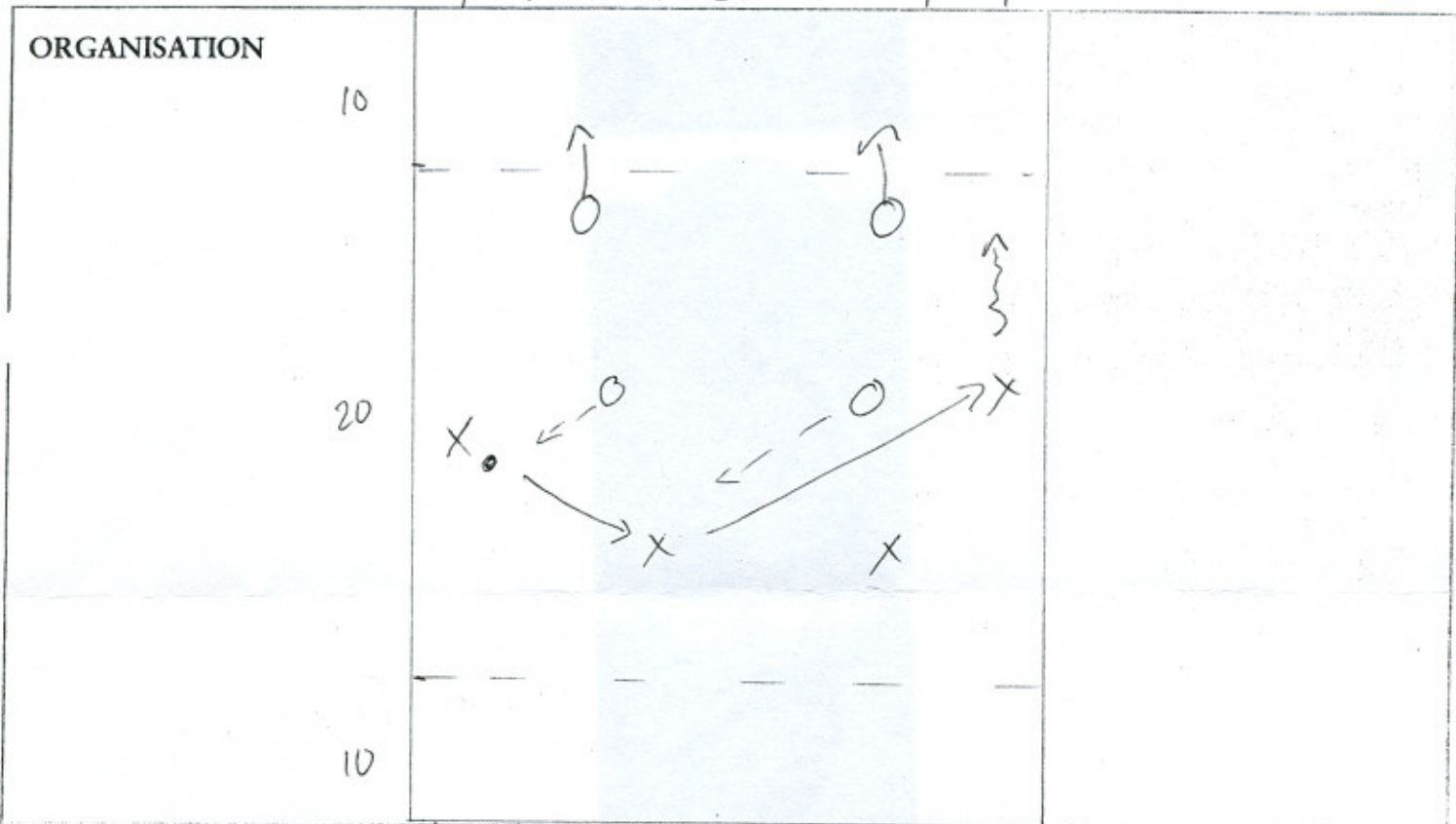


SESSION PLANNER -

DATE 3/22/09 VENUE Lafayette DURATION 15-20 mins
GROUP INVOLVED MAGIC COACHES No. IN SESSION 8
TITLE OF SESSION Midfield attacking / Shape
AIMS & OBJECTIVES OF SESSION BRINGING BALL OUT
← 30 →



STRUCTURE & PROGRESSION

4 v 4 40 x 30 - 4 GOALS
once ball is won, the team that lost possession must withdraw 2 players to Defending 1/3.
offense plays 4v2 in midfield to get to goal

COACHING POINTS

- Shape in attack
- Break press by finding extra players
- DO NOT Be predictable