubuque Wahlert	3:36.82
CR Prairie	3:43.22
CR Xavier	

4x800 M Relay	Time
Iowa City High	8:15.42
CR Kennedy	8:17.52
CR Washington	8:18.95
Waterloo West	8:22.49
Iowa City West	8:26.03
Dubuque Hempstead	8:28.44
Cedar Falls	8:28.67
Linn-Mar	8:35.35
Dubuque Senior	8:36.26
CR Xavier	8:37.96
Dubuque Wahlert	8:47.16
CR Jefferson	8:49.41
CR Prairie	8:50.30
Waterloo East	

Medley Relay	Time
Iowa City West	3:35.15
CR Jefferson	3:36.67
Iowa City High	3:37.70
Cedar Falls	3:37.99
Dubuque Hempstead	3:38.53
CR Kennedy	3:40.58
CR Prairie	3:45.56
Waterloo West	3:46.21
CR Xavier	3:48.64
CR Washington	3:53.57
Dubuque Wahlert	3:54.54
Dubuque Senior	3:56.70
Linn-Mar	4:01.91
Waterloo East	

Shuttle Hurdle Relay	Time
CR Washington	1:00.28
Iowa City West	1:00.45
Linn-Mar	1:00.92
CR Kennedy	1:01.11
Iowa City High	1:01.57
Cedar Falls	1:02.44
Dubuque Wahlert	1:05.14
Waterloo West	1:05.24
CR Prairie	1:06.50
Dubuque Hempstead	1:07.18
CR Xavier	1:07.77
Dubuque Senior	1:12.47
CR Jefferson	
Waterloo East	

All times are hand held equivalent. Fully automatic times have had .24 deducted.

Shot Wheelchair	School	Time

Disc Wheelchair	School	Time