

HOLLISTON LACROSSE

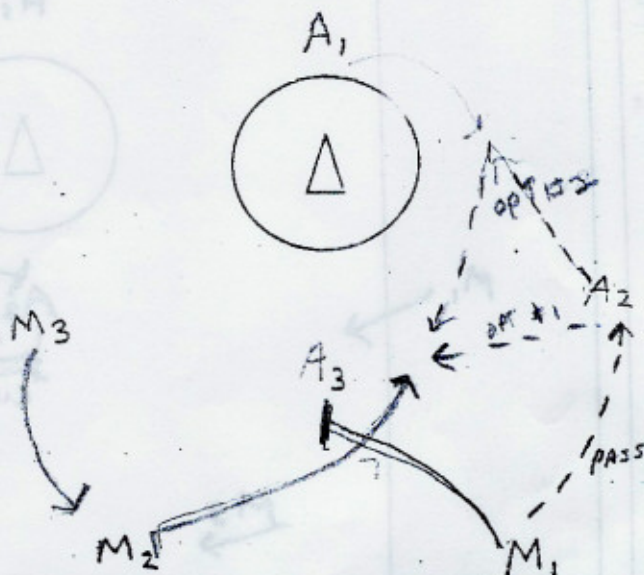


1-3-2 SET

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- #1 PASS TO WING.
- M₁ CUTS TO PICK
- M₂ CUTS off pick
- M₃ replaces M₂
- A₃ rolls off M₁
- If no one open get ball to A₁ RESET!

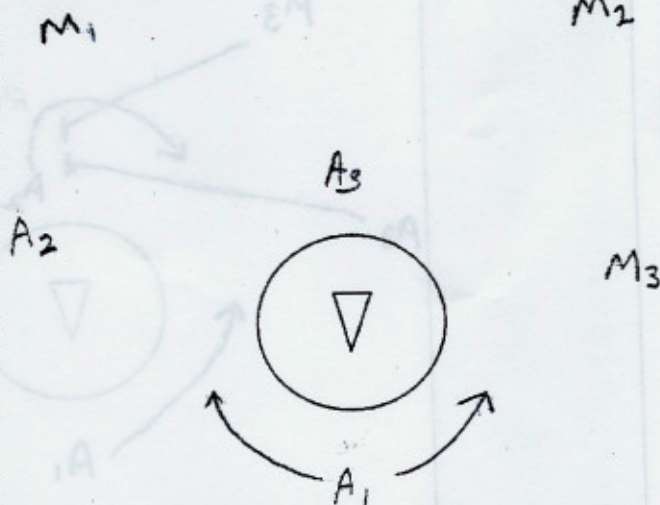
U-MASS (MIDFIELD)



KEEP YOUR SPACING ... ALWAYS REPLACE



Syracuse (ATTACK)



- A₁ drives RT or LT
- OPTIONS are if slide comes from M₃ - A₂ - A₃

- AWAY WING IS BACKUP (A₂ or M₃)
- CUTS OFF A₃ PICK (HIGH CROSS)

FOLLOW SLIDE & STOP THEN SHOW YOURSELF