



# WAA News

Now online at: [waa.woodbury.org](http://waa.woodbury.org)

email: [waaexecdir@popp.net](mailto:waaexecdir@popp.net)

September/October 2006

## WAA Calendar

**At WAA Building**  
2630 Ojibway Drive  
651-731-0100

### **INDOOR RECREATIONAL SOCCER**

Register at WAA Office until September 20th  
**See article page 7 for important details on  
late and online registration!**

### **YOUTH WRESTLING**

Saturday's, October 21 and October 28  
from 9:00 AM until Noon and  
Thursday, October 26 6:30 PM - 8:30 PM  
At WAA Building

### **Traveling VOLLEYBALL**

Saturday, October 28, 9am - Noon  
Thursday, October 26, 6:30pm - 8:30pm  
At WAA Building

### **Traveling BASEBALL**

September 9 and 10  
See website for locations  
[www.woodburybaseball.org](http://www.woodburybaseball.org).  
Article page 8

See Back Page for future sport registration dates

**PLEASE SUPPORT OUR  
SPONSORS!**

## From The President

[waa.woodbury.org](http://waa.woodbury.org)  
651-731-0100

Summer 2006 has come and gone and we are working our way through another busy season of Football, Soccer and Volleyball. Each of these sports is well underway as you read this newsletter and the Basketball, Wrestling, and Winter Soccer are gearing up to provide your children with the best possible program available. Please be aware that there are hundreds of volunteers that put in a great deal of effort to make each and every practice or game a successful event. When you get a chance **say thank you** to these people and help us retain the good volunteers that we have.

Each year we work toward making our programs better, in 2006, we decided that **Coaching Certification** would become our focus and we adopted the ASEP coaching certification program as our model. As of the writing of this article, we have trained over 480 of our coaches and are set to do an additional 300 this fall. When spring sports start next year, we will have trained over 900 coaches in the proper way to deal with your children. The baseball program has removed or asked three coaches to step down this year and the level of excellence that we are requiring will continue to rise. We believe that the conduct and character of our coaches needs to be at the highest level and we will be working to attain that excellence. We believe that coaches that act appropriately will develop children that develop good attitudes and act appropriately. All of the WAA sport programs have bought into the Coaching Certification process and all are requiring the certification for 2007. If you have not taken the Sport Neutral classes, please step up and do so at your earliest con-

## *From The President*

(continued)

waa.woodbury.org

651-731-0100

(Continued from page 1)

venience.

The WAA works closely with the South Washington County School Dist to secure facilities for our children in their sports such as Basketball, Volleyball, Wrestling and all of the outdoor Sports. The School District continues to experience rapid growth along with the communities that we live in and the demands on facilities also continue to rise. We have been working with three different committees to keep the communications lines open with the District especially now since they are proposing to build the third High School. The WAA board has reviewed the proposals and has had a great deal of input with the School Board to try and make the proposal the best possible for the kids.

The Woodbury Athletic Association Board voted at the August Board meeting on a vote of 13 to 0 with two abstentions to issue statements in support of the upcoming referendum. **We believe that with the rapid growth in the District and with the current proposal, this is the best plan for the District at this time.** We believe that the Superintendent and his staff are making great progress in addressing the issues that we brought forward during the past months of discussions and we believe that WAA and its membership should support this referendum. Please take time in your life to research the issues and get to the polls on September 12<sup>th</sup>. Check the polling maps to insure that you go to proper polling place.

Please take a few moments to look around in your garage or basement. Look for excess WAA equipment bags. WAA needs to be returned to the WAA in a timely fashion. **If you have equipment from a sport not currently in session, please return it to WAA as soon as you can.**

On the night of equipment return, and equipment

## *Special Thanks*

WAA Thanks

Donors to *WAA* this month:

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pickup: The equipment managers for any one of our sports put in a great deal of time preparing equipment to be distributed. The sorting and separating of the items is a major deal and is not just being done for YOUR team. When equipment distribution of return takes place it is usually set up to accommodate several dozen teams. The handling of that much equipment is a big deal. **PLEASE BE COURTEOUS, PICKUP YOUR EQUIPMENT DURING THE EQUIPMENT HANDOUT SESSION AND RETURN IT AT THE GIVEN TIME. Thank you!**

# WOODBURY ATHLETIC ASSOCIATION

## ASEP SPORT NEUTRAL COACHING CLINIC'S

WEDNESDAY 8-30 6:30-10:00  
WEDNESDAY 9-6 6:30-10:00  
WEDNESDAY 9-20 6:30-10:00  
SATURDAY 9-23 8:30-NOON

ALL CLASSES ARE IN ROOM 221  
AT WOODBURY SR. HIGH SCHOOL

PLEASE CALL 731-0100  
BETWEEN 2PM AND 6PM TO  
REGISTER, OR SEND EMAIL  
TO [WAAEXECDIR@AOL.COM](mailto:WAAEXECDIR@AOL.COM)

PLEASE INCLUDE  
NAME, PHONE, AND  
EMAIL ADDRESS WHEN  
REGISTERING

PREREGISTRATION  
IS REQUIRED

## *LOST & FOUND*

WAA maintains a box of items found during athletic activities. If you lost it, you can look at the WAA office to see if it was turned in.

If you found it, please turn it in to the WAA office.

Thank You!

### *2006 WAA Board Members*

Executive Dir. Gene Johnson 731-0100

#### *OFFICERS*

President	Gene Johnson	738-2427
Vice President	Laura Kallman	730-1900
Secretary	John Kokaisel	731-0100
Treasurer	Ryan Vaske	501-4886

#### *DIRECTORS*

Baseball:		
<i>Traveling</i>	Joe Griesgraber	245-9443
<i>Developmental</i>	Doug Larson	501-4831
Basketball	Russ Beebe	730-5889
&	Kevin Keiger	730-1759
Football	Michial Mularoni	459-0648
Membership	Jeanne Derrick	458-9017
Soccer	Mike Muensterman	735-7824
Softball	Kim Moore	702-7196
&	Bill O'Hearn	702-7196
Track	Corey Johnson	738-1822
Golf	Denise Kapler	738-7096
Volleyball	Pam Sullivan	738-7601
Wrestling	Doug Pasche	578-6504

[waa.woodbury.org](http://waa.woodbury.org)  
651-731-0100

# WRESTLING

This is our fifth year of WAA Youth wrestling and the coaches and returning wrestlers are looking forward to a very rewarding and productive season. The WAA Youth Parent Commissioners and Coaches (Doug Pasche, Steve Gansmoe, Mike Donnelly, and David Del Toro) are looking forward to working with your young wrestler as WAA continues to build the size and success of our program.

As our club has grown it has become more difficult to get everyone into the High School wrestling room. We are considering going to two sessions each practice night so we can do a better job of teaching our young stud muffins.

More information will be available at signups in October.

Check the WAA wrestling web page which is current for the 2006-2007 wrestling season.

## SIGN UPS

Fee is \$70

Singlet Rental (non-refundable) \$15

**Register at WAA Building**

**October 26th (6:30 – 8:30 PM)**

**October 21st and 28th (9:00 AM to Noon)**

## PRACTICE SCHEDULE

Our first practice will be on November 13th. Practice is held every Monday and Thursday, except for Holidays and school closings, in the High School wrestling room from 6 PM till 7:30 PM. Our season will end with an awards banquet on March 5th in the High School Cafeteria.

## MEET SCHEDULE

Several individual tournaments will be designated as club events where the entire club will be encouraged to attend. There are individual tournaments nearly every weekend so there will be plenty of opportunities to attend a wrestling meet. Tournaments are held on the weekend.

This year our club will also attend team tournaments in addition to the individual tournaments. When there is a team tournament our wrestlers will “wrestle-off” in order to make the team for that week. Wrestlers who win their weight class will participate in the team event that weekend. Each time there is a team tournament the club wants to attend there will be a wrestle off.

## OTHER NOTES

The WAA wrestling club has purchased singlets for the club, which can be rented for the season. The non-refundable rental fee will be \$15. At the end of the season the singlet will be returned to the club. The singlets will be available when you register your wrestler.

**Pride: Bring it!**

# GOLF

The WAA Golf Leagues finished up a great summer of play! Six leagues played on five courses throughout the area. All players received participation medals and trophies were awarded for individual achievement and some team accomplishments. In the October issue of WAA news the winners of the various trophies will be included.

Enjoy a good beginning to the school year!

Denise Kapler  
WAA Golf Director

## Support WAA at Throwback's

WAA has a pull-tab operation set up at  
THROWBACK's

Your support goes directly to WAA  
THANK YOU!

# BASKETBALL VOLLEYBALL

September marks the start of the 2006-07 WAA Basketball season. While the majority of registrations are in, late registrations are available at the WAA Office building during its hours of operation (M-F, 2-6pm). Registrations in the travel program carry a \$40 late fee while the 3rd-11th grade in-house program now requires a \$20 late fee. Our 1st & 2nd grade program - open to both boys and girls - does not add a late fee to its \$65 registration fee. While these programs remain open, please do not delay in registering.

**Key dates** are now on the calendar posted on our WAA Basketball web site [www.waa.woodbury.org/Basketball/](http://www.waa.woodbury.org/Basketball/)

A mail out of information and dates for parents will also occur in the first half of September.

## **Important dates for parents:**

Travel parents meeting (LJH cafetorium):

Thu, Sep 21, 7:00-8:30p

1st/2nd grade parents meeting (LJH cafetorium):

Thu, Sep 28, 6:30-7:15p

Inhouse (3rd-11th grade) parents meeting: (LJH cafetorium): Thu, Sep 28, 7:45-9:00p

**For the players:** Traveling program tryouts begin Sep 30 [for the boys] and Oct 2 [for the girls].

Inhouse 3rd-11th grade shootarounds begin the second week in October. The 1st & 2nd grade program begins during the first week in November.

Again, please check the web site for all scheduling information pertaining to the start of the season in September and October.

THANK YOU TO ALL  
WHO VOLUNTEER

It is Volleyball season. The summer camp was a huge success. A great big thanks to the 100 plus girls who participated in the camp in a very warm gym. The girls improved their skills and had a great time. I would like to thank Jennifer Brathol, the camp director, April London, Lindsey Mulhern, Amanda Nisliet, Gina Link, Lacy Gram and Katy Delkoski for making the camp so successful.

With the summer camp over, it is now time to focus on the Fall Rec League. This league is a great way for girls to gain exposure to the game of volleyball. Practices are one night a week and matches are on Saturday. Players signed up for the fall league should have heard from their coach. If you have not received a call or e-mail, please contact me at 738-7601 or [woodburyvb@comcast.net](mailto:woodburyvb@comcast.net). There are over 160 girls signed up to play this fall. It is going to be an exciting season.

Traveling Volleyball or JO Volleyball as it is commonly known will conduct tryouts in November. **Sign ups will be in October, dates to be announced later.** JO Volleyball is a more competitive level of volleyball than the fall rec. league. Teams will be formed based on skill. Teams will compete in the Midwest Volleyball League in Burnsville, the President's Day Tournament, and a season ending tournament. This year we are planning to have 2 teams at each of the following ages, 12, 13, 14, 15 and 16/17's. Tryouts will be conducted in November and practices will start in December. If you have any questions regarding JO Volleyball, please feel free to contact me.

Pam Sullivan  
Volleyball Director  
[woodburyvb@comcast.net](mailto:woodburyvb@comcast.net)

# ***SOCCKER***

## **Woodbury Soccer Club to Add Winter Training Component**

The Woodbury Soccer Club is excited to announce a new training program to all U9-U14 players registered for the 2007 summer traveling soccer season. Every player at these age levels will be able to come to a weekly training session, led by professional soccer trainers, indoors at the Bielenberg dome. Sessions will start in November and run through March. "We have recognized the desire by many of our members for additional training in the off-season" explained Mike Muenstermann, president of the club. "The hard part was coming up with a program that was accessible to each player, make it flexible, offer up high quality training and most of all, and make it affordable."

The plan will match a high level trainer with each age group / gender. For example, all of the girls in our U10 age level can receive training conducted by Tony Englund, WSC's Girls' Coaching Director and Head Coach of the Hamline University Girls soccer team. "We are devising a curriculum of training to cover the entire 18-week program that is age specific," said Tony Englund. "From the strongest to the weakest player, we plan on skill training to improve every level." Assisting in the training sessions will be such professionals as Buzz Lagos (Boys' Coaching Director), Dickie Vilme (Director of Player Development), Dave Cody (Head Coach U16 Premier Girls) and Julie Eibensteiner (Head Coach U15 Premier Girls) and Kevin Friedland (Technical Director and current MN Thunder Player). "How great will it be for our players to get close, personal attention from such high caliber coaches / trainers" said Englund.

One way the club is making it more flexible is to alter the time and day of training throughout the 18 weeks to accommodate those players who participate in alternate sporting activities during the winter. The training is not mandatory, so players

can come and participate as it fits their schedule. A pilot program was operated for 7 sessions last winter for the current U11 girls which were very well received. The difference with the new program is that it will run over the entire winter, and it will be funded entirely by the club through summer tournament revenue and a slight increase in the 2007 summer registration fee. "We don't know of another club in MN offering such extensive training to its membership at such a low cost to the participants," said Muenstermann. "It is our goal to strengthen our players at every level from C3 to Premier".

Registration for the summer 2007 traveling program began July 24th, at a fee of \$295. People can register either on-line via the club website at [www.woodburysoccer.com](http://www.woodburysoccer.com) under On-Line Registration, or up at the WAA Office (Mon-Fri, 2:00 PM – 6:00 PM).

Current 2006 U8 recreational players are strongly encouraged to register for the U9 traveling level, attend tryouts as scheduled below, and be able to participate in the off-season training program.

Tryouts for the U9 – U13 competitive (traveling teams) will be conducted during the weekends of September 9<sup>th</sup>/10<sup>th</sup> and 16<sup>th</sup>/17<sup>th</sup>.

The increased fees will also benefit our U15 and older teams as well. Many who already train indoors in the winter at the Bielenberg Dome. Teams will have an option to conduct 4-6 indoor sessions at Bielenberg at no additional costs.

Questions? Please contact:

Mike Muenstermann [mmuensterman@woodburysoccer.com](mailto:mmuensterman@woodburysoccer.com)

Jim Muehlbauer, Boys Competitive Director [jmuelbauer@woodburysoccer.com](mailto:jmuelbauer@woodburysoccer.com)

Tom Stadler, Girls Competitive Director [tstadler@woodburysoccer.com](mailto:tstadler@woodburysoccer.com)

## WAA 2006 Indoor Recreational Soccer Program

The Woodbury Soccer board welcomes you to the winter 2005 indoor recreational program.

The primary objective in this youth soccer recreational program is for the young player to have fun with, the emphasis on sportsmanship, good play, and following the laws of the game.

Recreational players in Pre – K and Kindergarten will be playing on ¼ of the field with pug nets. 1<sup>st</sup> grade through 4<sup>th</sup> grade will play on half the field and depending on the number of 5<sup>th</sup> and 6<sup>th</sup> graders that register they could play full field or on half of the field. Depending on the number of players registered, the teams could be comprised as follows: 1<sup>st</sup> and 2<sup>nd</sup> grade players of the same sex, 3<sup>rd</sup> and 4<sup>th</sup> grade players of the same sex, Co-Ed 5<sup>th</sup> and 6<sup>th</sup> grade team or teams will be comprised of one grade level and the same sex.

The winter indoor recreational program lasts approximately 6 weeks, starting the week of October 30<sup>th</sup> and the last game will be on December 16<sup>th</sup>, no games will be held on the Thanksgiving weekend. The practice schedule is **tentatively** as follows:

Monday – 5:30 p.m. to 7:30 p.m. – Pre K & Kindergarten Boys/Girls & 1<sup>st</sup> and 2<sup>nd</sup> grade Girls

Monday – 7:30 p.m. to 8:30 p.m. – 3<sup>rd</sup> and 4<sup>th</sup> Grade Girls and Boys

Tuesday – 5:30 p.m. to 7:30 p.m. – Boys 1<sup>st</sup> and 2<sup>nd</sup> Grade & 1<sup>st</sup> and 2<sup>nd</sup> grade Girls

Tuesday – 7:30 p.m. to 8:30 p.m. – 5<sup>th</sup> and 6<sup>th</sup> Grade Co-Ed / 3<sup>rd</sup> and 4<sup>th</sup> Grade Boys

Thursday – 5:30 p.m. to 7:30 p.m. – Boys 1<sup>st</sup> and 2<sup>nd</sup> Grade / Pre K & Kindergarten Boys/Girls

Thursday – 7:30 p.m. to 8:30 p.m. – 5<sup>th</sup> and 6<sup>th</sup> Grade Co-Ed / 3<sup>rd</sup> and 4<sup>th</sup> Grade Girls

Games will be held on Saturday between 8:00 a.m. thru 6:00 p.m. Each player will play a minimum of one-half of each game either in person or

online. As with all other commitments, it is expected that players attend practice on a regular basis, inform the coach of anticipated absences, and arrive at the field on game day at the time designated by the coach.

### Cost

- Pre Kindergarten \$ 65.00  
(must be at least 4 years old by Oct. 26th)
- Kindergarten \$ 65.00
- 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> grade \$ 75.00
- 5<sup>th</sup> and 6<sup>th</sup> grade \$ 85.00

### Registration

**In person registration can be done at the WAA building which is located at 2630 Ojibway Drive. The hours are M – F from 2 p.m. to 6 p.m. until September 20<sup>th</sup> and after that time all registration will be done online. Late registration begins September 27<sup>th</sup> and lasts until October 15<sup>th</sup>. There will be a \$20 administrative fee for anyone withdrawing after they have registered. After October 15<sup>th</sup> you will be placed on a waiting list. No refunds after October 15, 2006.**

Every effort is made to resolve scheduling conflicts. However, those requests must be noted in the registration form. Please honor you team assignment. We have a wonderful group of coaches and players. A new team is a new opportunity to make new friends.

If you are interested in volunteering to be a head coach, WAA will waive the fee of the child whose team you coach. We will offer coaching manuals free of charge to all coaches, and encourage parents who have never played the game to consider getting involved.

Best regards,  
Colleen Hase  
Indoor Soccer Recreational Coordinator  
[c-hase@comcast.net](mailto:c-hase@comcast.net)  
651-501-0642

# *BASEBALL*

## **WAA TRAVELING BASEBALL**

WAA Traveling Baseball completed an extremely successful season in 2006! We had 21 teams at three levels of play. WAA Traveling Baseball expanded our levels of play to include single A teams in 2006 which allowed us to get more kids involved than ever before in traveling baseball! We are committed to continuing this level of play and our hope is that we will be able to field as many teams as there is interest in traveling baseball.

We have completed two weeks of practice try-out clinics and the attendance was great! We averaged around 30 players per age group! Thanks goes out to all the Dad's that stepped up to run the clinics and help the kids be prepared for the try-outs!

WAA Traveling Baseball also conducted several parent meetings which allowed for some great insights into areas where we can continue to improve our program. Thank you to all the parents who attended and thanks for your comments! Keep them coming!

## **TRYOUTS for 2007 Teams**

Tryouts will be held on September 9th and 10th. We will be formally announcing field locations and times for all age groups shortly via email and on our Web site @ [www.woodburybaseball.org](http://www.woodburybaseball.org).

We ask that the players do not wear any traveling attire from the previous season with the exception of baseball pants. We will again be asking that parents stay outside the immediate field areas during tryouts.

If anyone has questions or concerns regarding WAA Traveling Baseball please feel free to contact me at 651-245-9443 or by email @ [JGMIB@MSN.COM](mailto:JGMIB@MSN.COM).

Joe Griesgraber - Director

## **DEVELOPMENTAL BASEBALL**

By: Doug Larson, Director

Another baseball season comes to an end. I hope everyone enjoyed it as much as I did. The sight of games being played on all the baseball fields throughout the weekend was wonderful. We are privileged as a community to have such nice fields to play our tournament on.

The tournament was a success in a number of ways. Our goal as a board is to make it as memorable for the kids as we possibly can. Hopefully we accomplished that. Judging by the many smiles we saw I think we did.

I want to send out a personal thank you to the tournament committee that helped make this a success. The tournament committee spent many volunteer hours planning, preparing and setting up the tournament. The 2006 tournament committee members were:

Tim Kinsky  
Mark and Karen Boatman  
Julie Engman  
Don Rizzardi

Please join me in thanking each of these people for the wonderful job they did!

**I also want to thank our two main sponsors this year, Dick's Sporting Goods and Cub Foods.** Both of these local stores helped out our program immensely by donating product and also selling us product at cost. Thank you both!

I would welcome your thoughts and comments on the season, tournament and our program as a whole. We spend literally hundreds of volunteer hours trying to put together a first rate program for the community. Try as we may, we will never make everyone happy with the decisions we have to make sometimes. That's why we have a board. We discuss the situations and attempt to come up with the best solution to the issue that would be best for the overall program. I do realize that we could do a better job and I welcome your comments on that.

This has also been the most challenging year as far as dealing with “problem” coaches AND parents. I was called to various fields to help calm down issues multiple times a week this year. This has never happened before. I have read many articles on this subject and it is not just happening in our community. It is happening around the country in youth sports. We need to set an example for our kids and NOT be “one of those communities”.

We had more parents yelling at each other, the umpires and coaches than ever before. We all need to take a step back, exhale, and then remember why we are there....to watch our children play baseball. Please help us make this happen next year. If you don't think this is addressed to you, thank you. If you think it may be addressed to you, please reread the first part of this paragraph.

We are trying to make our volunteer coaches more knowledgeable by providing training and more coaches' clinics. We will do even more of this in 2007. Please understand me when I say how grateful I am for the number of volunteer coaches that develop our kids' skills in baseball. We would not have a program without you! Given that, we seem to have a couple of coaches every year that fail to keep in mind that our program is centered on fair play and most importantly, letting the kids have fun. We will do all we can to identify those coaches and make sure they do not coach again in this program.

One thing we will be implementing next year will be a coaches' evaluation to be completed by the parents on the team. It will be an anonymous evaluation so we can get honest opinions from you as parents on how the season went with the coaches.

On a lighter note, we as a board are considering starting a five week “fall ball” league next year. It would start in late July or early August. We would play games on Sunday afternoons. No tournament, just the chance to play a little more ball. We would keep costs down by just providing T-shirts as a uniform. The players could use their pants and hats from the season. Let me know your

thoughts on that.

Also, I have been approached by a group that puts on baseball clinics around town called Championship Play Baseball. Many of you have sent your children to these camps this summer. They have asked the board to consider adding an option at signups to have the players pay an additional fee of \$10 -\$15 that would allow them to attend all the baseball camps they provide throughout the season and summer. For those of you that have attended these camps you know that they cost from \$100+ per camp. Again, please let me now your thoughts on that.

In concluding, I want to thank all the board members for their efforts throughout this year. They work tirelessly in an effort to make the season enjoyable. The 2006 board members were:

Lisa Thor, Sarah Fournier, Don Rizzardi, Julie Engman, Karen Boatman, Dave Hieb, Ron Siemers, Charlie Reed, Tom Jacobsen, Mark Boatman, Mark Pautsch, Tim Kinsky and Barry Schalkle. My personal thanks go out to each one of you!

I hope to see everyone at sign ups next year. Please e-mail me any questions or comments you have on how we can improve the program for next year.

## **Support WAA at BONFIRE**

WAA has a pull-tab operation set up at BONFIRE

Your support goes directly to WAA  
**THANK YOU!**

# FOOTBALL

WAA Youth Developmental Football is in full swing!

This season we will be playing all tackle grades with the East Metro Football League (EMFL) after our decision to split the 5th and 6th graders into their own levels. For more information about EMFL, please visit [www.emfl.org](http://www.emfl.org) or you may link to their site through [www.waafootball.com](http://www.waafootball.com) site under links.

The 2006 Season has a record number of participants. In total there are approximately 750 kids playing youth football. These are some incredible numbers – making WAA Youth Football one of the largest programs in the state and in the region...

Tackle Football (Grades 3-6). 465 kids are playing WAA Tackle Football!  
(3rd = 130, 4th = 115, 5th = 135 and 6th = 85)

Flag Football (Grades 1-4) 281 kids are playing WAA Flag Football!  
(1st = 71, 2nd = 152, 3rd and 4th = 58)

**Tackle Football Game Schedules** are now available online at [www.emfl.org](http://www.emfl.org). They will soon be added to [www.waafootball.com](http://www.waafootball.com).

**Flag Football Game Schedules** will soon be available online at [www.waafootball.com](http://www.waafootball.com).

The WAA office will NOT have copies of the Youth Football schedules.

**Slightly-used Cleat Drive** - we are asking that if you have football cleats that your child has out grown to consider "recycling them". WAA Football is having a used cleat drive. Cleats must be in good condition, and clean. Just tie the laces together and turn in to your coach or please drop them off at the WAA office. The cleats will be

used to help out kids of families who need them... Thank you.

**Thank you to all of the coaches and parents** who are putting in MANY hours volunteering their time (Certification Training, planning/preparing and all other coaching related duties) .Without great volunteers who have a true focus on the development of our kids our program would not be as successful as it is! Please give them your understanding and support!

Support the kids, the coaches, the officials, the program, the organization as well as Woodbury High School Football! Thank you!

### Other Important Dates of Note:

Halftime Shows of the WHS Royals Football Games (an opportunity to allow some of the grade levels to play on the field at Royals Stadium during the Halftime of Varsity Football Games.:

Flag Football - September 1st at the White Bear Lake Game

Flag Football - September 29th at the Hastings Game

Tackle Football - October 13th at the Roseville Game

### Tentative Player Equipment Turn in Dates

3/4th Tackle and Flag Football October 21st Saturday 9:00-11:30am.

5/6th Tackle Football October 25th Wednesday 6:00-9:30pm.

FINAL TURN-IN DATE to avoid charges

October 28th Saturday 9:00-11:30am

Please note that due to the fact that the Year End Tournament Schedules have not yet been finalized these dates are tentative. Please check out [www.waafootball.com](http://www.waafootball.com) for the most up to date information.

**COME OUT AND WATCH JR. ROYALS FOOTBALL !!!**

Tackle Football Games are being played at BSC on Monday, Tuesday, and Thursday nights from 6:30pm and Saturday mornings from 9:00am starting September 6th.

Flag Football Games are being play at BSC on Thursday nights from 6:30pm and at Bailey Elementary on Monday, Tuesday, and Thursday nights from 6:15pm and Saturday mornings from 9:00am.

## *TRACK*

### **Become A Member of the WAA Track Team or The New Traveling Track Team!**

With fall weather and snowflakes fast approaching, ones thoughts may not be focused on Spring and its upcoming track program. However, spring sports sign-ups are just around the corner. Spring sports sign-ups, including track & field will take place in February. Watch for the upcoming dates in the next newsletter.

If you are interested in coaching, please contact Corey Johnson at 738-1822 or at [igottarun@comcast.net](mailto:igottarun@comcast.net). If you are looking for a more competitive program, please contact me regarding the Competitive Track Program.

WAA Track Program's mission is to enhance the skills of young runners and introduce them to the sport of Track & Field. The club has a goal of developing each person's leadership potential both on and off the track and field. The club is looking for kid's who enjoy competing and have some interest in , track and field or just running to enhance their overall fitness.

### **Practice**

Practices will be held twice a week for one hour (in the past practices have taken place on Tuesday and Thursday evenings from 6:00 to 7:00 P.M. . The practice format provides flexibility for athletes that participate in other sports (i.e. soccer, softball, baseball) or activities (i.e., gymnastics or dance) that coincide with our season. The club asks that you attend all practices that you are able to but does not require attendance at every practice. Also

families and athletes often have vacations or other plans that occur during the summer. The club attempts to keep our focus on sport in perspective, recognizing that family comes first.

### **Competition**

Prior to the start of the track & field season, each participant will receive a "welcome" letter on-line, (or hard copy if requested) that outlines all of the available meets for us. Participants pick which meets they will attend, and participate in as many, or as few meets as they choose.

### **Coaching Philosophy**

The program is based on introducing and refining the sport of Track & Field through a positive feedback coaching process. This process emphasizes fundamentals, fitness, flexibility and form. Most important however, is the presentation of running as a fun, enjoyable, and rewarding athletic activity that can become a lifelong healthy lifestyle.

### **Additional Questions**

If you have any additional questions, please feel free to contact me at [igottarun@comcast.net](mailto:igottarun@comcast.net), or call me at 651-738-1822. I will try to get back to you within 24 hours.

## **Support WAA at Champps**

WAA has a pull-tab operation set up at Champps

Your support goes directly to WAA  
**THANK YOU!**

# WOODBURY ATHLETIC ASSOCIATION ASEP SPORT NEUTRAL COACHING CLINIC'S

WEDNESDAY 8-30 6:30-10:00  
WEDNESDAY 9-6 6:30-10:00  
WEDNESDAY 9-20 6:30-10:00  
SATURDAY 9-23 8:30-NOON

ALL CLASSES ARE IN ROOM 221 AT WOODBURY SR. HIGH SCHOOL

PLEASE CALL 731-0100  
BETWEEN 2PM AND 6PM TO REGISTER, OR SEND EMAIL TO  
[WAAEXECDIR@AOL.COM](mailto:WAAEXECDIR@AOL.COM)

PLEASE INCLUDE  
NAME, PHONE, AND EMAIL ADDRESS WHEN REGISTERING  
**PREREGISTRATION IS REQUIRED**

## DISTRICT 833 Referendum September 12, 2006 Vote YES!

WAA supports the District 833 School Board Referendum as presented by the School Board at this time.

We encourage our members to vote YES on September 12.

THANK YOU!

## Woodbury's Indoor Playground Fun



8595 Central Park Place, Woodbury  
(651) 735-7645  
[www.ci.woodbury.mn.us](http://www.ci.woodbury.mn.us)

Climb the cliffs of the St. Croix Valley, slide down a spiral mountain pass, and venture to the top of the Lookout Tower!

Hours of Operation  
Mon.-Thur. 10 a.m.-8 p.m.  
Fri. 10 a.m.-5 p.m.  
Sat. 9 a.m.-5 p.m.  
Sun. 1-5 p.m.

Admission is \$5.33/child. Ask about Twilight & Weekday Specials!

# SOFTBALL

## TRAVELING

The traveling teams wrapped up another successful season. Having heard from a few of the traveling coaches during the course of the season, our teams showed quite well in area tournaments! Congratulations to all traveling teams!

We would like to extend our thanks to all traveling coaches for their time and dedication for teaching and coaching this season. The dedication and commitment this year was outstanding, and it is greatly appreciated!

Thanks to the players for your commitment and to all parents for your support. Overall it was a very successful summer season. We have high hopes for a great year in 2007, and look forward to the continuing trend of more in-house players moving up to the traveling level.

## TRAVELING FALL SOFTBALL

Again this fall we have had a tremendous response from players wanting to try traveling. This is a great opportunity, especially for In-House players, to get a feel for traveling ball. Fall Ball is somewhat less competitive and is for skill development. We have 11 traveling Fall teams representing WAA this year.

Good Luck to all of our teams!

## WINTER CLINICS

Keep an eye open for winter clinics in 2007.

Players ranging in age from 10U-18U are all welcome!

More information to follow.

## IN-HOUSE NOTES

Where does the time go? Another successful softball season has come and gone. The in-house season concluded with the season ending tournament on July 15-16, the hottest weekend of the year. We would like to thank Ben Strub and Michele Miller for stepping up at the last minute and providing concessions at the tournament.

We also extend our thanks to all 800+ players and their parents for participation in the season. This season we had 72 teams spread through pre-k and 12th grade. A huge thanks needs to go out to all of the volunteers who coached during the season. The time put in coaching these teams does not go unnoticed. While thanking people we cannot forget the efforts of the age group commissioners. These people spend even more time preparing for the season and are indispensable. They are:

Pre-K .... Mark Whitman  
 Kindergarten .... Jill Bremseth  
 1st Grade .... Guy Hartwig  
 2nd Grade .... George Yoshida  
 3rd Grade .... Jill Miller  
 4th Grade .... Cecil Spivey  
 5/6th Grade .... Grant Erickson  
 7/8th Grade .... Bill Proesch  
 9-12th Grade ..... Mary Koonce

Finally, we would also like to thank Lydia Derrick for coordinating the umpires throughout the season and Mark Moore for taking care of all of the equipment for all 72 teams.

As you can see there are a number of people who volunteer their time and without them the softball season could not happen. Parents are to be commended for getting their children to the games, but most of we want to thank all of the players. You players are out there playing your hardest and having a good time. Thank you for supporting WAA softball and we hope to see you on the field again next year.

And a big THANKS to the many coaches at all the age groups that VOLUNTEERED their time to coach our daughters this year!

Special thanks to our In-House Coordinator, Jim Reetz, for all your hard work and help, to ensure a great season! We could not have done it without YOU!

**Thank you to all the volunteers who help make WAA softball a success!**

See you on the field!

# *Woodbury Athletic Association*

Registration Information  
At WAA Building  
2630 Ojibway Drive

## **INDOOR RECREATIONAL SOCCER**

Register at WAA Office until September 20th.  
*See article page 7 for important details on late and online registration!*

## **YOUTH WRESTLING**

Saturday's, October 21 and October 28 from 9:00 AM until Noon and  
Thursday, October 26 6:30 PM - 8:30 PM  
At WAA Building

## **Traveling VOLLEYBALL**

Saturday, October 28, 9am - Noon  
Thursday, October 26, 6:30pm - 8:30pm  
At WAA Building

## **Traveling BASEBALL**

September 9 and 10  
See website for locations  
[www.woodburybaseball.org](http://www.woodburybaseball.org).

For More details on these and all registrations: [waa.woodbury.org](http://waa.woodbury.org)

Mark your calendar for **future registrations:**

**Traveling BASEBALL** - September

**WRESTLING** - October

**Traveling SOFTBALL** - Fall - First 2 weeks in June

**SOCCER** July - Summer Competitive  
September - Winter Recreational  
October - Winter Competitive  
U5-U8 - February

**DEVELOPMENTAL BASEBALL** - February

**SOFTBALL** - February

**GOLF** - February

**TRACK** - February

**VOLLEYBALL**—JO sign up in October