

Ankeny-Marshalltown Early Bird Classic - 4/3/2009

Ankeny High School

Results

Event 1 Boys 3200 Meter Run Varsity

Early Bird: 9:40.60 2001 Jarod Wall

Name	School	Finals
Finals		
1 Kantarevic, Amir	Waterloo Wes	10:01.45
2 Tayloe, Jacob	Cedar Falls	10:06.85
3 James, Jimma	Marshalltown	10:17.27
4 Jackson, Andrew	johnston	10:18.60
5 Murphy, Ryne	Ankeny	10:21.03
6 Kloberdanz, Ryan	Ankeny	10:23.46
7 Smith, Chris	Waterloo Wes	10:23.94
8 Stoner, Jacob	Cedar Falls	10:33.65
9 Luna, Jason	DM Lincoln	10:34.15
10 Rodenborn, Rex	St. Edmond	10:35.88
11 Munter, Chris	Woodward Aca	10:45.13
12 Berndt, Alex	DM Lincoln	10:51.64
13 Davis, Jake	johnston	11:17.68
14 Holloway, Mike	St. Edmond	11:18.83
15 Smith, Clinton	Woodward Aca	11:42.46

Event 2 Boys 3200 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Houp, Jon	johnston	10:29.80
2 Streicher, Adam	Cedar Falls	10:36.42
3 Coble, Chris	johnston	11:08.84
4 Hyler, Andrew	Ankeny	11:16.64
5 Porter, Jake	Waterloo Wes	11:18.17
6 Schrader, Chase	Waterloo Wes	11:21.11
7 Burkhead, Taylor	johnston	x11:23.17
8 Morris, Ben	Cedar Falls	11:23.90
9 Kisler, Grant	Ankeny	11:34.05
10 McCarville, Jacob	St. Edmond	11:43.76
11 Sears, Jon	Ankeny	x11:59.48
12 Shumaker, Ryan	Waterloo Wes	x12:09.75
13 Wignes, Mike	Ankeny	x13:10.51
14 Tate, Christian	Woodward Aca	13:26.65

Event 3 Boys 4x800 Meter Relay Varsity

Early Bird: 8:06.93 1984 WDM Valley

Hollwagaer, Bankus, Buchanan, Anderson

Team	Relay	Finals
Finals		
1 St. Edmond	A	8:17.99
1) Flattery, Joey	2) Flattery, Neil	
3) Flattery, Patrick	4) Doster, Daniel	
2 Ankeny	A	8:21.44
1) McCoy, Dan	2) Wells, Logan	
3) Belzer, Luke	4) Murphy, Joe	
3 Waterloo West	A	8:22.49
1) Diehm, Josh	2) Gruetzmacher, Ryan	
3) O'Brien, Dan	4) Kienol, Zach	
4 Cedar Falls	A	8:39.43
1) Brummel, Jay	2) Hallorhan, Andrew	
3) Gary, Nick	4) Strike, Paul	

5 Marshalltown	A	8:49.21
1) Fink, Patrick	2) Gettemy, Mike	
3) Portillo, Mohammed	4) Hood, Luke	
6 johnston	A	9:09.12
1) Lipscome, Larry	2) Faley, Mike	
3) Foutch, Jake	4) Worley, John	
7 DM Lincoln	A	9:29.88
1) Rogowski, Matt	2) Munoz, Fez	
3) Cotter, Jason	4) McClelland, Zach	
8 Woodward Academy	A	9:33.23
1) Archibald, Alan	2) Healy, Even	
3) Kragel, Max	4) Stafford, Marlen	

Event 4 Boys 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waterloo West	B	8:57.13
1) King, Austin	2) Heckenlively, Brady	
3) Burton, Anthony	4) Jorgensen, Davin	
2 Ankeny	B	9:00.33
1) Boettcher, Will	2) Patterson, Charlie	
3) Lathrop, Eric	4) Nelson, Ethan	
3 Cedar Falls	B	9:20.04
1) Ellsburn, Corey	2) Hennings, John	
3) Moore, Ryan	4) Shaddox, Shane	
4 Marshalltown	B	9:21.49
1) Tocheri, Byron	2) Holm, Alex	
3) Wickwire, Mike	4) Lawler, Brady	
5 Ankeny	C	x9:23.39
1) Osborn, Michael	2) Beeman, Josh	
3) Dass, Brody	4) Robinson, Ben	
6 Woodward Academy	B	9:30.22
7 johnston	B	9:33.92
1) Pearson, Cameron	2) Githens, Walter	
3) Dunshee, Lucas	4) Johanson, Ryan	
8 DM Lincoln	B	10:03.51
8 johnston	C	x10:03.51
1) Belknap, Jordan	2) McCOOL, Connor	
3) Engblom, Charlie	4) Bowen, Austin	
10 Waterloo West	C	x10:16.72
1) Becker, Will	2) Grove, Garrett	
3) Manning, Jordan	4) Kelly, Houston	

Event 5 Boys 4x110 Meter Shuttle Hurdle Varsity

Early Bird: 1:01.60 2008 WDM Valley

Sixta, Lindaman, Menken, Ewald

Team	Relay	Finals
Finals		
1 Ankeny	A	59.76
1) Raney, Greg	2) Marsh, Travis	
3) Goetz, TJ	4) Goforth, Jarod	
2 Cedar Falls	A	1:02.44
1) Jauallena, Austin	4) Pacquette, Adam	
3) Mowatt, Spencer		

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Finals ... (Event 5 Boys 4x110 Meter Shuttle Hurdle Varsity)

Team	Relay	Finals
3 johnston	A	1:03.73
1) Bergstrom, Erik	2) Hjelmaas, Ben	
3) Long, Justin	4) Larson, Tommy	
4 Waterloo West	A	1:05.25
1) Smith, Matt	2) Hansen, Bart	
3) Douglass, Myles	4) Akin, Wesley	
5 Marshalltown	A	1:06.36
1) Hoffman, Grant	2) Carlson, Jarred	
3) Menuey, Nate	4) Carnahan, Kyle	
6 DM Lincoln	A	1:09.98
1) Jones, TJ	2) Blaylock, Riley	
3) Richards, Ricco	4) Piper, Colby	
7 Woodward Academy	A	1:14.34
1) Darling, David	2) Letman, Brandon	
3) Hansen, Bryant	4) Harris, Khalil	
--- St. Edmond	A	DQ
1) Derrig, Brandon	2) Fosbender, Jeff	
3) Schomberg, Joe	4) Steinkamp, Doug	

Event 6 Boys 4x110 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 Marshalltown	B	1:05.70
1) Schwartzburg, David	2) Jensen, Ryan	
3) Slocum, Joe	4) Jensen, Tyler	
2 Cedar Falls	B	1:10.76
3 Waterloo West	B	1:11.72
1) Mazzarella, Aaron	2) McKenna, Curtis	
3) Brown, Alex	4) Carlson, Cody	
4 johnston	B	1:13.59
1) Moe, Logan	2) Terpstra, Carr	
3) Eppard, Lincoln	4) Vanbrocklin, Dane	
5 Ankeny	B	1:18.60
1) McGrath, Tim	2) Beckwith, Alex	
3) Holmes, Alex	4) Michael, Matt	

Event 7 Boys 100 Meter Dash Varsity

Early Bird:	10.49	2005	Josh Webb
Name	School	Finals	
Finals			
1 James, TJ	DM Lincoln	11.08	
2 Harrington, James	Cedar Falls	11.24	
3 Long, Austin	Cedar Falls	11.34	
4 Perry, Brian	Woodward Aca	11.38	
5 Aimable, Javan	Waterloo Wes	11.39	
6 Leo, Tyler	Ankeny	11.42	
7 Depenning, Nate	johnston	11.58	
8 Saulter, Brandon	Woodward Aca	11.63	
9 Steinkamp, Doug	St. Edmond	11.67	
10 Avdic, Armin	Ankeny	11.69	
11 Mann, Allen	Marshalltown	11.70	
11 Schomberg, Joe	St. Edmond	11.70	
13 Temple, Dereck	johnston	11.77	
14 Ruddick, Austin	Marshalltown	11.81	

Event 8 Boys 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Toyosi, Luke	Cedar Falls	11.50
2 Bredice, Joe	Ankeny	11.69
3 Farley, Jake	Cedar Falls	11.73
4 Tarbox, Nick	St. Edmond	11.79
5 Dean, Warren	Woodward Aca	12.21
6 Boyle, Jake	Ankeny	12.23
7 Garcia, Alex	Woodward Aca	12.28
7 Bargfrede, Grant	Ankeny	x12.28
9 Arnold, Jordan	St. Edmond	12.30
10 Kolberg, Zach	Waterloo Wes	12.42
11 George, Paul	DM Lincoln	12.56
12 Gaylor Jr., Daron	Woodward Aca	x12.59
13 Webb, Danny	DM Lincoln	12.94
14 Recker, Alec	johnston	12.95
15 Moore, Zach	Marshalltown	12.99
16 Lau, Sean	johnston	13.00
17 Storey, Kevin	Waterloo Wes	13.04
18 Abrahan, Vilchez	Marshalltown	13.07
19 Banes, Tanner	Marshalltown	x13.11
20 Vilchez, Abrahan	Marshalltown	x13.12

Event 10 Boys 400 Meter Dash Varsity

Early Bird:	49.89	1982	Jon Hoogensen
Name	School	Finals	
Finals			
1 Cook, Isiah	Waterloo Wes	49.46	
2 Velasquez, Jordan	Cedar Falls	49.80	
3 Manago, Jerrold	Waterloo Wes	51.16	
4 Marsh, Travis	Ankeny	51.44	
5 Keston, Thomas	St. Edmond	52.09	
6 Jacobson,, Ben	johnston	52.77	
7 Verbeck, Zach	Cedar Falls	53.11	
8 Becker, Luke	St. Edmond	53.54	
9 Cross, Shane	Woodward Aca	53.68	
10 Jones, TJ	DM Lincoln	53.93	
11 Polson, Justin	johnston	54.35	
12 Hauser, Austin	Marshalltown	54.69	
13 Goetz, TJ	Ankeny	56.10	
14 Steffensen, Ty	Marshalltown	56.48	
15 Blaylock, Riley	DM Lincoln	1:00.23	

Event 11 Boys 400 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Gogola, John	Cedar Falls	55.16
2 Allender, Matt	Cedar Falls	55.74
3 Norgaurd, Zach	Ankeny	56.05
4 Jauallena, Austin	Cedar Falls	x56.79
5 Shannon, Adam	Ankeny	57.11
6 Flattery, Anthony	St. Edmond	57.53
7 Brauer, Ian	Waterloo Wes	58.24
8 Holloway, Mike	St. Edmond	58.41

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Finals ... (Event 11 Boys 400 Meter Dash Junior Varsity)

Name	School	Finals
9 Martin, Andrew	Waterloo Wes	59.12
10 Zahn, Joe	johnston	59.60
11 Ewalt, Austin	Marshalltown	59.87
12 Gleich, Corey	DM Lincoln	1:00.18
13 Terrell, Brandon	Woodward Aca	1:03.20
--- Bond, Travis	Cedar Falls	DNF
--- Carter, Jeff	DM Lincoln	DNF

Event 12 Boys 4x200 Meter Relay Varsity

Early Bird: 1:29.66 2005 WDM Valley

Collins, Sandvig, Anderson, Gaskill

Team	Relay	Finals
Finals		
1 St. Edmond	A	1:31.94
1) Flattery, Patrick	2) Flattery, Joey	
3) Doster, Daniel	4) Sandvig, Brian	
2 Cedar Falls	A	1:32.17
1) Long, Austin	2) Davis, Blake	
3) Jamison, Jake	4) Alexander, Jesse	
3 Ankeny	A	1:32.93
1) Murphy, Joe	2) Brandt, Carter	
3) Ryan, Ross	4) Leo, Tyler	
4 Waterloo West	A	1:34.87
1) Massina, Nick	2) Jaramillo, Josh	
3) Friedly, Conner	4) Martin, Tyrell	
5 Marshalltown	A	1:35.79
1) Carlson, Jarred	2) Thimesch, Nick	
3) Corrick, Tim	4) Mann, Allen	
6 DM Lincoln	A	1:40.06
1) Gilpin, Dustin	2) Patterson, Demetrius	
3) Ward, Kippy	4) James, TJ	
7 Woodward Academy	A	1:41.89
1) Perry, Brian	2) Harris, Khalil	
3) Letman, Brandon	4) Saulter, Brandon	

Event 14 Boys 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Cedar Falls	B	1:37.63
1) Pacquette, Adam	2) Toyosi, Luke	
3) Hill, Marshall	4) Hill, Barkley	
2 Waterloo West	B	1:39.51
1) Young, Jalen	2) Humphrey, Dequandis	
3) O'Leary, Jon	4) Horton, Marquell	
3 Ankeny	B	1:39.88
1) Boyle, Jake	2) Bredice, Joe	
3) Thompson, Zach	4) Ardon, Anthony	
4 johnston	B	1:42.45
1) Kanwischer, Garret	2) Garlock, James	
3) Bengston, Josh	4) Gardiner, Ben	
5 Woodward Academy	B	1:43.08
1) Garcia, Alex	2) Clark, Mike	
3) Pruitt, Kenwone	4) Brown, Willie	

6 St. Edmond	B	1:43.44
1) Erickson, David	2) Yung, Ryan	
3) Kutz, Koner	4) Arnold, Jordan	
7 DM Lincoln	B	1:46.36
1) Webb, Danny	2) Dawson, Phillip	
3) George, Paul	4) Goble, Tyler	
--- johnston	C	DQ
1) Lau, Sean	2) McKay, Andre	
3) Williams, Earl	4) Cronin, Josh	
--- Marshalltown	B	DQ
1) Duncan, Mark	2) Blagg, Ben	
3) Vilchez, Abrahan	4) Banes, Tanner	

Event 15 Boys 1600 Meter Run Varsity

Early Bird: 4:24.80 1978 Matt Trimble

Name	School	Finals
Finals		
1 Tayloe, Jacob	Cedar Falls	4:40.24
2 James, Jimma	Marshalltown	4:46.06
3 Murphy, Ryne	Ankeny	4:46.51
4 Carbajal, David	Marshalltown	4:48.46
5 Smith, Chris	Waterloo Wes	4:53.75
6 Strike, Paul	Cedar Falls	4:54.31
7 Kloberdanz, Ryan	Ankeny	4:56.06
8 Waddell, Mason	St. Edmond	5:06.39
9 King, Austin	Waterloo Wes	5:08.21
10 Worley, john	johnston	5:10.76
11 Houp, Jon	johnston	5:14.79
12 Luna, Jason	DM Lincoln	5:16.82
13 Sulzle, Calvin	Woodward Aca	5:18.69
14 Flattery, Jon	St. Edmond	5:20.17
15 Munter, Chris	Woodward Aca	5:38.77

Event 16 Men 1600 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Sevcik, Joe	Cedar Falls	4:54.17
2 Bowen, Austin	johnston	5:07.18
3 Davis, Jake	johnston	5:08.18
4 C0ble, Chris	johnston	x5:08.69
5 Hyler, Andrew	Ankeny	5:08.93
6 Kammeyer, Carter	Waterloo Wes	5:09.23
7 Lawler, Brady	Marshalltown	5:09.93
8 Robinson, Ben	Ankeny	5:10.57
9 Watts, Austin	Marshalltown	5:11.79
--- Itzen, Corey	St. Edmond	NT
--- Kelly, Houston	Waterloo Wes	NT
--- Rodenborn, Rex	St. Edmond	NT
--- Manning, Jordan	Waterloo Wes	NT
--- Foutch, jake	johnston	NT
--- Holloway, Mike	St. Edmond	NT
--- Smith, Clinton	Woodward Aca	NT
--- Kapler, Sam	Waterloo Wes	NT
--- St. Peter, Brandon	Woodward Aca	NT
--- Tate, Christian	Woodward Aca	NT
--- Cutsforth, Dylan	Waterloo Wes	NT

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Finals ... (Event 16 Men 1600 Meter Run Junior Varsity)

Name	School	Finals
--- Christensen, Tyler	Waterloo Wes	NT
--- Walker, Brandon	Waterloo Wes	NT
--- Nuckolls, Ryan	DM Lincoln	NT
--- Munoz, Fez	DM Lincoln	NT
--- Jefferies, Bobby	DM Lincoln	NT
--- Berndt, Alex	DM Lincoln	NT
--- Nelson, Ethan	Ankeny	NT
--- Dass, Brody	Ankeny	NT
--- Beeman, Josh	Ankeny	NT
--- Streicher, Jesse	Cedar Falls	NT
--- Wignes, Mike	Ankeny	NT
--- Burkhead, Taylor	johnston	NT
--- Belknap, Jordan	johnston	NT
--- Pearson, Cameron	johnston	NT
--- Zinkula, Jason	DM Lincoln	NT
--- McElvain, Alex	DM Lincoln	NT
--- Dunshee, Lucas	johnston	NT
--- Cotter, Jason	DM Lincoln	NT

Event 17 Boys 110 Meter Hurdles Varsity

Early Bird:	14.20	1974	Greg Rumpke
Name	School	Finals	
Finals			
1 Smith, Matt	Waterloo Wes	15.31	
2 Raney, Greg	Ankeny	15.51	
3 Jauallena, Austin	Cedar Falls	15.62	
4 Derrig, Brandon	St. Edmond	16.03	
5 Bernard, Kyle	Cedar Falls	16.04	
6 Bergstrom, Erik	johnston	16.15	
7 Goforth, Jarod	Ankeny	16.23	
8 Long, Justin	johnston	17.21	
9 Akin, Wesley	Waterloo Wes	17.48	
10 Yetmar, Zach	St. Edmond	17.54	
11 Berry, Cody	Woodward Aca	17.88	
12 Hoffman, Grant	Marshalltown	18.19	
13 Metz, Tanner	Marshalltown	18.78	

Event 18 Boys 110 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Beckwith, Alex	Ankeny	16.81
2 Mowatt, Spencer	Cedar Falls	17.15
3 Hansen, Bart	Waterloo Wes	17.56
4 Michael, Matt	Ankeny	17.61
5 Hjelmaas, Ben	johnston	18.20
6 McKenna, Curtis	Waterloo Wes	19.28
7 Moe, Logan	johnston	19.51
8 Slocum, Joe	Marshalltown	19.74
9 Schwartzenburg, David	Marshalltown	19.80

Event 19 Boys 200 Meter Dash Varsity

Early Bird:	21.60	1974	Dan Courtney
Name	School	Finals	
Finals			
1 Cook, Isiah	Waterloo Wes	22.77	
2 Manago, Jerrold	Waterloo Wes	22.98	
3 Marsh, Travis	Ankeny	23.16	
4 Harrington, James	Cedar Falls	23.71	
5 Cross, Shane	Woodward Aca	23.78	
6 Farley, Jake	Cedar Falls	23.79	
7 Kong, Khor	Marshalltown	24.08	
8 Cooper, Owen	johnston	24.13	
9 Steinkamp, Doug	St. Edmond	24.26	
10 Saulter, Brandon	Woodward Aca	24.42	
11 Carlson, Jarred	Marshalltown	24.48	
12 Schomberg, Joe	St. Edmond	24.75	
13 Temple, Dereck	johnston	24.77	

Event 20 Boys 200 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Hill, Marshall	Cedar Falls	23.75
2 Ryan, Ross	Ankeny	23.83
3 Dagit, Sam	Cedar Falls	24.12
4 Tarbox, Nick	St. Edmond	25.33
5 Shannon, Adam	Ankeny	25.55
6 Garcia, Alex	Woodward Aca	25.81
7 George, Paul	DM Lincoln	25.94
8 Kibby, Calvin	Ankeny	x26.10
9 Recker, Alec	johnston	26.12
10 Martin, Andrew	Waterloo Wes	26.34
11 Kutz, Koner	St. Edmond	26.39
12 Brauer, Ian	Waterloo Wes	26.44
13 Lau, Sean	johnston	26.49
14 Webb, Danny	DM Lincoln	27.10
15 Darling, David	Woodward Aca	27.56
16 Blagg, Ben	Marshalltown	27.58
17 Jensen, Tyler	Marshalltown	28.63

Event 21 Boys 400 Meter Hurdles Varsity

Early Bird:	54.10	1991	Shawn Benefield
Name	School	Finals	
Finals			
1 Sarkic, Alen	Waterloo Wes	57.48	
2 Bernard, Kyle	Cedar Falls	57.99	
3 McCoy, Dan	Ankeny	58.17	
4 Becker, Luke	St. Edmond	59.17	
5 Hoffman, Grant	Marshalltown	59.94	
6 Jauallena, Austin	Cedar Falls	1:00.39	
7 Harris, Khalil	Woodward Aca	1:00.51	
8 Smith, Matt	Waterloo Wes	1:00.58	
9 Goetz, TJ	Ankeny	1:01.32	
10 Coen, Jon	johnston	1:01.89	
11 Metz, Tanner	Marshalltown	1:02.19	
12 Yetmar, Zach	St. Edmond	1:04.23	

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Finals ... (Event 21 Boys 400 Meter Hurdles Varsity)

Name	School	Finals
13 Hjelmaas, Ben	johnston	1:05.38
14 Cotter, Jason	DM Lincoln	1:09.35

Event 22 Boys 400 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Bond, Travis	Cedar Falls	1:01.84
2 Akin, Wesley	Waterloo Wes	1:02.47
3 Pacquette, Adam	Cedar Falls	1:02.82
4 McGrath, Tim	Ankeny	1:02.94
5 Douglass, Myles	Waterloo Wes	1:03.27
6 Michael, Matt	Ankeny	1:04.39
7 Jensen, Ryan	Marshalltown	1:06.52
8 Moe, Logan	johnston	1:07.11
9 Eppard, Lincoln	johnston	1:07.84
10 Schwartzburg, David	Marshalltown	1:07.85
11 Carter, Jeff	DM Lincoln	1:10.66

Event 23 Boys Distance Medley Varsity

Early Bird: 3:38.00 1978 DM Lincoln

Seid, Hetherington, Sanders, St. John

Team	Relay	Finals
Finals		
1 Cedar Falls	A	3:37.99
1) Davis, Blake	2) Verbeck, Zach	
3) Long, Austin	4) Velasquez, Jordan	
2 St. Edmond	A	3:44.96
1) Sandvig, Brian	2) Fosbender, Jeff	
3) Keston, Thomas	4) Flattery, Neil	
3 Waterloo West	A	3:46.21
1) Aimable, Javan	2) Styron, Collin	
3) Friedly, Conner	4) Kantarevic, Amir	
4 johnston	A	3:49.30
1) Patten, Tyler	2) Garlock, James	
3) Larson, Tommy	4) Jacobson,, Ben	
5 DM Lincoln	A	3:50.71
1) Ward, Kippy	2) James, TJ	
3) Piper, Colby	4) Jones, TJ	
6 Marshalltown	A	3:52.79
1) Ruddick, Austin	2) Corrick, Tim	
3) Menuey, Nate	4) Fink, Patrick	
7 Ankeny	A	3:55.78
1) Avdic, Armin	2) Boyle, Jake	
3) Boettcher, Will	4) Wells, Logan	
8 Woodward Academy	A	4:15.03
1) Berry, Cody	2) Gaylor Jr., Daron	
3) Letman, Brandon	4) Sulzle, Calvin	

Event 24 Boys Distance Medley Junior Varsity

Team	Relay	Finals
Finals		
1 johnston	B	3:56.00
1) Bergstrom, Erik	2) Wright, Skyler	
3) Schutlz, TJ	4) Lipscome, Larry	

2 Ankeny	B	3:57.32
1) Bargfrede, Grant	2) Hallmark, Bryce	
3) Wycoff, Tylor	4) Fischer, Austin	
3 Cedar Falls	B	4:00.75
1) Bogardus, Shane	2) Fisto, Josh	
3) Garcia, Andy	4) Hennings, John	
4 Waterloo West	B	4:04.68
1) O'Leary, Jon	2) Carlson, Cody	
3) Brown, Alex	4) Heckenlively, Brady	
5 Marshalltown	B	4:05.45
1) Moore, Zach	2) Carnahan, Kyle	
3) Mann, Bennett	4) Hood, Luke	
6 DM Lincoln	B	4:22.19
7 Woodward Academy	B	4:30.44
1) Brown, Willie	2) Dean, Warren	
3) Terrell, Brandon	4) Kragel, Max	

Event 25 Boys 800 Meter Run Varsity

Early Bird: 1:59.38 1986 Darren Rippey

Name	School	Finals
Finals		
1 Gruetzmacher, Ryan	Waterloo Wes	2:07.74
2 Diehm, Josh	Waterloo Wes	2:09.57
3 Patterson, Charlie	Ankeny	2:10.08
4 Hallorhan, Andrew	Cedar Falls	2:10.22
5 Jackson, Andrew	johnston	2:10.52
6 Gettemy, Mike	Marshalltown	2:10.97
7 Belzer, Luke	Ankeny	2:11.71
8 James, Jimma	Marshalltown	2:14.28
9 Rogowski, Matt	DM Lincoln	2:15.13
10 Kriebing, Josh	DM Lincoln	2:16.64
11 Archibald, Alan	Woodward Aca	2:17.13
12 Stoner, Jacob	Cedar Falls	2:17.59
13 Waddell, Mason	St. Edmond	2:18.43
14 Flattery, Jon	St. Edmond	2:18.92
15 Healy, Even	Woodward Aca	2:20.38

Event 26 Boys 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 O'Brien, Dan	Waterloo Wes	2:10.82
2 Lathrop, Eric	Ankeny	2:12.48
3 Hare, Ty	Cedar Falls	2:15.64
4 Houp, Jon	johnston	2:18.08
5 Cöble, Chris	johnston	2:18.38
6 Holm, Alex	Marshalltown	2:18.81
7 Osborn, Michael	Ankeny	2:21.02
8 Wickwire, Mike	Marshalltown	2:21.36
9 Schrader, Chase	Waterloo Wes	2:23.69
10 Swift, David	Woodward Aca	2:27.33
11 Itzen, Corey	St. Edmond	2:28.13
12 McCarville, Jacob	St. Edmond	2:30.86
13 Graves, Thaddeus	Woodward Aca	2:33.74
14 Berndt, Alex	DM Lincoln	2:40.05
15 McElvain, Alex	DM Lincoln	2:51.47
--- Porter, Jake	Waterloo Wes	NT

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Finals ... (Event 26 Boys 800 Meter Run Junior Varsity)

Name	School	Finals
--- Koenigsfeld, Stephen	Ankeny	NT
--- Shumaker, Ryan	Waterloo Wes	NT
--- Manning, Jordan	Waterloo Wes	NT
--- Becker, Will	Waterloo Wes	NT
--- Kislser, Grant	Ankeny	NT
--- Grove, Garrett	Waterloo Wes	NT
--- Shaddox, Shane	Cedar Falls	NT
--- Sears, Jon	Ankeny	NT
--- Burton, Anthony	Waterloo Wes	NT
--- Nuckolls, Ryan	DM Lincoln	NT
--- Jefferies, Bobby	DM Lincoln	NT
--- Kelly, Houston	Waterloo Wes	NT
--- Eppard, Lincoln	johnston	NT
--- Davis, Jake	johnston	NT
--- Walker, Brandon	Waterloo Wes	NT
--- Cutsforth, Dylan	Waterloo Wes	NT
--- Kapler, Sam	Waterloo Wes	NT
--- Christensen, Tyler	Waterloo Wes	NT
--- Kammeyer, Carter	Waterloo Wes	NT

Event 28 Boys 4x100 Meter Relay Varsity

Early Bird: 42.82 2005 WDM Valley

Collins, Sandvig, Anderson, Gaskill

Team	Relay	Finals
Finals		
1 Cedar Falls	A	45.30
1) Harrington, James	2) Davis, Blake	
3) Jamison, Jake	4) Alexander, Jesse	
2 Ankeny	A	45.74
1) Goforth, Jarod	2) Brandt, Carter	
3) Ryan, Ross	4) Leo, Tyler	
3 St. Edmond	A	46.04
1) Derrig, Brandon	2) Fosbender, Jeff	
3) Schomberg, Joe	4) Steinkamp, Doug	
4 Waterloo West	A	47.13
1) Aimable, Javan	2) Jaramillo, Josh	
3) Massina, Nick	4) Martin, Tyrell	
5 Woodward Academy	A	47.48
1) Perry, Brian	2) Saulter, Brandon	
3) Berry, Cody	4) Cross, Shane	
6 johnston	A	47.83
1) Tran, James	2) Temple, Dereck	
3) Depenning, Nate	4) Stapes, Ryan	
7 DM Lincoln	A	48.25
1) Gilpin, Dustin	2) Patterson, Demetrius	
3) Ward, Kippy	4) James, TJ	
8 Marshalltown	A	48.63
1) Ruddick, Austin	2) Thimesch, Nick	
3) Corrick, Tim	4) Mann, Allen	

Event 29 Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Ankeny	B	47.20
1) Ardon, Anthony	2) Boyle, Jake	
3) Bredice, Joe	4) Avdic, Armin	
2 johnston	C	47.65
1) Bergstrom, Erik	2) McKay, Andre	
3) Williams, Earl	4) Cronin, Josh	
3 Cedar Falls	B	48.20
1) Dowell, Mitch	2) Crow, Alex	
3) Challgren, Ben	4) Bogardus, Shane	
4 Waterloo West	B	48.25
1) Young, Jalen	2) Harbaugh, Eric	
3) Storey, Kevin	4) Kolberg, Zach	
5 johnston	B	x49.19
1) Kanwischer, Garret	2) Garlock, James	
3) Bengston, Josh	4) Gardiner, Ben	
6 Marshalltown	B	49.68
1) Moore, Zach	2) Mann, Bennett	
3) Carnahan, Kyle	4) Steffensen, Ty	
7 Ankeny	C	x49.87
1) Kibby, Calvin	2) Hallmark, Bryce	
3) Thompson, Zach	4) Holmes, Alex	
8 St. Edmond	B	49.92
1) Erickson, David	2) Yung, Ryan	
3) Kutz, Koner	4) Arnold, Jordan	
9 DM Lincoln	B	50.03
1) Best, Matt	2) Webb, Danny	
3) George, Paul	4) Dawson, Phillip	
10 Marshalltown	D	x51.65
1) Blagg, Ben	2) Banes, Tanner	
3) Meyer, Daniel	4) Vilchez, Abrahan	
11 Woodward Academy	B	51.73
1) Garcia, Alex	2) Clark, Mike	
3) Darling, David	4) Hansen, Bryant	
12 Woodward Academy	C	x54.85
1) Bolster, Seth	2) Hunt, Noah	
3) Jimmeson, Tanor	4) Stafford, Marlen	
13 St. Edmond	C	x54.91
1) Kraayenbrink, Ben	2) Steele, Carter	
3) Woodruff, Sam	4) Spencer, Josh	

Event 31 Boys 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Ankeny	B	3:42.55
1) McCoy, Dan	2) Lathrop, Eric	
3) Norgaurd, Zach	4) Fischer, Austin	
2 Cedar Falls	B	3:42.94
1) Mowatt, Spencer	2) Gary, Nick	
3) Gogola, John	4) Brummel, Jay	
3 Waterloo West	B	3:49.54
1) Humphrey, Dequandis	2) Horton, Marquell	
3) Brauer, Ian	4) King, Austin	

Ankeny-Marshalltown Early Bird Classic - 4/3/2009

Ankeny High School

Results

Finals ... (Event 31 Boys 4x400 Meter Relay Junior Varsity)

Team	Relay	Finals
4 Marshalltown	B	3:52.23
1) Menuey, Nate	2) Duncan, Mark	
3) Slocum, Joe	4) Portillo, Mohammed	
5 St. Edmond	B	3:52.43
1) Kutz, Koner	2) Yetmar, Zach	
3) Erickson, David	4) Yung, Ryan	
6 johnston	B	4:02.40
1) Zahn, Joe	2) Kitchen, Ryan	
3) Wright, Skyler	4) Terpstra, Carr	
7 DM Lincoln	B	4:04.19

Event 32 Boys 4x400 Meter Relay Varsity

Early Bird: 3:25.79 2005 Cedar Falls

Oordt, Albrecht, Gillett, Webb

Team	Relay	Finals
Finals		
1 St. Edmond	A	3:22.44
1) Doster, Daniel	2) Flattery, Joey	
3) Flattery, Patrick	4) Sandvig, Brian	
2 Cedar Falls	A	3:25.89
1) Jamison, Jake	2) Alexander, Jesse	
3) Verbeck, Zach	4) Velasquez, Jordan	
3 Ankeny	A	3:26.33
1) Brandt, Carter	2) Marsh, Travis	
3) Raney, Greg	4) Murphy, Joe	
4 Marshalltown	A	3:36.89
1) Carlson, Jarred	2) Hauser, Austin	
3) Thimesch, Nick	4) Kong, Khor	
5 johnston	A	3:47.29
1) Coen, Jon	2) Cooper, Owen	
3) Patten, Tyler	4) Polson, Justin	
6 DM Lincoln	A	3:56.05
1) Jones, TJ	2) Goble, Tyler	
3) Piper, Colby	4) Richards, Ricco	
7 Woodward Academy	A	4:09.58
1) Gaylor Jr., Daron	2) Broger, Jeff	
3) Brown, Willie	4) Harris, Khalil	
--- Waterloo West	A	DQ
1) Manago, Jerrold	2) Kienol, Zach	
3) Sarkic, Alen	4) Cook, Isiah	

Event 34 Boys High Jump Varsity

Early Bird: 6-09.25 1992 Todd Johnson

Name	School	Finals
Finals		
1 Larson, Tommy	johnston	6-05.00
2 Bernard, Kyle	Cedar Falls	6-00.00
3 Diehm, Josh	Waterloo Wes	6-00.00
4 Long, Justin	johnston	6-00.00
4 Cross, Shane	Woodward Aca	6-00.00
4 Hill, Barkley	Cedar Falls	6-00.00
7 Bellaphant, Charles	Woodward Aca	5-10.00
7 Kong, Khor	Marshalltown	5-10.00
9 Goetz, TJ	Ankeny	5-08.00

10 Blaylock, Riley	DM Lincoln	5-06.00
10 Fosbender, Jeff	St. Edmond	5-06.00
10 Akin, Wesley	Waterloo Wes	5-06.00

Event 35 Boys Long Jump Varsity

Early Bird: 22-03 2005 Aaron Jarosh

Name	School	Finals
Finals		
1 Murphy, Joe	Ankeny	21-08.00
2 Hill, Barkley	Cedar Falls	21-00.00
3 Manago, Jerrold	Waterloo Wes	20-11.75
4 Raney, Greg	Ankeny	20-06.00
5 Long, Justin	johnston	19-07.50
6 Becker, Luke	St. Edmond	19-03.25
7 Patterson, Demetrius	DM Lincoln	19-02.25
8 Massina, Nick	Waterloo Wes	18-11.00
9 Polson, Justin	johnston	18-09.00
10 Berry, Cody	Woodward Aca	18-05.50
10 Derrig, Brandon	St. Edmond	18-05.50
12 Broger, Jeff	Woodward Aca	17-01.50
13 Conway, Dan	Cedar Falls	17-00.50
14 Toyosi, Luke	Cedar Falls	x16-11.25
15 Gilpin, Dustin	DM Lincoln	14-00.00

Event 36 Boys Discus Throw Varsity

Early Bird: 175-10 1981 Norm Balke

Name	School	Finals
Finals		
1 Cappert, Austin	Ankeny	132-03.50
2 Best, Matt	DM Lincoln	130-01.50
3 Lawrence-Richards, Tim	Cedar Falls	129-10
4 Williams, Travis	DM Lincoln	119-08
5 Bangston, Mike	Cedar Falls	118-09
6 Seberger, Andy	Marshalltown	115-09.50
7 Flattery, Anthony	St. Edmond	113-11
8 Klofenstein, Jake	johnston	107-01
9 Jensen, Brandon	Ankeny	106-07
10 Gonzalez, Aaron	Marshalltown	106-01
11 Martin, Andrew	Waterloo Wes	102-09
12 Pierotti, Nic	johnston	94-00
13 Hunt, Noah	Woodward Aca	90-00
14 Clark, Mike	Woodward Aca	89-00
15 Harbaugh, Eric	Waterloo Wes	86-05.50
--- Tarbox, Nick	St. Edmond	ND

Event 37 Boys Shot Put Varsity

Early Bird: 55-07.50 1976 Derrick Barker

Name	School	Finals
Finals		
1 Dix, Jake	Cedar Falls	48-00.00
2 Sisson, Lance	Ankeny	46-03.75
3 Jensen, Brandon	Ankeny	46-01.00
4 Williams, Travis	DM Lincoln	44-01.25
5 Bangston, Mike	Cedar Falls	42-09.25
6 Steele, Carter	St. Edmond	40-03.25
7 Harbaugh, Eric	Waterloo Wes	39-08.25

Ankeny-Marshalltown Early Bird Classic - 4/3/2009

Ankeny High School

Results

Finals ... (Event 37 Boys Shot Put Varsity)

Name	School	Finals
8 Flattery, Anthony	St. Edmond	39-04.00
9 Freese, Ben	johnston	38-09.00
10 McClelland, Zach	DM Lincoln	38-08.00
11 Seberger, Andy	Marshalltown	37-08.00
12 McKay, Marcus	johnston	36-08.75
13 Gonzalez, Aaron	Marshalltown	35-04.00
14 Boyenga, Jordan	Waterloo Wes	34-09.00
15 Jimmeson, Tanor	Woodward Aca	34-06.00
16 Clark, Mike	Woodward Aca	31-07.50

Event 38 Boys High Jump Junior Varsity

Name	School	Finals
1 Brown, Willie	Woodward Aca	5-08.00
2 Meyers, Luke	Cedar Falls	5-08.00
3 Duncan, Mark	Marshalltown	5-06.00
4 Ewalt, Austin	Marshalltown	5-04.00
5 Conway, Dan	Cedar Falls	5-04.00
--- Brown, Alex	Waterloo Wes	NH
--- O'Leary, Jon	Waterloo Wes	NH
--- Grimm, Jordan	Ankeny	NH
--- Terpstra, Carr	johnston	NH
--- McCarville, Jacob	St. Edmond	NH

Event 39 Boys Long Jump Junior Varsity

Name	School	Finals
1 Schutlz, TJ	johnston	20-01.00
2 Leo, Tyler	Ankeny	19-11.00
3 Martin, Tyrell	Waterloo Wes	18-11.00
4 Tarbox, Nick	St. Edmond	18-00.00
5 Ardon, Anthony	Ankeny	17-10.00
6 Arnold, Jordan	St. Edmond	17-06.50
7 Humphrey, Dequandis	Waterloo Wes	17-01.00
8 Darling, David	Woodward Aca	16-02.75
9 Fisto, Josh	Cedar Falls	16-02.00
10 Moe, Logan	johnston	16-00.75
11 Hansen, Bryant	Woodward Aca	15-04.75
--- Grimm, Jordan	Ankeny	ND

Event 40 Boys Discus Throw Junior Varsity

Name	School	Finals
1 Rivera, Brian	DM Lincoln	127-09
2 Johnson, Trevor	Cedar Falls	118-09.50
3 Brandt, Kyle	Cedar Falls	118-02
4 McCoy, Josh	Ankeny	100-07
5 Larson, Andrew	Ankeny	96-05
6 McClelland, Zach	DM Lincoln	93-05.50
7 McCormick, Tyler	johnston	91-10
8 Boyenga, Jordan	Waterloo Wes	90-00
9 Kraayenbrink, Ben	St. Edmond	89-08
10 Feldman, Austin	Marshalltown	89-06
11 Jimmeson, Tanor	Woodward Aca	80-08

12 Beye, Matt	Marshalltown	79-11
13 Bolster, Seth	Woodward Aca	76-05
14 Stafford, Marlen	Woodward Aca	x59-04

Event 41 Boys Shot Put Junior Varsity

Name	School	Finals
1 Harre, Jake	Ankeny	44-01.25
2 Griffith, Cameron	Ankeny	43-00.25
3 Crawley, Jesse	DM Lincoln	42-01.00
4 Straton, Steffy	Cedar Falls	41-09.00
5 Knapp, Andy	Cedar Falls	39-07.75
6 Woodruff, Sam	St. Edmond	39-07.50
7 Kraayenbrink, Ben	St. Edmond	38-00.00
8 Martin, Andrew	Waterloo Wes	36-01.75
9 Sexton, Christopher	johnston	35-11.00
10 Harrington, Jordan	Waterloo Wes	35-03.75
11 Johnson, Gunnar	johnston	35-02.75
12 Hoffman, Mike	DM Lincoln	35-01.50
13 Bolster, Seth	Woodward Aca	33-11.50
14 Stafford, Marlen	Woodward Aca	33-02.00
15 Beye, Matt	Marshalltown	31-09.00
16 Hunt, Noah	Woodward Aca	x31-02.50
17 Case, Austin	Marshalltown	30-01.00

Men - Varsity - Team Rankings - 18 Events Scored

1) Cedar Falls	153.333
2) Waterloo West	122
3) Ankeny	116
4) St. Edmond	56
5) johnston	36.3333
6) Marshalltown	33
7) DM Lincoln	31
8) Woodward Academy	10.3333

Men - Junior Varsity - Team Rankings - 18 Events Scored

1) Cedar Falls	172
2) Ankeny	142
3) Waterloo West	77
4) johnston	76
5) Marshalltown	34
6) St. Edmond	20
7) DM Lincoln	18
8) Woodward Academy	17