



- 1. Use by permit only**
- 2. No soccer or football spikes on track**
- 3. Spikes on shoes cannot be longer than 1/2 inch**
- 4. No stakes or poles are to be stuck in the turf**
- 5. No food or drink - only water**
- 6. No gum or sunflower seeds**
- 7. No pets in the stadium**
- 8. Groups must pick up all garbage after use**
- 9. Group leaders/coaches are required to remain with the group at all times and are responsible for the group's conduct and compliance with all rules**
- 10. There is no field use when lightening is evident**
- 11. Coaches must carry an appropriate first aid kit and cell phone**