



John Puk is the son of Mike and Donna Puk. John has an older sister, Erica, and younger brother and sister, Haley and Daniel. In basketball, John is a 3-time letter winner, in 2008 he was 2nd Team MVC and All-Metro teams. This year he is a captain and was named MVC Athlete of the Week. John also earned letters in Tennis, is a Yearbook Editor, member of National Honor Society, Student-Athlete Advisory Committee, and was the 2008 Homecoming King. His funniest basketball memory is when he was playing around in the gym and Coach Middendorf shattered the backboard while dunking. His advice to others, "No matter what you are doing, work hard and have fun with it." John thanks his parents and family for always being supportive, all the coaches he's had over the years, but especially his Dad who got him started. He thanks Coach Henderson and Middendorf for developing his skills over the years. John signed to play Div I basketball at the University of Albany, Albany, NY, where he will major in pre-medicine.



Dajour Smith is the son of Civia Smith and Tonie Altas. He has one younger sister, Antionette. Dajour also plays football. His favorite basketball memories were the team chest bump and that practices were always fun. His advice to others, "Practice makes perfect..... practice makes perfect." Dajour would like to thank his coaches for teaching him so much about the game he loves. Following graduation, Dajour plans to attend college and make big bucks at a sweet job!

West High School Congratulates



Boys Basketball Seniors Class of 2009





Ryan Edwards is the son of Teryl and Pam Edwards. He has two older sisters, Kim and Laura. Ryan is a 3-year letter winner in Football and BB. He also lettered in Track and Soccer. He was 1st Team MVC, and 1st Team All-Metro in Football in 2007, 2008; MVC Academic 1st Team in 2008. He also received the Glen (Doc) Miller Award as Waterloo's MVP in Football in 2008. He was a Drake Relays and State Qualifier in Track, 2008. Ryan was a member of the Homecoming Court. His funniest basketball memory is Coach Henderson coming to open gym wearing plastics used to cut weight in wrestling, under a 1980 basketball warm-up and sophomore game shorts...along with many "Henderisms." His advice to others is to "work harder than the person you are competing against." Ryan thanks his parents, especially his Dad for putting up with him through the years, his brother-in-law for support in all aspects of life, and God for the ability to compete in sports he loves. He committed to the University of Iowa Hawkeyes to play football and will study Biology.



Paul Braley is the son of Bruce and Carolyn Braley. He has an older sister, Lisa, and an older brother, David. Paul has always played basketball and is a 3-year letter winner in Tennis. He also lettered in golf his senior year. His favorite basketball memory is defeating Assistant Coach J.J. Pick in one-on-one this year. Paul plans to study journalism at the University of Iowa, Iowa State or Grinnell College.



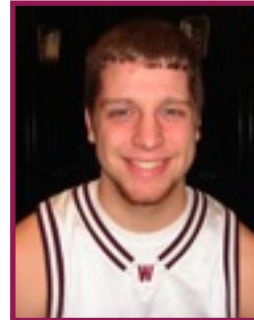
Jerrold Manago is the son of John and Wanda Manago. He has one older brother, Jeremy. He also participates in and has lettered in Football and Track. He is a Drake Relays and State Qualifier in Track. His funniest basketball memory was when Coach Henderson said, "The key to being a successful BB player is known by all coaches as the 3 Ps...Penetrate, and Ball Fake. You do these three things...you're going to be successful." Jerrold's advice to others is, "Do your best and the rest will follow." He would like to thank his teammates and his parents. Following high school, Jerrold plans to attend a 4-year college or university.



Maximum Shower is the son of Mike and Anna Shower. Max has three older brothers, Mike, James, and Nick. He has also lettered in Football and Baseball. Max was Honorable Mention MVC in Baseball in 2007, 2008. He was twice Athlete of the Month. He was "Prep of the Week" his sophomore year in Baseball. In Football, Max was Honorable Mention All-Metro. His funniest basketball memory is how tired he and John Puk were at the CR Kennedy game. His advice to others is, "Know that it takes the team to do it, listen to your coaches and don't be selfish." Max would like to thank Coach Henderson for pushing him to never be satisfied, and that there's more to BB than just BB; thanks to Coach JJ for not giving up on him; and the Student Section for cheering him on when he's playing terrible. Following graduation, Max plans to play baseball and become a coach or sports analyst.



Trashon Montgomery is the son of Dedra Montgomery. He has an older brother Pierre, and an older sister, Tanaya. Trashon also participates in Football and Track. He was on the Honor Roll, 2008-09. He was a John Deere Early Talent program contestant, on the West Fest Sports Committee, and is a part of Black Men in Action. His funniest basketball memory is when Trent did the Harlem shake behind Coaches' back. Trashon's advice to others, "focus is the key." Tonight he thanks his brother, uncle, coaches, and teammates. His plans are to attend the University of Iowa and major in Business.



Max Nank is the son of Greg and Karen Nank. Max has three younger brothers, Alex, Peter and Charlie. Max has lettered in basketball, football, and has two letters in Baseball. He participated in the 2007 State Baseball tournament. He is a co-op student in the Athletic Director's Office. He also won the Spelling Bee when he lived in Dubuque. His funniest basketball memory is when Coach asked if he could run any harder and all he could say was, "I'm going my hardest!" Then Coach was surprised! Max thanks his parents who have always supported him throughout everything at West High and have given him the opportunity to do as much as he did. Max plans to attend a 4-year university and become an athletic trainer or get a teaching degree.

