



Individual Training

Concentration on the skills needed to be a successful player. Will work on technique and improve ability with proper repetition and demonstration infused with pressure.

Small Group Training

Concentration on the small group situations that comprise every soccer game. Will work to improve the decisions made under pressure and the skills required to accomplish the proper action.

Goalkeeper Training

Concentration on the proper techniques needed to play the goalkeeper position. Will work to improve the skills needed to make saves and improve range for controlling goal mouth and penalty box.

Pre-Season Preparation

Concentration on preparing players to perform at their individual best in a rigorous preseason environment. Will work on fitness, speed, and power while incorporating soccer specific skills and training.

Price List

ALL SESSIONS ARE 1.25 HOURS LONG

Individual Training (Solo) \$120
Sessions are guaranteed 4 sessions
1-on-1 with coach.

Individual Training (2-5 Players) \$90
Sessions are guaranteed to have 4 sessions
no more than 5 players at a time.
Topics: Dribbling for Attack/Possession,
Passing/Receiving, Finishing, Serving,
Defending

Small Group Training \$40/player
Groups of 6-10 players should 4 sessions
sign up together.
Topics: Possession, Finishing,
Combination Play, Defending

Goalkeeper Training (Solo) \$120
Sessions are guaranteed 4 sessions
1-on-1 with coach.

Goalkeeper Training (2-5 Players) \$90
Sessions are guaranteed to have 4 sessions
no more than 5 players at a time.
Topics: Handling, Diving, Dealing
with Service, Shot-stopping,
Footwork, Distribution

Pre-Season Preparation (College) \$260
Program runs for 3 sessions each
week for 6 weeks.

Pre-Season Preparation (High School) \$185
Program runs for 3 sessions each
week for 4 weeks.

Elite Staff

Joe Morelli

Illinois Fusion Director of Coaching

USSF 'A' License, NSCAA National Youth Diploma, current Illinois Olympic Development Staff Coach, IYSA Coaching Education Instructor, and IYSA Technical Committee Staff Member. Played NCAA Division I soccer and four years professionally indoor and outdoor in the A-League, USL Division I and MISL.

Craig Lee

Illinois Fusion Director of Coaching

USSF 'B' License, USSF National Youth License, NSCAA National Youth Diploma, current Illinois Olympic Development Staff Coach and IYSA Coaching Education Instructor. Former NCAA Division III Men's and Women's head coach. Played NCAA Division I soccer.

To get more information or to sign up for any of these programs, go to www.illinoisfusion.com and look for ELITE on the left-side menu.

ILLINOIS FUSION SOCCER ASSOCIATION
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309-451-GOAL

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Elite is a program designed for players who want to get more specific training outside of the team setting.

We offer four programs to meet the needs of all kinds of players: Individual Training, Small Group Training, Goalkeeper Training, and our Pre-Season Preparation Program.

The Elite staff will work with their clients to decide training topics for all their programs to cater to each player's individual needs. Players will draw on our staff's experience at youth, collegiate, and professional levels to reach their own Elite level.

Are you Elite?

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**OFF-SEASON
PLAYER DEVELOPMENT**

- Individual Training
- Small Group Training
- Goalkeeper Training
- Pre-Season Preparation

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